



LADIES PROBUS CLUB OF BAULKHAM HILLS Inc
NEWSLETTER - JULY, 2025

Celebrating
36 years

BSB - 082-135
Account 45624802



FUN, FRIENDSHIP & FELLOWSHIP

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<https://www.probussouthpacific.org/microsites/baulkhamhillsladies>
<https://www.facebook.com/groups/477241659821022>

Title	Name	Phone	Mobile	Email
President	Shanthi Bala			
Secretary	Suzanne Dennis	0324	0412 424 593	suzannedennis27@gmail.com
Membership Officer: Lorraine McLeod - bhladiesprobuss2403@gmail.com				
Snr Vice President	Merilyn Styles		Speakers	Terrie O’Hearn
Treasurer	Carmel Tipton		Asst Treasurer	Robyn Menkes
Outings Liaison Officer	Kim Hinkley		Asst Outings Officer	Margaret Dollin
Newsletter	Margaret McQuarrie		Asst Membership Officer	Elaine Egginton
Welfare Officer	Christine Grech		Junior Vice President	Mirella Mulligan
Immediate Past President			Kay Whorrall	
Ladies Probuss Club of Baulkham Hills - ladiesprobussbh@gmail.com				






We meet on the second Wednesday of the month - 11 months a year at 10am (February-December)

We do not hold a meeting in JANUARY



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UPCOMING EVENTS

JULY

Wednesday 9 th	JULY Meeting	Baulkham Hills Sports Club. Please arrive by 9.30am for a prompt 10am start. Guest Speaker: Preet Chouhan
Wednesday 16 th	Coffee & Chat	10am – Castle Hill RSL – Café 
Thursday 17 th	The Yarners Circle 	10am - at Ange's
Tuesday 22 nd	* At the Movies 	Event Theatres, Castle Towers
	* Christmas in July 	11.30am – The Fiddler
Friday 25 th	RUMMIKUB	10am - Lucy's Bar, Castle Hill RSL
Thursday 31 st	 Card Day	Trip to Peters of Kensington

AUGUST

Tuesday 5 th	Walkers Group	9.30am - Castle Glen Reserve Car Park, Ridgescrop Drive, Castle Hills
Wednesday 6 th	Committee Meeting	10.15am – The Hills Club
Wednesday 13 th	AUGUST Meeting	Baulkham Hills Sports Club. Please arrive by 9.30am for a prompt 10am start. Guest Speaker: Hans Kunnen
Tuesday 19 th	At the Movies 	Event Theatres, Castle Towers
Wednesday 20 th	• Coffee & Chat	10am – Castle Hill RSL – Café 
	• Theatre Outing	MJ The Musical - Lyric Theatre - 1pm
Thursday 21 st	The Yarners Circle 	10am - at Ange's.
Friday 22 nd	RUMMIKUB	10am - Lucy's Bar, Castle Hill RSL
Wednesday 27 th	Let's catch a Ferry and go to Lunch	Sydney Rowers Club at Abbotsford

Our Guest Speaker for July will be Preet Chouhan and she will talk about what is involved in the Senior's Driving Test and what we can do to prepare for it.



Brrr! The wind is cold, but our members have the motto of *'Get Up Dress Up Show Up'* so come along to our regular activities. Lots of things to choose – do one, do 'em all!



Here's an overview of what's happening in July:

At the Movies - Tuesday 22 July - We meet outside the Event Theatres at Castle Towers. A synopsis of the movie will be emailed to members a few days after our monthly meeting. Meeting place and time will also be advised to members in that email



COFFEE and CHAT - Wednesday 16 July

Castle Hill RSL Café – come along for a catch up with friends – we share travel tips, do a bit of problem solving and sometimes there is a bit of boasting about grandchildren - the great company is free. Like more information? Ring: Elaine E or Marilyn A



Yarners Circle - Thursday 17 July - 10am - at Ange's.. Knitting (or crocheting) weather is here – Lots more teddies to make (patterns available) and squares to make rugs or bring along your current project – busy fingers and lots of chatter and enjoy a cuppa as well.



RUMMIKUB – Friday 25 July - Time to get those little grey cells going – come along to our friendly group – we meet at Lucy's Bar, Castle Hill RSL at 10am. When you enter the club foyer turn right.

