



NEWSLETTER – JULY 2025

**Our next meeting will be held at
10.00 am on FRIDAY 25th July 2025
in the downstairs lounge of the St Heliers Bowling Club**

Guest Speaker this month

This month our guest speaker is **Daniel McGowan**, neuroscientist, health writer and editor, and company director.

Daniel is the CEO of **Cure Parkinson's NZ**, whose mission is to shape and fuel effective research leading to a cure for Parkinson's disease.

Parkinson's disease is a progressive neurodegenerative condition that affects various neurological functions. It is the fastest growing neurological condition in the world and its prevalence is expected to double in the next 10–15 years.



Note: Partners are welcome to attend this talk at 11:00 am.

Before coffee, our new member **Peter Fleming** will introduce himself and tell us of his professional life and his current interests.

Future Guest Speakers

August 22 nd	Nicola Garland – Spirt of Adventure Trust
September 26 th	Dr Sandra Fitzgerald - Cancer research
October 24 th	Wendy Hampton – Estate Planning Lawyer

Social Events

July 17th A large number of us really enjoyed the Devonshire Tea and a Movie at the Meadowbank Village Retirement Home.

August 11th Social gathering for all members and partners at the Bowling Club, starting at 4.00 pm.

September 16th The Red Boats will be taking us on a cruise on the Harbour stopping at the Riverhead Pub for lunch. [Lunch at your cost] and will then return us to Auckland Viaduct. The tour is almost all day [5 hours] as we are including a lunch stop. The ferry cost will be \$40.00 per person. There are lots of steps up to the Riverhead pub from the little wharf. Please register your interest now with John Danvers [jcdanvers@gmail.com]

Special Interest Groups

Walking Group (Ramblers) –Meets every alternate Saturday morning at 9.30 am. Contact **Brian English** bde@xtra.co.nz (027 474 7659)

On 12th July, Gary Preston led us anti-clockwise around One Tree Hill, ending at the old Kiosk for coffee.

Investment Group – Meets every month for a review of our (hypothetical) share portfolio, a look at local and global share performance, and also to review the local property market. Contact **Des Hunt** desmondhunt@icloud.com

In his July investment report, Des advised us that “some markets have performed exceptionally well in the last 6 weeks. Funds invested in Milford, Pie and Fisher Funds are up 5.41%; the outstanding Pie Growth Fund is up 18.6%. International Investments have done even better going up by 21.74%. Polar Capital continues to outperform and I see this continuing.”

Golf Group – The golf group plays 9 holes each Monday at the Ellerslie Golf Course. Tee off time is 2.00pm. At the end of the game, the players move on to the La Vista Cafe & Restaurant to meet up with the Imbibers Group at 4.00pm. New members welcome.

Contact **Terry Carter** on 027 498 6109 or terry@carterassociates.co.nz

Coffee Group – Meets at Merchants Espresso & Eatery, 129 Apirana Ave, Glen Innes, on the second Wednesday of each month at 10:00 am for convivial coffee and conversation

Contact: **John Trigance** on 575 9407 or mjtrigance@hotmail.com.

Imbibers Group – Meets at the LaVista Café on **Mondays** at 4.00 pm to enjoy a ‘happy hour’ drink and to engage in stimulating conversation.

Contact the Chairman: **John Haslemore** jwhaslem@ymail.com

Web Site – Search for “Probus St Heliers” or follow [this link](#) to visit our web site for information about our club and upcoming events.

The “Contact Us” page includes our Bank Account Number, and a link to download a membership application form.

The “Newsletters” page includes links to recent newsletters.

Bank Account –

Members are encouraged to use online banking for payments to the club for subscriptions and functions.

The Probus St Heliers ANZ Bank Account Number is: **01-0262-0064848-00**.

Please enter your name and the reason for the payment into the Details fields.

Committee -

John Danvers	021 352 650	President, membership promo, social functions, mid-year and end-year lunch register
Cyril Snow	027 291 9598	Vice President, newsletter, web site, membership list, AV system with Malcolm Brown
Peter Buckland	027 476 4873	Secretary
Rod Oakly	027 342 0681	Financial budgets, liaison with accountants, liaison with bowling club, Rotary contact, membership list
Tom Watson	021 126 4269	Membership promo, door welcome, Almoner, social functions, catering/entertainment for lunches
Kerryn Downey	021 736 960	Speakers, introductions and thank-you letters
Gary Preston	021 297 3087	Door welcome, Almoner, condolence letters, liaison with Dove House
Brian English	575 8899	Walking group, liaison with Ladies Probus, backup for name badges and membership certificates
Ross McMillan	027 486 0011	Name badges, membership certificates, backup for speakers
John Trigance	575 9407	House manager for meetings, coffee mornings
John Haslemore	021 245 5561	Door welcome, attendance register, delegate to Probus Association Auckland, Neighbourly contact, imbibers club

Help with Transport

If difficulty with transport prevents you from attending a club meeting or event, please contact a committee member on the above list to arrange assistance.