

ENGADINE CENTRAL PROBUS CLUB Inc.

Founded 2 March 2011 Friendship – Fellowship – Fun

Bulletin No. 172 July 2025

previous bulletins are available on our website NEXT MEETING: Wednesday July 2nd 2025 10.00am COMO HOTEL

YOUR 2025-2026 MANAGEMENT COMMITTEE.

| President: | Membership: | Hospitality: Helen & Hans Raudaschl |
|--------------------|--------------------|--|
| Peter Mannyx | lan McKernan | |
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PRESIDENT'S MESSAGE

It is hard to believe that half of 2025 is already over. A time to reflect now and decide in which direction

we are all headed in the next six months or so. It has been so heart-warming to see so many members rally to the support of others who have and are experiencing difficult times through illness, injury or bereavement.

Last month we lost two of our beloved members: Denis Palmer and Pam Wynes. To their families go our sincerest condolences.

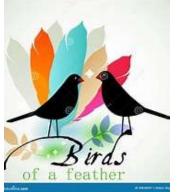
What is a real feature, at the moment, is that our club is growing stronger with so many new members joining our ranks. Some of these newbies have already joined some of the Activity Groups and I will certainly look forward to seeing not just them but ALL members take a more active part in the running of the ECPC. Remember PARTICIPATION is still the key word as we fly under the banner of FELLOWSHIP, FRIENDSHIP and FUN.



Cheers Peter



You have all seen the **RED SUGGESTION BOX** that sits on the front table. Please if you have any great ideas, suggestions, concerns or anything you may consider interesting for the club put them in the box for review **BUT** please endorse those entries so the committee can get back to you. Anonymous mail is, in reality, unacceptable.



Theme for the July Meeting is 'BIRDS of a FEATHER'

What did you do before you joined the ECPC? What was your occupation/s? Choose one of the categories below and sit at the table so marked. 'Meet and Greet' and share common experiences with members of the same or similar ilk.

(Management, Tradies, Secretarial, Care Giving, Mechanics, Sales& Services, Education, Finance, Community Workers, Public Service)



Have multiple choices ready in case a table is fully occupied.

Vale Denis Palmer



Once again it is with much sadness, we farewell another of our inaugural members. Denis passed away on 2nd June succumbing to long term illnesses. To his wife Lesley and all the family, we pass on our sincerest condolences.

Denis was an extremely social man who loved life, people and animals. Over the years he had many various and interesting pursuits. He loved visiting his uncle's sheep station where he spent many a holiday. On leaving school he worked with his father (a stock broker) in his Sydney office for a while but being adventurous he moved on.

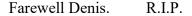
Denis had a stint at ANSTO where his gregarious nature made him well known to many of his fellow employees. He also bought a milk run with his good mate Ken Hammond in the mid '70's: that was a real hoot.



Denis met his wife to be at a dance in Matraville in 1966 and they were married in 1969. Together they raised two beautiful daughters. Denis loved to travel around Australia, or overseas with his family and extended family, especially to Disneyland. He and Lesley were members of the Probus Cabins and Caravans Group from its onset.

Denis' interests included boxing and dancing and of course social meetings with his mates for a drink or two. He ran the Punters' Club at the Engadine Hotel for many years. Being extremely social he was often referred to as the 'Mayor of Engadine'. Unfortunately, at age 46, he suffered a severe stroke which slowed him down somewhat but despite health problems his resilience allowed him to take on many challenges.

Because of his condition and COVID-19 Denis became an inactive member of the ECPC but would attend some meetings and functions whenever his health prevailed. You really had to get to know Denis to appreciate his wit and wicked sense of humour. He was a good mate to many and the proverbial family man who always put family first. Denis will be sadly missed by all those he loved and the many who knew him well.







Our Website - https://www.probussouthpacific.org/microsites/engadinecentral or simply type Engadine Central Probus Club into your browser.

If you have any suggestions/requests in respect of the website please contact Peter at ecpchistory@gmail.com

Peter K

ecpchistory@gmail.com

PAYMENTS DUE \$ None due this month

| ACTIVITY AMOUNT PAYMENT CODE |
|------------------------------|
|------------------------------|

Ensure the funds transfer includes your name and what the payment is for.

