

Content of this **Newsletter** is for the exclusive information of members of the **Probus Club of Red Hill-Ithaca Inc.**
Please note that contact details of members in the Directory are only to be used for **Probus** business.



Red Hill–Ithaca Probus Club (Inc)

NEWSLETTER 285

November 2025

Meetings: 9.30am 2nd Thursday each month except Dec and Jan
Red Hill Bowls, Sports, and Community Club
22 Fulcher Rd, Red Hill Qld

Web site: <https://www.probussouthpacific.org/microsites/probusclubofredhill-ithaca>

Management Committee

President: Brian Molloy

brianmolloy@Y7mail.com

Immediate Past President: Brian Blaney

0422 331 943 bjblaney@tpg.com.au

Vice President: Vacant

Secretary: Fran Lowings

3366 2968 melandfran@gmail.com

Treasurer: Lyn Perks

0402 114 068 ljperks@ozemail.com.au

Assisting the Treasurer: Hugh Rodd

Activities: Lyn Perks

0402 114 068 ljperks@ozemail.com.au

Cards and Club Service: Jan Wilson

3300 3330

Membership: Sue Vivian

0143 544 202 susie_vivian@outlook.com

Caroline Graham

0411 459 687

carolineanngraham@gmail.com

Welfare/Friendship: Lynne Parker

0403 504 893 lynnejb2@bigpond.com

Guest Speakers: Brian Hampton

0466 043 713 hampo88@bigpond.com

Assisting with speakers: Lorraine Robinson

0438 662 594 lorrainerob7@gmail.com

Newsletter and Media: Geoff Crane

0419 786 965 gdcrane3@bigpond.com

Dine-outs: Greg and Caroline Graham

0411 459 687

carolineanngraham@gmail.com

Coffee mornings: Di Perry

0410 531 744 dl.perry71@gmail.com



Meet and greet – November General Meeting
Karin Laracy and Margot Lawrence

Reminder

Don't forget to put your mobile phones into silent mode or turn them off before the meeting.

Further reminder

COVID and flu numbers are continuing to increase in the community making it even more important to keep up our vaccinations. Our age group need to maintain our vaccinations in at least COVID, influenza, tetanus and shingles.

And think about measles too.

Cases have now been reported in Brisbane.

An even greater concern is the decline in children's vaccinations. All those serious threats like measles, mumps, scarlet fever, whooping cough and chicken pox, which were rife when we were young but much reduced in the intervening years are on the rise again. So, it is also very important that children's vaccination programs are maintained.

Note from the president

October has been activity laden. Outings, dine-outs, and anniversary celebrations have kept our club and our committee members busy throughout. (I particularly enjoyed the Citycat voyage and lunch. The Brisbane skyline is constantly changing and the perspective from the river is splendid.)

All this activity was arranged and supported by our hard-working committee members, to whom we are all grateful.

A task for us all now, the amended constitution requires review by the membership, and it is hoped that the issue can be resolved and over with by year end.

Year end? The general meeting in November will be our final such meeting for the year. The year, 2025, is rapidly drawing to a close and we all have Christmas parties and the festive season in general to look forward to.

The special meeting through which we set out to capture some new members, and, incidentally, have a good time, seems to have been a success. Another variety of our meeting format that was well received. An evaluation form was completed by many attendees, as requested, and the unsurprising result showed that most everyone thought the speaker and the format were okay.

Everyone is kind and polite. That being the case, we will not continue with seeking evaluations for the next while. As committee members put it, any complaints will be made directly to the people who can do something about it.


On a more sombre note, several of our members are not well. Mishaps and illness have taken a toll and the steps needed to console the afflicted and keep members aware of the status of their situations is a focus for your committee and all of us.

Stay safe and well. Advise if you are not able to attend the next meeting but get along if possible. And bring a guest.

Brian Molloy

Coming Events

Tue	4 Nov	Cards Group	12.30pm at Ashgrove Library
Thur	13 Nov	General Meeting	9.30am Red Hill Bowls, Sports and Community Club
Tue	18 Nov	Coffee and Chat	10am Tara Café at The Gap Village
Thur	20 Nov	Outing	TBA
Thur	27 Nov	Dine-out	12.30pm The Gibson Sports Bar and Restaurant, Stafford
Thur	4 Dec	Christmas Concert	Lord Mayor's Seniors Christmas Morning Tea. City Hall, Brisbane
Thur	11 Dec	Christmas Lunch	Paddington Tavern. 11.30 for 12 noon.

