



ENGADINE-YARRAWARRAH PROBUS CLUB INC.

Founded 25 July 2018

Newsletter September 2025

<https://www.probussouthpacific.org/microsites/engadineyarrawarra>

PRESIDENT **Greg Deane 0405 405702** eypc.president@gmail.com



President's message :

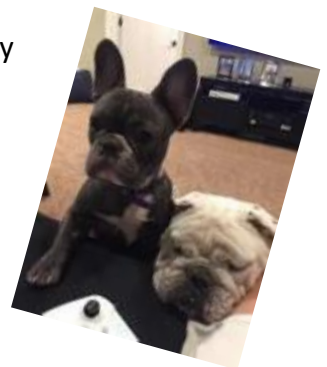
Yet another month has flown by – again with an oversupply of rain and cold weather. I hope we have all survived both and scraped through with only a minimum amount of necessary complaining. Unfortunately, two of our activities had to be cancelled, due to the bad attitude of the weather gods. Hopefully we will be able to make them up in coming months.

The activities we were able to carry out, which were not affected by the weather, were all successful and enjoyed by those members who attended. There is still plenty of room on all activity registration sheets for additional members and visitors to sign up, come along and enjoy the company of some friendly and fun people out to have a good time and not vegetate in front of the television at home on your own.

On a more technical note, the club was notified by Probus South Pacific Ltd. (head office to the uninitiated) of a meeting scheduled for Thursday 25th September 2025 to gauge the interest of the community in starting a new Probus Club in Heathcote. The meeting will be at the Heathcote Hotel starting at 10.00am. We on the Executive Committee have sent a letter of protest to Probus South Pacific Ltd. outlining our objections to this proposal, as it will reduce the pool of available people from which we can draw new members. There are three existing Probus Clubs in the Engadine area and new members for all three are in short supply. This matter was discussed with representatives from the two other Engadine Clubs, at a recent area cluster meeting, where they also advised they would be contacting Probus South Pacific Ltd. to indicate their disapproval of the situation. At the time of writing this article, I have not received a reply from Probus South Pacific Ltd. Hopefully, I will have some more information for you at the upcoming monthly meeting.

Finally, we are having a Guest Speaker from the RSPCA at next Monday's Monthly Meeting. We would like to take up a collection at the meeting, to make a donation to this great charity, so a collection bucket will be on the front desk where you get your name marked off as you walk into the meeting room. *Please remember to bring some cash to put into the bucket to assist our furry friends, who are not as fortunate as some others. Your generosity will be greatly appreciated.*

See you at Tradies!



Next meeting: Monday 8th September 2025 10 am Gynea Trade Union Club The Kingsway

TREASURER Rod Richardson 0424 342288 eypc.treasurer@gmail.com



Payments Due

ACTIVITY	FEE (M / V)	CODE	DUE DATE
Footloose	\$45 / \$50	FOOTLOOSE	8 Sep 2025
Man Lin Wah Restaurant	\$37 / \$42	CHINESE	8 Sep 2025
Quarantine Station	TBC	STATION	13 Oct 2025
Tons of Money	\$25 / \$30	MONEY	8 Sep 2025
Xmas Party	\$60	XMAS	11 Nov 2025

1. Preferred method: EFT Commonwealth Bank BSB 062-164 Account 1057-4595
2. Cash banked at the Commonwealth Bank using special deposit slips. (available at meeting). Ensure that the deposit is for the club's **Business Account**
3. Cash paid to TREASURER at monthly meeting

HAPPY BIRTHDAY

MEMBER	DATE	MEMBER	DATE
Carolyn Hancock	10 th September	Pat Langley	13 th September
Abegail Kontyo	13 th September	Shirley Blomfield	15 th September
Meg Copland	15 th September	Laurel Chambers	17 th September
Glen Fitzpatrick	17 th September	Margaret Duncan	19 th September
Garriock Duncan	22 nd September	Tom Fraser	23 rd September
Ginny Thompson	3 rd October	Eddie Sammut	4 th October
Joan Clinch	7 th October		

SECRETARY Kerry Deane 0423 152 018 eypc.secretary@gmail.com



"SUNSET COCKTAILS". This activity will be held on the last Thursday of each month commencing **Thursday 25th September 2025 4.30 p.m. to 6.30 p.m.**

On the Monday before the event I will email only those who have added their names to the registration sheet and advise them of where we will be meeting each month. You can stay for a short while or partake in dinner before you go home. Hopefully everyone will enjoy the chats and a drink or two. Hoping you can come along.

