



LADIES PROBUS CLUB OF BAULKHAM HILLS Inc  
**NEWSLETTER - OCTOBER 2025**

*Celebrating*  
**36 years**

BSB - 082-135  
Account 45624802



FUN, FRIENDSHIP & FELLOWSHIP

Click for our webpage .... <https://www.probussouthpacific.org/microsites/baulkhamhillsladies>  
Click for our Facebook page .... <https://www.facebook.com/groups/477241659821022>

Title	Name	Phone	Mobile	Email
President	Shanthi Bala			
Secretary	Suzanne Dennis		0412 424 593	suzannedennis27@gmail.com
Membership Officer: Lorraine McLeod - bhladiesprobus2403@gmail.com				
Snr Vice President	Merilyn Styles	Speakers		Terrie O'Hearn
Treasurer	Carmel Tipton	Asst Treasurer		Robyn Menkes
Outings Liaison Officer	Kim Hinkley	Newsletter		Margaret McQuarrie
Asst Membership Officer	Elaine Egginton	Junior Vice President		Mirella Mulligan
Welfare Officer	Christine Grech	Immediate Past President		Kay Whorrall
Ladies Probus Club of Baulkham Hills - ladiesprobusbh@gmail.com				

*We meet on the second Wednesday of the month - 11 months a year at 10am (February-December)*

**We do not hold a meeting in JANUARY**

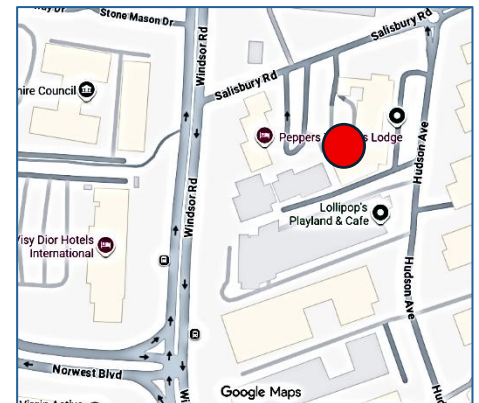
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**IMPORTANT  
NOTICE**  
**VENUE  
CHANGE**

**Our meeting this Wednesday, 8<sup>th</sup> October**  
**will be at**  
**The Hills Lodge, 1 Salisbury Road Cnr,**  
**Windsor Road, Castle Hill from 9.30am**

There is parking available at the back of the Lodge.

Our meeting is being held in the Estate Room. To get there, enter through reception, turn right when you reach the reception desk and keep walking.... you will run into the Estate Room. Our BH Ladies Banner will be out the front of the meeting room.







## *Vale Margaret D*

*Last month we farewelled one of our loved members. Margaret D was inducted to the Ladies Probus Club of Baulkham Hills in March, 2015 and enthusiastically joined in all aspects of our Club – the meetings, the outings, lunches and when she became a Committee Member, Margaret put her creative stamp on our Birthday Lunch and Christmas Lunch. Marg was always ready for fun – she never needed to be asked twice to get up on the dance floor. We sent our sincere condolences to her family and friends.*




*She fought a courageous battle with her illness and her motto of 'Get Up, Dress Up and Show Up' is one we can all follow...*



## OCTOBER

Wednesday 1st	Committee Meeting	10.15am – The Hills Club
Wednesday 8th	OCTOBER MEETING	The Hills Lodge, 1 Salisbury Rd, Castle Hill. Please arrive by 9.30am for a prompt 10am start. Guest Speaker: Katie Little
Wednesday 15 <sup>th</sup>	• Coffee & Chat	10am – Castle Hill RSL – Café 
	• Theatre Outing	Back to the Future – Lyric Theatre– 1pm
Thursday 16 <sup>th</sup>	The Yarners Circle 	10am at Pam S's
Tuesday 21 <sup>st</sup>	At the Movies 	Event Theatres, Castle Towers
Friday 24 <sup>th</sup>	RUMMIKUB	10am – Lucy's Bar, Castle Hill RSL
Tuesday 28 <sup>th</sup>	 Card Day	9am – Castle Hill Metro – to Paddington Reservoir
Wednesday 29th	Picnic Day	Roxborough Park Rose Gardens, 44 Mileham Avenue.

