

Gymea Probus

Newsletter



Newsletter Issue No.425

November 2025



PROBUS CLUB OF GYMEA INC.

Website: probussouthpacific.org/pcgyMEA
or Google search GyMEA Probuss

Our next ***Probuss Club Meeting*** will be held at

***10am on Tuesday 25th November
@ Diggers Miranda RSL
615 Kingsway, Miranda***

Next ***Committee Meeting*** will be held
on Friday 21st November @ 10am

CLUB CORRESPONDENCE:

Please forward any correspondence to the Secretary, GyMEA Probuss, either via:
Email: **dandsmiller@optusnet.com.au** or Postal Address; 1 Farrer Place, Oyster Bay 2225

MEMBERS, Please Note

Upon arrival at each of our meetings, it is essential you sign the attendance sheet
To ensure your attendance is registered for PROBUS Insurance purposes.

PRIVACY & CONFIDENTIALITY:

Information contained in this newsletter is private and confidential for PROBUS use only and is not to be used for any other purpose.

Front Cover: Our Riverina Trip
Photos taken by our Club Members

Our President Says

Hi Everyone,

It was pleasing to see good attendance at our latest meeting. It certainly shows great interest in our Club by its members.

The lunch at Como pub was very well attended and enjoyed by all. It was the first chance to catch up with members who had just returned from the Riverina Trip. All discussions I had with the returnees said the trip was very much enjoyed. Congratulations must go to Ian Rae ably assisted by Geraldine in suggesting this trip and organising.

I was very pleased to welcome our latest member Pat Cudmore at our last meeting. I hope that Pat has many enjoyable years at our friendly Club.

Also I was very happy to see members who were at the meeting, who have not been well. I trust that their health is very much improving.

We have our Picnic in a couple of weeks. There has been a very good response to this annual social event hoping that the weather is kind on the day.

Our guest speaker Noel Phelan was excellent. The story on the tragedy of the Costa Concordia was a lesson in bravado by a ship's Captain who should have known better.

See you all at the Picnic.



Cheers, Alan Brown
President

Comments from our Secretary

Our October 15 to 20th Riverina tour by 33 members, to Griffith in the Murrumbidgee Irrigation area, was most enjoyable. The establishment of the MIA was an extraordinary venture, commenced long before the Snowy Scheme, now having some 5000kms of canals. With a population of 27,000, Griffith is a thriving city. The NSW countryside looks magnificent and is remarkably green with endless fields of grapes, canola and wheat. Businesses and proud employees enthusiastically welcomed us during our visits to numerous places of interest. Two very knowledgeable guides at the Altina Wildlife Reserve provided a great experience. The morning tea visit to the districts oldest farm, 'the Catania Fruit Salad Farm' will long be remembered. Our hosts Sharon and Joe provided a most entertaining talk and tour. Thanks to Ian and Geraldine Rae for organising our fabulous tour with Alura Coaches. Thank you also to Brad our driver for ensuring we met our destinations on time and safe.

Members meeting on October 28 welcomed Pat Cudmore to joining our club and we enjoyed Noel Phelan, a volunteer speaker from the Naval Historical Society, discuss the Costa Concordia Cruise Ship tragedy. Noel will be our guide for our Harbour Navy Historical Tour on November 28.

Member Badges: Several ladies have asked for name badges of the magnetic type. If you need another badge, please drop me an email. (Cost is \$10); [Email: dandsmiller@myyahoo.com]

To Record your meeting non-attendance apology: Just reply to the email reminder for the meeting.

Our forthcoming and final activities for 2025 are advised in this newsletter. Participate and enjoy the fun and fellowship.



David Miller
Secretary

Guest Speaker



Our Guest Speaker for November will be **Annette Morton**, From Solari Law: "Wills & Estate Planning". This will give the members an opportunity to ask questions, and keep current.

Jan Pringle
Speaker Co-Ordinating Officer

Welfare

In October, several of our Club Members have been reported as being unwell: At the Club Meeting, Barbara Bruce welcomed return to better health, June Caisley, Joan Casley, Lorraine Graham, Gloria Monkhouse and Andrew Rowlatt. Still recovering are Neil Wallace, Francis Barker, Peter De Luca, Audrey Giezekamp, June Wilson.

Get well soon. We wish them a quick return to better health.



David Miller
For Barbara Bruce
Welfare Officer



Birthdays Celebrated in November



- David Attenborough
- Joan Casley
- John Wallace

- Wendy Hicks
- David Bass

Newsletter Items

Any items for the Newsletter are most welcome, please do not hesitate to contact me via email or phone. Don't forget to send your photos!

Email: doug.annette@bigpond.com OR Phone: 9526 6168

The cut-off time for Newsletter items is the Friday after our Club Meeting.

