



PROBUS CLUB of LEONAY Inc.



**Newsletter
Number 114**

August 2025

We meet on the third Friday of the Month at 10.30am
Leonay Golf Club (Emu Sports Club)
1 Leonay Parade, Leonay NSW

Email: leonayprobus@gmail.com

[Link to our website](http://probussouthpacific.org/microsites/leonay) <http://probussouthpacific.org/microsites/leonay>

Sponsored by The Lower Blue Mountains Rotary Club Inc.

Note: Next Meeting will commence at 9:30 am on Friday 15th August.
Doors will be opened for members from 9:00am

President's Report: Maggie Bellenger



Good morning, everybody.

Well today, as I sit here doing my report it is great to see all the wind and rain has disappeared at last. It's all sunshine and blue skies. I'm really looking forward to the arrival of Spring.

I apologise that this will be a short report as my computer has found a mind of its own and does what it wants, not what I'm typing. Lord help us all when the robots take control.

Well, we all enjoyed a lovely Christmas in July Lunch last month. I spoke to nearly every person who attended and am very happy to report that all were completely happy with the event in every aspect. Unfortunately, Cathy was unwell on the day and was unable to attend but on behalf of the Committee and Members I would like to say "Thank you Cathy for a job well done" and we all hope you are feeling better.

Thank you to the members who are using the suggestion box. Please keep them coming. We would love to hear your thoughts on ways to celebrate Probus Month in October. Don't let the committee make all the decisions for you. We want your input. What type of things do you want for our Club and its members? Also, our appreciation for our photographers for all the wonderful photos they provide for our records of Friendship, Fellowship and Fun.

I leave you with this quote from G.K. Chesterton. "Golf is an expensive way of playing marbles".

Take care of you. Stay safe and well.

Maggie

Bank Account Details: (Westpac Penrith Branch)

BSB: 032 278 Account Number 876804

Account Name: PROBUS CLUB OF LEONAY INC

Please include your name and what payment is for.

Please wear your name badge for the benefit of fellow members when attending meetings.

Remember: No Badge No Win for Lucky Door Raffle.

Last months winner was Helen Larsen

Committee Members

President: 0438 844 014	Margaret Bellenger maggeb@bigpond.com
Vice President 0416 027545	Cathy Brown catmayb@gmail.com
Treasurer 0421 748 920	Helen Price hprice80@gmail.com
Membership: 0403 170 025	Veronica Clune v.clune@gmail.com
Secretary 0417 451 660	Marian Le Breton mtlebreton@bigpond.com
Tours & Outings 0414 282 972	Dianne McAlister dmca10@bigpond.com
Outings & Activities: 0411 483 002	Denis Gallagher denisandsue7@gmail.com
Guest Speakers 0406 424575	Helen Larsen helen.larsen1954@gmail.com
Hospitality: 0407 033 299	Noel Davis noel-davis@live.com
Welfare: 0410 582 615	Liz Newman elizn11@gmail.com
Newsletter: 0408 210 752	Michael Manley mmanley@bigpond.com
IPP 0412 119 796	Helen Frappell helen.frappell@gmail.com

AUGUST'S GUEST SPEAKER WILL BE FUN

Paul O'Laughlin will be leading us in
CHAIR YOGA - LYCRA OPTIONAL!!!

Chair yoga incorporates gentle stretches and movements that help seniors improve flexibility and maintain their range of motion.

July Birthdays for these members!



July Guest Speaker:

We did not have a guest Speaker as we enjoyed a XMAS in July lunch.

Finally the fourth ape!
He is the sum of the first three: He sees nobody, hears nobody and speaks to nobody.



August Birthdays

Cathy Brown, Connie Caitlin, Pamela Doust, Denis Healey, Nerryl Liston, Susanne Welsh



Get Well Soon / Welfare - Liz Newman

If you need support, or if you know of a member who is unwell, grieving or feeling lonely, please advise our Welfare Officer Liz Newman

Liz advises there is nothing to report this month.

