

# NEWSLETTER

## October 2025



# PROBUS

1 – 31 October 2025

# Month

### Probus Club Of Nelson City

Venue: Nelson Golf Club, 38 Bolt Rd, Tahunanui

Club Email: [nznelsoncitygroup@gmail.com](mailto:nznelsoncitygroup@gmail.com)

Club Website: <http://probussouthpacific.org/microsites/nelsoncity>

**President:** Ross Newman Ph 547 3554

**Secretary:** Chris Tuffnell Ph 027 262 6106

**Treasurer:** Bess Osborne Ph 027 688 5868

**Committee:** Shona King 547 3554

Ian MacGregor 021 436 224

Stephen Wynne-Jones 022 066 0159

John Crocker 0274 980 151

Glenys Della Bosca 021 176 0495

**Newsletter Contributions:**

Please email to [delabos1@yahoo.co.nz](mailto:delabos1@yahoo.co.nz)

### Highlights Next Meeting

**13<sup>th</sup> November:**

**Entertainment:** Mainly Ukes

**Title:** Fifteen Minutes of Fame

**Speaker:** Karen Richards

**Topic:** Textiles

It's traditional to celebrate birthdays and other special occasions so Probus designates October as the month to celebrate all that Probus is and does. Thank you to all those who chose to wear the Probus colours of yellow and blue to the October meeting.

As we look forward to Christmas we prepare for **our end of year celebration luncheon**. My apologies for the incorrect date shown on the last newsletter. Bookings are open now for the Thursday 11<sup>th</sup> of December. **Details on page 8.** Please come if you can – as they say, “The more the merrier”. *Glenys Della Bosca, Editor*

**In this Issue:** We celebrate Probus Month by putting the spotlight on retirement. See pages 7 & 8.

**Welcome New Member:** Kate Hanna

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## **Report on Member's Presentation by Heather Robertson**

Heather spoke of her role as a Group Leader for an American educational travel company known as Road Scholar and the participants in their programmes around the world are known as Roads Scholars. The company offers over 5000 programmes in all 50 states of the United States and in 100 other countries including New Zealand.

Participants average 72 years of age and tend to be open-minded, curious and value travel as an educational opportunity.



Heather leads a two-week programme called “A New Zealand Odyssey: Indigenous Culture and Natural Beauty” Which covers New Zealand history, flora and fauna, geology, political and legal structures and visits to places of interest from Auckland to Invercargill.

**An image from the Roads Scholar Website promoting the programme Heather looks after.**

Heather shared some of her interesting experiences with groups and the general impressions of New Zealand participants shared with her – they were generally very positive.

A very well presented and well received session – thanks Heather.

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## **Guest Speaker - Darren Guard – “Guard Family History”**

Darren told us the story of the Guard family beginning with John Guard Later known as Jacky born in 1837 in England. As a labourer in 1813 he was sentenced to transportation for theft. Following his release Guard became a sealer, whaler, trader and sea-captain with a whaling station at Kakapo Bay in Port Underwood. In 1834 Guard, with his family, were on the 'Harriet' when it was wrecked off Taranaki. While John Guard raised ransom, Betty Guard (1814-1870) and their children were held by Ngati Awa. After

this incident the Guard family returned to Kakapo Bay where they continued whaling and later became farmers.

He traced his family history through to the present where he finds himself the last of six generations of Guards in the fishing industry. The amazing exploits of family members, their interaction with individual Māori and Māori communities, their conflicts and alliances made enthralling listening. Darren's easy-going style made the stories real and provided great word and visual pictures of the hard times, the successful and the not successful adventures a family which includes the first white woman in the South Island, the first white child born in the South Island and one of New Zealand's most renown boatbuilders.

Darren's podcasts can be found on YouTube at

<https://www.youtube.com/@thegleamfishingchannel>

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### **Report on Visit to the Cathedral and Lunch at Melrose House**

15 members of the club met at Christchurch Cathedral and were on guided tours by Dean Graham O'Brien and Peoples Warden Jocelyn Smith. It included information on the history of the site and the cathedral and the building itself including visits to the crypt and to the nerve center of the bell tower. Lots of new information for most of us and a pleasant morning tea at the end of our visit.

We then went to Melrose House for a great lunch and lots of chat.



## From the Club Meeting Thursday 9 October



Group photo of those wearing Probus colours blue and yellow to celebrate Probus month with prizes awarded by Chris for the best dressed.

