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What have people been up to?

PLEASE SEND YOUR CONTRIBUTIONS to Kim Oborn – koborn22@gmail.com

Watching

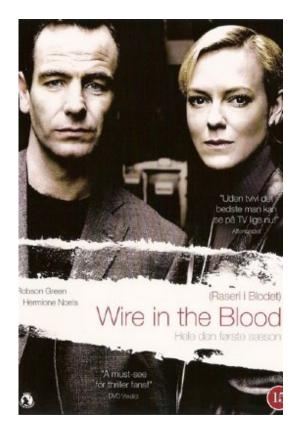
TV series recommendation - thanks to Julie and David Hall.

Wire in the Blood

Prime Video and 7+

Dark and twisting mystery series based on the characters created by Scottish crime writer Val McDermid. Set in the fictional English city of Bradfield, clinical psychologist Dr. Tony Hill is recruited as a criminal profiler for the police department. Aiding DCI Carol Jordan (and DI Alex Fielding in later episodes), the doctor's eccentric methods and deep understanding of the criminal mind help track down vicious serial killers and solve the most gruesome of crimes. He provides keen insights into the motives and personalities of the perpetrators and has an intuition for whether the investigation is heading in the right direction.





Movie recommendation thanks to Kim Oborn

Mr Burton

Prime Video - may still be showing at some cinemas

Set against the grit of post-war Wales, MR BURTON is the extraordinary true story of a working-class boy destined for greatness and the teacher who saw it first. When Philip Burton, a principled and passionate schoolteacher in Port Talbot, meets Richie Jenkins, a volatile yet gifted teen from a fractured home, he recognises a spark that others have overlooked. Through mentorship, discipline, and love, Philip shapes Richie's raw talent, setting him on the path to becoming Richard Burton, one of the greatest actors of the 20th century. This was a really enjoyable movie and such an interesting story.



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Three Pasta Salads for Summer lunches or easy dinners



Chicken & watercress pasta salad

500 gram short pasta cooked, drained and rinsed

180 gram green beans, trimmed, sliced diagonally and cooked until tender 2 cups (240g) frozen peas heated 3 cups (480g) shredded cooked skinless chicken

4 cups (160g) firmly packed trimmed watercress or use baby spinach and or rocket

1 cup fresh flat-leaf parsley leaves, loosely packed 3/4 cup (60g) flaked natural almonds

Lemon and watercress dressing

2 cups firmly packed trimmed watercress

1 cup loosely packed fresh flat-leaf parsley leaves

1 tablespoon finely grated lemon zest1 tablespoon lemon juice

2/3 cup (160ml) extra virgin olive oil 2 tablespoons white wine vinegar

Blend all dressing ingredients.
On a large platter, or in individual bowls combine all salad ingredients and top with almonds before drizzling the dressing over.

Method

Chicken Pasta Salad

Combine 4 cups cooked penne pasta with 150g crumbled feta cheese, 150g chopped char-grilled red capsicum, 3 cups chopped cooked chicken, 1/3 cup roasted chopped

walnuts, 1 cup loosely packed fresh basil leaves and ½ cup Italian dressing in large bowl. Season to taste.



Prawn and Avocado Pasta Salad

750 grams medium cooked prawns, peeled, deveined and halved lengthwise, 250 grams yellow or red tomatoes, halved

1/2 cup small fresh basil leaves, 50 grams baby rocket leaves, 1 small red onion, sliced thinly, 1 medium avocado, sliced thinly

Combine the following ingredients for dressing

1/2 cup (125ml) avocado oil, 1/3 cup (80ml) white wine vinegar, 2 teaspoon dijon mustard,1 clove garlic, crushed salt and freshly ground black pepper

Method

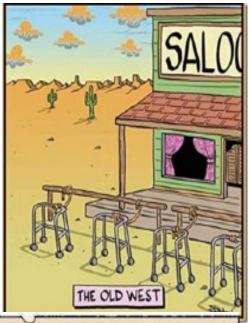
In a large serving bowl, combine pasta, prawns and remaining ingredients. Drizzle with dressing.

If you prefer, substitute salmon for chicken or for vegetarian options, substitute pulses or beans. Of course, just use your pasta of choice. Enjoy.



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PROBUS HUMOUR by Jim



When you're over 40 and they say just put a BandAid where it hurts...





'You're fired, Tack. The lab results just came back, and you tested positive for Coke."











Life is short...be the girl on the left...



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PROBUS MIND BENDERS by Jim

Thanks to Jim who prepared two months ahead so that we would have our Newsletter content while he and Margo are travelling in Canada and visiting his family in Texas

- 1. I have a large money box, 10 inches wide and 5 inches tall. Roughly how many coins can I place in my money box until it is no longer empty?
- 2. Which creature walks on four legs in the morning, two legs in the afternoon and three legs in the evening of its life?
- 3. Which word logically comes next in this sequence? Spot, tops, pots, opts ...
- 4. If your uncle's sister is not your aunt, what relation is she to you?
- 5. Take one out and scratch my head, I am now black but once was red. What am I?
- 6. Two fathers and two sons are in a car, yet only three people are in the car. How?
- 7. I am weightless, but put me in a bucket, and I will make it lighter. What am I?

Answers on last page

Photo Showcase

Our Next Photo Showcase will be.... **Water**Send photos in jpeg to Ali and Graeme Relf at jamberooprobusinfo@gmail.com by 15 November 2025





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Answers:

- 1. Just one, after which it will no longer be empty.
- 2. Man. This one of the <u>most famous riddles in history</u>: He crawls on all fours as a baby, walks on two feet as an adult and walks with a cane as an old man.
- 3. Stop. All the words are anagrams of one another.
- 4. Your mother.
- 5. A match.
- 6. Answer: They are grandfather, father and son.
- 7. A hole.