



Proud to be PROBUS
Club # 9003801
Founded 5 November 2008

SPONSORED BY
Goodna Rotary Club
Newsletter #189
November 2025

Meetings
Langley Park Hall
7 Bruce Lane, Camira
1st Wednesday of each month
(except January)
1:30pm - 3:30pm

Contact details
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Welfare: 0417 642 966
Activities: 0411 590 072
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Management Committee
President: Robyn
Vice President: Garry
IPP: Yvonne
Secretary: Penny
Treasurer: Drena
Membership: Imre
Activities Co-ord: Cathy D
Guest Speakers: TBA
Newsletter: Penny
IT Officer: Penny
Publicity: Imre

Appointees
Minutes Sec: Penny
Welfare: Yvonne
Hospitality: Lyn
Greeters: Carole & Jill
Audio-Visual: John G
Birthdays: Christine L
Bring & Share: Rose

Senior Moments

November 2025

Goodna-Springfield Probus Club Inc.

Fun and Friendship in Retirement

This newsletter is private and confidential and is for Probus members only and not to be used for any other purpose

From Your President

Hello dear members.

The menu for our Christmas lunch is attached. We will be pre-ordering our meals and request that you indicate whether you are attending, what you would like to order and make payment by November 21st. You can pay online or in cash at the November meeting. Details are posted with the lunch menu.



As we come to the end of another year, we need to be planning for our club future. The topic of our guest speaker (Barry Read from Probus PSPL) at the November meeting will address some of those issues. I would like to ask you all to please start to give some thought as to whether you might like to take on a role on the management committee when we hold our AGM at our March meeting. Please have a chat to me if you would like to know details about the various roles.

I have really appreciated the help that members are giving in helping to set up the hall and to tidy away at the end of meetings. Vacuuming the floor at the end of the day needs a special mention. Thank you to those of you who step up for that task. The help in preparing, setting out and cleaning up after afternoon tea is also very much appreciated. I would like to thank June who has been organizing our afternoon teas while Lyn has been out of action. Support given, within our individual capabilities, lessens the load for us all.

We have decided to reschedule the cancelled barbecue in late January. It will be a brunch rather than a lunch with an earlier start time to allow for the summer heat. We were so sorry to cancel at short notice but sometimes the unpredictable occurs.

For those attending the Melbourne Cup lunch, we look forward to seeing you at Blue Fin on Tuesday. If I have not given you your ticket already, I will have them there for you on the day. Doors open at 10.00am but you are welcome to come a little later if you would like a more leisurely start to the day. Lunch will be served at 12.00pm. Race starts at 2.00pm.

I hope this newsletter finds you all well and healthy, or at least on the mend.

Kind Regards

Robyn

October Moments

Our October meeting was a celebration of Probus month and Seniors month. Wearing bright Spring colours, members participated in a Trivia Quiz thanks to Drena, with Probus chocolates as prizes (thanks PSPL); A “pass the balloon” game where the “winners” had to perform tasks set by Imre. Yvonne had us all in fits with a hilarious letter from “her Grandmother” and Drena told us the unforgettable tale of the mouse and the rat. For ‘Did You Kow?’, Garry informed us about the difference between Alzheimers Disease and Dementia and the 2 biggest advances in their treatment. Maria won the 2-up and Shirl won the lucky door prize voucher.

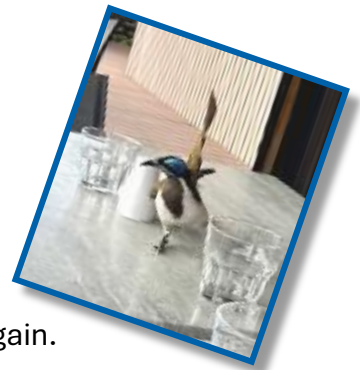


October Morning Tea - Café Kalina – Wednesday 15th October



A lovely Spring morning was enjoyed by the eight members who arrived at Café Kalina, plus a beautiful Blue-faced Honey Eater trying to join in on the conversation.

It was great to see Lyn up and about again.



October Lunch - Springlake Hotel - Thursday 30th

12 members descended on Springlake Hotel for lunch. A bit of a mix-up between Parmys and Schnitzels but all ended well with some swapping dishes across the table. John F got the best t-shirt award. 🤔

Movie Morning - Event Cinemas Orion

Sadly no-one else turned up to see The Travellers, so Judy went shopping instead. We all know that things crop up at the last minute but for future events we will ask members to at least give an expression of interest so Judy has some idea who to expect.