### The Coffee Morning Group

Meets Thursday 16<sup>th</sup> October

At River Kitchen Café

Millers Acre Car Park at 10am

Ph Zelda Anderson 021 031 7541

23<sup>rd</sup> November

### Sunday Luncheon

Lambretta, 204 Hardy St, Nelson

Bookings to Ian MacGregor

021 436 224, or

Sign up at the November Meeting



## The Downside to Retirement



‘The downside to retirement I told my daughter, a stay-at-home mum with three young girls, is that you no longer feel euphoric about Fridays. When you’re retired, every day is Friday’

‘I know what you mean,’ my daughter replied. ‘When you’re a stay-at-home mum, every day is Monday.’

Jody L Rohlena

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## Cycling Group

Eight riders plus Jack Andrew (on health and safety duty) rode from Mapua Village to Upper Moutere via the settlers' cob cottage in Mahana for their second ride of the season.

The weather was near-perfect for the ride and the views from the tops of the hilly sections to Mt Arthur were breathtaking.

Along the way, we met 'Craig,' who was on health and safety duty for the team installing a cycle track from the Upper Moutere Recreation Centre to the Upper Moutere Village. Craig was keen to mention significant families and figures from the past in that area. Names included racing driver Denny Hulme and NZ cricket captain Bevan Congdon. (There will be a test on this later!)

We can report that the Upper Moutere store serves excellent pies!

A big 'Thank You' must go to Jack and Rose for reconnoitering the route in advance (including meeting up with Craig - above) and showing wise leadership on the day.

We regret that in switching the ride from Wednesday to Friday this week - because of Wednesday's weather outlook - some potential riders were unable to join us.

## And Then...

On a chilly, cloudy but dry morning, 7 of us - Ian, Sharon, Stephen, Rose, Jack, Bruce and myself - headed out from the TDC Aqua-Centre towards Rabbit Island. En route, we met up with Tom, who joined us for a late-morning tea at Seifried's, in front of a welcoming log-fire.

A white heron (kotuku) was a point of interest on our return journey.

Distance covered: 35 kms.

**Next ride:** Wednesday, October 15, Brightwater to Wakefield and environs.

(We are desperate to put runs on the board for Wednesday rides, to cater for those who can only manage rides on that day of the week.)

To join the cycling group email [bob.gidlow@gmail.com](mailto:bob.gidlow@gmail.com)

**Bob Gidlow**

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## Outings Group Organised by John Crocker

**October:** 18<sup>th</sup> Founders Park and a preview of a major stamp exhibition being curated by President Ross. The park is open 9.00am to 4.00pm. Group visit details to be advised.

**November:** Gardens visit to Appleby

**February:** Try your hand at croquet.

**March:** Club picnic

These options may be subject to change as other opportunities present themselves

**Convenor John Crocker**

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## Garden Group Visit – Details page 9

### Chess Group Meetings

Here are the Wednesday dates for our remaining Meetings in 2025: -

- October 22
- November 12 and 26 at 52 Manuka St.

Interested members welcomed.



Convenor Michael will be away visiting family in Australia and unavailable for the meeting on 22<sup>nd</sup> October. **This meeting will be hosted by Ken Holmes at 8A Titoki Street.** Ken may be contacted on [kennethkathleen8A@gmail.com](mailto:kennethkathleen8A@gmail.com) or on 547 4301

The group usually takes a break over the Christmas period, December and January; let him know your thoughts.

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**A timely warning** if you park in the Warehouse car park – this is now patrolled by Wilsons Parking and time limits are strictly enforced by fines. (Information extracted from the Tasman Bay Tatler August 2025 Newsletter)

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**Book Challenge Group** A reminder that the Book Challenge Group meets on the first Thursday of the month.

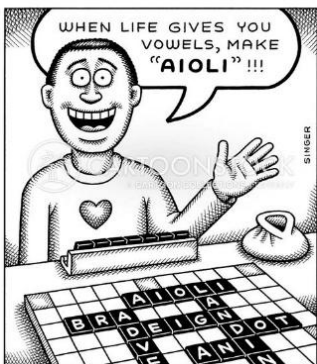
Enquiries to Convenor Jane Evans email:  
[jane.evatech@gmail.com](mailto:jane.evatech@gmail.com)



**Did you know that:** reading reduces stress? Just 6 minutes of reading can reduce stress levels by up to 68% making it more effective than other relaxation methods like listening to music or going for a walk.

