



Newsletter Number 118

December
2025

Next Meeting: Will commence at 10:30 am on Friday 19th December
Club doors will be open from 10:00am.

We meet on the third Friday of the Month at 10.30am
Leonay Golf Club (Emu Sports Club)
1 Leonay Parade, Leonay NSW

Email: leonayprobud@gmail.com

[Link to our website](http://probudsouthpacific.org/microsites/leonay)

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Sponsored by The Lower Blue Mountains Rotary Club Inc.



President's Report:

December 2025

Good Morning members,

This is the last of my reports for 2025 and as I think back through the year I can't believe that Christmas is upon us again. It seems to roll around earlier with every passing year, and it can be so stressful for some of us. But, it is also a season of joy. A time when families get together for festive celebrations, sharing their memories, food and gifts. And, I have to say it is the look of joy on the faces of the children when they see Santa for their photos and when opening their presents on Christmas Day.

As I have mentioned above, Christmas is a sad time for so many people who are less fortunate and desperately need the assistance of others to help them through this time and so once again I would like to remind members that any donations to The Haven or Gateway Services would be greatly appreciated and can be passed on at the general meeting to Ros Brown and Pam Priestly who will then deliver them.

During the year we have had many wonderful times with our fellow members in Friendship Fellowship and Fun. We enjoyed The dinners and lunches. The Outings and Getaways, many interesting Walks, Movie Days, Coffee mornings, Mother's and Father's Days Cup Cakes, The Probud 10 Year Celebrations. Christmas in July, and our Italian Pizza and Pasta Lunch to celebrate Probud Month in October. We have also enjoyed many interesting Guest Speakers including our own John Bonwick and our Christmas Lunch next week after the meeting.

I would like to wish everyone a joyous season, peace, good health and happiness and remembering the birth of our Lord Jesus Christ ask Him to bless you, protect you and keep you safe.

MERRY CHRISTMAS EVERYONE

MAGGIE.

Committee Members

President:	Margaret Bellenger 0438 844 014 maggeb@bigpond.com
Vice President	Cathy Brown 0416 027545 catmayb@gmail.com
Treasurer	Helen Price 0421 748 920 hprice80@gmail.com
Membership:	Veronica Clune 0403 170 025 v.clune@gmail.com
Secretary	Marian Le Breton 0417 451 660 mtlebreton@bigpond.com
Tours & Outings	Dianne McAlister 0414 282 972 dmca10@bigpond.com
Outings & Activities:	Denis Gallagher 0411 483 002 denisandsue7@gmail.com
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Newsletter:	Michael Manley 0408 210 752 mmanley@bigpond.com
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Bank Account Details:

(Westpac Penrith Branch)

BSB: 032 278 Account Number 876804

Account Name:

PROBUS CLUB OF LEONAY INC

Please include your name and what payment is for.

Please wear your name badge for the benefit of fellow members when attending meetings.

Remember: No Badge No Win for Lucky Door Raffle.

Last months Lucky Door Winners were: Ursula Dobrynzki and Helen Brown.

These members celebrated a Birthday in November.



New Members: Robyn Le Breton, Debbie O'Shea and Pat Chapman
Maggie welcomed Robyn and Pat



Guest Speaker

A representative of Coach Holidays and Tours - A Silver Probus Partner - will discuss tailored travel for Probus Members.



December Birthdays

Nancy & Ray Atkinson, John Baczelis, Carol Chitty, Don & Lyn Payne, Susan Scott, Christine Senior, Elaine Langford, Jean Kimble.



Get Well Soon / Welfare - Liz Newman

If you need support, or if you know of a member who is unwell, grieving or feeling lonely, please advise our Welfare Officer Liz Newman.
Liz advises there is nothing to report this month.

November Guest Speaker: Peter Plowman.

Peter gave an excellent talk on the many ships that were used to transport migrants from Europe to Australia after WW2. For many though it was not what we know cruising to be like now. Some of the ships used were converted from WW2 troop ships and aircraft carriers.
He also had on display several books he had written about these ships.



Active Retirees - Covering all your reading needs, *Active Retirees*TM is a quarterly digital magazine that includes stimulating articles and expert advice about travel, finance, technology and health as well as all the latest news from your Probus clubs. This is tailored to the needs of over-55s.

To view the current issue login to the Probus website – . <https://probussouthpacific.org/auth/login>

Login with your membership number as the login and the password.

Note: You can elect to receive an Email copy when you access the website.