MEMBERSHIP Kerry Baldwin 0417 060 412 eypc.membership@gmail.com



Hope you all have survived the wet and cold with no damage to yourself or home. Stay warm winter is nearly over. Please let me know if you are unable to attend the meeting Monday September 8

WELFARE Angela McNairn and Ros Cousins eypc.welfare@gmail.com
0410683860



How good is it knowing that spring is just around the corner..... it would be lovely to think that the sunshine could cure everyone's ailments.

Please keep the following members in your thoughts....Evon and Harry Jenkinson, Helen Hogan, Maria Caldow, Pat and Ian Stepto, Lynn Wilson, Peter Wren, Bev Hewitt, Pauline Herring, Kerry Baldwin and Lorraine Stocks.

Our love, support and best wishes are extended to all our members who are unwell whether they be mentioned above or not.

Please never hesitate to reach out to Angela or I if you know of any unwell members.

Bring on the sunshine, Angela and Ros

GUEST SPEAKER Jill Fitzpatrick 0404383388 eypc.speakers@gmail.com



Our guest speakers for August were Nelson Dale and Matthew Morley of Pinnacle Podiatry in Gympie, who reminded us of the importance of maintaining foot health. They pointed out that balance and joint issues can be traced back to foot problems left untreated for too long.

They demonstrated easy exercises to improve our balance and reminded us that there is no one, definitive, great shoe brand; the only "great" shoes are designed for specific purposes and different types of feet, and they provided a range of these shoes for members to investigate. They also answered questions about common foot problems: corns and bunions, flat feet, hammer toes, ingrown toenails and the use of orthotics to support fallen arches.

In all it was an interesting presentation, and probably convinced us to be more aware of foot health and its importance in the ageing process.

Ginny Thompson

The **RSPCA** is coming to speak at the September meeting. Come along and hear all about their work and the "Seniors for Senior" program they have.

Looking forward to seeing you on Monday....

THEATRE

Laraine Lischeld 0426629 929 eypc.theatre@gmail.com

Ros Campbell 0410 682 941



Tickets will be handed out today for Here You Come Again- "Dolly" which is on **Wednesday 17th September 2025** at 2p.m. at the Theatre Royal Sydney, 108 King Street.

Train timetable is as follows: Heathcote 10.59am, Engadine 11.02am, Loftus 11.06am, Sutherland 11.09am, arriving at Martin Place at 11.50. Travelling in the 3RD carriage from the front. There is a food hall underneath the Theatre or lots of coffee shops near buy for lunch.

We have acquired 12 seats for The UK Rod Stewart Show at the Pavillion on **20th November at 7.30pm**, tickets are \$60.00 and payment is due by 13th October.

We have cancelled The Johnny O'Keefe Show due to lack of interest.

CATS THE MUSICAL report apology for last month's error. Laraine McAteer and Cheryl Yallop reported on Cats not Lorraine Stocks as was published.

LOCAL THEATRE Sue O'Brien 0422431355 eypc.localtheatre@gmail.com



SECRET BRIDESMAIDS' BUSINESS is to be held at the Guild Theatre, Rockdale next **Saturday 6th September at 2pm**. I will give out tickets at the theatre before the performance. If you wish you are welcome to join us at lunch at the Extract coffee shop across the road, for lunch or coffee, just up the hill from the theatre at 12.45pm.

FOOTLOOSE is to be held at Engadine Community Theatre on **Saturday 18th October, at 1.30pm**, you are welcome to put your name on the waiting list, just in case there are cancellations.

Tickets cost \$45 for members and \$50 for visitors, Payments are due 8/9/25 Codeword FOOTLOOSE.

