

GREENBANK

PROBUS CLUB

SEPTEMBER 2025 ISSUE 1



Presidents Report

Firstly, I would like to thank all who attended our first meeting, and a very special 'thank you' to my management committee, for without them, the club could not exist.

While the management committee is required to form a club, it's the members who formulate how a club evolves. Activities, outings and things we enjoy, are what makes a Probus Club enjoyable to belong to. So please, if you have ideas or activities you would like to participate in, please let us know so we can arrange times to do these with other club members.

I look forward to seeing both existing, and prospective members, at our next club meeting. Don't forget the September meeting will be the last time people can join as charter members, so please invite a friend and let's build our numbers.

Peter Richens



**DISCOVER
PROBUS**

Discover new interests and unlimited possibilities in retirement

Greenbank Probus Club

Venue: Greenbank Community Hall
Venue Address: 145 Teviot Road, Greenbank
QLD 4124
Meeting : 3rd Thursday each month at 10am

We Welcome new members
To find out more information please contact
Secretary Sue - 0438 396 723



Be a part of a social club to meet new friends, hear from guest speakers, enjoy activities and outings.



The first meeting of the Greenbank Probus Club was held on the 21st August at the Greenbank Community Hall. It was a great turnout, with 62 attendees, of which 33 became Foundation Members. As with any new club to become officially registered, it must have a committee, so thank you to the members that were keen to put their hand up to be a part of it.



From left to right.

Peter Richens

- President

Susan Nielsen

- Secretary

Jim Baker

- Newsletter

Jennifer Jackman

- Treasurer

Lee McDonald

- Activity & Outings

Doreen Collier

- Membership

Joanna Woodage

- Welfare



Become a Probud Member

The next Greenbank Probud Club meeting will be held on the **18th September** at the same venue, Greenbank Community Hall, 145 Teviot Rd, Greenbank.

Any new visitors, please arrive by 9.30-9.45am to sign in for the 10.00am start. There will be a welcome talk and some business dealings to get through before we have morning tea at 10.30. This is where we can spend some time to, mix-and-mingle and get-to-know each other.

Next, there will be a Guest Speaker from **Trade Travel** that will talk about some great holidays you can be involved in. After that, you can stay around and chat before the conclusion at 12.30.

If you would like to join the fun of our new club and become a Foundation Member, the cost will be a joining fee of \$30 and an Annual Fee of \$40 (pro rata set at \$30 so total of \$60).



Hello Greenbank members. I am your Newsletter Officer.

I've never attempted to put a newsletter together before so I'm a bit nervous. Fortunately, the support I've received from other Probus Club Newsletter Officers has been amazing. So with their help, and ideas of my own, I'm keeping positive that you'll enjoy the monthly read.

Being a brand-new club, there's little happening at present, but once activities start up and group outings organized, there will be plenty of content and photos in the Newsletter.

Now I know how much people like talking about themselves and their experiences, (I know I do, lol), so I'm asking you as members, to send me something that you would like to share with the group. I'll give you a few examples about myself with items that could be expanded into a good story.

1. My parents immigrated to Australia in 1962 with 5 kids in tow. We sailed on the Oriana (at the total cost of £50), went through the Suez Canal, (before it closed), arrived at Fremantle and were housed at Point Walter.

2. Getting the Cane in Primary School.

3. Sitting on the floor in the Activity Hall in Highschool watching the moon landing on a small black and white TV.

4. Left school when I was 15 and joined my father as an apprentice painter. We used to paint ceilings and walls with a six-inch brush (called a Block-Buster) and burnt paint off timber using a Blow Torch. I was one of the first painters in Australia to test out 'No-More-Gaps'. My opinion then, 'It would never take off'.

5. In 1981, my wife and I worked in Ireland for 5 months at the time Bobby Sands went on hunger strike and died. Northern Ireland's border was manned by armed British soldiers and Army Tanks, and Belfast was surrounded by a wire fence.

So as you can see, it would be easy to write something and share it with the group. Let's face it. We are all over 65 so you must have at least one good story to tell.

Jim Baker



This Month

9th Sept Cheryl Newman

16th Sept Doreen Collier

18th Sept Helen Phillips

Next Month

19th Oct Peter Richens

25th Oct Eileen McDonald



**The Day I Tried to
Shower a Stranger
(A True Story)
By A Very Confused —
But Experienced —
Community Carer**

Pauline McMahan

Many years ago, I was working as a community carer for the aged and people with disabilities. I'd been doing the job for ages — so let's be clear: I was not a rookie. I knew the ropes, the clients, the routines. Most days involved visiting regulars, helping with breakfast, medications, personal care — the usual. But every now and then, a new face would pop up on the schedule. Just enough surprise to keep life interesting.

