



### Web Version

This is a web-version of Willoughby North Probus Club's monthly newsletter, *WilloWay*. It does not contain personal contact information. The full version is available to Willoughby North Probus members.

### Executive Committee

#### **President**

Steve Tufts

#### **Vice Presidents**

Ruth Browne  
Bruce Miller

#### **Secretary**

Greg Naimo

#### **Treasurer**

Stephen Baker

#### **Guest Speaker Officer**

Ann Louise Cameron

#### **Newsletter Officer**

Josephine Lindquist

#### **Membership Officer**

Vicki Bell

#### **Welfare Officer**

Regina Smith

#### **Activities Officer**

Jan Bouveng

### Activities Committee

Jan Bouveng (Coordinator)  
Diane Baker  
Joy Carrigan  
Marianne Reich  
Gabrielle Ross  
Wendy Tufts (Walks)

# WilloWay

## The Willoughby North Probus Club Inc



### **President's message – Steve Tufts**

At our upcoming July General Meeting we have two Special Resolutions to be voted on. The first is to adopt a new Constitution and the second is to adopt a new set of Standing Resolutions.

In short, our Constitution is an essential document that establishes who we are, our objectives and how we operate. It is sometimes necessary to either update or adopt a new Constitution. In this case, changes are required to comply with new legislative requirements.

Probus South Pacific (PSP) have investigated the new requirements and found that to comply every Probus Club has to make the changes and that it is a good opportunity to revise and update the whole Constitution for all Clubs. Some Standing Resolutions were referenced in the old Constitution and would be impacted by the rewritten Constitution; therefore the Standing Resolutions are included in the review and rewrite.

PSP spent considerable time and effort in consultation with their professional legal advisers and some representatives from Probus Clubs. The end result of this is the new draft Constitution and draft Standing Resolutions that PSP provided to all Probus Clubs for consideration and voting as Special Resolutions at a General Meeting.

Our Management Committee formed a sub-committee (Steve Tufts, Ruth Browne, Bruce Miller and Vickie Bell) to review these documents and report back. The Management Committee has accepted the report and endorses the two Special Resolutions which were circulated to members with copies of the proposed new Constitution and Standing Resolutions together with some explanatory material.

As President, I support these Special Resolutions and encourage all members to attend the meeting and to vote.

Unfortunately, I will be interstate on the day and will leave my written proxy vote in favour of both Special Resolutions.

Steve

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## Diary Dates

**Wednesday unless noted otherwise**

### 16 July

Probus meeting speaker:  
Hans Kunnen – Surviving  
9/11

### 23 July

Putt Putt Golf, Warriewood

### 30 July

Men's Breakfast – Shuk Cafe

### 6 August

No walk

### 20 August

Probus meeting

### 27 August

Paint and Sip



### 3 September

Walk – Glebe (TBA)

### Friday 12 September

Navy in Sydney Harbour  
Cruise



### October lunch

Aqua at Dee Why RSL (TBA)

*What do frogs have for dinner?  
Anything that bugs them!!*

## General information

### Monthly meeting

Willoughby North Probus (WNP) Club meets at 9:45am on the third Wednesday of each month at the Uniting Church Hall, 10 Clanwilliam Street, Willoughby. If you can't attend, please send your apologies to the Secretary.

### Bank details

Willoughby North Probus Club, Westpac Chatswood

BSB: xxxxxx Account: xxxxxx

For EFT payments, please add your name (and activity code if there is one) as the reference.

### Welfare

If you know of a member who is experiencing illness or bereavement, or just needs help with transport to Probus Club meetings and events, please advise our Welfare Officer.

### Newsletter

*WilloWay* is our monthly newsletter giving you important WNP Club information and information about our latest activities. It's emailed to members each month and a web version is published on our website.



