



# Roseville Probus Club Inc

## Newsletter: February 2026

### About our Club

We meet on the 1<sup>st</sup> Monday of the month from 10am to 12 m/d except on public holidays and in December. We meet at the Roseville Uniting Church hall, 7a Lord Street, Roseville.

Postal address: PO BOX 425, Roseville, NSW, 2069

[Click here for Roseville Probus Website](#)

Club number: 29004259



### President's message

Well the New Year started off with two great speakers at our first general meeting and a bumper number of activities planned. Take a look here in the newsletter for what's coming up.

Attendees will recognise my caricature created by John Cameron using ChatGPT as one of his many practical, amusing and informative examples of how AI can help us in our day to day lives if we are brave enough to give it a go while acknowledging the risks and limitations.

Tricia Waters gave an interesting and amusing five-minute member spot about 'Travels with my husband'. Ian is a great tour organiser but personally, I have to agree with Tricia, that the only problem with cruises is that they go on the ocean! Nevertheless, we are not ruling out that possibility in the coming years for the hearty sailors amongst the group.

Meanwhile, the topic of our guest speaker at February's general meeting promises to be very interesting.

Helen Jagger

### Diary reminders for February

**N.B.** Please email apologies for absences at meetings to the Membership Secretary at [rosevilleprobus.membership@gmail.com](mailto:rosevilleprobus.membership@gmail.com). It is the responsibility of the Membership Secretary to keep a record of attendance at meetings.

**Monthly meeting:** Monday 2 February

**Cycology:** Tuesday 10 February, GreenWay bike path

**Meet and Eat:** Friday 13 February, lunch at Echo on the Marina

**Movies:** Friday 13 February, 'Wuthering Heights'

**Walks:** Monday 23 February, GreenWay Walk

**Weekly events:** Monday - Coffee Club (except when there are other club wide activities);

Tuesday - Bowls; Wed- Bridge and other games; Friday - Technology Help

**Monthly events:** 4<sup>th</sup> Tuesday Book Club; 4<sup>th</sup> Thursday Book Club

## February General Meeting

**Monday 2 February**

### **GUEST SPEAKER: Greg De Moore**

Dr Greg De Moore is a psychiatrist and historian who plans to speak about the introduction of lithium treatment, with interesting examples of its use over time. Members can listen to a recent podcast he did on the ABC listen app with Marc Fennell in the series No One Saw it Coming, on 21 October 2025.

### **Attendance at General Meetings**

Please remember to bring your cup to assist the catering group.

Members are required to attend 50% of the Club's monthly meetings in any year, subject to any leave of absence being granted in case of sickness or any other reasonable grounds. (Standing resolution 19)

### **Updates to contact details**

To ensure our database is as up to date as possible our Membership Officer, Julie Dunn, would like all members to notify her by email [rosevilleprobus.membership@gmail.com](mailto:rosevilleprobus.membership@gmail.com) with any updates to contact details (home addresses, email addresses, phone numbers) as any changes occur.



### **Birthdays**

Happy Birthday to the following members who are celebrating in February:

Loola Castrisos, Judith Godden, Graham Gourlay, Sue Inns, Helen Jagger, Jill Lord, Ruth Lynch, John Shailer, Ian Waters

## **MEMBERSHIP SUBSCRIPTIONS - 2026**

I am pleased to advise that the annual membership subscription for 2026 will remain at **\$50 per person**.

**Payment of your subscription fee is due by 1 APRIL 2026.**

**Pay by Direct Deposit:** to the Roseville Probus Club Incorporated  
BSB 633 000 Account number 165123928.

Please ensure you include your **name(s) and 'Subs'** in the transfer details when paying online.

**Pay by cheque or cash:** Please place it in an envelope with your **name and 'Subs' on the front**. Cheques are to be made out to Roseville Probus Club Inc. Cheques and Cash envelopes may be handed to the Treasurer at the 2 February General Meeting or the 2 March Annual General Meeting.