## NOVEMBER

Tuesday 4 <sup>th</sup>	MELBOURNE CUP	11.30am - The Hills Club
Wednesday 5 <sup>th</sup>	Committee Meeting	10.15am – The Hills Club
Wednesday 12 <sup>th</sup>	NOVEMBER MEETING	Baulkham Hills Sports Club. Please arrive by 9.30am for a prompt 10am start. Guest Speaker: Kathryn Ham
Tuesday 18 <sup>th</sup>	At the Movies 	Event Theatres, Castle Towers
Wednesday 19 <sup>th</sup>	Coffee & Chat	10am – Castle Hill RSL – Café 
Thursday 20 <sup>th</sup>	The Yarners Circle 	High tea at Breakfast Point Country Club
Friday 21 <sup>st</sup>	RUMMIKUB	10am – Lucy's Bar, Castle Hill RSL
Wednesday 26 <sup>th</sup>	Christmas Lunch	12noon - Springfield House, 245 New Line Rd, Dural

### PROBUS BUS TRIP TO DUBBO AND MUDGEES

Tuesday 21 April 2026 - Thursday 23 April 2026 - join us as we experience the picturesque countryside of Dubbo and Mudgee. Mayfield Gardens, Taronga Western Plains Zoo, Mudgee Honey Haven, Ilford Valley Cherry Farm. Contact: Terrie O  
Cost: \$1055 twin share or \$1285 private room (\$230 single supplement).  
Deposit: \$100 deposit due 31 December.  
Register at <https://probudubboandmudgee.floktu.com/>



**Our Guest Speaker** this month is Katie Little - Katie is the daughter of Jeanne Little. Jeannie was a well-known Australian television icon; she sported amazing eyelashes and had a fabulous, if somewhat startling dress sense; she was a Gold Logie winner with the famous catch-cry 'hello daaahling'. Her daughter Katie is a patron of the Jeanne Little Alzheimer's Research Fund through NeURA and Prince of Wales Hospital. Katie has always loved entertaining, whether it's singing, DJing, or performing stand-up comedy and has penned a book about her mother, titled "Catch A Falling Star – A Story About Growing Up with Jeanne Little".



There will be a donation box for those ladies who wish to donate to Dementia Research.

Here's an overview of our Club's regular activities for this month:

### COFFEE and CHAT - Wednesday 15<sup>th</sup> October

Castle Hill RSL Café – come along for a catch up with friends – we share travel tips, do a bit of problem solving and sometimes there is a bit of boasting about grandchildren - the great company is free. Like more information? Ring: Elaine E or Marilyn A



**Yarners Circle** ~ Thursday 16 October - 10am. **NB: this month our Knitters will be meeting at Pam Sr's.** Lots more teddies to make (patterns available), beanies and squares to make rugs or bring along your current project – busy fingers and lots of chatter and enjoy a cuppa as well.



**At the Movies - Tuesday 21<sup>st</sup> October** - We meet outside the Event Theatres at Castle Towers. A synopsis of the movie will be emailed to members a few days after our monthly meeting. Meeting place and time will also be advised to members in that email. Contact *Anne C* for more information.



### RUMMIKUB - Friday 24<sup>th</sup> October – Castle Hill RSL Club, Lucy's Bar - 10am

(*Anne C*). Rummikub is a tile-based game for 2 to 4 players, combining elements of the card game rummy and mahjong. Come along and join our Rummikub group and get those little grey cells moving. We would love to see some new faces – beginners are very welcome. Please contact Anne if you are interested in coming along or if you would like more information.



### Card Day - Tuesday 28<sup>th</sup> October.

We are meeting at Castle Hill Metro Station at 9am and we will be heading off to the Paddington Reservoir. Full details will be given out at our October meeting.  
Coordinators: Pam S; Sue W.



*These boots were made for walking...* however, our Head Walker Anne is still out of action following a foot injury. Anne is slowly recovering from surgery, and we send our best wishes to Anne and hope to see her on the trail again soon.

**sample**

Don't forget you can pay for outings, lunches, theatre, etc ONLINE and it's easy. Members put **surname first**, amount and activity. When I make my payment this will be my entry

M - \$72 Xmas Lunch

### BOOK EXCHANGE

Need something interesting to read? Christmas holidays coming up – time to relax with a good book. Our book exchange is a second-hand book exchange. You can donate a preloved book each month or grab a book to take home for free.

#### The Rules



- You are welcome to bring along ONE book each meeting
- At the end of our meeting, any books left will be donated to charity.



## OUTINGS & EVENTS

Contact Kim H



Please read about the upcoming events and when you put your name down on the “Expressions of Interest”/Booking Sheets **please check dates and cost if payment is required before the event.** Also, it’s a good idea to check the Outings Desk and the various booking event sheets to see if you have already put your name down – sometimes we forget we have put our name down and it does make a difference when the organiser needs to make a booking for a certain number.

The Probus theme for 2025 is “Reinvent Your Retirement” and it’s the perfect opportunity to connect, celebrate and do something in our Club and we are planning to go on a picnic. We are off to the Roxborough Park Rose Gardens. Street parking is available and there is also some undercover parking at the Waves Fitness & Aquatic Centre, 44 Mileham Avenue, Baulkham Hills. Inside the centre, coffee, toasted sandwiches, wraps, etc are available at the Cafe (no entry fee required). Or you may choose to bring along a picnic lunch and enjoy the beauty of nature and each other’s company. Don’t forget your hat and sunscreen.