I will be putting a sheet out at the meeting for TONS OF MONEY, an hysterical farce to be held at Guild Theatre Rockdale, on **Saturday 15th November at 2pm**. There are 2 tickets available, or you can put your name on the Waiting List, as there can be cancellations at the last minute. Tickets are \$25 members/\$30 visitors. Due date for payment is 8/9/25. Codeword TONS.

GOURMET WANDERERS Evon Jenkinson eypc.gourmet@gmail.com



Gourmet Wanderers - Kerry Deane - 0423 152 018

HEADLAND HOTEL report

Well it was a pretty miserable day but 22 members opted to not stay home but drive down to Austinmer to the Headland Hotel to enjoy lunch with their friends.

Food was delicious and it was cosy inside while the waves were crashing down on the rocks outside. Coffee and cake/gelato were also on the menu. When it was time to go home, the heavens opened up and it was a race to the cars for those that didn't realise there was an underground carpark. We all made it home safe and are looking forward to the next outing. *Kerry Deane*

MAN LIN WAH RESTAURANT 12TH SEPTEMBER 2025

Last day for payment if you want the banquet is Monday 8th September 2025. There are a few of you who have not ticked on the registration sheet if you want the banquet or pay on the day. Can you please check the list at the next meeting as I will be confirming numbers that same day.

CLUB ON EAST AT SUTHERLAND – THURSDAY 23RD OCTOBER 2025 AT 12.00 P.M.

CHRISTMAS PARTY MONDAY 8TH DECEMBER 2025 COMMENCING AT 11.30 A.M.

To be held at Como Pub 35 Cremona Road, Como in the function room upstairs. Lift access is available, and the ticket price is \$60.00 per person and \$65 (V). Code word for electronic payment is **XMAS**. There is a limit of 100 people and therefore visitors will be put on a waiting list. If we do not reach 100 members or anyone pulls out, visitors will be offered a ticket if they wish to come.

MONEY IS DUE BY 10TH NOVEMBER WHICH IS THE NOVEMBER MEETING DATE.

The meal is alternate drop with main meal and dessert served. Tea and coffee will also be provided in the ticket price.

There is a bar in the function room where you can purchase your own drinks on the day. There will be lucky door prizes/Xmas presents to be given out during the lunch, so collect your ticket when you arrive and have your name ticked off.

Kerry Deane

COACH and TOURS Pauline Herring 0407380380 eypc.tours@gmail.com



DAY COACH TOURS

SIN IN THE CITY- A KINGS CROSS CRIME TOUR Monday 22nd September
Payments received for 24 members

Pickup at Anzac Oval at 8.45am for 9:00am and return at approx. 4.00pm

CANCELLATION ONCOURSE DAY TOURS- At 4pm one week prior to the tour our numbers we be notified to them and then no refunds after that date. There is a minimum number of 20 required for this tour so **NO REFUNDS** going below 20 members.

Quarantine Station Manly Friday 14th November 2025

Please refer to my email sent on Monday 1st September. I need a firm commitment for this tour to decide the price. There is a difference of \$20 each or \$40 a couple.

We commence our day travelling to Manly Beach where we will set up morning tea and enjoy the stunning panorama. From there we travel to the Quarantine Station, aptly named Q Station, located within a 30-hectare site at the North Head of Manly and an enduring part of Sydney's history that once served as the Quarantine Station for migrants arriving in Australia.

For over 150 years the Quarantine Station was for many, the beginning of a new life in Australia after making the arduous & lengthy journey from their homelands.

After the tour we have lunch at The Terrace, still within the grounds of the Q Station, consisting of a selection of Chef made sandwiches, small selection of cakes and fruit platter as well as coffee and tea.

Tour Details:

What's Included: Morning tea, guided tour, lunch consisting of sandwiches, cakes and fruit followed by coffee and tea

Duration 8.45am for 9am departure **Returns** 4.30pm

Walking: There is a small amount of walking involved on uneven ground

Price Per Person: \$105 M \$110 V (based on a minimum of 30 people)

\$125 M \$130 V (based on a minimum of 20 people)

Code: STATION

Due: 13th October 2025

EXTENDED TOURS

Coffs Harbour & Grafton Jacaranda Festival

7 days 27th October to 2nd November 2025

All members have paid their final payment, thank you.