These boots were made for walking

Next Walker Group will be on **Tuesday 5th August** - Our next walk will be in August and we will be doing the Knightsbridge walk, meeting in the Castle Glen Reserve car park, Ridgecrop Drive, Castle Hill at 9:30am. If you are intended to come along on our walk next month, please put your name down on the Interest Form at the Front Desk.



OUTINGS & EVENTS

Contact Kim H



Please read about the upcoming events and when you put your name down on the "Expressions of Interest"/Booking Sheets **please check dates and cost if payment is required before the event.** If you find that your plans change and are no longer able to attend a particular event, please inform the organiser. Also, it's a good idea to check the Outings Desk and the various booking event sheets to see if you have already put your name down – sometimes we forget we have put our name down and it does make a difference when the organiser needs to make a booking for a certain number.



Christmas in July Lunch Tuesday 22nd JULY at The Fiddler

For those ladies who are coming to this lunch please note:
Doors will open at **11.45am** not before.

PS: Get in the festive spirit and wear your Chrissie t-shirt or jumper

Wednesday 27 August – Abbotsford Rowing Club
We always enjoy a day on the water so come along and join us for a day out – drive to Rydalmere Wharf Car Park and catch the Rivercat and enjoy a leisurely cruise along the Parramatta River to Abbotsford then it's a short walk to the Club. Pay as you order your meal. Great company assured!. Please put your name down at the Outings Desk




Coming Up:

Like to go to the Races? Expressions of Interest Form is at the Outings Desk.
Thursday 25 September - \$68 which covers Entry, 2 course lunch, race book and a great view of the course.

Don't forget our **Book & Puzzle Exchange Table** – bring a book, a jigsaw puzzle and put it on the table before the meeting. Check the table at Morning Tea. Any books remaining at the conclusion of our meeting will be donated to charity.



LADIES PROBUS CLUB OF BAULKHAM HILLS Inc would like to thank The Baulkham Hills Sports Club for its support. Our club receives a Sports Club Grant which enables our members the use of the Function Room at Baulkham Hills.

Our next  Card Day is on **Thursday 31st July**

We have decided to go Peters at Kensington, in Kensington of course, so we will meet at the Castle Hill Metro station at 9am near the entrance to the Towers Shopping Centre where the escalators come down from the street. We will catch the Metro to Central, walk through to the light rail station where we pick up the L3 line that takes us to Anzac Parade, Kensington.



Inside Peters there is lovely cafe to have our morning tea and then you can go shopping where you can buy everything from kids toys and books for your grandkids to the very extensive range of homewares, kitchenware, perfume, gifts and through to Swarovski ornaments and figurines.

We will then have lunch in the cafe and then you can continue looking as there are three floors of luxury items to look at. This is perfect spot in case the weather is not favourable as we don't have to leave the building.

We will eventually head back to Central and then back on the Metro and home, I hope you can come.

Sending our best wishes to our July birthday members:

5 th	Bev M	9 th	Lesley L
21 st	Raelene P	23 rd	Margaret M
27 th	Barbara G	30 th	Maureen H
30 th	Christine M	31 st	Margaret D



Ruby is the July birthstone – and it's one of the most coveted of gems. The name is derived from the Latin word *ruber*, meaning "red" – the color of love and passion. Few things catch the eye like the ruby birthstone. The finest color of the birthstone for July is a deep red with a hint of purple. In ancient India, ruby was called the "king of precious stones" for its rarity, hardness (second only to diamond), beauty and seemingly mystical powers. Long associated with the life force blood, ruby was a symbol of power and youthful energy in Indian jewelry. Medieval Europeans maintained that rubies bestowed health, wisdom, wealth and success in love.



The birth flowers for July are the water lily and the larkspur. These are two stunning flowers with rich symbolism and history behind them! The serene water lily traces back to the Amazonian regions, and unlike most flowers that grow in soil, the water lily thrives in gentle bodies of water. You can find this July birth flower blooming from October through to March in Australia. Water lilies are often associated with birth and resurrection because of their striking ability to emerge from the water. Larkspurs, also known as delphinium, are incredible flowers with delicate petals in vibrant colours like indigo, pink and true blue.