One weekend, I was asked to cover a colleague's run. No problem! I checked the schedule on my phone — everything looked straightforward. A few regulars, a couple of new ones. Easy-peasy.

First stop: assist a man with early-stage dementia — let's call him **Jack** — with breakfast, meds, and a shower. I arrived at the address, double-checked the house number, and walked up to the door. Knocked. Smiled. Introduced myself as I had hundreds of times before.

Jack opened the door, cheerful as could be. Lovely man. We stayed on the porch, had a bit of a chat. He told me he'd already had breakfast. Great! One task down. He also said he'd taken his meds. Even better — things were going swimmingly.

Now, I did still need to go in and confirm that he had actually taken his medication — duty of care and all that. But Jack was happily chatting away, and I was doing my best to gently coax him toward that third tick-box: the much-needed shower.

Cue the classic carer pep talk: "You'll feel so much better after a shower, Jack!"

"It'll refresh you for the day!"

Jack smiled politely... and politely declined. Several times.

Now, any carer knows you can't force a shower. But I gave it my best charm. We'd been chatting for 15-20 minutes at this point, and I was starting to feel the clock tick. I hadn't made it past the porch. No meds checked. No shower achieved. No actual entry into the house.



Feeling a bit defeated, I headed back to my car to call the office and report my (very pleasant but ultimately fruitless) visit with Jack.

Just as I was about to dial, ring ring — the office called me.

“Where are you?” Your client says you haven’t arrived yet.”

I paused. “I’ve been here nearly 20 minutes. Jack was lovely, said he’d eaten, had his meds, didn’t want a shower...”

My manager asked me to confirm the name and address again. And that’s when the penny dropped.

Thank you, Pauline, for sharing your very amusing story. I think everyone will get a laugh out of it. I’m not quite sure how I would have reacted if I was Jack, lol.

For being the very first story in the Newsletter, you have earned yourself a \$10 Woolworths voucher which I will present to you on Thursday.

Thanks also for the other members that sent in their stories, which I will include in future newsletters.

**Send in your story to:
jimwbaker2020@gmail.com**

Yes, I was on the right street. Yes, I was at the right house number — technically. But upon a closer look at the letterbox, I noticed something: one of the numbers had fallen off. I was at Number 36... which used to be 136. I was in the completely wrong house.

The actual client — also named Jack — lived around the corner, at the other end of the street.

I’d spent 20 minutes trying to convince a complete stranger to let me into his home, feed him, medicate him, and help him have a shower. With all the professional confidence in the world.

Bless him. He never told me to go away. Just stood on the porch and politely declined all services, while I’m sure secretly wondering if I was part of some hidden camera show.

Eventually, I made it to the real **Jack’s** house, where I was warmly welcomed and promptly allowed inside.

Lesson of the day?

Always double-check the letterbox — and maybe don’t try to shower strangers.



All About Probud and Your Club

There are over 140 Probud Clubs in Queensland, with the first being formed in Toowoomba in 1978. With this in mind, we, as a new club, have an extreme advantage to learn from them on how to grow, and how to keep members interested.

The committee members of course, will do their utmost best to run the club smoothly and to keep us all entertained and active. For this to happen though we also need your help by;

1. Knowing what you want to do,
2. Your patience if it doesn't happen straight away,
3. Being part of the activities and coming to the monthly meetings.

So let's get together and make the '**Greenbank Probud Club**' something to be proud of.

If you want to know more, click on the link below and it will take you to the [Probud South Pacific](#) website. There you will find some great information about the History of Probud, Member Benefits and Travel Discounts. It also contains our own, personal Greenbank Website. Content and information will gradually be added as we start to grow, so you will be able to see upcoming activities, guest speakers, and previous newsletters, etc. (Click below to open)

Greenbank Probud Club - Website

Peter, (our President) has been busy and created our own club, Facebook page. This also is under construction and content will be added soon and we'll let you know once it is up and running. (Click below to open)

Greenbank Probud Club - Facebook Group

Do you know the meaning of Paraprosodies?

They are sentences that have an unexpected twist at the end.

Example:

Knowledge is knowing a tomato is a fruit; wisdom is not putting it in a fruit salad.



Member Activity Suggestions

Camping
Bird watching
Bowling
Coffee & chat, dine-outs, pub & club
Cooking
Craft, eg, Leadlighting, mosaic, candle making, model, boats, pottery
Crochet, knitting, sewing, patchworking, embroidery
Dogs
Exercise classes, chair yoga
Fishing
Games, puzzles
Gardening
Ham Radio
Holidaying, travel, bus trips, outings, 4WD
Movies
Music
Pickle ball
Reading
Swimming
Tennis
Theatre
Trivia
Science fiction
Walking
Water strength

All new members will be asked to write down their interests so they can be matched up with others. The **Activity Officer** will then organise days and times to do these. Even if there are only two of you, it's getting you out of the house and doing something. This is what **PROBUS** is all about. Meeting new people, getting involved, mental stimulation and getting some physical exercise.

