



Proud to be PROBUS
Club # 9003801
Founded 5 November 2008

*SPONSORED BY
Goodna Rotary Club
Newsletter #187
September 2025*

Meetings
*Langley Park Hall
7 Bruce Lane, Camira
1st Wednesday of each month
(except January)
1:30pm - 3:30pm*

Contact details
PO BOX 4735
Springfield QLD 4300
gsprobus08@outlook.com
Secretary: 0412 270 628
Membership: 0439 447 246
Welfare: 0417 642 966
Activities: 0411 590 072
Newsletter: 0412 270 628

Management Committee

President: Robyn
Vice President: Garry
IPP: Yvonne
Secretary: Penny
Treasurer: Drena
Membership: Imre
Activities Co-ord: Cathy D
Guest Speakers: TBA
Newsletter: Penny
IT Officer: Penny
Publicity: Imre

Appointees

Minutes Sec: Penny
Welfare: Yvonne
Hospitality: Lyn
Greeters: Carole & Jill
Audio-Visual: John G
Birthdays: Christine L
Bring & Share: Rose

Senior Moments

September 2025

Goodna-Springfield Probus Club Inc.

Fun and Friendship in Retirement

This newsletter is private and confidential and is for Probus members only and not to be used for any other purpose

From Your President

Hello dear members.

Our new badges have arrived for those members who ordered them. The significantly larger font makes for much easier reading of our names on the badges. The blue shading of the background does look slightly different to the original style but it is true to Probus colours. I am very pleased with them.



Blue Fin Fishing Club have begun to advertise their Melbourne Cup Lunch on November 4th from 10.00am to 3.00pm. Blue Fin member's cost will be \$62.50 which will apply for everyone if I make a group booking. I believe that the tables will seat 8 people. I will need to pay when I book, so now is the time to let me know if you are planning to come and to start paying in your money – into our account would be most convenient.

Ever since I joined our club, almost ten years ago, our non-gambling 2-up game has been run very capably with Paul as the spinner at most of our meetings and we have greatly appreciated his contribution to our activities. We are looking for someone who is prepared act as the spinner for our 2-up game into the future. We have our own club “kip” (I believe it is called) to throw the coins.

October is both Probus month and Seniors Month. Probus Month is an opportunity to remind the wider community of the importance of social connections and support. The theme for 2025 Probus Month is “Reinvent your Retirement.” Seniors Month is a Queensland Government initiative to highlight the valuable contributions of older adults to the community. To celebrate both these events, we will be organizing a couple of different activities. Our October Meeting will follow a more activity-based format than is usual. The theme will be “Spring Colour!” with members invited to dress up for the event.

Continued over.....

Presidents Report continued.....

Members will be invited to meet for a barbecue lunch at Robelle Domain later in the month, the cost of which will be covered by club funds.

The details are listed in Activities section of this newsletter.



Thanks so much to June who has stepped in to organize our afternoon teas while Lyn has been incapacitated. We are always appreciative of the lovely spread that both ladies provide for us and for Desley's backup with gluten free options. Help in preparation and kitchen clean-up is always appreciated as "Many hands make light work"!

Setting up chairs and tables and stacking them away again is another area where help is appreciated. Even if members are able to stack their own chair, that is a help. Sweeping and vacuuming the floor at the end of the meeting is also a thankless but necessary task. Anyone who is up for helping with that has my eternal thanks.

It is wonderful to see the weather starting to warm up. Hopefully, some of the winter ills that have been plaguing some of us will start to clear up now.

Robyn

President

August Moments

Back to our regular venue this month with no dramatic storms in sight, our August meeting was well attended considering the amount of colds and flu going around. August seems to be a popular month for birthdays as we celebrated 7 this month, one being a "significant birthday" which was acknowledged with a cake and candles. Happy Birthday Ross.

Our lucky door prize was won by Andy who kept us entertained while searching his deep pockets for the missing ticket. 🤔

The guest speaker this month was Trevor Hamley, Glaciologist and Author, who gave us a very interesting and informative presentation on his time in Antarctica with a Russian expedition of fellow scientists. He also had his book, "Vodka in a Vegemite Jar" available for sale at the end of the meeting. You can still get a copy or an e-book version by visiting trevorhamley.com



August Lunch - The Lion Richlands - Friday 15th August

12 Members enjoyed lunch at "The Lion" at Richlands this month. No pictures or information to share unfortunately.



August Morning Tea - Little M Coffee House - Thursday 28th August

11 members attended this month's morning tea - again no pics or information to hand.