Welcome to our new members:

Janet and Frank Gardner

## Treasurer's Report

*Mary Davey for Stephen Baker, Treasurer*

| Members' Financial Position at 30 June 2025 |                 |          |                   |                 |
|---------------------------------------------|-----------------|----------|-------------------|-----------------|
| <b>Accumulated Club Funds</b>               |                 |          |                   |                 |
| Opening Balance (1 June):                   |                 |          | \$6,820.32        |                 |
| plus Income                                 |                 |          |                   |                 |
|                                             | Memberships     | \$167.50 |                   |                 |
|                                             | Badge           | \$15.00  |                   |                 |
|                                             |                 |          | \$182.50          |                 |
| less Expenses                               | Hall Hire July  | \$220.00 |                   |                 |
|                                             | Service NSW     | \$89.00  |                   |                 |
|                                             |                 |          | \$309.00          |                 |
| <b>Accumulated funds at 30 June:</b>        |                 |          |                   | <b>6,693.82</b> |
| <b>Plus Social Activity Funds</b>           |                 |          |                   |                 |
| Funds held at opening (1 June):             |                 |          | \$2,326.60        |                 |
| plus Received                               | Cockatoo Island | \$320.00 |                   |                 |
|                                             | Paint N Sip     | \$196.00 |                   |                 |
|                                             | Navy Cruise     | \$140.00 |                   |                 |
|                                             |                 |          | \$656.00          |                 |
| less Paid                                   | Kurri Trip      |          | \$2,160.00        |                 |
| Funds held for activities at 30 June:       |                 |          |                   | <b>822.60</b>   |
| <b>Bank Reconciliation</b>                  |                 |          |                   |                 |
| Opening Bank Balance (1 June):              |                 |          | \$9,146.92        |                 |
| Income&Deposits for month                   |                 |          | \$838.50          |                 |
| Expenditure for month                       |                 |          | \$2,469.00        |                 |
| <b>Closing Bank Balance at 30 June</b>      |                 |          | <b>\$7,516.42</b> | <b>7,516.42</b> |
| Mary Davey for Stephen Baker, Treasurer     |                 |          |                   |                 |

## Regular activities

### Book Club



The WNP Book Club meets on the first Friday of each month at 3:30pm. Contact Jenny Burnell by email if you would like to join. Our book for July is *Always home. always homesick* by Hannah Kent.

### Bridge Group



The WNP Bridge Group meets on the second and fourth Friday of each month at Ruth's home in Killara. You book your seat the week before each session. You are not obligated to attend all meetings.

Email Ruth Browne for further information.

### Mah Jong



We play on the second and fourth Tuesday of each month at 1.30pm for 2 to 3 hours, while enjoying a cup of tea or coffee. Contact Christine Evans if you would like to join. No experience is necessary.

### Scrabble



We meet on the first and third Tuesday of each month, starting at 1.30pm. Contact Jenny Lusher to join or for further information.

### Sundowners

We meet in Beauchamp Park, Chatswood, on the second Wednesday of each month at 3.30pm for wine and cheese. Email Regina Smith if you would like to join us.

### Bushwalking group



This group will meet for bushwalks once a month on a Friday and walks will be between one and three hours. If you are interested in receiving emails regarding future walks, contact Lynne Lagaida.

### Pub Lunch Willoughby



This is an open invitation to members to join us at the Willoughby Hotel following each monthly general meeting. Let Vicki Bell, Membership Officer, know if you'll be attending when signing in at the meeting.

## Last Month's Speaker: Synopsis – Peggy Nightingale

### Norman Webb - From Bee to Jar

When you think of a hive of bees busy producing honey, is the image in your mind of a very organised and collaborative group with individuals busily flying out to collect nectar and back in to make honey? That is true, but only in the broadest sense.

Norman Webb filled in many, many details of a bee's life. There is, of course, a queen. When she lays eggs in those hexagonal cells - one to two thousand a day, worker bees feed only a few "babies" the royal jelly which will produce a queen bee. The first to emerge kills off the other potential queens.