Michael Shepherd, Treasurer

## **Club Outings**

**Payment arrangements for outings, tours etc are located at the end of the Newsletter**

### **New Sydney Fish Market**

Our next outing is on Wednesday 4 March to the new Sydney Fish Market.

Includes:

- \* Morning tea
- \* One hour tour of the impressive facility - behind the scenes operation, working wharf area and fresh seafood halls
- \* Time for lunch (at own expense). Extra purchases can be made as On Course Tours will provide eskies to keep them cold.
- \* Visit to Messinaville, Marrickville where you can enjoy a hand crafted gelato from Gelato Messina to round off the day
- \* Pick up Roseville 9.00am. Drop off 4.00pm. (More details later)

Cost: \$95 per person. Pay no later than 6 February. When paying please include your name and "Fish" for reference.

Convenor: Lynne Fairley [rosevilleprobus.activities@gmail.com](mailto:rosevilleprobus.activities@gmail.com)

Support: Helen Humphreys [rosevilleprobus.activities@gmail.com](mailto:rosevilleprobus.activities@gmail.com)

## Tours

### **Wollongong Tour 20 - 21 April**



Our short tour in 2026 is to the Illawarra for an overnight stay on Monday 20 April at the renowned Novotel Northbeach in Wollongong. This hotel, as well as being located right on the beach, is close to many of Wollongong's attractions.

After checking in there is an opportunity to explore the city. We then have dinner at the Novotel in our own private function room overlooking the beach – canapes, main course and dessert with drinks. Also included on the next morning is a full buffet breakfast. There will be an opportunity to work off all this feasting in a group coastal walk from the hotel.

Travel to the hotel is either by car, or by train and free city bus. The fare from Roseville is a very reasonable \$2.50 for seniors.

The cost of the tour payable to the Club is \$285 pp twin share or \$395 single. An optional additional night is available for \$145pp twin share or \$255 single. Full payment is due by our next meeting on 2 February.

## **Kangaroo Island/Coorong Tour: 16 – 20 November**



Our major tour this year is to Kangaroo Island and the Coorong in South Australia. Kangaroo Island boasts fascinating wildlife, spectacular coastal scenery, stunning landscapes and unique local produce. Flying to Adelaide and back, we travel by coach and ferry to the island, staying in the largest town, Kingscote, for three nights. Over the ensuing two days we visit the island's major attractions, touring by coach. After returning to the mainland, we spend one night in Victor Harbor and cruise the wetland wilderness of the Coorong National Park, reaching the mouth of the Murray River.

The cost of the five-day tour is dependent on numbers and also airfares. An indicative cost is \$2,700 pp twin share.

We have had a tremendous response to the call for expressions of interest and now have a waitlist. If you are newly interested, you can add your name to the waitlist by responding to the email below or by adding your name to the waitlist on the Activities Desk at our February general meeting. Once we can finalise details, a tour flyer with more information and full costings will be available.

Convenor: Ian Waters [rosevilleprobus.tours@gmail.com](mailto:rosevilleprobus.tours@gmail.com)

### **Interest Groups**

**If you wish to join in any activities, contact the convenor and ask to be added to the Interest Group mailing list. If your interest is not here, see anyone on the Committee about starting a new group.**

## **Art Interest Group**

Watch this space for details of our next art outing planned for March.

Convenors: Tricia Waters  
Lyn McArthur

## **Book Clubs**

### **The Tuesday Book Club**

The February read for the Tuesday Book Club is 'Any Ordinary Day' by Leigh Sales.

The day that turns a life upside down usually starts like any other, but what happens the day after? In this book she interviews some of Australia's well-known 'survivors', including: Thredbo landslide survivor Stuart Diver; Walter Mikac, whose wife and two daughters were shot and killed in the Port Arthur massacre; James Scott, who was lost in the Himalayas for 43 days; and Lindt Cafe siege survivor Louisa Hope.

