



## PROBUS CLUB of LEONAY Inc.



**Newsletter**

**Number 115**

**September  
2025**

We meet on the third Friday of the Month at 10.30am  
Leonay Golf Club (Emu Sports Club)  
1 Leonay Parade, Leonay NSW

Email: [leonayprobus@gmail.com](mailto:leonayprobus@gmail.com)

[Link to our website](http://probussouthpacific.org/microsites/leonay) <http://probussouthpacific.org/microsites/leonay>

*Sponsored by The Lower Blue Mountains Rotary Club Inc.*

**Next Meeting** will commence at 10:30 am on **Thursday 18th** September due to a Fundraising event being held at the club.

### President's Report: Maggie Bellenger



Good Morning Members,

Welcome to Spring. I have to say I look forward to this season's arrival every year. I love the way the gardens take on a kaleidoscope of colours and everything is so fresh and new.

The birds are chirping everywhere outside my bedroom window from 4am. And two very noisy ones are sending their mating calls to each other for hours every evening. They come here and do that every spring. I wish they would just mate for life and save the neighbourhood so much stress.

I want to thank Sue Gorst for taking the walking group on, what I believe, was a really enjoyable walk. And once again, I cannot forget our faithful photographers. You do an amazing job. I forgot that the Zig Zag is on Friday and booked to go and see a movie. Thank you Marian for the reminders you send out for us people who tend to sometimes forget things.

I hope everyone will enjoy the cupcakes at morning tea in celebration of Father's Day. The options available for celebrating Probuss Month in October will be discussed at this month's Committee Meeting. Noel has some information to share with you on the Tafe Dinner next month.

Ratification of any changes to the Constitution and Standing Resolutions will be put to the members for approval at the October General Meeting. And don't forget Daylight Saving commences on the October long weekend. I really hate it !!!!

I won't be at the General Meeting this month, but I know our Vice President Cathy Brown will do an excellent job.

Savour the day for the gift that it is.

That's all from me this month.

Maggie

#### Bank Account Details: (Westpac Penrith Branch)

**BSB: 032 278      Account Number      876804**

**Account Name: PROBUS CLUB OF LEONAY INC**

Please include your name and what payment is for.

**Please wear your name badge for the benefit of fellow members when attending meetings.**

Remember: No Badge No Win for Lucky Door Raffle.

Last months winners were Wendy Gallagher and Jim Armstrong

### Committee Members

<b>President:</b>	Margaret Bellenger 0438 844 014 <a href="mailto:mageb@bigpond.com">mageb@bigpond.com</a>
<b>Vice President</b>	Cathy Brown 0416 027545 <a href="mailto:catmayb@gmail.com">catmayb@gmail.com</a>
<b>Treasurer</b>	Helen Price 0421 748 920 <a href="mailto:hprice80@gmail.com">hprice80@gmail.com</a>
<b>Membership:</b>	Veronica Clune 0403 170 025 <a href="mailto:v.clune@gmail.com">v.clune@gmail.com</a>
<b>Secretary</b>	Marian Le Breton 0417 451 660 <a href="mailto:mtlebreton@bigpond.com">mtlebreton@bigpond.com</a>
<b>Tours &amp; Outings</b>	Dianne McAlister 0414 282 972 <a href="mailto:dmca10@bigpond.com">dmca10@bigpond.com</a>
<b>Outings &amp; Activities:</b>	Denis Gallagher 0411 483 002 <a href="mailto:denisandsue7@gmail.com">denisandsue7@gmail.com</a>
<b>Guest Speakers</b>	Helen Larsen 0406 424575 <a href="mailto:helen.larsen1954@gmail.com">helen.larsen1954@gmail.com</a>
<b>Hospitality:</b>	Noel Davis 0407 033 299 <a href="mailto:noel-davis@live.com">noel-davis@live.com</a>
<b>Welfare:</b>	Liz Newman 0410 582 615 <a href="mailto:elizn11@gmail.com">elizn11@gmail.com</a>
<b>Newsletter:</b>	Michael Manley 0408 210 752 <a href="mailto:mmanley@bigpond.com">mmanley@bigpond.com</a>
<b>IPP</b>	Helen Frappell 0412 119 796 <a href="mailto:helen.frappell@gmail.com">helen.frappell@gmail.com</a>