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NO EXIT © Andy Singer



**Scrabble Group** Challenge yourself with our keen Scrabble players who meet at 10am on the Third Tuesday of the month at 8 Chamberlain St, Tahunanui. Convenor Rose Biss can be reached on Ph 021 0797 868. This month's meeting is on 21st October.

**Fun Fact:** If all the Scrabble tiles ever produced were lined up, they would stretch for more than 50,000 miles!

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## Mainly Ukes

Mainly Ukes resumes its meetings on Tuesday 14<sup>th</sup> October from 7pm to 8.30pm in the lounge at Shone & Shirley, 164 Tahunanui Drive, Nelson. No charge. Members were



delighted to welcome new players to their meetings following the successful sing-along evening last month. Contact Jan Gillanders Ph 027 292 4662 for information about the evening meetings.

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## Christmas Luncheon

12.30pm, Thursday 11th December

The Tides Restaurant

66 Trafalgar St, Nelson

Bookings Open NOW

Contact Shona King Ph 547 3554

\$49.00



“Retirement is not the end of the road. It is the beginning of the open highway”



## Probus Month

Our Probus Community celebrated the inaugural Probus Day on 1 October 2020 – in line with the United Nations Day of Older Persons, which is recognised worldwide. In 2021 and 2022, Australia and New Zealand celebrations of Probus Day grew, with our communities and media recognising the important role Probus serves. Probus Clubs held a wide range of special events to showcase and rejoice everything their clubs

### Retirement; upgrading from “job” to life

**Retirement is another new chapter in life. Enjoy it with relaxation, good health and fun.**

**Retirement is not the end of the road. It is the beginning of the open highway.**

**Take pride in the legacy you have created and the many lives you have touched**



mean to them. Monthly meetings became a festival of blue and gold, Probus Clubs took to their local parks, stadiums and public spaces for the jubilee. Landmarks across Australia and New Zealand were lit up in Probus colours of blue and yellow and it has communities and media recognising the important role Probus serves. Probus Clubs held a wide range of special events to showcase and rejoice everything they have become clear that one day a year is just not enough to celebrate all that Probus does. Clubs mean to them. Monthly meetings became a festival of blue and gold, Probus Clubs took

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## ***Reinvent Your Retirement – Probus Month Theme 2025***

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**Reinventing your retirement involves embracing new opportunities, discovering passions, and creating a fulfilling life beyond your career.**

- 1. Embrace Change**
- 2. Discover New Passions**
- 3. Let Go of Your Old Identity**
- 4. Try New Activities**
- 5. Set Goals and Find Purpose**
- 6. Create a Routine**
- 7. Stay Active and Social**
- 8. Maintain Physical Health**

what makes their Clubs amazing.

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*“There is a whole new kind of life ahead, full of experiences just waiting to happen. Some call it retirement. I call it bliss”.*  
*Betty Sullivan*

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to their local parks, stadiums and public spaces for the jubilee. Landmarks across Australia and New Zealand were lit up in Probus colours of blue and yellow and it has become clear that one day a year is just not enough to celebrate all that Probus does. With that in mind we celebrate Probus Month. Clubs now have the entire month of October to celebrate

Source: [jeanettebrown.net/8-ways-you-can-reinvent-your-life-and-thrive-after-retiring](https://jeanettebrown.net/8-ways-you-can-reinvent-your-life-and-thrive-after-retiring)

## GARDEN GROUP VISIT:

**Friday 31 October, 10.30am.**

Meet at Richmond Cemetery gates, Wensley Rd, Richmond. Carpool to Ruby Bay. \$5 per passenger to your driver. A private garden on easy hill site, with a nursery selling summer flowering bulbs & perennials, also tomatoes at reasonable prices. Cash only - no ATM.

Solid shoes and /or walking poles a sensible idea if unsteady on sloping land.

Lunch & shopping in Mapua at your leisure.



If interested, or cancelling out, phone or text: Heather Harley 021 058 2396

**SATURDAY 18TH OCTOBER 2025 | 10AM-4PM**  
The Granary, Founders Heritage Park, Nelson

**Exhibitions, Displays & Information**

Stamps • Postcards  
Air mail • Local history  
Stamp Dealers

**Collecting History 2025**

Start to trace your family history  
Bring your collection for appraisal  
Talk to enthusiasts  
Share your stories

**ALL WELCOME | FREE ENTRY**

Saturday 18 October

Contact: Ross Newman  
Ph. 03 547 3554 | ross.newman@outlook.com

**Next Meeting: Thursday 13 November**