	<p>The preferred way to pay annual subs or for outings is by direct bank transfer (EFT): Club bank details: BSB 064 102 A/c No 10404988. And put for reference: Your Name; what it is for: eg CameronX2 AugBBQ But please – label each payment, and only one item per transfer. Red Hill-Ithaca Probus Club Australian Business Number (ABN): 92338603976.</p>
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***A very happy birthday from all of your friends
at Red Hill-Ithaca Probus Club***

NOVEMBER

Margot Lawrence

David Perks

Members' Interest Talk

We are always looking for members to tell us about themselves, their interests or their travels. That enables us to get to know each other better. Just a 5-to-10-minute talk preferably given by yourself, but help is available if needed. It could be having a Q&A chat with another member; or having someone telling your story for you.

Guest Speakers

October – the special speaker from RACQ Driver Education Program was stimulating and increased our awareness of new road rules and refreshed our understanding of some old ones.

November – **Denis Wayper** returns for another of his musical presentations: **The Three Tenors**

Dine-Out

Thursday 27 November. 12.30pm. The Gibson Sports Bar and Restaurant, 352 Stafford Road, Stafford. Sign the Dine-out book at the general meeting.

Let Caroline Graham know if you are coming. 0411 459 687 carolineanngraham@gmail.com

Book Exchange table

The many books brought along to the exchange table each month provide clear evidence that our members need no encouragement to keep up their reading. The benefits of reading to memory and maintaining an active mind are well documented. Keep bringing along your books, magazines, DVDs and CDs. Remember to collect anything you bring that isn't taken by others on the day.



Cards Group



**Next meeting 12.30 to 4.30pm Tuesday 4 November at
Ashgrove Library.**

Go right through to the last door on the left. Please bring your own cups. The group usually play Bolivia, a version of Canasta. Regulars will be happy to teach newcomers. Separate groups could play a different game if preferred. The Cards Group is keen to attract more players, especially "500" players.

Please let Jan Wilson know if you are coming. 3300 3330.

Outing

Thursday 16 October - ten members enjoyed a very pleasant cruise down the river on a CityCat for lunch at the RIVA restaurant at North Shore.

Thursday 20 November. TBA

Coffee and Chat

Tuesday 18 November

Tara Café at The Gap Village

Let Di Perry know if you are going.

0410 531 744 dl.perry71@gmail.com



Membership

Currently 53. There are a couple of prospective new members. New members always welcome. Remember to tell your friends about Probus and its themes of Friendship, Fellowship and Fun.

Advice for Oldies

Of course that's not us. Oldies are people older than ourselves. But it never does any harm to be prepared. And we are all a few years closer to being old than when this note appeared at the start of a previous summer.

Danger - it's the Sizzling Summer Season

Christmas is coming. Summer is upon us. It is prime time for natural disasters. Floods. Cyclones. Bush fires. But in reality, none of them is the major threat. Statistically, the greatest death toll from a natural disaster in Australia, year in – year out, is from heat waves. And they mostly strike the elderly. In Brisbane a heat wave is defined as three or more days with minimum temperatures in the mid-20s and maximum temperatures in the high 30s, or more, together with high humidity. It is the second, and especially the third, days that are particularly dangerous. So, what can we do? In a word – drink. No – not a cold beer or wine. Or even coffee. They are all dehydrating. Drink water. Lots. Lots and lots. If you do nothing else but drink lots of water you will significantly reduce the risk of succumbing to heat stress. There are of course other things to do. Minimise exertion. Wear a hat outside or stay indoors out of the sun. Take a cold shower or bath. Go and spend time in an airconditioned shopping centre or cinema. If you have air-conditioning – run it. If not – run fans and don't completely close up your house. Any breeze coming through will help. Sit in the breeze with a damp towel around your neck. And in the end, if you do become distressed, call 000 for an ambulance. It may well save your life.

Calendar of events:

The Red Hill-Ithaca Probus Club web site is fully functional at:

<https://www.probusouthpacific.org/microsites/probusclubofredhill-ithaca/Welcome>

or just search for Red Hill-Ithaca Probus and your browser will find the link.

Do have a look at the web site regularly. It is kept up to date for all the club's activities, and the Important Information page has **Handy Links**, notes on **Health and Wellbeing** and other articles of interest.

