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General Meeting 10.10.25



The 104 members and guests who attended the October General Meeting had a warm welcome from President Kay, and a reminder from Annette that this is Probus month, when clubs everywhere recognise our organisation. Our celebration will be combined with the monthly Barbies and Bocce at Sandison Park, North Glenelg, where Probus balloons will accompany the sausages (or whatever you choose to throw on the barbie), salad, good companionship and optional bocce. Come and join the fun – and if you’ve never played bocce before give it a try. Anyone (even your non-sporting editor) can do it.



Our Christmas lunch date of Friday, 5 December, was confirmed – don’t forget to book. The usual information was given by Jan, Events Manager, and Valerie, for the newsletter. David Harris outlined his research into Men’s Groups in local Probus clubs and received a show of hands indication that a number of men would be interested in joining such a (casual) group on perhaps a monthly basis - to be arranged. (Did we notice some wives’ hands going up to propose their other halves?)



A presentation to Frank Boylan was applauded: a small flag created by Shirley Robertson, to assist him in his tour guiding - much appreciated during the recent Quorn trip, so ably managed by Rosemary and Annette, with Frank leading our trips around the area. Then it was on to Member Moments, with enjoyable contributions from Myra, Frank with a Mad Cow story, and Rosemary proposing a Cup Day lunch - many enthusiastic takers for that.



Guest speaker Louise Davy was introduced by her long-time friend Rosemary Edgley, who told us about Louise’s background as a nurse and midwife in many remote places, then her new calling as a Uniting Church minister, work which eventually led her to Uganda and Living Gift Ministries. Her first visit in 2012 was the basis of many subsequent annual trips and years of work raising funds to relieve the poverty and misery she found there. Louise told us of many moving cases where donations have assisted in the provision of water tanks to waterless dwellings, or



enabled schooling of children to give hope for the future. Mothers deserted and left destitute to bring up children have been given support with sewing machines for some earning in the subsistence level economy, in a country where bribery and corruption are rife, and there is little hope of any other support. It was a grim picture she painted, and good to see the donation bowl at the end of her talk being filled. ‘Incredible

poverty but also great joy’ was her summary of the way of life for so many people in Uganda, and her talk opened our eyes to a different way of life.

A group of about thirty people went on to Glenelg Bay Surf Club for lunch.



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Please ensure that your name is in

President's Message

The trip to Melrose and Quorn was a huge success, with friendships consolidated over dinners, gin tasting, platters in parks, a sausage sizzle in a gorge and so many stories being shared. Special thanks go to Annette and Rosemary for their planning and organising, to Frank for sharing his historical (and sometimes hysterical) knowledge and to Marie for sharing her memories of growing up in Quorn. Thanks to everyone who took part and shared in this adventure.

Louise Davis was our very inspiring guest speaker for the October meeting. She showed how previous donations from PROBUS members had been used to enable some Ugandan families to establish a means of generating income and making their daily lives easier. Louise's philosophy of determining the skills and abilities of people and helping them to purchase equipment, such as a rainwater tank, a sewing machine, or a work space to enable them to set up a small business, resonated with our members. Louise left the meeting with a bowl full of money, 100% of which she will use to continue improving the lives of people who otherwise have very limited prospects for employment. We wish her the very best for her continued work in Africa.

The guest speaker for November is Mike Smith, whose topic is Riding on the Sheep's Back.

Stay well everyone! Kay

CALENDAR EVENTS

Most events will need to be booked in via Trybooking (see page 7 or web site for tour details and booking)

Wed., October 22: 10 am Coffee at Swedish Tarts

Friday, October 31: 5 pm Happy Hour at GSLC and optional dinner after at GLSC

Wednesday, November 5: 10 am Walking group A

Monday, November 10 : 1.00 pm Committee meeting

Wed., November 12: 10 am Coffee at Swedish Tarts

Friday, November 14: 9.45 am General Meeting with guest speaker. Optional lunch: GSLC

Wednesday, November 19: NO walking group A

Wednesday, November 19: Monarto Zoo trip

Wed., November 26: 10 am Coffee at Swedish Tarts

Monday, December 1: 1.00 pm Committee meeting

Friday, December 5: 12.30 pm Christmas meeting at Glenelg Golf Club - lunch and entertainment

Wednesday, January 21: 6.00 pm Dinner at Ottoman Grill, 168C Jetty Road, Glenelg

HAPPY HOUR :



Happy Hour at the Glenelg Surf Lifesaving Club on Friday September 26 saw a friendly group of Probus member gather for a drink, with a number staying on for dinner. It's always the LAST Friday in the month, so think about joining us for the final gatherings for 2025, on October 31 and November 28, but please book on Trybooking. Easy parking under the building. Just look for our table- you'll be very welcome.



Important reminder!

Please remember to bring a photo of your wedding dress (and you in it!) for our Probus tree in the Christmas Tree display in Glenelg in December. Give photo (or copy) to Annette at meeting in November



Happy birthday to our November birthdays:

Rhondra Bailey (22nd)
Malcolm Beatty (7th)
Jim Bowering (23rd)
Chris Bradshaw (7th)
Brian Frearson (14th)
Dianne Jesson (15th)
Helen Manning (3rd)
Gavin Talbot (15th)



Greetings to any others we may have missed.

My wife and I decided to never go to bed angry at each other. We've been awake since Thursday.

IT Conversation Group Session

Our next meeting for the Probus Club of Marion IT Conversation (Computer) Group will be on Friday 7th November – With Emily from the Community Programs and Events office- Libraries/City of Marion, who will give our group a session on VPN (Virtual Private



Network), Upgrading to Windows 11 and

setting up a Digital Legacy Plan, plus time permitting, information on Facebook profiles, please bring your questions for the Q and A session. The session starts at 10.30AM in the upstairs room at Club Marion and will be finished by 12.30PM. Coffee is available to purchase at the bar. Dates to mark into your diaries:

No meeting sessions until....