Leigh brilliantly condenses the cutting-edge research on the way the human brain processes fear and grief, and poses the questions we too often ignore out of awkwardness. Along the way, she offers an unguarded account of her own challenges and what she's learned about coping with life's unexpected blows.

We will meet at Roseville Park at 2.15pm on Tuesday 24 February.

### **The Thursday Book Club**

We will be discussing 'The Personal Librarian' by Marie Benedict and Victoria Christopher Murray on Thursday 22 January.

The novel centres around Belle da Costa Greene, a black woman passing as white, who becomes the personal librarian for J.P. Morgan. It forces her to live a life of secrecy and constant vigilance regarding her true identity. As Bella becomes indispensable to J.P. Morgan, she faces moral dilemmas and personal sacrifices. A remarkable figure in American history.

Tuesday Book Club Convenor: Lorraine Fitzgerald  
Thursday Book Club Convenor: Simone Turner

## **Bowls**

We meet every Tuesday morning at 10am at the Lindfield Rollers Bowling Club in Carlyle Rd, East Lindfield. We are always looking at bolstering our numbers and encourage others to join us for a little low impact outdoor activity. No need to book in, just turn up. Please wear flat soled shoes and bring a hat; no bowling experience is required. You can borrow bowls from the club and will be given a bit of basic tuition to get you started. We play for about an hour and then re-convene to Duke's Green Café for a well-deserved coffee/milkshake.

Convenors: Phil Lewis  
Chic Strachan

## **Coffee Club**

Our coffee club continues to meet every Monday morning at 10am (unless there is a club-wide activity scheduled), at Duke's Green Cafe, East Lindfield. It's a great way to start off your week. We usually chat and enjoy each other's company for about an hour before we move on to the rest of our day. No need to book in, just turn up and join in the discussions. You never know which of the world's problems we will be solving from one day to the next.

Convenors: Phil Lewis    John Cameron

## **Cycology Group**

The Cycology Group's plan for February is a ride along the GreenWay bike path on 10 February, meeting at 10 am; parking on Hawthorne Parade, Haberfield, near the Waratah St intersection, also near the tennis courts.

If you would like to join us, please contact me.

Convenor: Michael Shepherd

## **Gardens**

The Garden Group is still in recess and will be back in action soon.

Convenors: Gillian Stegmann Bruce Strachan

## Meet and Eat

As mentioned at the January general meeting, our first gathering for the year is a lunch booked at Echo on the Marina, 15 Normac Street, Roseville Chase on Friday 13 February at 12 noon.

The cost is \$56 per person for a two course lunch, payable by Friday 6 February to the Probus Treasurer. Please reference your payment 'Echo'. Drinks are extra and payable on ordering.

Free parking is available on Normac Street and surrounding roads. You may also park within the marina area itself although spaces are limited. There is an inclinator from the Normac Street entrance. Babbage Road has free street parking and step-free access via Echo Point Park.

There will be a booking sheet at our next meeting on 2 February. There is no need to book with me unless you won't be at the meeting, nor to let me know if you cannot come.

Looking forward to kicking off the year in a lovely outdoor setting, hopefully in pleasant weather!

Convenors: Yvonne Bartels  
Colleen Harrison

## Movies



Our cinema visit for February will be to see the new version of Emily Brontë's classic novel 'Wuthering Heights'. This latest film of many has been much talked about before release, with costumes and music amongst the issues being criticised. However it does feature two Australian actors, Margot Robbie and Jacob Elordi, taking the lead roles of Catherine and Heathcliff. So be prepared to see 'Wuthering Heights' as you've never seen it before, on Friday 13 February. Screening time will be emailed a few days beforehand.

Convenor: Catherine Barker

## **Music Interest Group**

The Music Interest Group has now been approved by the Management Committee and Andrew and I are looking forward to establishing a list of interested members and organising activities. At this stage our aim is to cover a broad range of music genres such as classical, jazz, multicultural and cabaret, and attend performances locally, in the CBD and further afield. We hope to encourage group members to identify their particular interests so we can program activities accordingly. We will have a sign-up sheet at the February meeting for members interested in receiving emails about the group's activities.

