

Newsletter Number 116

October

2025

PROBUS CLUB of LEONAY Inc.

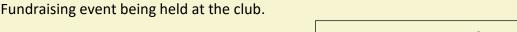
We meet on the third Friday of the Month at 10.30am Leonay Golf Club (Emu Sports Club) 1 Leonay Parade, Leonay NSW

Email: leonayprobus@gmail.com

Link to our website http://probussouthpacific.org/microsites/leonay

Next Meeting will commence at 10:30 am on Thursday 16th October due to a

Sponsored by The Lower Blue Mountains Rotary Club Inc.







Good Morning Members,

Well, Spring has arrived and now with the arrival of daylight saving we have an even longer time each day in which to enjoy

Every member should have received a copy of our new Constitution and Standing Resolutions. The Constitution is the same one for every Probus Club. It cannot be changed. The Standing Resolutions is the document in which every Probus Club makes any changes that are best suited to the way they operate within their own club. E.g. Constitution may say the Secretary updates the membership list, but we have a Membership Officer who is responsible for that duty so that would be shown in the Standing Resolutions for our club only. I hope I have explained a little for any member who was not quite sure about the procedure, as members will be asked to agree to any changes made to both documents at the October General Meeting.

I would like to say a really big thank you to Gary Kimble, Helen Frappell, and the Committee Members for time spent going through these important documents. It can be very time consuming.

Thank you to Cathy for chairing the General Meeting for me last month. Big thanks also to Sue Gorst who has stepped into doing the walks. I believe they have been very enjoyable.

I'm looking forward to our Celebrating Probus Italian Luncheon and I wish you all an enjoyable PANZO. (Lunch).

Kind words can be short and easy to speak, but their echoes are truly endless. Mother Teresa.

Be Kind to each other

Ciao Maggie

Bank Account Details: (Westpac Penrith Branch)

BSB: 032 278 **Account Number** Account Name: PROBUS CLUB OF LEONAY INC Please include your name and what payment is for.

Please wear your name badge for the benefit of fellow members when attending meetings.

Remember: No Badge No Win for Lucky Door Raffle. Last months winners were Pat Chapman, Sue Gallagher and Helen Price

Committee Members

President: Margaret Bellenger 0438 844 014 maggeb@bigpond.com

Vice President Cathy Brown catmayb@gmail.com 0416 027545

Treasurer Helen Price

0421 748 920 hprice80@gmail.com

Membership: Veronica Clune 0403 170 025 v.clune@gmail.com

Secretary Marian Le Breton 0417 451 660 mtlebreton@bigpond.com

Tours & Outings Dianne McAlister 0414 282 972 dmca10@bigpond.com

Outings & Activities: Denis Gallagher

0411 483 002 denisandsue7@gmail.com

Guest Speakers Helen Larsen 0406 424575 helen.larsen1954@gmail.com

Hospitality: Noel Davis

0407 033 299 noel-davis@live.com

Welfare: Liz Newman 0410 582 615 elizn11@gmail.com

Newsletter: Michael Manley

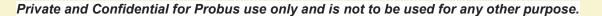
mmanley@bigpond.com 0408 210 752

Helen Frappell

0412 119 796 helen.frappell@gmail.com

October Guest Speaker is John Bonwick OAM

John, who remarkably discovered the Chevalier extension in the Jenolan Caves received an OAM for his service to caving and casting will discuss his involvement in Speleology. He has also been involved in the development of new caving equipment including the Bonwick Caving Ladder, improved scaling poles, custom caving gates and cave rescue stretchers.





These members celebrated a Birthday in September

September Guest Speaker: Karon Coombs





Karon is the author of The Grief Journey. She has had a long career in Palliative care and gave an interesting talk advising that grief is a normal natural response to any type of loss. A number of members gave those present an insight into how grief and loss had affected them.



October Birthdays

Val Buckley, Sue Gorst, Glenda Jackson, Doreen Leydecker, Dianne McAlister, Susanne May, Warren Palmer, Heather Reed, Brian Senior, Terry Wilkinson and Dawn Young.



Get Well Soon / Welfare - Liz Newman

If you need support, or if you know of a member who is unwell, grieving or feeling lonely, please advise our Welfare Officer Liz Newman.

Liz advises there is nothing to report this month.



November Guest Speaker will be Peter Plowman

Peter returns to Leonay Probus with another talk relating to shipping, this time he will discuss Migrant Ships.

Active Retirees - Covering all your reading needs, *Active Retirees*TM includes stimulating articles and expert advice about travel, finance, technology and health as well as all the latest news from your Probus clubs. This is tailored to the needs of over-55s.