Editors Note:

As I have been unable to attend many events lately it would be great if anyone could take a photo or two and let me have a little information about the event.

Thanks, Penny

August Outing - Mt Coot-tha Botanic Gardens Tuesday 19th August - by John G

It was a very overcast day for our outing. We (all 8 of us) dressed appropriately for the cooler August conditions. Being out of school holidays time, parking spaces at the gardens were plentiful. We had morning tea at the Botanic Gardens Cafe. Two other Probus groups had morning tea there too. We were sure outnumbered. There were Probians everywhere enjoying morning tea at this great venue.

We then met our guide at the Visitor Information Centre for an hour's walk around the Gardens. All the guides there are Volunteers. Our guide, Adrienne, gave us a great and interesting tour.

We then moved on to the Jindalee Hotel for a nice lunch.



What's the secret to enjoying a good bottle of wine? Open the bottle to let it breathe. If it doesn't look like it's breathing, give it mouth-to-mouth.

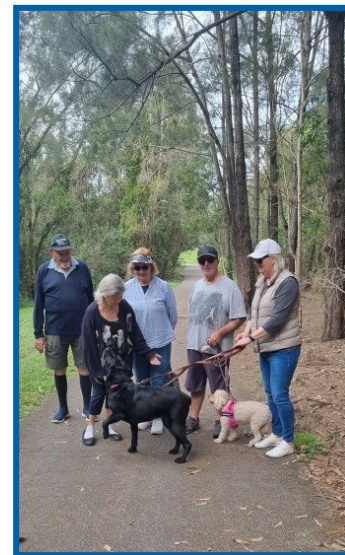


Walking Group – by Imre

We've had three low impact walks now, at various locations with a coffee and cake for us and a water bowl for our fur buddies at the end. The last one was on the 26th August and was possibly the longest walk, but very scenic along a gully behind houses with a good amount of flora & fauna to see. Always walking on concrete footpaths, and here there was a dog off leash area for us to let our pups have a run. Anyone wishing to attend one of the walks, let me know and I'll let you know where and when the next one is.

Tuesday morning our Walking Group and canine friends met at Monier shops to take a walk around near-by Edenbrooke Park.

Toni made friends with Caroline's Sherrin, aka Miss Avachat.



SCAM ALERT - by Penny, IT Officer

Further to my piece last month on email scams here is a perfect example of a scam email that I received recently. The warning signs are highlighted.

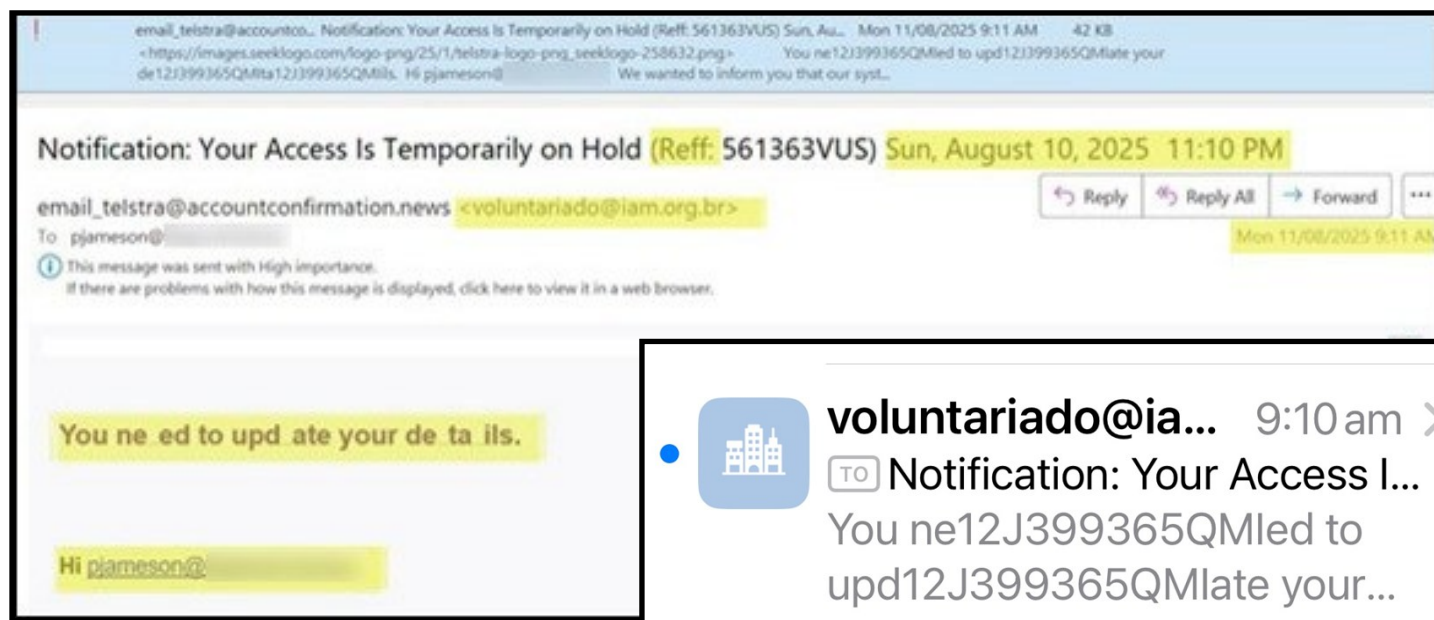
Firstly the "from" email address, it is definitely not from Telstra.