Our first outing will be on Saturday 14 March at 2pm at St Luke's Presbyterian Church, 28 Lord Street Roseville (corner of Martin Lane, 300 metres down Lord Street from Roseville Uniting Church). There is plenty of parking.

The concert, hosted by the Roseville Music Club, is 'An Afternoon of Dance Music' performed by Chanterelle String Quartet and guest artists. Chanterelle is made up of present and former Sydney Symphony Orchestra musicians and they will play dance music in its many exotic, exciting forms, from the stately waltz to more vigorous, intricate dance styles.

Tickets are \$40 (\$35 full pensioners) and may be purchased on the Roseville Music Club's website ([rosevillemusicclub.com.au](http://rosevillemusicclub.com.au)) or at the door (cash or card). The concert starts at 2pm - best to arrive from 1.30pm for ticket purchase and the best choice of seats - and is expected to finish about 4pm with a 15 minute interval. After the performance guests are invited to mingle with the musicians and other concertgoers over a prosecco, still wine or juice.

There will be a sign-up sheet for the concert at the February meeting.

Convenor: Joan Walsh  
Support: Andrew Mackenzie

## **Social Games**

We meet on Wednesdays 1pm-3pm during school terms. We regularly have four tables playing Bridge but would like to start up a table playing Mahjong. If you would like to join us playing Mahjong please let me know. We are a noncompetitive group who play 'just for the fun of it' and welcome any standard but it is beneficial to have had Bridge or Mahjong lessons. We bring our mugs and make a donation of \$2.00 to the church for afternoon tea and the use of facilities.

Convenor: Maz Berry

## **Technology Help**

Technology Help sessions will recommence on 30 January. For the next few weeks, we will look at how we can use Artificial Intelligence systems such as ChatGPT and Gemini. So this is your chance to see what you can do with your laptop or your phone.

Sessions are at 10am in the Computer Pals Room at the rear of East Lindfield Community Hall. Contact John Cameron for more details or to be added to the mailing list.

Convenors: John Cameron     Ian Waters

## **Theatre**

Based on the expressions of interest for the first two Theatre Royal productions for 2026 I have made 2 provisional bookings.

For 'Pretty Woman' I have booked 20 seats on Wednesday 18 March at 1pm for \$95.00 each. Payment is immediate, please reference your payment 'Pretty'.

For 'Cluedo' I have booked 40 seats for Wednesday 29 April at 1pm for \$70.00 each.

At our February meeting I will need firm commitments from those of you whose names are on both lists. If the dates don't suit you please cross your name off. Additional names are of course welcome.

My grateful thanks to Joan and Di who stepped in for me last month and I look forward to seeing you all again at our February meeting.

Convenor: Pat Nosworthy

## **Two Dollars Fifty Club (\$2.50)**

Our next \$2.50 club excursion is set down for Friday 13 March when we will travel from Wynyard via the B-Line bus to Narrabeen and then lunch at Limani Seafood Restaurant. Full details will be provided at our March general meeting and a signup sheet will be at the Activities Desk at the March meeting.

Convenors: Phil Lewis  
Barb Mottram

## Walks

### GreenWay Walk: Monday 23 February



For our first walk this year, we are walking along first the Cooks River and then the recently completed GreenWay, starting at Tempe and finishing at Leichhardt.

The GreenWay is an environmental, walking and cycling corridor linking the Cooks River at Earlwood with the Parramatta River at Iron Cove. It mostly follows the route of the Inner West light rail and Hawthorne Canal, and features shared paths and foreshore walks, cultural and historical sites, cafés, bushcare sites and a range of parks, playgrounds and sporting facilities.

The walk is 9km in length with around 3 hours of walking. It has proved extremely popular and was booked out within six hours of being announced to the Walking Group. A repeat walk scheduled for Monday 23 March is now also fully booked, and we have a wait list.