It is advisable to supply medical details, given to me at the beginning of the tour in a sealed envelope to be returned at the end of the tour.

We have 17 members attending and there are 34 persons on the coach.

Cunnamulla – Indulgence in the Outback

WE NEED TWO MORE PERSONS TO FILL THE TOUR.

The tour has been opened to clubs in our Cluster.

Trade Travel 6 days /5 nights **12th May to 17th May 2026**

Cost \$2,998 Twin Share Single Supplement \$648

Minimum of 5 maximum 15 members.

Fly to Brisbane and 1 night at the Airport Fly to Cunnamulla and stay on the property

Brochure and Booking Forms and Registration Sheet are available at the meeting.

We have had a great response and have 13 members who have paid their deposits.

We will have a Trade Travel host if we have 15 members.



South Sydney Juniors Club Randwick Monday 29th September

Train leaves Heathcote at 9:59, Engadine 10:02, Loftus 10:06, Sutherland 10:09. We will alight at Central, exit to Eddy Avenue and catch the light rail to Randwick. The light rail stops outside the club. Lunch will be at member's own expense. There are many choices for lunch. Join our happy group and check out another corner of Sydney.

Wollongong Harbour Monday 20th October

The train leaves Heathcote at 9-29, Engadine at 9-32, Loftus at 9-38. Alight at Sutherland and transfer to platform 2 to catch the 9-58 train to Wollongong. We will be in the 3rd carriage from the front. After a toilet stop, we will get the lift up to level 1. It's a bit of an uphill, short, walk to the main road. We will cross at the lights to catch the FREE City bus down to Wollongong Harbour. There is a popular cafe overlooking the beach that is known for its fish and chips. It's takeaway and sitting at picnic tables. They also sell salads, wraps, vegetarian quiche etc. Buy your own lunch; cost \$15-\$20.

Wollongong has a beautiful harbour; take a walk up to the lighthouse, paddle your feet, have a swim or just sit and relax and watch the world go by.

MEN'S LUNCH Greg Thompson 0435791562

gregthompsoncontracting@outlook.com



It will be just over 2 months since our last luncheon, but September was too busy to squeeze our luncheon in.

I have booked for lunch at noon on **Tuesday 7th October at Highfields at Caringbah....** This is the Tuesday after the October long weekend, so I hope you can still make it.

An availability list will be at the next General Meeting...so nominate yourself and bring a friend (male) if you wish. We have dined here before with Greg Deane and the food was of good quality and well-priced.

So come and celebrate your football team winning or losing the Grand Final

COFFEE/TEA MORNING Maria Caldow 0414690794 mariacaldow@gmail.com



Coffee Morning Wednesday 1st October at 10.30 am at Civic Cafe

All members, visitors and men most welcome. Come along for a delicious coffee or tea served with yummy sandwiches, scones and cake for \$10 per person served by very nice friendly staff. Gluten free catered for.



Eleven members, in attendance and one visitor.

A warm welcome to our club and to our craft group Val, hope we weren't too loud for you.

Lauren was busy doing some lovely work with her cards and a few ladies were even sharing a project using pink wool! Always good fun with a great bunch of ladies.

Many thanks to Ann and Brian for having us in their home over the year.

Looking forward to catching up with our old and new members on 19th Sept 2025. Thanks to Ann and Brian Walton at 7 Dural Crescent, Engadine.



TENNIS Chris Stewart 0431886109 stewart.50@bigpond.com



Hi Everyone,

Well, as you can imagine, we have had more Fridays off the court than on lately due to the rain. Hopefully the sun will return and we will be able to resume our Friday morning tennis

this week. 🎾

If you would like to join us, we play from 9:30am till 11:30am at Warabin St Waterfall. If you require more information, please give me a call.



