



Beacon Hill Probus Club

"Activities with Friendship"

Meeting venue: **Manly Leagues Club, 563 Pittwater Road, Brookvale NSW 2100**
Meeting times: 4th Tuesday of every month (except December) at 10.30am
Next meeting: **25 November, 2025 10.30am**

From the President's Desk

Hello everyone,

I can't believe Christmas is just around the corner and our next meeting will be the last for the year. That doesn't mean there is nothing to do in December. We have the Christmas Party on 2 December, the "Holiday Inn" theatre performance at Parramatta, and we have received an invitation from Dee Why Gardens to have morning tea (no cost) at the village on 19 December – more on this at the November meeting but please keep the date free if you are interested in this event which will include a tour of the village.

At our next meeting I will also have a surprise announcement regarding the Guest Speaker role.

Until then, stay safe and well,

David McGrath
President

Guest Speaker

Our November guest speaker will be **Alison Mace**, Customer Care Specialist with Service NSW.

As a Savings Specialist her role is to support communities and customers by providing information on how to apply for current rebates, savings and vouchers that they may be eligible for.

Service NSW provides free presentations, face to face and over the phone appointments, assisting customers by accessing over 70 rebates and vouchers to help ease the cost of living.

There are some wonderful initiatives and programs available within our community through Governmental and Non-Governmental agencies that unfortunately, not many people are aware of, so Alison is excited to get out amongst the community and help those who need it most.

Book, Film, Theatre and Travel Group



We had our last meeting of the year on Wednesday 11th November. It's been a great year, many books read, films seen, many travels talked about and many a live show enjoyed.

We will start back next year on **3rd February 2026**. Thank you to all for coming along each session making for an interesting and fun day.

Lynne

EXECUTIVE COMMITTEE

President
David McGRATH

Vice President
Shirley HUNTER

Secretary
Jenny BOYLE

Assist. Secretary
Frances KEATING

Treasurer
Frank BUHAGIAR

Assist. Treasurer
Robert STEELE

OFFICERS & COORDINATORS

Guest Speakers

Membership
Natalia DUNKLEY

Assistant Membership
John HARTLEY

Outings, Activities & Tours
Shanelle BREUSCH

Assist. Outings, Activities & Tours
Shirley HUNTER

Book, Film, Theatre & Travel
Lynne McGRATH

Walks

Newsletter / Website
Ursula BEUTEKAMP

Welfare
Lynne McGRATH

Technology
Tony WHITE

ENQUIRIES

Phone: 0418 207 471 or
0406 993 445

email:
beaconhillprobus@gmail.com

Welfare

We wish all the best to our four members and one visitor who have spent time in hospital and who seem to be recovering pretty well Rod, Stephen, Don, Ronda and Margie.
Hope you're all well for the coming festive season. Take extra care over this very busy season, stay well and enjoy Christmas and New Year.

Our birthdays for December are.....
Ruth, Roz, Ursula, Janina and Margot
A very Happy Birthday to all our December babies

Lynne



Events Calendar / Dates for your Diary



November 2025

Tue	25	10.30am	General Meeting	Manly Leagues Club
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December 2025

Tue	2	11.00am	Pittwater cruise and lunch	Club Palm Beach
Thu	11		'Holiday Inn' - lunch & show	Riverside Theatre
Fri	19	10.00am	Morning Tea	Dee Why Gardens

January 2026

Wed	14	10.30am	Executive Meeting	Manly Leagues Club
Tue	27	10.30am	General Meeting	Manly Leagues Club

February 2026

Tue	3	11.00	Book, Film, Theatre and Travel	Manly Leagues Club
Wed	11	10.30am	Executive Meeting	Manly Leagues Club
Tue	24	10.30am	General Meeting	Manly Leagues Club

October 2026

Fri 23 - Fri 30	Murray River Cruise
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Christmas Lunch

Tuesday 2nd December

Pittwater Cruise followed by lunch at Club Palm Beach

Cost \$50.00 payable now

Suggested travel details will be sent a week prior to the outing (unless you are driving).

Menu: Ham, turkey and vegetables and plum pudding



For more details on outings, contact

Shanelle Breusch
Activities & Tours Officer

The Murray River Cruise ... 23rd October - 30th October 2026

Our upcoming cruise on the Murray Princess offers more than just a cruise, visiting historic towns such as the German village of Hahndorf, a wildlife tour at Monarto Safari Park. We also have a two night stay on Kangaroo Island with a visit to the beach where you can have an up close and personal visit with the seals as they loll about on the sand or watch them as they waddle down to the water. There's also a visit to a Honey Farm, a Eucalyptus Oil Distillery and you can even get to hold and feed a Koala with so, so, so, many more wonderful experiences. If you'd like to come along please give Shanelle a call or simply add your name to the list at the next meeting.