High Tea at the October General Meeting.

What a fabulous morning! We all enjoyed a chance to chat and sample the wonderful array of food and listen to a stimulating speaker from the RACQ Driver Awareness team.

The special morning was arranged with three goals in mind.

- . 1. To introduce visitors to our club.
- . 2. To celebrate Probus Month with a \$200 grant provided by PAQ.
- . 3. To have fun.

We achieved all our goals as we had 19 enquiries from the public, 8 visitors on the day, and it seems that two new members will join. So well worth the effort. Plus, we all had a lovely morning together.

We also introduced an evaluation for members and guests to comment on the day and make suggestions for future events. The evaluation was overwhelmingly positive, and some great ideas came forward. In particular, members expressed an interest in speakers on the following topics: Adventurous people (3); Australiana (2); Authors; Services; Charity Groups; Musicians; History; Gardening; Animals; Transport options; Environment; Using the Internet; Travel. People would like variety but not "Old People" topics.

The most wonderful and amazing outcome of the day was the fantastic way that everyone pitched in and supported the event. Well done team!! The 'membership and welcome' members were busy with name tags and introducing visitors to members. Those members chatted and made visitors very comfortable. The comment was "very warm and friendly club."

There were puzzles for those who enjoy them with Brian giving us answers with humour and efficiency. Congratulations to Jan and her energetic team. They prepared an outstanding feast for us. Absolutely overflowing with delicious delicacies. Our President, Brian, held it all together so everything flowed smoothly.

It was a really special meeting that hopefully will happen again in Probus month next year.

Alison Philpott

Another event to celebrate Probus month

Morning with Caroline Nelson (District coordinator PAQ)

On Thursday 23rd October a group of members representing our club attended a vibrant morning at the Broncos Club. Unfortunately, the Broncos were renovating their meeting room, so the event was set up in the downstairs car park. Disappointing but adequate.

There were about eight other clubs represented, and it was a good opportunity to mix with members in our area. There were games, entertainment and plenty of laughs. The MC was Donna Lynch and all our local politicians put in appearances.

Overall, a worthwhile morning for mixing and sharing.

Alison Philpott

Christmas Lunch

This year we are returning to the Paddington Tavern for our Christmas lunch.

Come along from 11.30 for entry to the lunch room from 12 noon.

\$45 pp. Pay at the November meeting or by EFT.

Lord Mayor's Free Seniors' Concerts

Brisbane City Hall - Tuesdays 12.00noon – 1pm.

Tuesday 4 November

Songs and Waltzes of Yesteryear Queensland

Performed by Soirées Musicales Quintette featuring Annie Lower – soprano, Rachael Griffin – soprano, Mattias Lower – tenor, Leon Warnock – baritone and Peter Roennfeldt – piano, hear songs about Queensland by those who lived here, a program of attractive music from yesteryear.

Every song has a story, but many favourites are not often heard today. Soirées Musicales Quintette helps to fill this gap, by reviving salon music from the early twentieth century. This concert features delightful songs about place including 'In-doo-roo-pilly', the 'Sandgate waltz' and the 'Redcliffe March'.

Tuesday 11 November

Sunday Nights at the Prim

People vividly remember Peter Hackworth's first café, The Primitif – the Italian coffee, the modernist décor, the French chef who made the best toasted sandwiches, and the jazz.

From the day it opened in March 1957 The Prim was a vibrant scene that flourished when the rest of Queen Street closed down. Peter, an inspired hostess, brought together musicians from Latvia, London, Melbourne, Sydney and Brisbane's own West End, and these exciting gigs were captured in velvety black and white by Peter's cook, Kevin Anderson.

Singer Leah Cotterell has revealed Brisbane's secret history of modern jazz in Kevin's photographs. For her 2022 State Library Fellowship, she identified and interviewed musicians from The Prim, sharing their stories in blogs and in sweet and salty original songs.

With her swinging vibes trio and a wonderful slideshow, Leah will again joyfully summon the spirit - of Sunday nights at Brisbane's first hip café, The Primitif.

Tuesday 11 November, 1.15pm

Organ Recital – Christopher Wrench playing the iconic Father Henry Willis Organ.

Tuesday 18 November

A Tribute to the 60s and 70s with Armstrong-Robley's Rock & Roll Retrospective.