### Septembers Guest Speaker is Karon Coombs

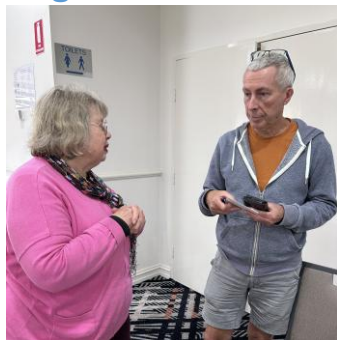
Karon had a career as a Palliative Care Nurse and is the author of The Grief Journey.

Her book will be available on the day.  
Price \$20

## These members celebrated a Birthday in August.



## Our Guest Speaker: for August



Paul O'Laughlin gave us an introduction to **CHAIR YOGA**. The majority of members present joined in and found it to be easy, relaxing and fun.



## September Birthdays

Margaret Bellenger, Peggy Harrigan, Wendy Healey, Karen Lane, Yvonne Nutland, Lidia Osolnik, Maureen O'Brien.



## Get Well Soon / Welfare - Liz Newman

If you need support, or if you know of a member who is unwell, grieving or feeling lonely, please advise our Welfare Officer Liz Newman  
Liz advises there is nothing to report this month.



## October Guest Speaker will be John Bonwick. OAM

*John, who remarkably discovered the Chevalier extension in the Jenolan Caves received an OAM for his service to caving and casting will discuss his involvement in Speleology. He has also been involved in the development of new caving equipment including the Bonwick Caving Ladder, improved scaling poles, custom caving gates and cave rescue stretchers.*

## Tours, Outings, Activities and Meetings

Contact Dianne McAlister 0414 282 972 / Denis Gallagher 0411 483 002

Date	Event / Activity	Cost	Transport
Wednesday 24 <sup>th</sup> Sept 10:30 am	Our next "Coffee morning" will be at Laughin Boy Emu Plains		
Friday 26 <sup>th</sup> September	Monthly Walk – As Lynne is away Sue Gorst has offered to take us on a City Walk, From QVB to Darling Harbour, Pyrmont and thr Goods line to Broadway. Lunch at Spice Alley in Chippendale		BMT 9:01 Emu PI 9:04 Penritj
Thursday 2 <sup>nd</sup> October 12 noon	The Monthly Lunch . will be at Glenbrook Bowling Cluby If you wish to attend, please put your name down or advise Noel. 0407 033 299 email <a href="mailto:noel-davis@live.com">noel-davis@live.com</a> .	Lunch at own expense	Own Transport
Friday 10 <sup>th</sup> Oct	Day Trip to Broken Bay Pearl and Oyster Farm at Moonee Moonee including a 2-course lunch, a boat tour of oyster leases & history of oyster farming in the area. <b>PLEASE WEAR ENCLOSED SHOES</b> (Some Uneven Ground) Organiser: Dianne McAlister 0414 282 972	\$125 Payment due by 18/9/2025	Coach -Pickup 8:15 Leonay Golf Club 8:30 the Royce
Friday 17 <sup>th</sup> October	Celebrate Probus Month with a Pizza party at Leonay Golf Club	TBA	
29 <sup>th</sup> October	Noel is organising a TAFE Dinner at Kingswood at 6:00pm Numbers are limited - early bird gets the worm.	\$45	Own
Sunday 2 <sup>nd</sup> Nov to Saturday 8 <sup>th</sup> Nov	Melbourne Cup Cruise 2025. – Carnival Splendor Onboard Credit Available – See Invoice. Cruise is fully booked. <b>Transfer payment for Circ Quay due by 19<sup>th</sup> September</b> <b>Note: Download Carnival App to manage your booking.</b> Organiser: Dianne 0414 282 972	Transfers to Circ Quay \$50 pp Due 19/9	Transfers 1 Leonay Golf Club 2 The Royce
10 <sup>th</sup> to 12 <sup>th</sup> November	Silverdale Probus have organised a 3 day Mudgee Tour Contact Veronica Bird, her email is <a href="mailto:outings.silverdaleprobus@gmail.com">outings.silverdaleprobus@gmail.com</a>	<b><u>\$890.00</u></b>	