Certificate of Appreciation

Having his choice overruled by the Committee, David presented this year's Probus Month *Certificate of Appreciation* to Lynne.

Lynne writes:

I was so proud to receive the Probus Month Award of Appreciation last meeting. In particular, I would like to thank the Committee, I'm very lucky to serve with such a great team. I love what I do and certainly don't consider it work, like the saying goes "love what you do and you'll never work a day in your life". A huge thank you to the Committee and everyone.

Certificates of Appreciation

Barbara and Rod were presented with Probus Month certificates for attending the most meetings and outings during the year - well done!



Badge Presentation

David presented our new member Suzanne with her badge at the last meeting.

We hope you will enjoy our monthly meetings, with interesting guest speakers and various activities whilst making new friends.



Technology



For any technology puzzles or problems please contact Tony White and he will try to help you or find a solution.

If there are recurring issues members are encountering then we will organise a specific training session on that topic as we have done in the past.



General Meeting Dates for 2025/2026

Tuesday 25 November	No meeting in December
Tuesday 27 January	Tuesday 24 February
Tuesday 24 March	Tuesday 28 April
Tuesday 26 May	Tuesday 23 June
Tuesday 28 July	Tuesday 25 August
Tuesday 22 September	Tuesday 27 October
Tuesday 24 November	No meeting in December

If you move house and/or your contact details (email/phone number) change, please make sure to advise the membership officer so our records are kept up-to-date. This also applies to details for your emergency contact person.



IMPORTANT PROCEDURES

- If you cannot attend a meeting please contact *the Secretary or Membership Officer with your apology. Preferably by email to beaconhillprobus@gmail.com (put 'apology' or 'meeting apology' as the subject)*
- *If you need to leave the meeting early, please advise the membership officer, when you arrive and sign out when you leave indicating the time of your departure*
- *In the event of illness, members are encouraged to contact either the President or the Welfare Officer.*
- ***Permission for guests to attend must be obtained prior to the meeting by contacting the Secretary or Membership Officer.***
- *Only fully paid up members are allowed to move/second motions and vote at meetings.*
- ***Please advise the Membership Officer of any address and/or contact details changes***

Some Enchanted Evening - Glen Street Theatre - 18 October 2025

(Report by Lynne McGrath, photos by Ursula Beutekamp)

It certainly was an "Enchanted Afternoon" as Simon Militano entertained a sold out performance with songs, well known to us all, from a number of musicals including South Pacific, My Fair Lady, Phantom of the Opera, Les Miserables, Oklahoma to name but a few, also songs from Ole' Blue Eyes, Frank Sinatra thrown in for good measure giving us all a splendid afternoon of music.

Joined with Simon was the lovely, and very talented Pippa Luscombe — a recent graduate from NIDA with a voice as clear as crystal. With them, on stage, was the versatile talent of Glen Amer who can express things even more articulately on the piano as Simon does with singing. Glen is a graduate from the Conservatorium, a true musician being an accompanist to many famous singers including our very own David Hobson. Also performing on many television networks both here in Australia and Internationally. Not forgetting the talents of the band - strings, brass, drums and, the not heard too often, magnificent dulcet tones of the harp, all bringing the show together.

Before the show a group of us enjoyed lunch at the local Japanese restaurant, always a popular place to lunch before or after a show at Glen St. There is now a new fish restaurant opened up that might just be worth a visit next time. After lunch we headed across the street to enjoy the show with a complimentary drink, courtesy of Simon. Thank you to Simon for his generous offer.

Thank you Shanelle for a great day, actually there was more organising to this show than taking us all on an overseas holiday, we do so appreciate all you do for us .



Probus Month Picnic and Games - 22 October 2025

(Report by Lynne McGrath, photos by Ursula Beutekamp)

Thank you, thank you, thank you to all the willing helpers who didn't even need to be asked, they just pitched in and helped, it was very much appreciated, again, a huge thank you!

Well I must say after two cancelled picnics because of wet weather we finally outsmarted the weatherman. However, had it been an outdoor picnic I fear it may have been cancelled due to extreme heat but once again we outsmarted nature and moved our picnic to an indoor venue. Playing the games indoors worked well with plenty of carpeted space to play on with Jackie showing off her skills at Finska and winning the title for 2025 while Don smashed it at 'Bean Bags in a Basket' winning the 2025 title.....our two winners on the day CONGRATULATIONS. Some picnic goers were simply happy to be spectators enjoying a chat, drinks and nibbles.

The team busied themselves in the kitchen preparing lunch, I'm sure you'll agree it was the perfect lunch for such a hot day. Lovely fresh salads, chickens straight from the oven with freshly baked bread rolls that morning. Plenty to eat, even enough for seconds if wanted, not forgetting the yummy chocolate cake to have with tea or coffee.....no dinner needed that night.

