



PROBUS CLUB OF DOUBLE BAY INC.

NEWS BULLETIN: JANUARY 2025

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President David Lynch davidandjill@optusnet.com.au
Treasurer
Secretary Ken Packham valken61@tpg.com.au
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<http://www.probussouthpacific.org/microsites/doublebay>

Meeting Place: Cruising Yacht Club of Australia
New Beach Road, Rushcutters Bay
Day: Third Monday each month except December
Time: 10.00am to 12 midday
Social Coffee meeting: 1st Monday of each month
10am Mia Café Edgecliff Centre

Chair: David Lynch

MINUTES OF MONTHLY GENERAL MEETING 18th November 2024

Opening: David opened the meeting at 10 am with a welcome to members and visitors and adding his appreciation for the kindness and support that he has received during illness; he is recovering well and pleased to be back.

Visitors: Bev Morris, Lynn Parker, Andrea Thompson, Jane Cioffi

Apologies: Michele Palmer, Carole Olde, Warren and Joan Porter, Joan Poulton, Diane Johnson, Vahbeez and Boman Kalapesi, Naomi Mendelson, Iley Jones, Sue Ferrier

Minutes: The minutes of the October meeting were approved. No matters arising.

Secretary: Ken advised that the final chance for ordering magnetic name badges was at the back of the room with order to be placed after our meeting. He again invited members and guests to our Christmas Party, Monday 2nd December at The Women's Club from mid-day to 2.30pm. Attendance sheet at back of room. The new membership promotional leaflet was circulated foreshadowing action in 2025.

Treasurer: No report. James has resigned as Treasurer. Warren absent today.

Entertainment: Gail Booth advised that Wharf Review next Wednesday was a sell out. She recommended using public transport (352 from Bondi Junction) and be early for 1.00pm start.

Outings: Gail and Lynn. No outings planned for December. Looking for ideas for 2025 especially using the bus. Mt Annan is a possibility early in the year.

Speakers: Carole was absent but previous advice that speakers are lined up well into 2025 confirmed. David will be looking for 3 members to provide 15 minute addresses in January. Doreen offered strong comment on need for members to step up to committee positions. (Secretary, Vice President Treasurer and President). Thanks to John and Anne Cooke for their joining the committee. David added his support to Doreen.

Membership: Doreen advised that we now have 78 members plus 12 on waiting list and 1 new application

Guest Speaker: Sarah Pope "The Road Ahead"

Sarah was accompanied by Theresa. Sarah is a Safe System Project Officer with Transport for NSW and delivers the Road User Safety Behavioural Program to the Greater Sydney Region. The program is focused on road safety initiatives to at risk road user groups focusing on 'safer people' and 'safer speeds'. Sarah's address focused on older people,

providing advice and safety tips for the over 65's to make safer choices when driving, walking, using mobility scooter and public transport. Statistically, in 2023, 19.5 % road deaths were over 75's: over 75's are 3 times more likely to be killed in road crash; over 85's 4 times more likely. Older people represent almost half of pedestrians killed of which 63.5 are in 50kph speed zones.

Older people suffer from hearing, sight, strength, flexibility and memory declines and must be made aware of their responsibilities. Medications can increase the problem. A surprising number fail to regularly check mirrors and blind spots and even forget seat belts. They should consider safer ANCAP rated cars and cars with driver safety devices. Keep doors locked and handbags securely placed out of vision.

Beware of rules for roundabouts but always realise that other drivers may not know the rules; No phones, watch carefully in merging and don't simply demand your rights; watch out for and observe school zones; don't do U turns; Yellow lights mean stop, not speed up. As a pedestrian don't use mobiles; wear visible clothing and accessories; watch, wait, listen and never assume drivers can see you. Beware of and on lookout for all scooters and bikes and mobility scooters! Travelling in public transport, access and depart with care and stay seated as long as reasonably possible. Hang on!

Sarah had a comprehensive supply of hand out material which was accessed by members who also took the opportunity to ask questions. David thanked Sarah for her valued common-sense address.

Our enthusiastic trivia buffs meet at lunch to celebrate their success at the CYC trivia nights



Our delicious Christmas lunch at the Women's Club. A visit from Father Christmas and the triumphant table winners of the trivia quiz

Next General Meeting: Monday 20 January 2025