

# **Roseville Probus Club Inc**

**Newsletter: October 2025** 

#### **About our** Club

We meet on the 1<sup>st</sup> Monday of the month from 10am to 12 m/d except on public holidays and in December. We meet at the Roseville Uniting Church hall, 7a Lord Street, Roseville.

Postal address: PO BOX 425, Roseville, NSW, 2069

Click here for Roseville Probus Website

Club number: 29004259

# President's message:



"Now that the kids are all gone, I'm thinking of downsizing into a sensible flat."

for me as I am moving house and home to Elanora Heights via Ermington! It's a complicated chain of sales, purchases and moves that will see me end up with my Sydney based daughter and family in "multigenerational living arrangements" as the real estate folk call it these days. I hear that we have several other members who have also just gone through downsizing or are

October will be a hectic month

about to do so. For me it began planning in late January and I've had plenty of time to sort, donate, sell and pack my "stuff" acquired over the last 40 years in the house my husband and I built in 1985.

Don't forget we are having our October meeting a week later than usual because of the public holiday. I find it hard to tell the difference between week days and weekends already, let alone having to deal with a three day one! Enjoy the warmer weather and sunshine which will be great for all the upcoming Roseville Probus activities and outings.

Until next time, Helen Jagger

## **Diary reminders for October**

N.B. Please email apologies for absences at meetings to the Membership Secretary at rosevilleprobus.membership@qmail.com. It is the responsibility of the Membership Secretary to

keep a record of attendance at meetings. **Monthly meeting:** Monday 13 October

Theatre Group: Wednesday 1 October 'Here You Come Again', Theatre Royal

Cycology: Cooks River cycle path

Movies: Friday 17 October 'The Travellers'

Tours: Thursday 23 - Monday 27 October, Broken Hill

Weekly events: Monday - Coffee Club (except when there are other club wide activities;

Tuesday - Bowls; Wed- Bridge and other games; Friday - Technology Help

Monthly events: 4th Tuesday Book Club; 4th Thursday Book Club

# **September General Meeting**

# **Monday 13 October**

#### **GUEST SPEAKER: Sarah Amrane from YourSide**

YourSide is a not for profit registered aged care provider. Sara Amrane will explain changes to government aged care services and how this may affect the funding and services available, and how YourSide's free service can help navigate the aged care system.

#### **Attendance at General Meetings**

Please remember to bring your cup to assist the catering group.

The Club Constitution, Section 3.i states that 'Membership of this club shall be contingent upon regular attendance at meetings of not less than 50 per cent in any club year, subject to leave of absence in cases of sickness or on any other reasonable grounds'.

#### **Updates to contact details**

To ensure our database is as up to date as possible our Membership Officer, Julie Dunn, would like all members to notify her by email <a href="mailto:rosevilleprobus.membership@gmail.com">rosevilleprobus.membership@gmail.com</a> with any updates to contact details (home addresses, email addresses, phone numbers) as any changes occur.



# **Birthdays**

Happy Birthday to the following members who are celebrating in October:

Lorraine Forster, Hugh Hamlyn-Harris, Lyn Longfoot, Colleen Shailer, Rosemary Swan, Ian Turner, Robyn Wells

# **Club Outings**

# Payment arrangements for outings, tours etc are located at the end of the Newsletter

A report on our outing to the Great Zig Zag Railway will appear in the November newsletter.

**End of Year Dinner:** Monday 1 December

Our next activity is our End of Year Dinner at Killara Golf Club on Monday 1 December at 6.30pm. More details at our general meeting on Monday 13 October.

Convenor: Lynne Fairley <u>rosevilleprobus.activities@gmail.com</u>

Support: Helen Humphreys <u>rosevilleprobus.activities@gmail.com</u>

#### **Tours**

**Broken Hill Tour:** 23 – 27 October

Our Broken Hill five-day tour is fast approaching, and a detailed itinerary has been sent to all our participants along with other travel information.

Closer to the departure date, travellers will be advised of their pickup time from home on the first tour day.

Ian Waters, Tours Convenor rosevilleprobus.tours@gmail.com

# **Interest Groups**

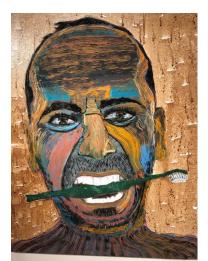
If you wish to join in any activities, contact the convenor and ask to be added to the Interest Group mailing list. If your interest is not here, see anyone on the Committee about starting a new group.

# **Art Interest Group**

On Monday 8 September the Art Interest Group enjoyed a visit to view the Mosman Art Prize. A selection of artworks from over 1400 entries were displayed over two floors of the gallery. We were privileged to have a guide highlight many of the paintings and describe the background of the artists and the motivation for their art.

Convenors: Tricia Waters and Lyn McArthur





'Can You Hear Me?' by
Mostafa Azimitabar
references his eight
years in detention when
he could only use coffee
and a toothbrush to
create art

The winning painting, 'Blue Boat', by Mark Maurangi Carrol, painted in bright colours on the reverse side with a muted palette showing through





Time for a chat over lunch nearby

#### **Book Clubs**

#### **The Tuesday Book Club**

At our discussion about 'Three Days in June', the group said they would recommend it to others as it was an entertaining and easy read, and would investigate other books by this author, Anne Tyler.