The number of eggs a queen produces gradually decreases and when she is past her prime, the worker bees suffocate her as the swarm removes her from the hive. The new queen mates with drones from a different hive in the air (no incest). That is all a drone does. Then it dies quite gruesomely as its innards are ripped out of its body as it decouples.





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Workers have very hard lives and survive for only weeks since they fly as much as 5 km several times a day. This is why the queen must produce so many eggs each day to maintain the population of some 50,000 in the hive. She does have her personal entourage, escort bees who feed and groom her. Her colour and taste of the honey is determined by what type of flower the workers have visited. Most supermarket honeys are blends. Manuka (from tea tree) is good for skin repair but others are better eating, according to Norman.

And if your honey becomes sugar-y, has it gone off? Absolutely not, it has only lost some water, but heat it very gently if you must.

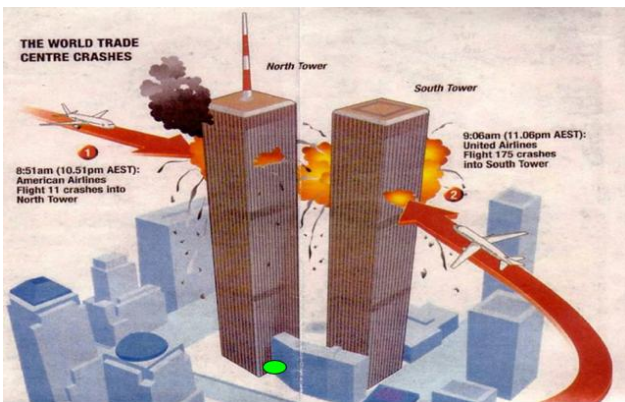
## Speaker for July, Hans Kunnen

### *A remarkable story to tell – Surviving 9/11*

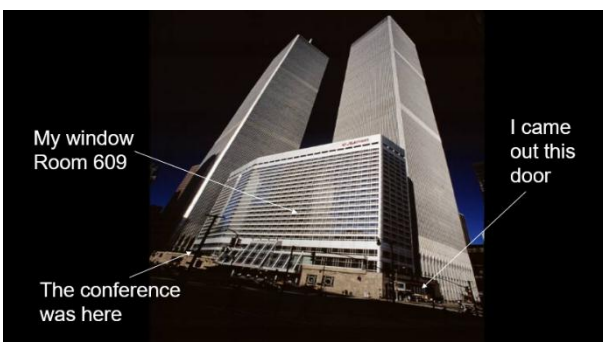
July's talk will be about Hans Kunnen's extraordinary tale of his experience in New York on 9/11.

Alone in New York, Hans found himself in the middle of a world changing event. As events unfolded from breakfast at the World Trade Centre, to the streets of the city and then to journeys by bus and ferry, Hans tells of his interactions with people he saw and leaned upon. It is definitely not a tale of heroism, rather it is mostly one of hope and help.

Hans Kunnen is a mostly retired economist. He was formerly chief economist at the State Bank NSW, Colonial First State and at the St George Banking Group. He is an author and educator, having taught at the University of New England and Macquarie University in Sydney. Hans has been involved in mentoring refugees and is an active member of the Anglican Church in Glenhaven. He is married with three adult children and one, relatively new grandchild!



*Photos supplied by Hans Kunnen*



*Ann Louise Cameron*

*(Please send Ann Louise possible future speakers)*

## Upcoming activities

If you require transport assistance to attend our monthly meetings or to participate in any of our upcoming activities, or if you are willing to assist others with transport, please email our Welfare Officer.

### 23 July - Putt Putt Golf (10.30am)



Have some fun playing Putt Putt Golf. One game \$12, two games an extra \$3. Pay on the day, so bring your Seniors Card. On-site café offers a selection of meals and coffee. Location: 1500 Pittwater Road, Warriewood, next to Pittwater Rugby Park (via Walsh Street). FREE PARKING. No experience necessary.

Sign-up sheet will be at the meeting or email Jan.

