



The Ashfield Probuss Club Incorporated

(No. 56273 Inc. 9894130)



July 2025 **Bulletin** Vol. 42 No.295

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Friendship, something that enlivens our being. As evidenced in our Club, some friendships are long lasting, having been forged in the past through workplaces, travel, experiences, connections. Some from impromptu chats to someone maybe in the shops, on transport, just walking in the street. Some even start at a Probuss meeting or event. Ques may be tiring at times, but can also turn into acknowledgement, to acquaintances that can then turn into friendship, fleeting or longer lasting, when conversation is initiated. One of the positives of Probuss friendships is when out shopping one sees a familiar face, which can be a pleasant surprise, an uplifting time to stop and chat or even share time over a coffee. And, as the quote goes 'a smile can go a mile'. Maybe we could share our experiences at a Probuss meeting, there could be quite a variety to share. **PLEASE NOTE: Due to renovations on the first floor of Club Ashfield, our July and August meetings will be held in the Ashfield room on the second floor. To access the room please be considerate of attendees at an Exercise Class held in an adjoining room, the back of which we need to walk through for our meeting. Exercise commences at 9.45 however there are people in attendance from about 9.30.**

At our June meeting we were given a very informative talk from representatives of the Commonwealth Bank. They presented an in-depth look into the problems of fraud and scams. We are all continually being told to be careful and watchful so that we don't become victims to these insidious crimes. However, the criminals that instigate these crimes are becoming increasingly professional in their approaches and we need to be vigilant to protect our identity. The talk we were given made this threat real with examples and statistics whilst reminding us of what we can do to protect ourselves. We were assured that the bank is there to support us, and we should contact them if we have queries. They gave out a very informative guide which if you missed getting a copy, I would advise you to get one from the bank, as it is a useful resource. It was a reminder to us all to be proactive in our use of secure passwords and to never click on links sent to us via SMS or email messages. We should always check, in order to safeguard our identities, via our own banks if approached, before giving out our details. – thanks Anne

PUBLICITY

For those who scan Facebook, following the promotions that Iris put up, Sue has been active in promoting our Club, and it's interesting to hear that other people are taking note of our activities.

SCRABBLE

With two players at each board, six players had an enjoyable morning, with some then joining the seven for Coffee Club at Happy Daze.

500 CLUB

On Monday July 7, six members enjoyed a lively game of Five Hundred. Very pleased to have Jim back with us again – on his 97th birthday! Congratulations Jim.

WALKING GROUP

June - A group of us enjoyed a glorious winters day on Sydney Harbour, meandering from Mosman Bay to Cremorne Point and Back. The harbour views, historic architecture and wildlife made for a perfect day. A well-earned lunch at the Mosman Rowers Club was a delightful conclusion to the day.

July – The walking group enjoyed a bright and windy winters day walk through Parramatta Park. Starting with coffee at the historical George Street Gate House, followed the river along to the Dairy Cottage (1796), and back along the ridge, surrounded by kookaburra's and rosellas to Old Government House. At the end of the walk lunch catering to all tastes was provided by Club Parramatta, right on the edge of the park.

COMING EVENTS

WALKING GROUP:

Thursday 14th August - Balls Head (including Coal Loader tour), Waverton

Meet at Central station, 9.30am, middle of platform 16 to catch T1 (North Shore) or T9 (Gordon).

A tour of The Coal Loader (1 hour approx.) has been organised for 10.30am.

Distance we will judge on the day, Coal Loader is 800m (15 min from station), circuit around Balls Head is about 1.2km. Lunch options Siva Cafe at Coal Loader, or Bay Brew Coffee back near station.

Return by train or ferry (McMahons Point, 2.1km walk from Coal Loader) **Contact: David 0419 475 251**

Walk - September 9th Wed – Balmain Ballast Point Park more information in next month's Bulletin.

OUTINGS and LUNCH

The annual Mid-year Lunch is coming up on **Tuesday, July 29th at Club Burwood 97 Burwood Rd.** Burwood at 12noon. Cost \$45 (members) and \$51 (non-members) for a main course of chicken or fish and a delicious dessert. We have a room just for ourselves, (cost covered by a Club grant). ... **Contact: Julie 0415 825 858.**

Coach Tour: Wed, 24 Sept to Mt. Annan Botanical Gardens, morning tea included at Mt Annan. Then a scenic drive in and around Camden before Lunch (lunch at own cost) time for a stroll to take in the charm of this Historic town. We stop at Luddenham, to view the Nancy Bird Walton new airport site and see a 15/20-minute video. Coach leaves Ashfield 8.30am returns 4.30pm approx. Cost: \$20 per person. **Contact Julie.**

August outing: Wednesday 27th August Vacluse House more information in next month's bulletin.

LUNCHEON CLUB:

BRIARS SPORTS CLUB at 14 Ian Parade, Concord. Meet at 12 noon on FRIDAY 22nd AUGUST.

It is on the 464-bus route as the Palace Hotel was. **Contact: Iris 0403 882 451**

500 CLUB:

First Monday of the Month 10am Club Ashfield. ***Note: usually first Monday except for Public Holidays***

Next game Mon. 4th August. Contact: Cecily 9798 5059

SCRABBLE:

Last Monday of the Month 10am. Club Ashfield. **Next games: Monday 28th July and 25th August**

Contact: Julie 0415 825 858

COFFEE CLUB: 11.00am Happy Daze Café following Scrabble - **Monday 28th July and 25th August.**

A good follow-on time from Scrabble.

BOOK EXCHANGE: Books, DVDs, and Magazines- Bring one, take one at our General Meetings!

Thanks to Ella and Pat for organising. Remember – take your book home again if not taken.

CINEMA: Movies for Tuesday 1st July in the Executive Boardroom at 10:00am-12:00noon.

Contact: Evelyn: 0434 552 815: 28 YEARS LATER, Thriller/Horror, Duration – 115m. Start Date, 19th

June (only 3 sessions per day) Description: Award winning director – Anny Boyle and a great cast – Jodie Comer, Ralph Fiennes, Aaron Taylor-Jackson. Out of our comfort zone, think Zombies, but.....

FOUR LETTERS OF LOVE -Drama. Duration 109m. Start date, 24th July.

Description: Set in Ireland, based on novel by Polly Steele. Follows Nicholas and Isabel's path to true love.

GENERAL MEETING SPEAKERS:

JULY: Georgia-Holmes, Professional Organiser based in the Inner West, will speak to us about

Decluttering. She helps clients take control of their clutter to better support their lifestyle.

AUGUST: Our Probus Club member Trish will regale us with tales about her many years working in Parliament House, Canberra.

Our Club meets every 3rd Monday of the Month, 10.00am Club Ashfield,

1 -11 Charlotte Street, Ashfield. Exceptions may occur.

Please consider becoming a member of Club Ashfield, the Club that supports us.