At our October meeting we will be discussing 'My Friends' by Fredrick Backman. In the corner of one of the most famous paintings in the world, three tiny figures sit at the end of a pier. Most people don't even notice them, or think it's just a depiction of the sea. But Louisa, an aspiring artist herself, knows otherwise. Twenty-five years earlier, in a distant seaside town, a group of teenagers seek refuge from their bruising home lives by spending long summer days together. They tell jokes, share secrets, and commit small acts of rebellion. These lost souls find in each other a reason to get up each morning, reasons to dream and to love.

#### The Thursday Book Club

We had an interesting discussion about this month's book, 'Vanishing Point' by Andrea Hotere. In 1656, Diego Velazquez, favourite of King Philip, is in the process of capturing a scene in the royal household, his masterpiece 'Las Meninas'. Margarita the King's daughter, senses something is very wrong. The King and Queen are distressed. Some say the royal household is cursed. Everyone thought the book was well written and very intriguing. We had several different opinions and interpretations of the masterpiece and how the plot was written to merge the past and present in the book. What was the vanishing point? We rated it 7.7. It's worth looking at the painting which hangs in the Prado (or Google).

Tuesday Book Club Convenor: Lorraine Fitzgerald Thursday Book Club Convenor: Simone Turner

#### **Bowls**

We meet every Tuesday at 10am at Lindfield Rollers Bowling Club, Carlyle Rd, East Lindfield. Even if you are new to bowls, come along and try your hand at this wonderful sport and get to know some of your fellow Probians better. All equipment is provided and you will get some basic tuition to get you started. Please wear flat soled shoes and bring a hat. We play for about an hour and then adjourn to Duke's Green Cafe for a well-earned refreshment. No need to book in ... just turn up.

Convenors: Phil Lewis

Chic Strachan

## **Coffee Club**

We meet every Monday at 10am (except when there is a club wide activity scheduled) at Duke's Green Cafe, East Lindfield. Come along and join us solving the world's problems. This is a great way to start off your week. No need to book in ... just turn up.

Convenors: Phil Lewis

John Cameron

# **Cycology Group**

The September ride along the Parramatta River was enjoyed with fine weather.

The planned ride in October is along part of the Cooks River cycle path. If you would like to join us please contact me.

Convenor: Michael Shepherd



#### Gardens

Our report on the Garden Group's visit to the Southern Highlands will appear in the November newsletter.

Convenors: Gillian Stegmann

Bruce Strachan

#### Meet and Eat

Our next get together is to be at Lillah's Middle Eastern Restaurant, 128 Longueville Road, Lane Cove, on Wednesday 5 November at 6.30pm. Parking is available on street or free of charge after 6pm at Coles or Woolworths car parks, a short distance from the restaurant.

The booking form will be at the October general meeting courtesy of Colleen. The cost is \$71 per person. It is fully licensed with wine at reasonable prices. Payment to the Treasurer is due by Tuesday 28 October. Please reference 'Lillah'.

Looking forward to another convivial evening.

Convenors: Yvonne Bartels Colleen Harrison





Our October Movie Group visit will take place on Friday 17 to see an all Australian film 'The Travellers'. Directed by Bruce Beresford and starring Bryan Brown, it tells the story of a successful stage designer who returns to his small hometown to say goodbye to his dying mother. However, what was intended to be a short visit descends into chaos as he navigates a difficult relationship with his father, old friends and past lovers, all while trying to return to Europe for a major opera contract. Poignant and humorous, this will appeal to those of you who enjoy Australian movies.

Convenor: Catherine Barker

#### **Social Games**

We meet on Wednesdays 1pm-3pm during school terms. We regularly have four tables playing Bridge but would like to start up a table playing Mahjong. If you would like to join us playing Mahjong please let me know. We are a non-competitive group who play 'just for the fun of it' and welcome any standard but it is beneficial to have had Bridge or Mahjong lessons. We bring our mugs and make a donation of \$2.00 to the church for afternoon tea and the use of facilities.

Convenor: Maz Berry

# **Two Dollars Fifty Club (\$2.50)**

We had another successful \$2.50 club excursion on Friday 12 September when 27 members made their way by metro and bus to Paddington to view the award-winning Reservoir Gardens. We were blessed with beautiful sunny weather which allowed us to wander around the complex and view its features from different aspects. After having viewed the complex and surrounding sights we split up for lunch with some going to the nearby pub for their famous fish and chips, and the rest going to a lovely little hole in the wall café which had a range of Vietnamese inspired meals.

Our thanks go to Di Austin and Fran Lowndes for organizing this event (including the wonderful weather).









The next \$2.50 excursion is scheduled for Friday 14 November when we will travel by ferry to Mosman Rowers; more details will be advised at the October general meeting.