September Issue - Active Retirees Magazine - September 2025 Issue by ProbusSouthPacific - Issuu

Tours, Outings, Activities and Meetings

Contact Dianne McAlister 0414 282 972 / Denis Gallagher 0411 483 002

Date	Event / Activity	Cost	Transport
Wednesday 22 nd October 10:30 am	Our next "Coffee Morning" will be at Laughin Boy Emu Plains.	Own Expense	Own
Friday 24 th October 10:30am	Lynne's Monthly Walk will be around Waterside at Cranebrook. Meet at 10:30 am at the corner or Renshaw and Laycock Streets. Lunch to follow at Parx Coffee House	Own Expense	own
Tuesday 4 th November 2:00pm	The Monthly Lunch for November will be a Melbourne Cup lunch at the Colonial Hotel, 156 Victoria Street, Werrington. You can place your bets and watch the race at the Hotel.	Lunch at own expense	Own Transport
Friday 17th October	Celebrate Probus Month with an Italian Luncheon at Leonay Golf Club. Payment due by 12 th October by EFT. If you are unable to use EFT please advise Marian Le Breton. 0417 451 660	\$18.50 Members \$28.50 Visitors	
Wednesday 29 th October	TAFE Dinner at Kingswood at 6:00pm. Note: Initial cost advised was \$35 which only covered meals Additional \$10 covers two wines, beer or unlimited soft drinks. If you have already paid \$35, please add an additional payment of \$10 pp by EFT, or at the next meeting.	\$45	Own

Sunday 2nd Nov to Saturday 8th Nov	Melbourne Cup Cruise 2025. – Carnival Splendor Check in will be available 2 weeks before cruise. iTravel will email us individually and will express post our lanyards and laminated luggage tags. Note: Download Carnival App to manage your booking. Organiser: Dianne 0414 282 972 Any questions contact Natalie at itravel 80658567 i	Meetup at 5:30pm Deck 3 (Lobby) Gold Pearl Dining Room (Aft)	Transfers Leonay Golf Club 10:00am The Royce 10:15:00am Ret 9-930am 8/11/25		
10 th to 12 th November	Silverdale Probus have organised a 3 day Mudgee Tour Contact Veronica Bird, Her email is outings.silverdaleprobus@gmail.com	\$890.00			
Sun 9 th Nov– Tues 11/th Nov	Hunter Valley/Port Stephens Christmas Lights Spectacular with Springwood District Combined Probus Club.3 days /2 nights contact - Trade Travel 1800034439 Payment was due Friday 5 ^{th;} There may be an extension of time if numbers allow.	\$1198 \$240-s/s			
Wednesday 19 th November	Blaxland/Glenbrook Probus Club have a Christmas shopping trip on 19/11/25, lunch at own expense Castle Hill RSL. contact Zelda 0404851678.	\$56	pickup Glenbrook @ 8:45am		
Friday 19 th December	Christmas Lunch following our December meeting at Leonay Golf Club. 3 course lunch with drink voucher Payment due by 21st November	\$36			
Friday 23 rd January 2026	Outing to Davistown RSL for lunch Train to Woy Woy then Ferry to Davistown	Own Expense	Train/Ferry		
Tuesday 10 th March	St Patricks Day lunch at Camden Valley Inn. Welcome Drink, 2 course meal and entertainment.	\$65	Car Pool ?		
Sun 19/4/26 – to Sun 26/4/26 8days / 7nights	Lightning Ridge/Dubbo Tour with Twilight Coach Tours Price includes accommodation, hot breakfasts, morning teas, 2 course dinners & entry fees to all activities. Minimum 28 persons Organiser: Dianne McAlister 0414 282 972	\$2299 p/p \$499 s/s			
21/6/26 - 25/6/26 5days / 4nights.	Glenmore Park Probus Club - ULURU Contact Chris Brenton 0423058800 \$155 non refundable deposit	\$3610pp \$5335 single			

Monthly Coffee Catch up at the Laughin Boy, Emu Plains. Outside for a change.!





Vandalism at Penrith Railway Station didn't stop us enjoying a day out to Darling Harbour and Spice Alley for lunch. After a coffee at InCafe near Central we caught the light rail to QVB and then walked to **Darling Harbour** and crossed over Pyrmont Bridge for our walk to Broadway via the old Goods line. **Emerging at Central** it was a short walk to Spice Alley. Thanks Sue for organising this walk and showing some of us parts of Sydney we were unfamiliar with.





Our Monthly
Lunch was held
Glenbrook
Bowling Club. 10
members
enjoyed a long
lunch!



I always wanted to marry Mrs. Right. I just didn't know her first name would be "Always."

Age is an issue of mind over matter. If you don't mind getting older, then it really doesn't matter.

Diannes's Outing to Broken Bay Pearl Farm. We saw how oysters are farmed and learnt how Pearls are graded.





















COMMON SENSE IS LIKE DEODORANT. THE PEOPLE WHO NEED IT MOST NEVER USE IT. Thought for the Month
I want my children to have all the things I
couldn't afford. Then I want to move in with
them.

-Phyllis Diller

The November General Meeting will be on Friday 21st November at 9:30am.
Club doors will be open from 9:00am

The Probus Club of Leonay Inc acknowledges the generous and continuing support of Leonay Golf Club