Tours, Outings, Activities and Meetings

Contact Dianne McAlister 0414 282 972 / Denis Gallagher 0411 483 00

Regular Monthly Events

Date	Event / Activity	Cost	Transport
	Our next “Coffee Morning” will be in February at Laughin Boy Emu Plains. Come along if you can for a relaxed morning with a few Probus friends.	Own Expense	Own
	There will be no Monthly Walk with Lynne this month. Will resume the walks next year.		
	There will be no Monthly Lunch for December - resume in February		

Outings, Activities and Tours

Friday 19th December	December meeting at Leonay Golf Club. Followed by a Christmas Lunch with a 3 course lunch and drink voucher. Come dressed for the festive occasion if you wish. The cut off date for numbers and payment is Friday 12 December and you can pay via EFT to our Club's Bank Account	\$36 members \$46 for visitors	
Friday 16 th January	January meeting at Leonay Golf Club.		
Friday 23rd January 2026	Outing to Davistown RSL for lunch. BMT Train Emu Plains 7:52 am, Penrith 7:56 am Change At Strathfield to Platform 3 for Central Coast train. Departs at 9:03am arrive Woy Woy 10:04 am Coffee Break then catch 10:45 am Ferry MV Saratoga from Woy Woy to Davistown. Organiser: Denis Gallagher 0411 483 002	Own Expense Opal card for Train.. Purchase return Ferry Ticket	Train/Ferry
Wednesday 25 th Feb 2026 1:30 pm	Amazon Enrichment Centre at Kemps Creek Maximum number is 25 people.. Flat closed toe closed heel shoe only. Long hair to be tied up. Need photo ID on the day. No handbags or cameras allowed	No cost	Car Pool ?
Tuesday 10th March 12pm to 2:30pm	St Patricks Day lunch at Camden Valley Inn. Welcome Drink, 2 course meal and entertainment. Payment to be made before General Meeting on 20 th February Organiser: Denis Gallagher 0411 483 002	\$65pp	Car Pool ?
Sun 19 th April to Sun 26 th April 8days / 7nights	Lightning Ridge/Dubbo Tour with Twilight Coach Tours Price includes accommodation, hot breakfasts, morning teas, 2 course dinners & entry fees to all activities. Minimum 28 persons \$299 deposit for Lightning Ridge Tour due 16/1/2026 * \$2000 (plus s/s) final payment due 20/2/2026 Organiser: Dianne McAlister 0414 282 972	\$2299 p/p \$499 s/s	
May 2026	Expression of Interest - Lunch cruise on the Nepean Belle (Maybe around Mothers day)	Approx \$69.00 pp	
20th to 22nd October 2026	Expression of Interest, Goulburn Dubbo See the Big Merino, Goulburn Water Works, Taralga Museum, Rocky Hill War Memorial,	Approx \$700 to \$750	XPT to Goulburn
Nov or Dec 2026	Expressions of Interest Hunter Valley Christmas Lights		

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Other Probus Club Tours

29th March 2026 – to 3rd April. 2026	Kingswood Caddens Probus to Jindabyne .”Life of Riley Tour” 6days \$1200pp No S/S \$50 deposit to secure place email Tracy probuskingswoodcaddens@gmail.com	\$1200pp No S/S \$50 deposit	
21st June to – 25 th June 5days / 4nights.	Glenmore Park Probus Club - ULURU Contact Chris Brenton 0423058800 \$155 non refundable deposit	\$3610pp \$5335 single	

Leonay Probus - recent activities

Our November Monthly Coffee Catch up at the Laughin Boy, Emu Plains.



Australia's favourite Christmas songs

1. *All I Want for Christmas Is You* – Mariah Carey
2. *It's Beginning To Look A Lot Like Christmas* – Michael Bublé
3. *Last Christmas* – Wham!
4. *Santa Tell Me* – Ariana Grande
5. *It's the Most Wonderful Time of the Year* – Andy Williams
6. *Mistletoe* – Justin Bieber
7. *Let It Snow! Let It Snow! Let It Snow!* – Frank Sinatra
8. *Do They Know It's Christmas?* – Band Aid
9. *White Christmas* – Bing Crosby
10. *Jingle Bell Rock* – Bobby Helms

EXERCISES FOR SENIORS

You know how important exercise is as we grow older. Here are a few suggestions. I start by standing outside behind the house and, with a five-kilo potato sack in each hand, extend my arms straight out to my sides and hold them there as long as I can. After a few weeks, I moved up to 10-kilo potato sacks, then 50-kilo potato sacks and finally I got to where I could lift a 100-kilo potato sack in each hand and hold my arms straight out for more than a full minute!

Next, I started putting a few potatoes IN the sacks, but I would caution you not to overdo it at this level.

January General Meeting.
Will be held Friday 16th January at 10:30 am

The Probus Club of Leonay Inc acknowledges the generous and continuing support of Leonay Golf Club