ACTIVITIES

Hi everyone

I hope this bulletin finds you all well. Winter has certainly hit with a vengeance! Let's hope we can all avoid those nasty winter viruses and continue to enjoy the activities and friendship our Club has to offer. Keep warm!

We've had a number of great activities so far in June, including a very interesting (and heart warming) tour of Grace's Place at Doonside (a trauma recovery centre for children / teenagers affected by homicide) and afterwards lunch at Club Blacktown; also morning coffee at Audley; tour & high tea at Parliament House, and croquet. Thank you to the organisers of all these very enjoyable activities.

Still to come in June:

Wednesday 25th: Steel Works Port Kembla

Unfortunately, one of our members, booked for the tour is now unable to go. I now have space available for anyone wishing to go. Please contact me if any member has decided they would like to go. Train to Waterfall, from Sutherland 8.31, Loftus 8.33, Engadine 8.38, Heathcote 8.41 to Kiama bound train 8.58. Reminder about dress requirements

| | Fully enclosed of | comfortable | nonslip | footwear | (e.g. sı | neakers/i | runners) |
|---|-------------------|--------------|----------|------------|----------|-----------|----------|
| П | Calf length sock | ks (no ankle | socks or | ·invisible | socks) | | |

 \Box *Full length pants with no rips or splits*

No mobile phone usage whilst onsite.

Lester Laird

JULY

Thursday 10th: Lunch at The Civic Cafe Engadine. Pay on the day.

Would those members who have indicated they are going to the Civic Cafe, please remember the date. Jan B. has booked for 22 people- the cafe will be opening especially for us and preparing meals for that number of people.

Please go along and support the Civic organisation which assists people with disabilities. It won't be school holidays so there will be plenty of parking.

Jan Bressington

Wednesday 23rd: Christmas in July Lunch. Gledswood Homestead & Winery, Catherine Field

Cost: \$80 per person. This includes coach to and from venue, two course lunch and entertainment. Full payment was due by our June meeting. Please be at Cooper St Park at 9:00am for the bus to depart at 9:15am to the venue. We will return to Engadine at approximately 4:00pm. The list for this event has now closed, however you may add your name to the waiting list.

Code: July Xmas Anne Nunn and

Jan Letch

AUGUST

Sunday 10th:Arts Theatre CronullaDoris WottonTuesday 12th:Opal TourDavid TindallFriday 15th:Morning Coffee at AudleyJan BressingtonTuesday 26th:Croquet \$18.Antoinette Doyle

Wednesday 27th: Lunch at Davistown RSL. Travel by train to Woy Woy then ferry to

Davistown for lunch. Details to follow. Anne Nunn and

Jan Letch

SEPTEMBER

8th - 12th Sunshine Coast Tour Denise Dolby

Wednesday 17th: Warren's Famous Sausage Sizzle - Audley

OCTOBER

Sunday 26th Engadine Musical Society 'Footloose' Margaret Day

NOVEMBER

Sunday 16th – Thursday 20th Huskisson Anne Nunn

FEBRUARY 2026

Monday 9th – *Friday* 13th Murramarang Anne Nunn

In the Pipeline:

We're also looking at the possibility of going to Kembla Grange Races in September- more information to follow.

Don't forget to put our December Christmas Party in your diary: Wednesday December 3 at The St George Motor Boat Club, Kogarah. Travel by car to venue.

Please always check your emails if you're attending an upcoming activity in case we need to notify you of any cancellation or change in details etc.

Cheers



• What happens when you catch a cold? You get cabin fever.

MEMBERSHIP

We had 89 members at the June meeting with 24 apologies, 2 on Leave of Absence, 4 absent without notice and 8 visitors (Joan Audsley, Gail Blizard, Greg Blizard, Bree Reeve, Margaret Shields, Denise Thirwell, Albert Reeves and Vicki Christie).

Mariol Frehner and Irene Frazer resigned due to travel commitments. Val Dunne has asked to go on the inactive list. With these three off the list we are now down to 119 active members with Sue Power to be inducted next month, bringing membership to 120, this means we are able to accept ten more members.

Don't forget if you have changed any of your contact details please let the Membership Officer know so that the records are up to date.

Please wear your badge as with quite a few new members it makes it a lot easier to know who is who.