**PROBUS**

**WEDNESDAY 29<sup>th</sup> OCTOBER**  
(5<sup>th</sup> Wednesday of the month)

It would be great if everyone could wear the Probus colours of **BLUE** and **BRIGHT YELLOW**  
Hope to see you there

The First Tuesday in November is galloping towards us! And we’re off to enjoy a delicious buffet lunch, with great company, some sweeps, and did I mention great company? We have a limited number of seats, so get in now and put your name down at the Outings Desk

**TUESDAY 4 November – 11.30am – at The Hills Bowling Club - \$70**



**When: Wednesday 26 November**

**Where: Springfield House**  
**245 New Line Rd, Dural**

**Cost: \$72**

... and another year has sped by, and we are once again looking forward to celebrating with our Probus friends at our **Christmas Lunch**. Come along and enjoy a nibbles and bubbles on arrival, a delicious 2 course

lunch (main and dessert), tea and coffee, a special Christmas card and gift for everyone ... and ... lots of Lucky Raffle Prizes to be won. Find that Chrissie T-shirt, get some sparkly earrings, put some tinsel in your hair!

As our Beautiful Margie would say ... **Get Up ... Dress Up ... Show Up ...**

Payment may be made:

- 8 online (*now is a good time*)
- 8 this Wednesday at the October meeting
- 8 final date for payment is 6<sup>th</sup> November

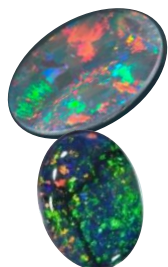


Happy Birthday to the lovely ladies who celebrate their birthday in October:

6<sup>th</sup> Val K  
12<sup>th</sup> Mary W

8<sup>th</sup> Dianne S  
31<sup>st</sup> Lyn Z

12<sup>th</sup> Marilyn S  
31<sup>st</sup> Sharyne Y



The birthstones for October are opal and tourmaline. Opal is the traditional birthstone, known for its stunning "play of colour" and rainbow-like flashes of light, while tourmaline is a more recent addition to the list, celebrated for its wide variety of colours, often found in the same crystal - colours including pink, green, blue, black, and even multi-coloured "watermelon tourmaline".



October birth flowers in Australia include the Australian native flower Paper Daisy (or Everlasting), symbolizing everlasting happiness and healing, and the widely recognised non-native Marigold, which represents fierce love, passion, creativity, and strength. The delicate Cosmos also represents balance and order for October birthdays.



*Paper Daisy*



*Cosmos*



## Christmas Hamper Appeal

This year we shall, once again, be supporting charity with our voluntary donations of non-perishable foods which will be used to make up Christmas Hampers and the committee has decided to concentrate our efforts in the local area and have been in contact with Hills Community Aid who are delighted to accept our donations as they have advised us they will make a meaningful difference to many local families during the Christmas season.

Donations can be brought to our October and November General monthly meetings. Thank you for your support for the work that the charity does in looking after others. Here are some ideas for donations:

Christmas goodies: lollies, chips, bonbons, etc

Tinned fruit  
Christmas Serviettes  
Cup-a-noodles  
Long-life Custard  
1.25l Soft Drink  
Pasta  
Tinned Salmon  
Can Opener

Tinned Vegetables  
Sweet biscuits  
Long-life Milk  
Coffee/Tea/Milo  
Muesli Bars  
Tinned Ham  
Tinned Soup

Please check **USE BY DATES** and please don't include foods that will melt or spoil.



*It will be greatly appreciated if you could bring your donations in sturdy shopping bags as they will need to be packed into car boots and transported to the Community Centre.*





Just a reminder, ladies – if you have a favourite recipe you would like to share or a handy hint or 2, please email the details to me. **Marg McQ**

☺ So proud of my grandson, Isaac, who has been appointed School Captain of Castle Hill High School for 2026 Also proud of my daughter, Georgie, who works for the Ambulance Service and recently helped deliver a baby boy over the phone while waiting for paramedics to arrive. *Sue H*

☺ I have had a rollercoaster couple of weeks...

2 weeks ago, our little almost 12-year-old dog, Tilly, underwent orthopaedic surgery (at SASH North Ryde) to fix a 'luxating patella' (a kneecap that kept dislocating) in her right hind leg. Maybe she's too much in sync with me, as you all know that my right leg has been hopeless for years! Happy to report that she is recovering well.... although it's taken a lot of effort keeping her contained in crates and playpens at all times and doing 3 bouts of physio with her each day. Of course, she's worth the effort (and major expense).

On Thursday 18 September our elder grandson Owen married his high school sweetheart Chloe in the most spectacular setting - **The Woods Farm** - at Jervis Bay. It was beautiful in every way - all the guests stayed on the property on Wednesday and Thursday night, and they were married in the beautiful 'bush chapel' on the property. Luckily the weather was lovely too.