### 30 July – Men's Breakfast (8.30am)

Our July Men's Breakfast will once again be at Shuk, meeting at 8:30am. Shuk is in the Plaza Level of Chatswood Place, 260 Victoria Avenue, Chatswood. The entrance to the car park, which offers 3 hours of free parking, is in Oscar Street.

Don't let the prospect of leaving the warmth of your home to venture out into a cold winter's morning discourage you from joining your WNP men friends to enjoy a delicious breakfast and to participate in lively conversations about absolutely anything. Please email Peter by Monday 28 July if you will be joining us.

### 6 August – No walk scheduled for this month.

If you are looking for some exercise this month, consider joining the Bushwalking Group (contact Lynne Lagaida) or maybe the Putt Putt Golf activity on 23 July (see details above)

### 27 August – Paint and Sip (10.20am)



Welight Art Space image used with permission

Guided all the way by a professional artist, this will be a fun 2.5 hours. Painting experience is not necessary.

Meet at 10.20am at Welight Art Space, Suite 2, Level 1, 308 Victoria Avenue, Chatswood, directly opposite the bus stop outside Chatswood Chase. Class starts at 10.30am. All art equipment is supplied plus one glass of wine. You are welcome to bring additional beverages and snacks if you wish. Cost is \$49pp. Payment is due into WNP account by 16 July as we need to pay a deposit to reserve the space and teacher. Sign-up sheet will be at the meeting or email Jan Bouveng as Gabelle is on holidays.

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## Friday 12 September – Navy in Sydney Harbour Cruise East (9.30am)



Departs from King Street Wharf 3, Darling Harbour. Check in 9.30am. Returns 1pm.

King Street Wharf 3 can be accessed by ferry to Barangaroo, or train and walk from Wynyard or Town Hall stations.

The boat is the MV Bennelong, an 80ft all-timber classic yacht “designed to impress with its elegance and charm”.

We will cruise historic naval sites east of the Harbour Bridge including Dawes Point, Sydney Cove, Garden Island, HMAS Rushcutter, Clark Island, Rose Bay, Watson’s Bay, George’s Head, Chowder Bay, Bradley’s Head and Neutral Bay Submarine Base. Commentary will provide information about Royal Australian Navy (RAN) activities and facilities in Sydney Harbour from 1788 to the present, especially during WWII. Includes a “delicious” morning tea.

Cost is \$70pp. Payment is due into the WNP account by 31 July. Sign-up sheet will be at the meeting or email Jan.

### Member Photographs:



#### *Coordinator Dot Theeboom*

For members with an interest in photography WNP is facilitating a means for you to share your photos with other members. Each month, via *WilloWay*, our co-ordinator, Dot Theeboom, will nominate a photographic theme and request interested members to submit ONE photo related to this theme for display on the WNP website photography page and/or other club outlets such as at meetings. Inclusion of photos for display will be at the discretion of the co-ordinator. Please note, individuals taking photos for display by WNP will be doing so at their own risk, as this is not classified as an approved activity.

This month’s photography theme is “**Big Things**”. Please email your photo to Dot Theeboom in time for the deadline of Thursday 7<sup>th</sup> August. Selected photos may be viewed on the WNP website shortly after that date.

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I'm old enough to get this....



Thank you Facebook



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### The month that was:

16 brave Probus people endured 85km winds on their tour of Cockatoo Island, Wareamah. A wonderful volunteer guide from the Sydney Harbour Federation Trust's dedicated team showed us around. She provided valuable insights into the history of Cockatoo Island. We visited key buildings such as the convict precinct, historic dry docks and the Dogleg tunnel that took us back over to the other side of the island. Biloela House, a large colonial-era residence now privately rented out, was the Superintendent's Residence, built when the island housed female prisoners (1871-1888). Of course, the trip over by ferry from Circular Quay made the journey easy and the company good fun. If you have never visited Cockatoo Island, we all recommend a day trip!



Photos in this edition of *WilloWay* were received from Jan, Peter, Vicki, Josephine and as otherwise credited. This month's *WilloWay* has been prepared by Fran Miller.