Take care. Ian McKernan Membership Officer

PROGRAM

Hi all

Almost July already. A quick question after last month - How many are lifting the 50Kg weight now??? One thing is for sure – not this little duck.

July Gillian Lewis from the Maritime Museum speaking about Captain Cook's ship 'The Endeavour.'

For August we change pace again to AI - Peter Thorpe who has written a book called 'AI for Seniors'. The topic de jour and I'm looking forward to both of these speakers

See you in July. Cheers Sue

WELFARE

I have very sad news, on Monday16th June I got the news that Pam Wynes had passed away, almost a year after her beloved husband Bob passed away. May she rest in peace with Bob. Pam's funeral will be on Thursday 26th June at 10.30 am at the West Chapel, Sutherland cemetery, all are welcome.

Denis Palmer passed away, and his funeral was held on 12th June. A sympathy card was sent to his wife Lesley.

If you have any event that you wish to share with your fellow Probus members, (Wedding Anniversary, birth of a grandchild), or if you are not well, or someone you know is not well, please let me know, phone or email ecpcwelf@gmail.com

Janet Kendrigan

JULY BIRTHDAYS



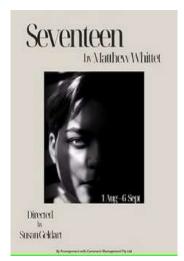
Birthdays in JULY. Are 4th Jan Picker, 6th Carol Jones, 14th John Keegan, 18th Jan Holloway, 20th Jeanette Walsh, 21st Antoinette Doyle.

SHAKESPEARE'S SAYINGS WE STILL USE TODAY. 'Break the ice' (The Taming of the Shrew)

THEATRE SUTHERLAND SHIRE

ARTS THEARE CRONULLA

Sunday 10th August at 2pm – "Seventeen" by Mattthew Whittet



A unique coming-of-age story in which older actors, who have long passed the season of youth, portray a group of 17-year-olds on the brink of adulthood. Set in a playground on the last night of high school, the vulnerability, uncertainty and exhilaration of youth are captured as six friends navigate the bittersweet transition from adolescence to the unknown world of adulthood. The play explores themes of friendship, love, identity and the inevitable passage of time, offering a moving and honest reflection on growing up and letting go. The finely tuned writing delivers both humour and tenderness, making this a heartfelt portrayal of the essence of life.

Doris Wotton

ENGADINE MUSICAL SOCIETY

Theatre Party to FOOTLOOSE Sunday 26th October May 1:30 pm Engadine Community Theatre 1034-1036 Old Princes Highway, Engadine NSW 2233 Tickets: \$45pp Pay ECPC code footloose.

I have 4 rows of seats reserved -2 of these are the first two front rows. Please let me know if you want to sit at the front of the theatre.

80's smash hit musical, FOOTLOOSE is based on the classic 1984 movie starring Kevin Bacon... this electrifying musical tells the story of Ren, a city kid forced to move to the small buttoned-up town of Bomont, where dancing is banned! Determined as the one kid in town who just can't stand still, he teams up with new friends to challenge the town's outdated rules. Footloose is a feel-good ride about fighting for what you love and dancing like nobody's watching!

The Oscar and Tony-nominated Top 40 score features epic 80's bangers including "Holding out for a Hero", "Almost Paradise", "Let's Hear it for the Boy" and of course, "Footloose"

Margaret Day

CABINS AND CARAVAN GROUP

Huskisson - Members and Visitors are invited to come along for fun and relaxation to Holiday Haven White Sands on beautiful Jervis Bay where there are magnificent beaches and lots of lovely places to explore. Sunday 16 November – Thursday 20 November 2025 (4 nights). Stay longer or shorter – your choice. If you would like to join us please view cabin layouts and sites on line at: holidayhaven.com.au/whitesands. Book by phone 4406 2045 OR 1300 733 028 and ask for Seniors 10% Discount (discount does not apply if booking online). Please pay your deposit at time of booking and quote Engadine Central Probus Club

Murramarang - Members and Visitors are invited to come along for fun and relaxation to Murramarang (19 km north of Batemans Bay). Relax and enjoy resort style accommodation with pool, café & licensed bistro. Lovely beach, coastal & country drives, Mogo Village & Zoo, river lunch cruise to Nelligen. Monday 9 - Friday 13 February 2026 (4 nights) Stay longer or shorter – your choice. If you would like to join us please view cabin layouts and sites on line at: murramarangbeachfrontholidayresort Phone 4478 6355 to book and pay your deposit at time of booking. Please quote Engadine Central Probus Club Ref : 147305. NRMA discount is stay 4 nights and pay for only 3 nights OR weekly special (if staying longer). NB If you have already re-booked for Huskisson and/or Murramarang please add your name to the EOI list as this will be used as the sign on sheet.

