



# SPRINGWOOD COMBINED PROBUS

## Happy New Year Everyone

NEXT MEETING: Wednesday, 21st January 2026 at 10.15am

### 2025 COMMITTEE

#### PRESIDENT

Colleen Kime 0407 125 427

#### VICE PRESIDENT

Graham Jurd 0418 201 661

#### PAST PRESIDENT

Henryk Hanko 0448 244 889

#### TREASURER

Paul Roach 0400 496 183

#### SECRETARY

Glenys Simon 0438 378 060

#### MEMBERSHIP OFFICER

Robyn Cooper 0418 444 017

#### TECHNICAL OFFICER

David Henderson 0423 000 055

#### WELFARE OFFICER

Elizabeth McGregor 0423 505 347

#### NEWSLETTER EDITOR

Margaret Wensley 0415 915 014

#### HOUSE MANAGER

Noleen Herring 0405 833 606

#### GUEST SPEAKER OFFICER

Robert Thomas 0418 498 665

#### TRIPS & TOURS OFFICER

Tanya Hawkins 0403 046 953

#### WEBSITE

<https://www.probussouthpacific.org/microsites/springwooddistrictc>

OR

Type: **Springwood District Combined Probus**  
into your browser.

#### PRESIDENT'S MESSAGE

Dear Probus friends,



Welcome to 2026. Happy New Year.

I hope you enjoyed your break and are looking forward to a wonderful year with Springwood Probus Members.

The activity coordinators have some great activities organized to start 2026. Thank you all.

Tanya Hawkins has indicated to the Executive that she will not be standing for the Trips and Tours position at the AGM. Thank you, Tanya for a great year.

Probus Clubs rely on volunteers and Springwood has over 100 members.

**We need your help.** This might be the year for you to become an activities coordinator or assistant. Ask a probus friend to become a helper and do the job together. Two heads are better than one.

**The AGM is in March** and I ask you to think about helping the Executive to keep Springwood Probus Club one of the happiest, welcoming clubs to be a member of.

Pick up a AGM nomination form at the meeting on 21<sup>st</sup> January or talk to an executive member to find out what positions are vacant.

Thank you in anticipation.,

Colleen Kime. President

**PUBLIC OFFICER****Nerida Murray****2025 ASSISTANT POSITIONS****Ast. Treasurer**Ken Thrift**Ast. House Manager**Warren English**Ast. G. Speaker Officer**Noleen Herring**Ast. Welfare Officer**Nancye Swatridge**Club Ambassador**Glenys Simon**Archivist**Jola Walczynski**jolanta2@outlook.com****2025 ACTIVITY COORDINATORS**

<b>SCRABBLE</b>	<u>Maureen Bennett</u>	0414 494 920
<b>BOOK CLUB</b>	<u>Margaret Gittins</u>	0414 702 612
<b>B.C. Assistant</b>	<u>Lyn Williams</u>	
<b>WALKING GROUP</b>	<u>Carmel Baulman</u>	0458 212 770
<b>GALLERY GROUP</b>	<u>Jolanta Walczynski</u>	0414 440 084
<b>CANASTA</b>	<u>Jola</u>	0414 440 084
<b>MAHJONG</b>	<u>Denise &amp; Kevin Hackenberg</u>	0410 584 145
<b>THEATRE GROUP</b>	<u>Des Peterson</u>	0409 000 712
<b>DINING OUT</b>	<u>Robyn Cooper</u>	0418 444 017
<b>TRIPS &amp; TOURS</b>	<u>Tanya Hawkins</u>	0403 046 953
<b>T &amp; T Assistant</b>	<u>Maureen Bennett</u>	0414 494920
<b>TABLE TENNIS</b>	<u>Elizabeth McGregor</u>	0423 505 347

**Did you know?**

You can get free training to build digital skills through Tech Savvy Seniors at your local public library at

**[telstra.com.au/tech-savvy-seniors](http://telstra.com.au/tech-savvy-seniors)**

or online at

**[beconnected.esafety.gov.au](http://beconnected.esafety.gov.au)**

**FROM THE TREASURER**

**My best wishes to our members for 2026.**

At our recent Committee Meeting the Budget for 2026 was confirmed.

The honorarium to the Club remains at \$2400, payment to PSPL is \$21.50 per member.

**Membership will remain at be \$60, joining fee \$40.00**

Our financial year ends on the 28<sup>th</sup> February 2026. The AGM will be on 18<sup>th</sup> March 2026.