Walking Group – by Imre

We've had three low impact walks now, at various locations with a coffee and Cake for us and a water bowl for our fur buddies at the end. Sadly, the last one had to be canceled, but I've got a new site picked for the next one. This will be in the Springfield area, most likely at the end of November. It will possibly be the longest walk (Just), but very scenic along a lake & houses with a good amount of flora & fauna to see. Always walking on concrete footpaths, and here the dogs can come too, with maybe a picnic snack at the end. I haven't set a date but probably it will be on a Tuesday, so anyone wishing to attend this, or any other future walks, let me know and I can keep you informed.

Recent Expo's – by Imre

With Seniors Month & Expo's running in our area over October, I represented our club in two Expo's in Ipswich. The first Senior's expo, run by Ipswich Probus Club was well attended and we handed out a good number of brochures. **I'd like to take this opportunity to thank the Ipswich club for allowing me to join them on that day. So, thanks very much guys.**

There was another expo that I also attended, again in Ipswich. This time we shared a table with the three Probus clubs in this area, Goodna-Springfield, Ipswich and Raceview clubs, sponsored by PSPL. Not as well attended as the first but we handed out a few more brochures and "fingers crossed" hoping a few new members will be found over the two Expos.





Christmas Lunch Menu

MAIN COURSE

250g Rump

Cauliflower puree, butter braised zucchini, pomme de terre fondante, red-wine jus.

Chicken Ballotine

Charred baby leeks, sweetcorn puree, lemon, crushed hazelnuts, tarragon oil

Truffle Mushroom Risotto

Wild forest mushrooms, creamy arborio rice, parmesan, thyme and sage truffle oil.

DESSERT

Sticky Date Pudding

Butter crumble, fresh berries, mint, butterscotch sauce, vanilla ice-cream

Pavlova

Fresh fruits, berry compote, whipped chantilly cream

Apple Crumble

Butter crumble, caramel, coconut glaze, blackberry, vanilla ice-cream



Please advise of your choice of MAIN and DESSERT at the **November** meeting

Plus any dietary requirements

Payment of \$15pp required by Friday 21st November preferably by direct deposit
to our account **BSB: 034 130 A/c No. 237415**

Cash will be accepted at the November meeting

Drinks may be purchased at the venue

Please bring a "Dirty" Santa Gift of \$15 value
if you wish to participate



Upcoming Activities – November/December

For payments into our account: BSB: 034 130 A/c No. 237415

You do not need to RSVP for morning teas and lunches – UNLESS OTHERWISE ADVISED.

Morning tea/coffee will always start at 10:00am and Lunches at 12:00 noon
(unless otherwise notified).

Members, please remember to wear your name badge for all Probus functions.

Our visitors and newer members will welcome and appreciate knowing who we are.

Morning Teas

November – Friday 21st – Little M Coffee House, 2 Smiths Road, Goodna.

December – We have not booked a morning tea for December.

Lunches

November – Thursday 13th - The Lion Richlands, 133 Pine Road, Richlands.

The booking is for **11.30am – 1.30pm**. Please note a different starting time to our usual.

December – We do not usually have a lunch outing for December due to the busyness of everyone's lives at that time of year.

Outings

December – Wednesday 10th December at Prince Alfred Hotel, 170 Brisbane Road, **Booval**. For those not familiar with the venue, it is located in Booval opposite and close to Booval Shopping Centre.

Details for pre-ordering and paying for lunch are attached.

Special Event

December – Wednesday 3rd December. Our final meeting for the year is our Christmas Party (as distinct from our Christmas Lunch). To celebrate winding up the year, we ask that everyone please bring a small plate of festive foods to share.

Regards

Cathy and Robyn

Upcoming Guest Speakers

November - Barry Read our Regional Liaison Officer with PSPL

December - No Guest Speaker - Xmas Break-up Party



NOVEMBER

Alan - 3rd

Garry - 17th

Cathy D - 25th *

He said his non-alcoholic wine was delicious; I said he had no proof.



Next Meeting: Wednesday November 5th at 1.30pm

Members are reminded that the Activities Organisers, in planning Activities, seek to minimise risk to participants. However, it remains the responsibility of those participants to assess their own personal capacity to take part in club activities

Members are advised to carry their Probus health card with them to all club activities