The early bird might get the worm, but the second mouse gets the cheese.



Name this Bridge.

I'm giving away a prize of a dinner for two,
for the person that gives me the correct
answer.

In case there are multiple winners, you also
have to guess what year I took this photo?

Hint: Before the year 2000



*Have you got a favorite photo you would like to share? Send it to me
and I'll include it in the next issue.
jimwbaker2020@gmail.com*

It's always nice to give away something as a prize, even better when you don't have to pay for it. But for this to happen, we require donations. So if you know of a business that would like to donate a prize or give a discount of some sort, I will gladly include their business name in the Newsletter.

BUSINESS
NAME



**How well do you know the movies?
What are the numbers missing from the following
movie titles?**

1. The Odd.....
2. The Commandments
3. Cheaper by the
4. The Dirty
5. The Magnificent
6. Dalmations
7. Angry Men
8. The Steps
9. Weddings and a Funeral
10. Street
11. Around the World in Days
12. The Amigos
13. Apollo.
14. Days at Peking
15. Leagues Under the Sea
16. Catch
17. O'Clock High
18. Ocean's
19. Degrees of Separation
20. Easy Pieces
21. Airport
22. Force from Navarone
23. And Then There Were
24. Anne of the Days
25. Flew Over the Cuckoo's Nest
26. Brides for Seven Brothers
27. to Five
28. The Musketeers
29. Coins in a Fountain
30. Horsemen of the Apocalypse
31. Men and a Baby
32. : A Space Odyssey

**If you think nobody cares if you are alive,
try missing a couple of payments.**



COMMITTEE MEMBERS & POSITIONS

President:

Email: Peter Richens
troopiepete@gmail.com

Treasurer:

Email: Jennifer Jackman
jenniferjackman2203@gmail.com

Secretary:

Email: Susan Nielsen
suehnielsen@gmail.com

Membership Officer:

Email: Doreen Collier
doreen.collier244@gmail.com

Activities & Outings Officer:

Email: Eileen McDonald
eileenandjohn@gmail.com

Welfare Officer:

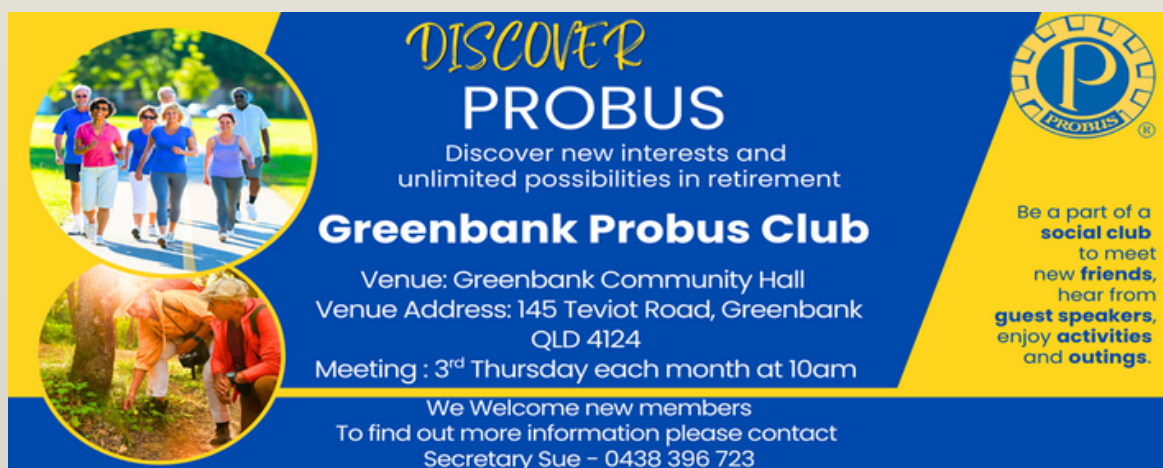
Email: Johanna Woodage
No email

Newsletter Officer:

Email: Jim Baker
jimwbaker2020@gmail.com

Positions Vacant

Vice President, Assistant Treasurer, Assistant Secretary, Guest Speaker Officer,
Provider



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PROBUS**
Discover new interests and
unlimited possibilities in retirement

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QLD 4124
Meeting : 3rd Thursday each month at 10am

We Welcome new members
To find out more information please contact
Secretary Sue - 0438 396 723

Be a part of a
social club
to meet
new **friends**,
hear from
guest speakers,
enjoy **activities**
and **outings**.