Further detail will be in the February Newsletter.

**Bank account details:**

**Springwood District Combined Probus Club**

**Westpac Springwood**

**BSB – 032 837**

**A/C No. 348013**



Paul Roach 0400 496 183

**MAHJONG**

Mahjong games will be held the **second and fourth Tuesday of the month.**

We will continue to meet on the following dates :

**January** Tuesday: 13th & 27th.

**February** Tuesday: 10th & 24th.

Meetings will be at Jill Cornthwaite's home:

If there is a change of venue you will be notified. New players are welcome to join us.

Contact Denise Hackenberg 0449 155 315 if you have any questions.

## PROBUS WALKERS

The regular walks are on each Friday meeting at 9.15 a.m. at the venue where we park our cars and kick off at 9.30 a.m. for our walks. Emails with details get sent out a few days before the walk to regular walkers.

The excursions will be on once a month but there are no excursions until much cooler weather possibly in autumn, April or May!

**We do not walk in extreme hot weather 36 degrees +**

Instead we will visit a venue, with a cool drink and a catch up.

All welcome to join our free healthy friendly walking group. You can contact Carmel on 0458 212 770 if you wish to join or see her in the break at the general meeting.

Keep safe, Carmel.



## HAPPY NEW YEAR TO YOU ALL

from Pam and Rita, who are presently for the month of January, retracing Matthew Flinders circumnavigation of our continent. "Life is not a dress rehearsal." Go for it ladies! Margaret

Matthew Flinders circumnavigated Australia between 1801 and 1803, completing the first full mapping of the continent aboard HMS Investigator. His voyage began in July 1801, charting unknown coastlines and proving Australia was a single landmass.

## CANASTA 1—4pm

After providing more access to honing Canasta skills for new and well-versed players on Wednesdays, I have now ceased playing that day as there are other opportunities to do so.

**Second Friday of the month** will be our regular Canasta with 2 experienced tables and one for recent players to learn as you play with me.

**Friday 13th February will be held at our home at** Right past Centennial Bridge and right down to driveway of stones for the Thrifts, M. Bennett, G. Simon, P. Kerry and J. Angus- others on the road-always a lift back up.

Please add you name to sheet available at January meeting or text 0414 440 084 as pre planning assists. **Payment of \$5 if no food is contributed.**

Looking forward to having you all wearing some black attire for this superstitious day.

Jola 0414 440 084



## Welcome to the New Year.

**S** For those wanting to extend their vocabulary with a few new words (including 2-3 letter words) then you might consider coming along to the scrabble group.

**A** We will be meeting on **Wednesday, February 4th** at the home of Christine Jeffreys,

**B** We enjoy a light afternoon tea. Meeting time is **1.45 for a 2pm start.**

**L** Please indicate on the activity sheet or contact Chris (0414 860 501) if attending.

**E** Thank you. Maureen (0414 494 920)



## TRIPS and TOURS 2025

Happy New Year Everyone

Exciting offers to kick off our 2026 tour schedule:

**Megalong Valley wine tasting is now on Tuesday, 24th March**

Cost: \$40 for coach pick up/return to Springwood PLUS for \$55 cheese grazing board lunch

Total: \$95/pp Code for online payment is MV

**Tuesday, 21st April**

Morning tea at Stanwell Tops, 2 course lunch at Shell Cove, afternoon at Austinmer-**don't forget your swimmers!**

Cost: \$114/pp pick up/drop off Springwood

Code for online payment is AB



**Want other destinations?**

Have a chat with either Maureen or Tanya at our January meeting to see what's available.

Tanya: 0403 046 953

Maureen: 0414 494 920

## GALLERY

**R** We begin our artistic exploration on **Saturday 7th March.**

**O** We will meet at 10am at Bucklands Springwood for their **exhibition of various artists.**

**U** An hour later we will have coffee break on their grounds at Ben's Cafe.

**P** Around 12, we will drive to Braemar Gallery in town for the '**Cotton, Clay & Canvas**' exhibition of 3 artists.

About 1.30, I would like to book lunch down near Bunnings in Valley Heights at the Fire Pit, a fabulous new eating place. **Make sure your names are added to the activity sheet at Jan or Feb meetings.**

On **Friday 20th March** we meet at 10am at Lewers for **BIENNALE** and lunch in their cafe from 12 noon.

No events in the earlier months due to the usual heat, so we make up for it in March.