Full details have been sent to Walking Group members and a flyer will be available on the Activities Desk at the February general meeting.

Convenor: Ian Waters

## COMING UP

<b>March</b>	<b>Club Outings:</b> 4 March, tour of the new Sydney Fish Market
<b>March</b>	<b>\$2.50 Club:</b> 13 March, Narrabeen, lunch at Limani Restaurant
<b>March</b>	<b>Music Interest:</b> 14 March, An Afternoon of Dance Music
<b>March</b>	<b>Theatre:</b> 18 March, 'Pretty Woman'
<b>March</b>	<b>Walks:</b> 23 March, GreenWay Walk
<b>April</b>	<b>Tours:</b> 20-21 April, Wollongong Tour
<b>April</b>	<b>Theatre:</b> 29 April, 'Cluedo'
<b>November</b>	<b>Tours:</b> 16-20 November, Kangaroo Island/Coorong Tour

The Roseville Probus Calendar is another useful planning resource. To access the Calendar, simply google Roseville Probus Calendar. The Calendar is updated regularly.

## Reminders

### Probus "Active Retirees" magazine:

The Probus "Active Retirees" magazine is part of our membership benefits and is distributed in electronic form. If you wish to receive your complimentary subscription, please click on the following link.

[https://www.probussouthpacific.org/pages/about\\_active\\_retirees\\_digital\\_subscriptions](https://www.probussouthpacific.org/pages/about_active_retirees_digital_subscriptions)

### Probus Travel Insurance and new Travel Handbook:

Probus South Pacific Limited (PSPL) has produced a new Travel Handbook designed to assist Tour Officers with planning. A digital copy is available for anyone interested at [https://issuu.com/monikap-probussouthpacific/docs/travel\\_handbook\\_march\\_2022 - final](https://issuu.com/monikap-probussouthpacific/docs/travel_handbook_march_2022 - final)

PSPL has also reminded clubs that it offers a range of travel insurance policies in partnership with Allianz Global Assistance. Details are available at the PSPL website <https://probussouthpacific.org>

### Registration at Meetings:

When you collect your badge at the front desk please make sure that your name has been marked off the roll. We need to keep accurate attendance figures for Probus insurance purposes.

### Other Reminders:

- Please remember to wear your Probus badge (the one you have at home) when attending activities e.g., Walks, Movies, Meet n Eat etc.
- If you know any sick or bereaved member who might appreciate contact, please let our **welfare officers** know. See next page under Support for contact details.
- Your **newsletter** is only as good as the contributions received. We welcome anything short and of general interest to our members. We do not accept commercial advertisements. Interest Group notices need to be short and to the point. Photos of Interest Groups or activities or tours, with a short description, are especially appreciated. **Newsletter deadline: 3rd Wednesday of the month to** [rosevilleprobus.newsletter@gmail.com](mailto:rosevilleprobus.newsletter@gmail.com)
- To see our Club diary of events, go to our website [www.probussouthpacific.org/microsites/roseville](https://www.probussouthpacific.org/microsites/roseville) then press Control and click on **Calendar** on the right-hand side. You can also access our website by putting 'Roseville Probus' into Google or another search engine.

- Roseville Probus has a Facebook group that you might like to join. This is a private group restricted to members only. Contact John Cameron who can add you to the group.

## **Management Committee**

Removed in web version

### **Reminder re paying for tours, activities or annual subscriptions**

**By Direct Deposit:** to the Roseville Probus Club Incorporated BSB 633 000 Account number xxxxxxx.

Please ensure you identify yourself/yourselves and the event when paying (eg John Smith ZigZag).

**By cheque or cash:** Please put it in an envelope with your name on the front and what it's for. Cheques are to be made out to Roseville Probus Club Inc. When paying for a tour, activity or interest group event, please email the relevant convenor to say you have paid. Thank you! That will make it much easier to keep track of payments.