Thank you to all the participants from the Riverina Trip who sent me their photos. I was a bit lazy this time and didn't take many photos, I guess I was just very busy having a great time!!

Looking forward to hearing from you.



Annette Batchelor
Newsletter Editor

Suggestion Box



In this Section, you can make suggestions (suggest anything) in regard to issues of importance to you, for the benefit of our Club. All suggestions received, will be passed on to our Committee.

Suggestions Received:

"I would love some more recipes from our "Domestic Goddess" The Fruit Brownies were delicious. With the amount chocolate, I admit, I reduced the amount of sugar by ½ cup and would also add extra fruit. *Would definitely make again*".

Eileen

Review of this month's Activities:

Riverina Trip 15th – 20th October

Well, another successful Gynea Probus trip is over. Everyone had a great time even though we were reduced to 33 travellers. First stop Goulburn for morning tea then on to Harden for lunch at Jackson's Cafe. Short stop at "Bill the Bastard" memorial and the painted silo at Murrumburrah. Into Temora and the aviation museum then off to our split motel accommodation, excellent.

Breakfast at the Temora Rural museum served by their volunteers then heading off to Barellan for morning tea at Yvonne Goolagong tennis memorial. Lunch at The Sugar Mill cafe at Griffith. Local guided tour of the Griffith district before booking into our accommodation for the next three nights. Dinner tonight at Malcolm's Chinese Restaurant for a Banquet, lots of excellent food left over.

Day three breakfast at the Gem Hotel and then off to Altina Wildlife Park for a well catered tour of the zoo on two trains drawn by two utilities and drivers who explained each exhibit to us at each stop. Morning tea provided. Next stop the Cotton Gin and the Whitton Malt House for lunch. Back to Griffith and free afternoon to look around the Orange Sculptures and explore the food stalls.

Day Four back to the Gem and then to the Catania Fruit Salad farm for a most enjoyable adventure on the corrugated bus for the first group and a husband & wife argument for the second group as he tried in vain to start the bus. A truly pleasant day complete with scones and jam and country hospitality. Lots of laughs. Next the Morella Olive Grove, followed by the Horder Garden and wine tasting. Dinner tonight at the Coro Club.

Day Five breakfast at the Gem then off to Coolamon cheese factory and a look around in the Sunday quiet. Over to Junee to the licorice and chocolate factory for a tour and lunch then off to Young for the night. Excellent motel with dinner at the Young R.S.L.

Last Day, breakfast at the Club then headed for home. Stopping at Goulburn to visit the Garroorigang old historic homestead of Hamilton Hume who surveyed the highway from Sydney to Melbourne and on to Goulburn Golf Club for lunch.

Cheers, Ian Rae

Review of this month's Activities (continued)

Walking Group - Wednesday 8th October

Fourteen walkers started the walk but that number varied throughout the walk, coffee, the inspection and lunch. We arrived at the Bayside shopping complex for a quick look around and coffee after a pleasant one-hour stroll along the boardwalk in very pleasant weather. We then returned to Woollooware Shores Anglicare village and were met by Camryn (a sales representative) who showed us a three-bedroom unit on the second floor of one of the new blocks for a relaxed inspection. Then most of us went to Noah's for lunch. A pleasant morning was had by all including the 13,000 to 14,000 steps carried out.



Next Walk - November Wednesday 12th - Garie Beach

The short road to Garie collapsed in 2022 after torrential rain and has just been repaired, reinforced and reopened. The popular Coast Track was also closed due to the same rockslide and has also been re-opened.

Garie Beach is fairly long, not as long as Cronulla but long enough for a pleasant walk. There's a nice little grassy area at the north end of the beach where we can relax. For those who are keen enough there's the climb on the track up to the headland which has a spectacular view up and down the coast.

Another option that we might take up on the day might be to walk south on the Coast Track around the cliffs to Little Garie.

Details:

- Meet at Garie beach car park at 10:30.
- There was a café before the rockslide but it only opened on weekends.
- Bring: snacks, good walking shoes, hat, sunscreen and water as well as your camera (of course).

Future Walks

- Sculptures by the Sea - November 4 (last day - for those interested).



Walking Group (Continued)



Bob East: 0400 228 786 OR David Attenborough 0477 245 922

Golfing Corner

Four anxious, but confident golfers turned up for the first game in the fourth Brian Horder series (October, November and December 2025)

Weather was fine but cold, and this time the gate was open. **David 'Feathers' Attenborough, Ian 'Stinger' Rae Chris 'Four O' Foran and Rob 'Horney' Gair.**

The first three golfers hit very ordinary balls off the new tee. **But Four O showed how to hit the green and only two putts to sink the putt.** "you are on fire Four O" was a very accurate comment from the golfing spectators and it proved very accurate as Four O lead from start to finish and won the day.