Walking Group

The Weather Gods are still not with us as the Kogarah to Ramsgate Walk had to be cancelled. Propose to do the walk in November

The walks for rest of the year will be as follows:

Tuesday 23 September Bottle Forest Trail, a very picturesque bush walk, to enjoy the Waratahs in bloom

Meeting point at the end of Bottle Forest Rd Heathcote 10 O'clock, which is also the starting point of the walk

Friday 31 October Harbour Bridge Walk from Milson's Point Station to Circular Quay, an all-time favourite, but easy walk with lifts at either end of walk. Meeting Point at 3rd carriage from front. Train times Heathcote 9:29, Engadine 9:32, Loftus 9:36, Sutherland 9:39, Milson's Point 10:34

Friday 28 November Kogarah to Ramsgate via Scarborough Park. Meeting Point 9:30 at Cooper Street Reserve, Starting point Cnr Civic & Marshall Street Kogarah

The attendance sheets, maps and notes will be presented at the September meeting

Table Tennis

So far, each week we have had sufficient members to play, but we would like more members for this activity. Just turn up on any Wednesday at 2:30 pm at Engadine Health (Dolphin Swimming Pool) at 62A Anzac Ave Engadine. If required bats and balls are provided by them. The cost per session is \$8.00

DISCUSSION GROUP Garriock Duncan 0415978054 giduncan48@hotmail.com



Next meeting Wednesday 17th September "Use by or Best before"

Discussion Group Report.

Meeting held on Wednesday, August 20.

The topic was, 'Are reward programmes worth the effort?' These programmes are endemic. We all belong to one even if unknowingly. Woolworths has its Everyday Reward points; Coles Flybuys. In fact, most companies offer them, e.g. Myers, NRMA and Telstra. The programs, which are rated the best, are Qantas Frequent Flyers and Virgin Velocity points.

If we shop at companies, which have programmes, we pay for them even if we have not accessed them. There are two approaches: just join the programmes on offer from companies we already have some links to; the other is to look for offers, which offer a significant point bonus for joining. This is, I believe, called 'farming'. Generally, after a year, you can opt out of the offer but still keep the points.

We reached a consensus this time. By all means, be careful and vigilant. However, what we buy costs the same whether we belong to the company's reward program or not. So, join up and reap the rewards.

GARDEN CLUB Lesley Penny 0422973081 eypc.gardening@gmail.com

Margaret Duncan 0405220754



Unfortunately, our trip to the Shire Succulent Nursery and lunch at Hazelhurst Café had to be cancelled again due to lots and lots of rain. As this has occurred several times, we will not be organising another trip to this location. Those wanting to go there can make their own arrangements as its not far away and it's a small nursery.

Our next outing **on Thursday 18th September** is to the Royal National Park at Bottle Forest Rd., Heathcote to view the waratahs in bloom. Hopefully, they are in bloom this time as we missed them last year. We will meet at the reserve in Bottle Forest Rd at 10am. Following the walk, we will have lunch at the Arbour, Club Heathcote, Oliver St., Heathcote.

BOOKSWAP Ruedi Soltermann 0451468438 ruedi.soltermann@icloud.com

Paul Copland 0413530132 pegnmaul@optusnet.com.au



Now is a good time to snuggle up with a book. We also appreciate donations of books as we are running low on stock.

Thanks to everyone who returned books



Community news:

Movie Mornings at Engadine Library

On the third Tuesday of each month from 9:30am to 12 noon. A movie is shown then a chance to discuss the film.