Tours, Outings, Activities and Meetings

Contact Dianne McAlister 0414 282 972 / Denis Gallagher 0411 483 002

Date	Event / Activity	Cost	Transport
Tuesday 19 th August	Our next "Coffee morning" will be on Tuesday 19 th August at 10.30 am at Laughin Boy Café, Emu Plains.		
	Lynne's Monthly Walk – As Lynne will be away it is likely that there will be none this month		
Friday 5 th September	Noels Lunch. Royal Hotel Springwood If you wish to attend, please put your name down or advise Noel. 0407 033 299 email noel-davis@live.com .	Lunch at own expense	Own Transport
Friday 12 th Sept	Zig Zag Railway & Esbank House Museum Friday 12 th Sept. Lunch included at Lithgow Workies Club. MONEY DUE 15TH AUGUST. Pickup - The Royce @ 7am, - Leonay Golf Club @ 7.15am then Springwood Sports Club @ 7.30am Organiser: Dianne 0414 282 972	Cost is \$110 including lunch	Coach
Friday 10 th Oct	Day Trip to Broken Bay Pearl and Oyster Farm at Moonee Moonee including a 2-course lunch, a boat tour of oyster leases & history of oyster farming in the area. PLEASE WEAR ENCLOSED SHOES (Some Uneven Ground) Organiser: Dianne McAlister 0414 282 972	\$125 Payment due by 19/9/2025	Coach -Pickup 8:15 Leonay Golf Club 8:30 the Royce
October	Probus Month		
29 th October	Noel is organising a TAFE Dinner at Kingswood at 6:00pm		
Sunday 2nd Nov to Saturday 8th Nov	Melbourne Cup Cruise 2025. Onboard Credit Available – See Invoice. Cruise is fully booked. Note: Download Carnival App to manage your booking. Organiser: Dianne 0414 282 972	Transfers Return to Quay \$50 pp	Cruise: Carnival Splendor
10 th to 12 th November	Silverdale Probus have organised a 3 day Mudgee Tour Contact Veronica Bird her email is outings.silverdaleprobus@gmail.com	\$890.00	
19/4/26 - 26/4/26 8days / 7nights	Lightning Ridge/Dubbo Tour Price includes accommodation, hot breakfasts, morning teas, 2 course dinners & entry fees to all activities. Organiser: Dianne McAlister 0414 282 972	\$2299 p/p \$499 s/s	
21/6/26 - 25/6/26 5days / 4nights.	Glenmore Park Probus Club - ULURU Contact Chris Brenton 0423058800 \$155 non refundable deposit	\$3610pp \$5335 single	

Christmas in July Lunch held following our July meeting.



Lynne's Sydney Harbour Bridge walk, with lunch at the Orient Hotel in the Rocks



Port Hacking Cruise with Denis



MONTHLY LUNCH AT Mr Su's Kitchen— A happy group of 22 members enjoyed lunch at Diggers St Mary's. Thank you, Noel.

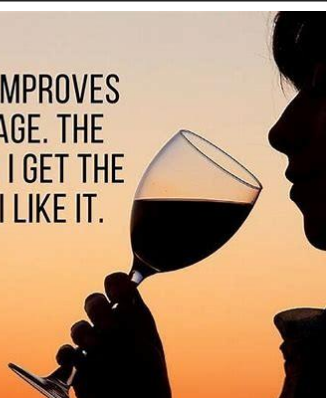


Thought for the Month

"Peace does not mean an absence of conflicts; differences will always be there. Peace means solving these differences through peaceful means; through dialogue, education, knowledge; and through humane ways." –

*Tenzin Gyatso, the 14th Dalai Lama,
1940 – present, Tibet*

WINE IMPROVES
WITH AGE. THE
OLDER I GET THE
MORE I LIKE IT.



September Guest Speaker will be Karon Coombs.

Karon had a career as a Palliative Care Nurse and is the author of The Grief Journey. Her book will be available on the day. Price \$20

The September General Meeting will be on Friday 19th September at 10:30am

The Probus Club of Leonay Inc acknowledges the generous and continuing support of Leonay Golf Club

Private and Confidential for Probus use only and is not to be used for any other purpose.