Direct from performances in over 40 countries, Thomas Armstrong-Robley's Rock & Roll Retrospective hits the stage with a high-octane tribute to the 60s and 70s.

Tuesday 25 November

Chamber Music Reformed

Concorde Collective presents a concert of string quartet favourites close to their hearts. Performing an assortment of composers to blend into a new sequence of sounds.

Featuring music from Mozart, Dvorak and Ravel with modern sounds to match with the contemporary voices of Caroline Shaw and Phillip Glass.



The Armistice

Signed on 11 November 1918

In a railway carriage in Compi gne in rural France north of Paris.

A SAILOR'S GRAVE

Poppies grow in Flanders Field
Over the heads of the brave.
But poppies don't cover a sailor's grave.
Flowers won't grow on a wave.

On land there is usually a marker.
A cross, a stone or a tree.
But how do you mark the resting place
Of someone who's buried at sea?

They are no less the fallen
Than those interred on the land.
Though their graves are unadorned
The women will understand.

They chose to sail the oceans.
They knew where the danger lies.
And if tragedy ever happens
The sea claims the sailor who dies.



Remembrance Day

11 November



Stewart Place Ashgrove



Memorial Park The Gap

Local Remembrance Day Services:

Brisbane City:

10:15am – 11:30am (RSL Queensland State Commemorative Ceremony)

Anzac Square, 285 Ann Street, 4000

Ashgrove:

10:30am – 11:05am

Ashgrove Memorial Park, 69 Waterworks Road, 4060

Samford:

10:30am – 11:15am

Samford Avenue Of Honour, Burton Lane, 4520

Mitchelton:

10:50am – 11:30am

Sid Loder Park, Tel-El-Kebir Street, 4053

Bardon:

10:30am – 11:10am

Bardon Bowls Club, 69 Bowman Parade, 4065

Laughter – the best medicine

A sandwich walks into a bar. The barman says, "Sorry, we don't serve food in here."

I love to tell dad jokes. Sometimes he laughs!!!

What do dentists call their X-rays? Tooth pics!

What do Alexander the Great and Winnie the Pooh have in common?

The same middle name!

More fun for pun lovers

SIGN IN A SHOE REPAIR STORE IN VANCOUVER:

"We will heel you
We will save your sole
We will even dye for you."

SIGN ON A BLINDS AND CURTAINS TRUCK:

"Blind man driving."

SIGN OVER A GYNAECOLOGIST'S OFFICE:

"Dr. Jones at your cervix."

IN A PODIATRIST'S OFFICE:

"Time wounds all heels."

ON A SEPTIC TANK TRUCK:

"Yesterday's Meals on Wheels."

AT AN OPTOMETRIST'S OFFICE:

"If you don't see what you're looking for,
You've come to the right place."

ON A PLUMBER'S TRUCK:

"We repair what your husband fixed."

ON ANOTHER PLUMBER'S TRUCK:

"Don't sleep with a drip. Call your plumber."

AT A TYRE SHOP IN MILWAUKEE:

"Invite us to your next blowout."

ON AN ELECTRICIAN'S TRUCK:

"Let us remove your shorts."

IN A NON-SMOKING AREA:

"If we see smoke, we will assume you are on fire
and will take appropriate action."

ON A MATERNITY ROOM DOOR:

"Push. Push. Push."

AT A CAR DEALERSHIP:

"The best way to get back on your feet –
miss a car payment."

OUTSIDE A MUFFLER SHOP:

"No appointment necessary. We hear you coming."

IN A VETERINARIAN'S WAITING ROOM:

"Be back in 5 minutes. Sit! Stay!"

AT AN ELECTRIC COMPANY:

"We would be delighted if you send in your payment on
time. However, if you don't, YOU will be de-lighted."

IN A RESTAURANT WINDOW:

"Don't stand there and be hungry;
come on in and get fed up."

ON THE FRONT LAWN OF A FUNERAL PARLOUR:

"Drive carefully. We'll wait."

AT A PROPANE FILLING STATION:

"Thank Heaven for little grills."

IN A CHICAGO RADIATOR SHOP:

"Best place in town to take a leak."

IN A SOLICITOR'S OFFICE

Sign wills carefully. No pen refunded.

AND THE BEST ONE FOR LAST

SIGN ON THE BACK OF ANOTHER SEPTIC TANK TRUCK:

"Caution - This Truck is full of Political Promises."