PLAYER	JULY	AUG	SEPT	OCT	WINNER	The winner is Chris Four O Foran
FEATHERS	36	40	37	35	37	
FOUR O	31	35	40	34	35	
STINGER	36	dnp	37	39	37.3	
HORNEY	34	33	43	39	37.25	

Rob Gair

Cards



"500" cards are played at the Sylvania Community Hall in Box Road Sylvania (soccer grounds) on **Mondays from 10.30am to 3pm and everyone is welcome.** New players, both male and female, are being invited to attend. Cost is \$10.00 per day, which covers room hire and morning tea, birthday cake on your special day, or anyone else's for that matter, plus a Christmas Dinner Lunch. Parking is available at the grounds.

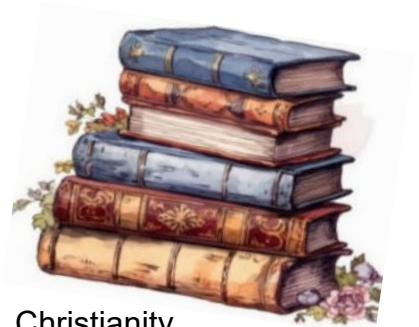
Ian Rae

Book Review

How do you choose
the books you read?

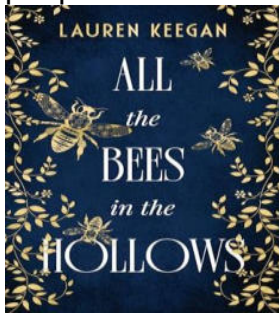


Author, Title, Genre,
Review at the back cover



ALL THE BEES IN THE HOLLOWES – Lauren Keegan

Set in 1557 Lithuania where the customs/folk lore collide with Christianity regarding the caring and collecting of honey from the sacred bees which are housed in the hollows of the trees in the forest. Their theory is that the bees choose their Masters and do not sting good people.



Maryte has inherited the Hollows from her husband who recently passed away from the “coughing disease” and is now worried how she will be able to harvest the honey from the hollows as she has bad knees and finds it difficult to climb to the hollows. With the increased taxes and harsh conditions she is concerned that the Hollows will be given to others therefore she won't have income to sustain her family.

Her daughter Austeja, who loves the forest but dreams of escaping, discovers the mutilated body of the Hollow Watcher and uncovers a trail of lies and betrayal.

This novel is also about the custom of a young woman being forced to marry someone she does not like or love for the sake of Hollows as it is custom for the hives to be owned by a man.

Happy Reading! Eileen

What are you Watching at the Moment?



Thank you everyone for your encouraging feedback about our segment on shows to watch on streaming services. As we are overseas at the moment, **Chris & Gail** are writing the Reviews for you this month. We look forward to hearing from you.

John & Rosemary

Let's keep the conversation going with Chris & Gail

The Derry Girls – (3 seasons) on Netflix

In Derry, Northern Ireland, a young girl and her cousin embark on many exciting adventures after they attend a Catholic girl's school in the midst of a national conflict.



Recommended comedy with Nicola Coughlan from Bridgerton playing a different role.

Let's keep the conversation going with *Chris & Gail*

Suits: (9 seasons) on Netflix



Legal drama splattered with comedy which centres on Harvey Specter and his associate Mike Ross, who has a photographic memory but not a law degree. Meagan Markle features in it before she became royalty.

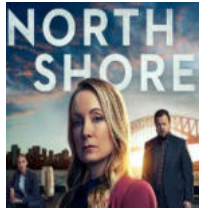


Recommended for its wit and fast pace.

North Shore – 6 Episodes

Now available on 7+ (Plus) for those who do not have Netflix.

The daughter of an English politician dies in Sydney and there is an investigation in Australia. Starring Joanne Froggatt (Mrs Bates in Downton Abbey) and John Bradley (Sam in Game of Thrones).



Good acting and great Sydney scenery plus suspenseful story.



Highly recommend.

Comments, Responses & Reviews:

THE QUEENS GAMBIT is an excellent **Netflix** movie. Not new but a great watch. Drama story of a young chess prodigy in the 60's. One of the best I've seen. It won 11 Emmys.



Brenda

THE HOSTAGE on **Netflix** is an English production of 5 Episodes. It's a thriller involving English and French Prime Ministers.

David A.

AMBULANCE GIRL – KATHY BATES

In the midst of a marital crisis, a popular food writer (Kathy Bates) finds a new sense of purpose when she decides to train as a Paramedic. This movie demonstrates how the decisions of one partner effect the other. Kathy plays a serious role but also lightens difficult situations with humor. A good light hearted movie and easy to watch.