EYPC Social Events Calendar

Mon	EYPC Event	Date	Time	Event Coordinator	Cost & Code	Pay By	Name on List	Have I Paid
S e p t e m b e r	Morning Coffee Civic Cafe, Waratah Rd Engadine	Wednesday 3-September-25	10:30AM	Maria Caldow	PAYG 			
	Secret Bridesmaids Business Theatre Rockdale	Saturday 6-September-25	2:00PM	Sue O'Brien	\$25/30PP - Miranda Musical Theater Company Pymt by 11th Aug Code - BRIDESMAID			
	Club General Meeting Tradies Gynea	Monday 8-September-25	10:00AM	Greg Deane				
	MAN LIN WAH Chinese Restaurant 601 Kingsway Miranda. Gourmet Wanderers	Friday 12-September-25	12:00PM	Evon Jekinson	Meet at Restaurant. Pymt by 8th Sept Banquet \$37.00 or PAYG Code - CHINESE.			
	Discussion Group 5/30-32 Bullecourt Ave, Engadine	Wednesday 17-September-25	10:00AM	Garriock Duncan				
	Dolly Parton HERE WE COME AGAIN Theatre Royal, King Street, Sydney	Wednesday 17-September-25	2:00PM	Laraine Lischeld	\$85.50/90.50PP Pymt by 14th July 2025 Code - DOLLY			
	Royal National Park Walk to View Waratahs in Bloom. Garden Group	Thursday 18-September-25	10:00AM	Lesley Penny Margaret Duncan	Meet top of Bottle Forest Rd, Heathcote. Lunch at the Arbour Club. 24 Oliver St Heathcote.			
	Craft Group Ann Walton, 7 Dural Cres, Eng.	Friday 19-September-25	10:00AM	Kerrie Murphy				
	I Still Call Australia Home The Pavillion - Sutherland	Saturday 20-September-25	1:30 & 4:30PM	Laraine Lischeld	The Music of Peter Allen and Olivia Newton-John. Due to shortness of time. Make your own arrangements.			
	Sin in the City Bus Day Trip Concourse Tours.	Monday 22-September-25	8:30AM for Departure 8:45AM return approx. 5:00PM	Pauline Herring	\$128/133PP - Pymt by 11 Aug 25 - Code - SIN SIN IN THE CITY - A KINGSCROSS CRIME TOUR Included: Morning tea, crime guide, lunch.			
	Bottle Forest Trail Walk, Heathcote Waratah Walk Walking Group	Tuesday 23-September-25	10:00AM	Gerard Reyerink	Meet top of Bottle Forest Rd, Heathcote.			
O c t o b e r	Souths Junior Club 580A Anzac Pde, Kingsford Opal Trippers	Monday 29-September-25	Heathcote-9:59AM Engadine-10:02AM Loftus-10:06AM Suth'land-10:09AM	Denise Weltshire	Train, Lightrail to Club, Flat Easy Walk Good Value Pub Food. PAYG Many meal choices.			
	Morning Coffee Civic Cafe, Waratah Rd Engadine	Wednesday 1-October-25	10:30AM	Maria Caldow	PAYG 			
	Highfields 22-24 Mackay St, Caringbah Men's Lunch	Tuesday 7-October-25	12:00PM	Greg thompson	PAYG 			
	Club General Meeting Tradies Gynea	Monday 13-October-25	10:00AM	Greg Deane				
	Discussion Group 5/30-32 Bullecourt Ave, Engadine	Wednesday 15-October-25	10:00AM	Garriock Duncan				
	Sylvan Grove Native Garden Henry Lawson Drv. Picnic Point. Garden Group	Thursday 16-October-25	10:00AM	Lesley Penny Margaret Duncan	Walking around native gardens & flower native orchids. BYO lunch at Lambeth Reserve. Car Pool at Cooper St, Park Engadine			
	Craft Group Ann Walton, 7 Dural Cres, Eng.	Friday 17-October-25	10:00AM	Kerrie Murphy				
	Footloose - Musical Engadine Musical Society Engadine Community Centre	Saturday 18-October-25	1:30PM	Sue O'Brien	\$45/50PP - Engadine Musical Society Pymt by 8th Sep. Code - FOOTLOOSE			
	Club on East 7 East Pde Sutherland Gourmet Wanderers	Thursday 23-October-25	12:00PM	Kerry Deane				
	Grafton Jacaranda Festival On Course Tour & Travel	Monday 27-October-25	08:30AM-05:00PM Bus Departs 08:45	Pauline Herring	Dates - 27-10-25 to 02-11-25 - 7 Day Tour TS \$2,350 S \$2,905 - Final Pymt 24th August			
	Milsons Point to Circular Quay (Via the Hrbour Bridge) Walk, Walking Group	Friday 31-October-25	10:00AM	Gerard Reyerink				
Weekly Events								
	Tennis Group Warabin St Waterfall	Each Friday	09:30AM	Contact Chris Stewart	PAYG			
	Table Tennis Group 62A Anzac Avenue, Engadine.	Each Wednesday	02:30-04:30PM	Contact Gerard Reyerink	PAYG			