Secondly the "Hi pameson@..." instead of my proper name.

Thirdly, as if you needed any further confirmation that it is a scam or "phishing" email - the disrupted or poor spelling, often indicative of AI produced data.

You do not need to open the email to see this data - it is all in the preview pane if you have that set up on your computer.

The details will look a bit different on a phone – as per the second picture. Note all the jumbled text. Just delete without opening. Most importantly, if it is not that obvious at first and you have opened it – DO NOT CLICK ON ANY LINKS.



Upcoming Guest Speakers

September - Peter Dunn - Historian - Australia at War

October - No Guest Speaker just some Seniors month fun



September
Maria - 6th

Upcoming Activities – September/October

For payments into our account: BSB: 034 130 A/c No. 237415

You do not need to RSVP for morning teas and lunches – UNLESS OTHERWISE ADVISED.

Morning tea/coffee will always start at 10:00am and Lunches at 12:00 noon
(unless otherwise notified).

Members, please remember to wear your name badge for all Probus functions.

Our visitors and newer members will welcome and appreciate knowing who we are.

Morning Teas

September – Tuesday 16th – Springfield Tavern, Springfield Parkway, Springfield at **10.30 NOT 10.00am**

The venue does not open until 10 and they do not have their coffee up and running much before about 10.30 am. The venue is located near the Springfield Fair Shopping Centre, NOT near the lakes

October - Wednesday 22nd – Café Kalina, 66 Kingfisher Street, Springfield.

Lunches

September – Wednesday 10th – Club Parkview, 32 Woogaroo St Goodna. There is off-street parking opposite the entrance if you do not want to walk up the ramp. Bring your loyalty card if you have one.

October - Thursday 30th – Springlake Hotel, 1 Springfield Lakes Boulevard, Springfield Lakes.

Outings

September - Friday 26th – Train to the city, morning tea at Queens Plaza, bus to the ferry, ferry to New Farm Park, look around the Rose Garden, Lunch, bus back to the city, train home. Train leaves Wacol Station at 9.02am and arrives at Central Station at 9.35am. Train leaves Springfield Central Station at 8.57am and arrives and Central Station at 9.38am. we will meet up outside McDonalds at the top of the escalator.

October - Tuesday 21st – Barbecue in the Park at The Lawn, Robelle Domain, Ian Keilar Drive, Springfield Central at 11.00am. BYO drinks, coffee cup, chairs, dogs and games. The club will supply buns, salad, gf sausages and patties and something sweet to follow. Please indicate if you are coming by contacting Cathy D or on the sign on sheet at the meeting. We need numbers for catering.

November - Tuesday 4th - Melbourne Cup Lunch at Blue Fin Fishing Club, 24 Lilac Street, Inala.

Doors open at 10.00am. “Delectable” buffet lunch at 12 noon. Race starts at 2.00pm. Tables seat 8. Cost is \$62.50 for members, which will apply to everyone if we make a group booking. Please advise Robyn if you wish to attend and make payment before **Monday 15th September**, preferably to our club account.

Cathy and Robyn



Next Meeting: Wednesday September 3rd at 1.30pm

Members are reminded that the Activities Organisers, in planning Activities, seek to minimise risk to participants. However, it remains the responsibility of those participants to assess their own personal capacity to take part in club activities

Members are advised to carry their Probus health card with them to all club activities