#### **Trivia Night**

Our Trivia Night is scheduled for Friday evening, 21 November at the Lindfield Bowling Club. More details will be made available closer to the time but you can start organising your groups of six in advance.

Convenors: Phil Lewis

Barb Mottram

# **Technology Help**

Technology Help sessions for the next couple of months will be based on material from the government's 'Be Connected - Every Australian online' courses. This material is designed to build digital skills among older Australians and has been very well received. Sessions are at 10am in the Computer Pals Room at the rear of East Lindfield Community Hall. Contact John Cameron for more details or to be added to the mailing list.

Convenors: John Cameron

Ian Waters

#### **Theatre**

Our final Theatre visit for the year is on Wednesday 1 October, Dolly Parton and her story 'Here You Come Again'. Then it'll just be watch this space for all the 2026 new shows coming to Sydney.

Convenor: Pat Nosworthy

#### **Walks**

#### **Mosman Bay to North Sydney**

We had perfect conditions for our walk from Mosman Bay to North Sydney on 15 September. The walk was very capably led by John Pick – thanks John.







As this walk was very popular and oversubscribed, it is being repeated on Monday 10 November for those who missed out. It is a highly scenic harbour foreshore walk providing magnificent views to the city and eastern suburbs, combined with a section of street walking as well as a bonus of two ferry rides. We skirt Mosman Bay, Cremorne Point and Shell Cove, and later pass through former Submarine Base Platypus, now repurposed as a community recreation and work hub.

The walk itinerary is the same as the first walk, for which detailed information was sent to Walking Group members. A flyer will also be available on the Activities Desk at our October meeting.

Convenor: Ian Waters <a href="mailto:rosevilleprobus.walks@gmail.com">rosevilleprobus.walks@gmail.com</a>

#### **COMING UP**

November	Meet & Eat: 5 Nov, Lillah's Middle Eastern Rest'nt, Lane Cove
November	Walks: 10 Nov, Mosman Bay to North Sydney
November	\$2.50 Club: 14 Nov, Train/Ferry to Mosman Rowers Club
November	Trivia Night: 21 Nov, Lindfield Bowling Club
December	End of Year Dinner: 1 Dec, Killara Golf Club

The Roseville Probus Calendar is another useful planning resource. To access the Calendar, simply google Roseville Probus Calendar. The Calendar is updated regularly.

## Reminders

## **Probus "Active Retirees" magazine:**

The Probus "Active Retirees" magazine is part of our membership benefits and is distributed in electronic form. If you wish to receive your complimentary subscription, please click on the following link.

https://www.probussouthpacific.org/pages/about active retirees digital subscriptions

#### **Probus Travel Insurance and new Travel Handbook:**

Probus South Pacific Limited (PSPL) has produced a new Travel Handbook designed to assist Tour Officers with planning. A digital copy is available for anyone interested at <a href="https://issuu.com/monikap-probussouthpacific/docs/travel-handbook\_march\_2022\_-final">https://issuu.com/monikap-probussouthpacific/docs/travel\_handbook\_march\_2022\_-final</a>

PSPL has also reminded clubs that it offers a range of travel insurance policies in partnership with Allianz Global Assistance. Details are available at the PSPL website <a href="https://probussouthpacific.org">https://probussouthpacific.org</a>

#### **Registration at Meetings:**

When you collect your badge at the front desk please make sure that your name has been marked off the roll. We need to keep accurate attendance figures for Probus insurance purposes.

#### Other Reminders:

- Please remember to wear your Probus badge (the one you have at home) when attending activities e.g., Walks, Movies, Meet n Eat etc.
- If you know any sick or bereaved member who might appreciate contact, please let our welfare officers know. See next page under Support for contact details.
- Your newsletter is only as good as the contributions received. We welcome
  anything short and of general interest to our members. We do not accept
  commercial advertisements. Interest Group notices need to be short and to
  the point. Photos of Interest Groups or activities or tours, with a short
  description, are especially appreciated. Newsletter deadline: 3rd
  Wednesday of the month to rosevilleprobus.newsletter@gmail.com
- To see our Club diary of events, go to our website <u>www.probussouthpacific.org/microsites/roseville</u> then press Control and click on **Calendar** on the right-hand side. You can also access our website by putting 'Roseville Probus' into Google or another search engine.
- Roseville Probus has a Facebook group that you might like to join. This is a
  private group restricted to members only. Contact John Cameron who can add
  you to the group.

# **Management Committee**

# **Removed in web version**

# **Support**

## **Removed in web version**

# **Interest Group Convenors**

# **Removed in web version**

## Reminder re paying for tours, activities or annual subscriptions

**By Direct Deposit:** to the Roseville Probus Club Incorporated BSB 633 000 Account number xxxxxxx.

Please ensure you identify yourself/yourselves and the event when paying (eg John Smith ZigZag).

**By cheque or cash**: Please put it in an envelope with your name on the front and what it's for. Cheques are to be made out to Roseville Probus Club Inc. When paying for a tour, activity or interest group event, please email the relevant convenor to say you have paid. Thank you! That will make it much easier to keep track of payments.