While all this was going on, I was playing in the Major Singles competition at bowls. I never really expect to get past the first round but I managed to play well and made it to the final (my first ever). Suffice to say that my good play completely abandoned me when I needed it most....and my opponent is a very good bowler and was on fire (*and quite a character to boot*).....we won't talk about the final score, but I was proud to be there and hope that my 'complete wipeout' will strengthen my resolve.....once I get over the humiliation of it all. *Keren M*



*And thinking of Christmas ... a couple of my favourite (easy) recipes. MM*

### Christmas Crack

40 saltine crackers (to fit into slice tin)	1 cup salted butter, cubed
1 cup brown sugar	2 cups semi-sweet chocolate chips
1 cup M&M's (red/green) or chopped nuts or sliced almonds	



Preheat the oven to 180°C. Line a tin (15×10) with alfoil. Line the bottom of the pan evenly with saltine crackers. You may need to break a few to fill in gap on the sides. Combine butter and sugar over medium-low heat. Stirring constantly and bring to a rolling boil until bubbling and amber in colour. Remove pan from heat and pour evenly over saltine crackers. Spread mixture quickly with a spatula.

Bake 5 minutes (caramel should be bubbling). Remove tin from oven and sprinkle chocolate chips over the top. Allow to sit 5 minutes - when choc chips have softened spread them evenly with a spatula over the caramel topping. Then sprinkle M&Ms/nuts over the chocolate. Place in fridge til topping has hardened. Let sit 15 minutes on the counter. Flip over onto a cutting board and remove the foil. Break into pieces.

### Baileys Christmas Cake

1kg mixed dried fruit	500ml carton iced coffee or chocolate milk
125ml Baileys	2 cups SR Flour

Combine the dried fruit, iced milk and Baileys in large bowl. Stir to combine. Cover and place in fridge overnight. Next day remove the fruit mix from the fridge and set aside to come to room temperature.

Preheat oven to 180°C (356°F) and grease and line base and sides of 20cm square cake pan. Add flour to the fruit mix and stir to combine. Pour into prepared pan and smooth surface. Bake 1¾ hours or until a skewer comes out clean. Set aside for 30 minutes to cool – pour over more baileys if desired. Wrap in greaseproof paper and keep in tin.



## Theatre Outings Co-Ordinator

Pat R

*Thank you to Keren M who is doing the Theatre role while Gail and I are overseas.  
If there are any queries, contact her.*



### **BACK TO THE FUTURE**

**Wednesday 15<sup>th</sup> October 2025**

**Lyric Theatre at 1pm**

**Finalised – Tickets distributed**



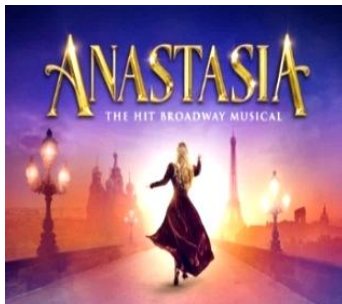
### **PRETTY WOMAN – THE MUSICAL.**

**Wednesday 17<sup>th</sup> December 2025 at Theatre Royal at 1pm.**

**Ticket Cost \$96 – Final Payment by 10<sup>th</sup> September 2025**

**We had 15 tickets for this show and all payments have been received.  
There is a waitlist for anyone who would like to place their name down in case any more tickets are made available.**

Featuring all your favourite scenes, lines and outfits from the original film – plus spectacular new additions, and a score by Grammy winner Bryan Adams. It's bold, it's fun, and it will have you falling in love all over again!



### **ANASTASIA THE MUSICAL -** Wednesday 20<sup>th</sup> May 2026 at Lyric Theatre at

**1pm - Ticket Cost \$71 – Final Payment by 11<sup>th</sup> February, 2026**

All of our 15 allocated tickets have been reserved - there is a waitlist. Please put your name down on the list at the 'Theatres' desk on Wednesday.

A romantic and adventure-filled hit musical inspired by the beloved films, is coming to Australia for the first time! This dazzling production, by the Tony Award winning team Terrence McNally, Stephen Flaherty, Lynn Ahrens and Darko Tresnjak, transports you from the twilight years of the Imperial rule to the euphoria of 1920s Paris. **ANASTASIA** follows a brave young woman on a journey to discover the mystery of her past. Pursued by an army officer determined to silence her, Anya enlists the aid of a dashing conman and a lovable ex-aristocrat. Together, they embark on an epic adventure to help her find home, love, and family. With much-loved songs like Journey to the Past and Once Upon a December, **ANASTASIA** has captivated audiences around the world—hailed as “A MONSTER HIT!” by The New York Times and “Irresistible!” by Variety.



**Some ideas  
for  
Christmas  
table  
settings**