Jola Walczynski

0414 440 084

## Festive Fun and Frivolity



## Pic of the Month



**2 for the price of one, Colleen? Go for it!**

# THEATRE



The next major show in May/June 2026 will be **GEORGY GIRL**.



**R** A young woman juggles an unwanted suitor's advances and her desire for an exciting life, envying her free-spirited room-mate's social whirlwind.

**P** In July 2026 there will be a youth presentation of **JOSEPH AND HIS TECHNICOLOUR DREAM COAT**, in which all performers will be between 8 and 18 years of age.

Des Peterson 0409 000 712

## GUEST SPEAKER FOR THE MONTH

The Speaker for January is **Dr Linda Sharpe** from our Springwood Probus.

Linda undertook a PHD in Veterinary Science at Sydney University.

The subject of her talk will be:

**'Vitamin D for Human Health'**

**Vitamin D** is a **nutrient** you need for good health. It helps your body **absorb calcium**, one of the main building blocks for strong bones. Together with calcium, vitamin D helps protect you from developing **osteoporosis**, a disease that thins and weakens the bones and makes them more likely to break.



## B JANUARY

**I** Birthstone: *Garnet*  
**M** Meaning: *Constancy*  
**R** Flower: *Carnation*



**T** Many Happy Returns of the Day to:

**T** Chris Anderson, Maureen Bennett, Beverley Blizzard, Tanya Hawkins, David Henderson, Noleen Herring, Carol Lewin, Vicki Macleay, Rhonda McMorrow, John Parsonage, Christina Stabler

**A** If you are aware of members who have passed away or who are on the *sick or injured list*, could you please let Elizabeth McGregor know on

**Y** 0423 505 347.

**S**

## TABLE TENNIS

The next table tennis afternoon will be:

**Wednesday, 28th January**

**When:** 4th Wednesday of the month

**Where:** Home of Elizabeth & Charles McGregor,

**Parking:** Is available out the front or on the hospital side of the road.

**Time:** 2pm to 4.30pm

**Spare bats are available but you are welcome to bring your own if you wish.**

**If the driveway** is a little too steep there is an alternative way through the garden.

**You are welcome** to bring a drink and a snack if you wish.

**Elizabeth:** 0423 505 347

**Noleen:** 0405 833 606



## 2026 THE YEAR OF THE HORSE

In the Chinese calendar, 2026 is the Year of the Horse.

Specifically, it is the Year of the Fire Horse, beginning on February 17, 2026, and ending on February 5, 2027.

This year is associated with energy, freedom, and action.

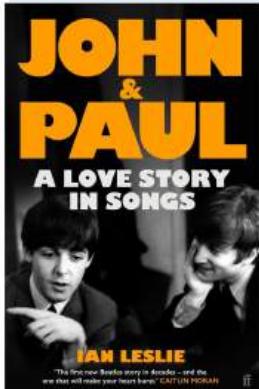
**ANIMAL:** Horse



**ELEMENT:** Fire

**CHARACTERISTICS:** The year is said to be energetic, with themes of freedom, action, and individual drive.

## BOOK CLUB



The next meeting of the Book Group is on **Thursday, 19<sup>th</sup> February at 5.00 pm.** Venue TBA.

The book to read is "**John and Paul-A Love Story in Songs**" by Ian Leslie.

It chronicles the musical and emotional relationship between the two Beatles and is a fascinating read for those who grew up in that era.

This book is easily obtained in hard copy or digitally.

Margaret Gittins      0414 702 612

**The first new Beatles story in decades - and the one that will make your heart burst.' CAITLIN MORAN**

**'Ian Leslie has done the impossible, and breathed new life into one of the world's most studied bands.' GQ**

**'The most moving and revelatory book on Lennon and McCartney I have ever read. So joyful, so sad.' TOM HOLLAND**

## HUNTER VALLEY CHRISTMAS CHEER



Friends are the family we choose for

ourselves.

## THOUGHT FOR THE MONTH

**"In this world nothing can be said to be certain, except death and taxes."**

Benjamin Franklin

1706—1790



Franklin was one of the Founding Fathers of the United States; a drafter and signer of the Declaration of Independence and the first postmaster general.

He was a self-taught man and constantly worked to improve himself.

A tool he developed for himself was the five-hour rule. The rule dictates that **five hours each week must be spent learning – one hour each day, excepting weekends.**

**NEXT MEETING IS  
WEDNESDAY  
21ST JANUARY**