Eileen & John

Westpac Miranda Bank Details: The Probus Club of GyMEA Inc.

BSB 032250 ACCOUNT NO. 535530

Where possible, Members are requested to make their payments via EFT to the Club's Westpac Bank Account. Payments may still be made at meetings either by cash or cheque.

REFERENCE: For ease of identification please **ALWAYS** place your **SURNAME** as the first word of your payment reference.



UPCOMING EVENTS

Hi Members,

A big thank-you to all who of our Members came to Como Hotel for lunch. It was a great get together.

Cheers, Pauline



JANUARY to NOVEMBER

The Lunch BunchJust grab a seat and have Lunch.
It's an informal get-together, held each month following our Club Meeting
@ Diggers Bistro & Bar, Miranda RSL



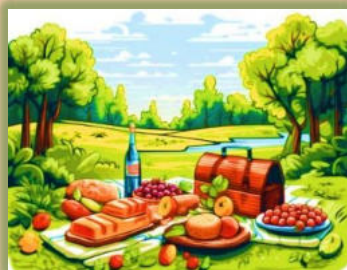
NOVEMBER Friday 14th November

Probus Club Picnic

Cost: \$5.00pp

(Morning Tea, Lunch & Beverages are included in this price)

This is a "MEMBERS ONLY" event



- ⌘ Woronora Dam Picnic Ground, Woronora Dam Road, Woronora Dam.
- ⌘ Car-pooling can be organised, if required.

⌘ **BYO PLATES, CUTLERY, CUPS & GLASSES**

Bob Costello & Doug Batchelor

NOVEMBER Friday 28th November

Departure 9.30 for 9.45

Navy in Sydney Harbour Cruise

- Cost \$80pp, Morning Tea included
- Departure from King Street Wharf
(WHARF NO 3, MV "BENNELONG")
- Own transport to and from King Street Wharf
- Lunch at own expense, if required, at Darling Harbour
- Please phone Pauline if you would like to attend



DECEMBER

Thursday 4th December

**THIS EVENT IS FULLY
BOOKED & WAIT-LISTED**

Christmas Luncheon

@ Diggers Miranda

Thursday 4th December (Arrival Time: 12 Noon)

Cost: \$65pp - PAYMENT DUE NOW

Please Note: This is a "MEMBERS ONLY" Price

3-course meal of alternate servings plus

2 glasses of Beer, Wine or Soft Drink

(Additional drinks can be purchased
at Club prices)





**LET'S GET
STARTED**

Our first function for 2026 will be on Sunday 8th
February @ 2pm @ The Pavilion Arts
Centre Sutherland

Join the Sydney Musical & Opera Society
for a Concert performance of
"Some Enchanted Evening"



After the concert we
head-off for Happy
Hour & Dinner at
Sharks @ Kareela



- ➔ The concert is \$45pp including a drink @ The Sutherland Arts Pavilion. **PAYMENT DUE BY NOVEMBER MEETING**
- ➔ Happy Hour & Dinner will be Pay-As-You-Go @ Sharks Kareela
- ➔ Contact Pauline to add you name to the List

Summary of Confirmed Events

<i>Date of Event</i>	<i>Activity</i>	<i>Approved by Committee</i>
Wednesday 12 th November	Walking Group - Garie Beach	✓
Friday 14 th November	Probus Club Picnic @ Woronora Dam	✓
Friday 28 th November	Navy in Sydney Harbour Cruise	✓
Thursday 4 th December	Christmas Luncheon	✓
Sunday 8 th February 2026	"Some Enchanted Evening" @ Sutherland Arts Pavilion, Happy Hour & Dinner @ Sharks Kareela	✓

Payments Due

- Club Picnic - **OVER DUE**
- Navy Harbour Cruise – **OVER DUE**
- Christmas Luncheon - **OVER DUE**
- "Some Enchanted Evening" Concert – **NOVEMBER MEETING** (if not before)

On-Line Payments

If you require acknowledgement of your on-line payment, please email me on:

twinniegr@gmail.com

with a short note such as "sent \$200 re Manly" and I will reply with a "received" message ASAP.

Also, payments in cash will only be accepted for amounts up to \$100.00 for security. If you have no access to/don't wish to use EFT you can go to your bank and ask them to transfer larger amounts for you.



If you are paying by EFT, please use the following descriptions:

<i>EFT Code</i>	<i>Event Description</i>
"PICNIC"	Probus Club Picnic
"NAVY"	Navy Harbour Cruise
"XMAS"	Christmas Luncheon
"CONCERT"	2026 "Some Enchanted Evening" Concert @ The Sutherland Pavilion

***Thanks, Geraldine Rae
Treasurer***