FAMILY HISTORY

We had a small group this month due to several members attending a funeral. John talked about tracing one of his ancestors in Victoria who changed his surname. Advance notice that the NSW/ACT Association of Family History Societies will be holding the annual state Conference at the Fraternity Club in Wollongong from 12-14 September. A great opportunity to attend. We look forward to seeing you all again at the next meeting on July 10^{th} .

Rowena

CRAFT

Well, the cold weather has really hit us. It's great to find a warm spot out of the wind and get those knitting needles and crochet hooks working. If anyone one has any 8-ply wool, they would like to donate we would gratefully accept it. One of our crafters, Joy, has been unwell lately so we hope things are improving for her. Also, we are thinking of Lesley after her sad loss. Thanks girls, keep warm and stay healthy.



Jill Billington.

What do you call a snowman with a sixpack? An abdominal snowman!

Why did the winter jacket apply for a job? It wanted to make some cashmere!

RECIPE SWAP GROUP

Our next meeting will be on Monday 14th July 2025

Venue: Club Engadine RSL outside the Bistro

Time 11am

More information to follow

Do hope to see you here! It has been a while since we have been together so please come along and enjoy each other's company!



Sandra Robinson & Anne Passmore



TENNIS GROUP

Our fearless leader Kaye T is off overseas visiting family and will be back soon. Two new members have joined our ranks and are playing some very good tennis. Welcome Jan and Bree. The weather has been somewhat cool but fine which means lots of running around to keep warm: this has actually improved our game. Tennis is a lot of fun so come and join us even if it's just for a cuppa and a little entertainment.

Peter Mannyx.

WALKING GROUP

2nd June Wollongong to Fairy Meadow

We began our day early as we travelled south to Wollongong. Our group of Fifteen took the train and the advantage of the complimentary bus to our morning tea location beside Wollongong Harbour. We were joined by Carole and Kevin, long-standing members of the Heathcote walking group, who reside locally and joined us for the walk.

The conditions were ideal as we strolled along the waterfront towards Fairy Meadow, an easy flat walk of approximately 4 km, passing through Stuart Park and along the board walk skirting the lagoon and taking Puckney's Reserve trail to Fairy Meadow.

As we arrived at the Fraternity Club another long-standing member of the Heathcote walking group joined for lunch.

The conversation around our table primarily revolved around our morning walk experience.

After a refreshing and enjoyable lunch, we proceeded to Fairy Meadow train station to commence our journey home.



moment lagoon.
boardwalk



Kodak beside the Puckley's

16th June, Sutherland back roads

A good roll up today: sixteen keen walkers braved the chilly morning to ride a later than usual train to Sutherland for coffee in the back area of the eclectic Café 2232.

Our route today led us through back roads of Sutherland to the walkway beside the River Rd.

After negotiating the steep bush stairs that descend to Menai Rd we headed across the river and along Price's Circuit on the western side.

At the foot bridge we crossed the river to Prince Edward Park our lunch spot beside the river.

The weather was perfect, a clear and sunny winter's day, as we enjoyed our lunch

Afterwards, it was a short stroll to catch the bus back to Sutherland and the train home.



Descending the steps to Menai Rd after coffee at 2232



Ready to go

Dear Members

For further information on our walks or if you wish to lead a future walk, please contact the writer. In the event of inclement weather, please check your email or call on the morning of the walk to confirm if it has been cancelled.

New participants are always welcome – it is a day focused on mild exercise while exploring areas of Sydney and its surroundings that you may not have seen before.

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Proposed walks, June /July

- 30th June: Manly back roads to Shelly Beach, lunch at Ivanhoe Hotel.
- 14th July: Wolli Creek to Marrickville, picnic lunch at Steel Park.
- 28th July: Scarborough to Coalcliff via Sea Cliff Bridge, lunch at Thirroul Leagues Club.