Sun 9 <sup>th</sup> Nov– Tues 11 <sup>th</sup> Nov	Hunter Valley/Port Stephens Christmas Lights Spectacular with Springwood District Combined Probus Club. 3 days/2 nights contact - Trade Travel 1800034439.. Payment was due Friday 5 <sup>th</sup> : There may be an extension of time if numbers allow	\$1198 \$240-s/s	
Friday 19 <sup>th</sup> December	Christmas Lunch following our December meeting. 3 course lunch at Emu Plains Golf Club	\$46pp	
January 2026	Outing to Davistown RSL for lunch Train to Woy Woy then Ferry to Davistown	Own Expense	Train/Ferry
Tuesday 10 <sup>th</sup> March	St Patricks Day lunch at Camden Valley Inn. Welcome Drink, 2 course meal and entertainment	TBA	Car Pool ?
19/4/26 - 26/4/26 8days / 7nights	Lightning Ridge/Dubbo Tour Price includes accommodation, hot breakfasts, morning teas, 2 course dinners & entry fees to all activities. Organiser: Dianne McAlister 0414 282 972	\$2299 p/p \$499 s/s	
21/6/26 - 25/6/26 5days / 4nights.	Glenmore Park Probus Club - ULURU Contact Chris Brenton 0423058800 \$155 non refundable deposit	\$3610pp \$5335 single	

Monthly Coffee Catch up at the Laughin Boy, Emu Plains. Once again Dennis and myself were outnumbered. 2 to 11!



18 members attended the screening of Mr Burton at Glenbrook Cinema. Some continued on and enjoyed lunch at Glenbrook Bowling Club

Sue Gorst kindly offered to lead the monthly walk. While Lynne was away 13 members travelled to the City, visiting the Botanic Gardens and Darling Harbour, followed by lunch at Uliveto restaurant in Chinatown

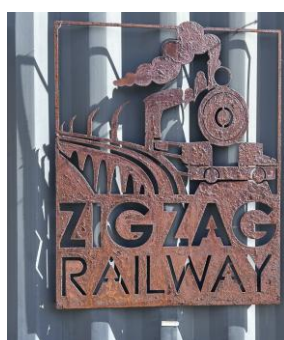


## Our Monthly Lunch was held at the Royal Hotel Springwood

### Lithgow Zig Zag Coach tour.

In the 24 hours to 9:00am on Thursday Sydney had its heaviest daily rainfall since 1879.

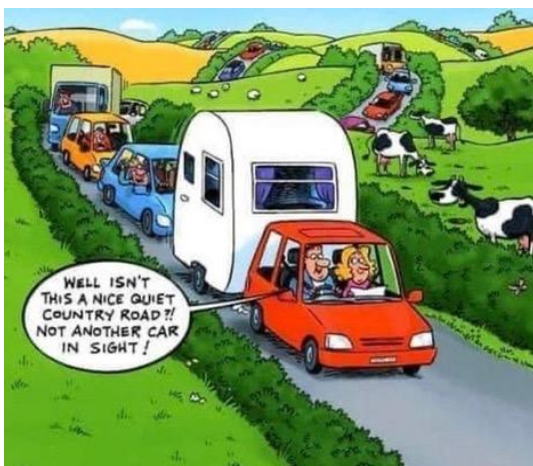
The next day our outing was to Lithgow and the Zig Zag railway - the weather was perfect. We had lunch at Lithgow Workies and then visited Esk House.







Thanks Krys for your additional photos



### Thought for the Month

*Whoever said money can't buy happiness didn't know where to shop.*

Gertrude Stein

The October General Meeting will be on  
Friday 17<sup>th</sup> October at 10:30am

The Probus Club of Leonay Inc acknowledges the generous and continuing support of Leonay Golf Club

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