Another successful day celebrating Probus Month. The team worked well putting it all together and the "sub" team helping with the cleaning up and putting away..... you'd never known we'd been there.

Thank you Shanelle — you get the gold star ★ and thanks everyone for making it such a fun day. A big thank you to Ursula for being our resident photographer recording the events of the day.





Bank Details: Westpac - BSB: 032-123, Acc. No.: 464223

Email: beaconhillprobus@gmail.com

Private and confidential for Probus use only and is not to be used for any other purpose

Melbourne Cup Lunch - Builders Club - 4 November 2025

(Report and photos by Lynne McGrath)

Melbourne Cup Lunch

..... And they're out of the gates..... 27 members enjoyed a fabulous day socialising at the Builders Club Melbourne Cup Day, all were decked out in their finery. To make the day extra special the winners for best dressed both came from Beacon Hill Probus. Susie Johnson and Peter Castrisos, and they did look the part, some likening Peter to a "doggy bookkeeper"..... the prizes were a bottle of champagne with an ice bucket..... well done you two.

A delicious buffet with a great variety to choose from, hot leg ham carved on the spot, roast potatoes and pumpkin, corn, spring rolls, a selection of salads, teriyaki chicken, veal casserole and lasagna. Followed by an assortment of sweets.....Pavlova, lemon/lime tart and chocolate cake.

Once 3pm came around silence fell on the room as sweep tickets and betting tickets were placed on the table, the screens on and the volume turned up, horses in the gates The gates opened and the race began. Cheering getting louder as the horses neared the finish line. Squeals of joy from the crowd as the winners were confirmed. Some won, some lost but all in all it was a "winning" day for all.

Remember that "ring in" from last year??? Well he joined us again this year Dorothy and Janine did their best to try and recruit him to our club.....if he doesn't join the club I'm sure he'll be there next Melbourne Cup. He even joined our small group to enjoy a drink after the cup was over, fitting right in.

Another fantastic Probus day, thank you Shanelle for organising and to David for looking after us on the day.



President's Walk - 13 November 2025

(Report and photos by Lynne McGrath)

Manly to Shelley.... The President's Walk ... such a picturesque walk. The day was perfect, wonderful ocean views as the sun danced on the water creating sparkling diamonds as the water ran to shore, with waves crashing on the rocks making a spectacular display soaring high up the cliff face.....people swimming 🏊, surfing 🏄, playing volley ball or simply soaking up the sun So much to take in as we walked along. A great chance to socialise as we "exercised".

Reaching the lovely Shelley Beach 🏖️ gave us the opportunity to stop for a cool drink or a coffee before starting on the walk back. Lunched booked at the Ivanhoe Hotel, the hours soon passed enjoying a drink and conversation and food, before we knew it 5.30 rolled around - time to head home. A good sign of a good day.

Thank you to all who came along.... Thank you David for organising this walk..... Where to next ????





ERIC

As we silver headed seniors know, sometimes we have trouble with our computers.

I had a problem yesterday, so I called Eric, the 11 year old next door, whose bedroom looks like Mission Control, and asked him to come over.

Eric clicked a couple of buttons and solved the problem.

As he was walking away, I called after him, 'So, what was wrong?'

He replied, 'It was an ID ten T error.'

I didn't want to appear stupid, but nonetheless inquired, 'An, ID ten T error? What's that? In case I need to fix it again.'

Eric grinned ... 'Haven't you ever heard of an ID ten T error before?'

'No,' I replied.

'Write it down,' he said, 'and I think you will figure it out.'

So I wrote down: ID10T

I used to like Eric, the little devil.

WOMAN'S RANDOM THOUGHTS

Reason to smile: Every 7 minutes of everyday, someone in an aerobics class pulls a hamstring.

Women over 50 don't have babies because they would put them down and forget where they left them.

One of life's mysteries is how a 2 pound box of chocolates can make a woman gain 5lbs.

My mind not only wanders, it sometimes leaves completely.

The best way to forget your troubles is to wear tight shoes.

The nice part about living in a small town is that when you don't know what you are doing, someone else does.

The older you get, the tougher it is to lose weight because by then, your body and your fat are really good friends.

Just when I was getting used to yesterday, along came today.

Sometimes I think I understand everything, then I regain consciousness.

Amazing! You hang something in your closet for a while and it shrinks 2 sizes!

Skinny people irritate me! Especially when they say things like "You know, sometimes I forget to eat".

They keep telling us to get in touch with our bodies. Mine isn't all that communicative but I heard from it the other day after I said "Body, how would you like to go to the six o'clock class of vigorous toning?" Clear as a bell my body said "Listen witch.....do it and die."

I read this article that said the typical symptoms of stress are: Eating too much; impulse buying and driving too fast. Are they kidding? That's my idea of a perfect day!