Thank you Graham Ware

| EVENT | MONTH | DATE | ORGANISER |
|----------------------------|----------------|------------------------|-----------------|
| STEEL WORKS | JUNE 2025 | Wed 25 th | Lester Laird |
| CIVIC CAFE | JULY 2025 | Thurs 10 th | Jan Bressington |
| CHRISTMAS IN JULY | JULY 2025 | Wed 23 rd | Anne Nunn |
| CRONULLA ARTS THEATRE | AUGUST 2025 | Sun 10 th | Doris Wotton |
| OPAL TOUR | AUGUST 2025 | Tues 12 th | David Tindall |
| COFFEE AT AUDLEY | AUGUST 2025 | Fri 15 th | Jan Bressington |
| DAVISTOWN RSL | AUGUST 2025 | Wed 27 th | Anne Nunn |
| SUNSHINE COAST TOUR | SEPTEMBER 2025 | Thurs 8 [™] | Denise Dolby |
| SAUSAGE SIZZLE WITH WARREN | SEPTEMBER 2025 | Wed 17 th | Warren Gilbert |
| ENGADINE MUSICAL SOCIETY | OCTOBER 2025 | Sun 26 th | Margaret Day |
| HUSKISSON | NOVEMBER 2025 | Sun 16 th | Anne Nunn |
| MURRAMARANG | FEBRUARY 2026 | Mon 9 th | Anne Nunn |

EMBARK RESTAURANT – May 28th







GRACE'S PLACE – June 13th















A very interesting and inspiring visit.

HIGH TEA AT PARLIAMENT HOUSE







GENERAL INTEREST NOTICE BOARD





Guess who celebrated a special birthday?

Boy, it's a good thing that sign was



| | Coordinator | Email (s) |
|---|--|---|
| ACTIVITY 'when and where' | Coordinator | Linui (3) |
| Activities - | Anne Nunn | Annenunn.sjb@gmail.com |
| Cabins and Caravans Group. No schedule - Talk to Coordinator or refer to Bulletin. | Anne Nunn | See in the body of the bulletin For details |
| Club History. Please forward photos; any gossip or scandals | Peter Kendrigan | ecpchistory@gmail.com |
| Craft. 2nd and 4th Wednesdays, 1.00pm to 4.00pm. Engadine RSL | Jill Billington | Jill.billington@optusnet.com.au |
| Family History Group. 2nd Thursday of the month, 10am. Check location with coordinator. | John Levy and Rowena Summers | j.levy@bigpond.net.au rowenasummers@ozemail.com. au |
| Footy Tipping. Runs during the NRL footy season – March to September – via email. | John Levy | ecprobus.ft15@gmail.com |
| Games and Cards. 1st Wednesday of the month from 1.30pm Dawn's 15 Buckle Ave, Engadine and 3rd Wednesday from 1:30pm at Doug and Sue's home at 2/20-24 Preston Avenue, Engadine | Sue Ransom | susan.m.ransom@gmail.com |
| Opal Adventures. See Bulletin reports for next outing. | David Tindall | tindalls@live.com.au |
| Recipe Swap Group. Meets 11:00am 2nd Monday in the month. Engadine RSL Club. (near Restaurant) | Sandra Robinson & Anne Passmore | sandraandblue@bigpond.com annepassmore42@gmail.com |
| Scrabble. 4th Monday of the month. 1.00pm to 4.30pm. Check location with Coordinator. | Pat & Terry Sheedy | sheedsandp@bigpond.com sheedyclanmum@gmail.com |
| Singing/Harmony. Every Thursday 2.00 pm to 3.00pm. | Aileen Melvin | aileenmelvin@optusnet.com.au |
| Tennis. Every Thursday 9.00am at Woronora Heights Tennis Court | Kaye Thistlewaite | kthistlewaite@yahoo.com.au |
| Theatre - Engadine | Margaret Day | <u>Mmday48@gmail.com</u> |
| Theatre - Sutherland Shire | Doris Wotton | doriswotton@bigpond.com |
| Walkers' Group | Graham Ware | werris@gmail.com |

Note: The deadline for all material for the next Bulletin is 6pm FRIDAY 25th July 2025. Please send all Bulletin reports and material to Christina Mannyx ecpcbull@gmail.com. All reports are subject to editing at the Editor's discretion.