



Volume 4 | Issue 10

January 2026

### **Birthdays**

Marion Malins (6 January)

Steve McHardy (26 January)

### **Next Probus Meeting**

**1 pm**

**Monday, 9 February 2026**

**Ironbark Room**

**Strathfield Library and Innovation  
Hub**

Guest Speaker



Ray Rees

“The Golden Age of Steam”

### **Afternoon Tea Team**

Raymond McClusky (c)

Ian Albertson

Janice Vince

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### **March Probus Club Meeting**

**Monday, 9 March**

**1 pm**

**Ironbark Room**

**Strathfield Library and Innovation  
Hub**

### **Annual General Meeting**

### **Afternoon Tea Team**

Judi Mitchell (c)

Lance Nguyen

Brian Clark

# The Homebush Hound



**Zsa Zsa and Larry outside Deli Fresh Cafe 26/1/26**

## **President's Prologue**



Dear Homebush Probus Club Members and Friends,

This year Probus celebrates its 50<sup>th</sup> year since the first Probus Club was formed in Australia. The whole of this year will be known as Probus Year to commemorate this achievement.

Yesterday we enjoyed lunch at Waterview, Bicentennial Park. The weather was perfect which encouraged a good turn up. It was good to catch up as it has been several weeks since the Christmas Lunch Meeting at Massey Park Golf Club.

I have spent most of January staying in Bali hotels. Then two nights at Sofitel Wentworth here in Sydney. There are lots of pics included in this issue of *The Homebush Hound*. I have reduced file size for your convenience.

Our next meeting is Monday, 9 February. Ray Rees is our Guest Speaker and the topic is *The Golden Age of Steam*. We have had Ray give presentations in the past and he has been excellent. Not to be missed!

Best wishes,

Ian Albertson

Mobile: 0407 215 025      Email: ialberts@bigpond.net.au

*If you are unable to attend the next Probus Meeting on Monday, 9 February please notify Secretary Janelle by text or phone (0457 205 749) so that your apology can be included on the Agenda.*

## FEBRUARY'S GUEST SPEAKER

RAY REES

Topic: "The Golden Age of Steam"



**Presenter – Ray Rees CMDR, RAN Rtd**

Ray spent over thirty years in the navy, starting out as an apprentice shipwright. After continuing his education and climbing the officer ranks, his last position at sea was as the Marine Engineer Officer in the steam powered guided missile destroyer, HMAS Brisbane. After spending several years in San Diego working on exchange with the USN, he finally retired from the navy as a commander.

He has published a memoir on his life in the RAN, titled "From apprentice to Commander" and has been an active volunteer in the Sydney Heritage Fleet, currently serving on the board of directors and regularly sailing aboard the Barque James Craig.

**Sydney's best kept secret - The Sydney Heritage Fleet**

## Overview

From its establishment in 1965, the organisation, now known as the Sydney Heritage Fleet, has a long history of acquiring, restoring, and operating a wide selection of ships and boats from early Sydney and beyond. With the oldest vessel in the fleet dating back to 1874, sail, steam, and diesel propulsion systems are all represented.



Today, we build social capital by providing opportunities for people of all ages and walks of life to become involved. Restoration, maintenance and learning to operate our old vessels prove that we are never too old to learn and to pass on our skills and experience to others. Together, we make range of vessels available for the public to experience the bygone days upon Sydney harbour and beyond.

## PICS FROM LUNCH AT WATERVIEW CAFE, BICENTENNIAL PARK

Thursday 29 January, 2026



Gordon, Kay and Ken



Homebush Probus Club - group





Steve, Brian and Li



Ann, Raymond, Tim and Willa

## PRESIDENT IAN'S 4 HOTELS IN 4 WEEKS

**1-3 January, 24-26 January      Novotel Bali Airport Hotel**



Dining Room – Kid's Corner (note the soft serve ice cream machine)





A great way to finish breakfast!



Dining Room



Exit from Lobby to Pool



Gourmet Bar in the Lobby





## Lobby Christmas display still up New Years Day



Novotel hotels rarely have an Executive Lounge but this one has what they call the Premier Lounge. Drinks and nibbles available all day. Alcoholic drinks from 5.30 pm



Cosmopolitan cocktail

**3-15 January Nusa Dua Beach Hotel and Spa**



Looking towards Palace Club Lounge dining room from Cabana



Palace Club suite





Pond (from Cabana)



Palace Club Lounge (dining area)





Eggs Benedict for Breakfast



Breakfast 2 – Fillet Mignon



Breakfast 3 – fried eggs with the lot



Ducks



Stork (?)



Pina Colada





Afternoon Tea



Pool



Beach

**15 – 24 January Sofitel Nusa Dua**



Club Millesime





Luxury Pool Access Room



Pool access – connects to main pool





Cocktail



Afternoon Tea - buffet



Rear of Pool Access rooms



Afternoon Tea





View towards beach from Lobby Bar



Balinese dancers perform at a Cocktail Party



**28-30 January**

**Sofitel Wentworth hotel (Sydney)**



Afternoon Tea



Club Millesime



Cocktails and canapes from 5.30 pm



Breakfast – Eggs Benedict

## IN THE KITCHEN

INDONESIAN

### Indonesian Fried Rice (Nasi Goreng)

by Diny Milasaril - Cook Snap Win 2019

★★★★★ (7)

Difficulty Level



Cooking Time

20 mins





## Ingredients

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Serves: **1-2 people**

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### Main Ingredients

- 1 cup cooked rice
- 100g diced chicken meat
- 2 eggs
- Mixed frozen vegetables
- 1 tbsp oil

### Seasoning Mix

- 1 tsp garlic paste
- 1 tsp oyster sauce
- 1 tsp dark soy sauce
- 1 tbsp sweet soy sauce
- ½ tsp sesame oil
- ½ tsp fish oil
- 1 tbsp tomato sauce

### Garnishes

- Fried egg
- Prawn crackers
- Sliced tomato
- Lettuce

## Directions

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### To Cook

- 1 Pour 1 tbsp oil into a non-stick pan and cook the diced chicken.
- 2 Add garlic paste and stir well until chicken is cooked and fragrant.
- 3 Beat 1 egg into the pan, then add in the vegetables.
- 4 Stir well until the vegetables are cooked.
- 5 Add the cooked rice, oyster sauce, dark soy sauce, sweet soy sauce, fish oil, tomato sauce and sesame oil and stir to combine.
- 6 Serve with fried egg, prawn crackers, sliced tomato and lettuce.