News from our members

- 😊 Our beautiful U.S./Oz granddaughter will be turning one already on 3rd July. Unable to visit but will be face-timing to her Aussie themed birthday party. *Mirella M*
- 😊 Long Weekend away at a farm stay in Tilba Tilba with family – 6 adults, 2 young grandchildren. Weather perfection but the day home was rain, wind and horrendous traffic. *Merilyn S*
- 😊 Kings Birthday Weekend – our Queensland, Sydney and Victorian families gathered at Port Stephens. Breakfast at beachside café, dinner at Bowling Club, lunch at Raymond Terrace Hotel where my dad and his twin sister were born 1st August 1919 because of Spanish Flu. Saw the room identical to where they were born. We enjoyed dinner at the Club with a slide show. 33 in all attended.
(Sorry to our member who enjoyed a wonderful family gettogether - no name in the note)



We had a wonderful European holiday in May doing two Scenic River Cruises. First one through The Netherlands and Belgium and the second from Amsterdam to Budapest. Both exceptional. We were lucky with the weather, too! *Keren M*

Windmills, Tulips & Belgium Delights River Cruise on the Scenic Jewel (April/May 2025)

On this 'Scenic Jewel' ship – what a journey it's been
Pretty townships and castles – aren't all that we've seen...
Windmills and Tulips and Belgium Delights
We've had so much fun – viewing spectacular sights!

The crew have been super – the meals were great too
The skies sometimes grey but mostly bright blue ...
Of course, the clouds didn't matter as we've gone on our way
Storing so many memories of each wonderful day!

For those leaving tomorrow - maybe heading for home
Please remember us Aussies – wherever you roam
For one thing is certain – we've agreed to agree...
That you've made this trip **special** for Howard and me!

Keren (& Howard) M



Thank you for sharing your poem and pics with us Keren

Things that are guaranteed to irritate a woman over a certain age:

- Anything password related
- Having to find the fire hydrants/bridges/bicycles to prove I'm not a robot
- Anything printer related
- Trying to unsubscribe from anything
- Self-checkout cashiers not recognising my bag
- A call from an unknown number



Our Yarners Group visit to Stewart House
on Thursday 3 July

A donation of more than 280 knitted
Trauma Teddies was safely delivered to
Stewart House.

No slacking off – still more to make!





Theatre Outings Co-Ordinator
Pat R

If you need further information, please give me a call ... *Pat*



MJ -THE MUSICAL
Wednesday 20th August 2025
Lyric Theatre - 1pm

Finalised

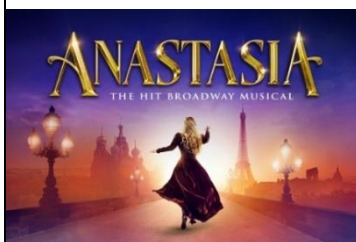
HERE YOU COME AGAIN
Wednesday 17th September 2025
Theatre Royal at 2pm
Tickets will be distributed July Mtg

Finalised.



BACK TO THE FUTURE - Wednesday 15th October 2025 - Lyric Theatre at 1pm. Ticket Cost \$70 – Final Payment by 9 July 2025

Take an electrifying ride back in time with London's Olivier Award-winning best new musical, adapted for the stage by the creators of the original movie trilogy. Welcome to Hill Valley! When Marty McFly finds himself transported back to 1955 in a time machine built by the eccentric scientist Doc Brown, he accidentally changes the course of history. Now he's in a race against time to fix the present, escape the past and send himself... back to the future.



ANASTASIA THE MUSICAL - Wednesday 20th May 2026 at Lyric Theatre at 1pm - Ticket Cost \$71 – Final Payment by 11th February, 2026

A romantic and adventure-filled hit musical inspired by the beloved films, is coming to Australia for the first time! This dazzling production, by the Tony Award winning team Terrence McNally, Stephen Flaherty, Lynn Ahrens and Darko Tresnjak, transports you from the twilight years of the Imperial rule to the euphoria of 1920s Paris. **ANASTASIA** follows a brave young woman on a journey to discover the mystery of her past. Pursued by an army officer determined to silence her, Anya enlists the aid of a dashing conman and a lovable ex-aristocrat. Together, they embark on an epic adventure to help her find home, love, and family. With much-loved songs like Journey to the Past and Once Upon a December, **ANASTASIA** has captivated audiences around the world—hailed as “A MONSTER HIT!” by The New York Times and “Irresistible!” by Variety.

Wednesday 25 June 2025 – Visit to the Children's Medical Research Institute, Westmead