February 6th 2026 – Emily, Topic to be confirmed

March 6th 2026

April 10th– Emily

May 1st

June 5th – Emily

July 3rd

August 7th - Emily

All our and other Probus club members, partners and friends are welcome. See you on the first Friday of every month.

Regards Bob Brammy Probus Club of Marion 0417126200



Q. Why do bees stay in their hives during winter? A. Swarm.

This has kindly been printed by
STEPHEN PATTERSON MP
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WALKING GROUPS:

Walking group A

A touch of summer weather for our second October walk on the 15th. It is so pleasant walking the loop from the weir to University Bridge and back as the path is good, the river makes you feel cool, and the trees and flowers - especially the roses - add to the delight. Thank you to Rosemary for again providing us with a small bag of oats to feed the ducks and other water loving birds.



Walk Wednesday 5 November at 10.00 am
Meet in the Hamra Avenue, West Beach (off Military Road) carpark.
The walk on 19 November will be cancelled due to the visit to Monarto Zoo.
Lenore Jones Coordinator 0419 825 532

Walking group B

A 1 hour Saturday Morning walk with Annette Pelling. Anyone interested, meet in the Bay Junction outside the Travel Agency for a 10.00 am start.
We walk down Jetty Rd, along Partridge St, down the Broadway to the beach, back along the seafront and up Jetty Rd to the start point. Join in anywhere along the route. Love to see you anytime.

Annette 0414 851 029

76th Annual Legacy Race Day

Saturday 8th November (Champions Stakes Day)
MORPHETTVILLE RACECOURSE



Your Legacy Race Day Experience
at the Wolf Blass Event Centre

Entry into the racecourse
Three-course plated lunch
Five-hour beverage package
Premium trackside views



Scan to Book

LEGACY

Serving the families of those who served.

COFFEE MORNINGS:



Not everyone went to Quorn but three of those who stayed behind met at Swedish Tarts on September 24 for an enjoyable coffee and a good chat. Just like the table name that was not exact in Quorn, neither was the one at Glenelg on the day. (see photo). Great to see that with so many of the regulars away, the tradition of the fortnightly Wednesday 10am coffees was kept alive. Back to normal on October 8 at our usual table down the back, and the ten present enjoyed our time together. Come and join us on Wednesday October 22 and November 12 and 26 You'd be warmly welcomed.

Further information: Marilyn (0413 222 983) or Marie (0409 673 000)



BARBIES and BOCCE



September 28
Barbie'n'Bocce brought out the usual crowd of regulars for a cold but sunny Sunday at Sandison Reserve, Fourth Avenue, Glenelg, and a



barbecue before the traditional bocce, with winners Peter and Mary. Always fun, so come and join us join us on the last Sunday each month. Just bring your sausages, a small salad, something to drink and a willing spirit to tackle this non-demanding activity with a group of friendly people. Next dates October 26 and November 30. Information:

Annette 0414 851 029



Film lovers alert

Probus movie-lovers monthly event:

Come on, we all know hilarious, deadpan, sharp-as-a-tack satirist John Clarke, don't we? Well, we might know his shows. I know him best for his ABC TV program *The Games*. His daughter has now made a film revealing the life of the man behind the different facades: *Not Only Fred Dagg But Also John Clarke*. (Note the reference to the British comedy show, *Not only... But Also*, with Peter Cook and Dudley Moore.) This movie promises to boost our thinking powers, and to make us laugh. It is being screened at the Mercury Cinema Friday 7th November, movie starting at 10.30am, and preceded by a Retire Australia morning tea at 10am.

On Friday 21st November at 10.30am will be *The Room Next Door*, with Julianne Moore and Tilda Swinton. It is Almodovar's first English-language film. I mention this screening because, after it, there will be a Script Club discussion on screenwriting and screenplay structure, which interests me. But don't forget the morning tea that precedes the film at 10am.

Anna Bianchi 0438 390 337

(Ed: At \$10 a film, this is remarkable value !)

SMELLING THE ROSES - at Jurlique



Well, actually the roses weren't in bloom, though bushes covered in buds gave promise for the future! However, there were many other delightful fragrances as we wandered through the herb gardens at the Jurlique Farm near Mount Barker. This is where all those top quality creams and moisturisers, balms and skin products come from, and the 23 Probus members who took the 90 minute tour, guided by the knowledgeable Faye, were allowed to sample many of the goods.

The processes were explained in detail, after an outline of the background to the Jurlique enterprise, visionary brainchild in 1985 of Jurgen Klein, a biochemist and naturopath, and wife Ulrike, a botanist and horticulturist, which has grown in to a world-wide famous brand. We saw the full progression, from the seedlings in their hothouse, then wandered through the gardens of the farm, while Faye explained the various properties of the huge variety of plants and flowers that go into Jurlique products. Forty years of experimentation and experience, even a special rose to mark the 40th anniversary, and the 2000 lavender bushes that are the other signature perfume, all contributed to our understanding and enjoyment of the many product samples. Emphasis was on its key features; that the enterprise is biodynamic and fully self-sustainable, even to making their own compost, and keeping beehives to manage propagation of plants. A final tour of the drying room, with its racks of plants and petals, was followed by a trip to the shop - and a number of Jurlique bags accompanied us to the cars before setting off for lunch at the Bridgewater Inn.

As someone commented later: We enjoyed a wonderful day at the Jurlique Farm today. Everyone was impressed with the exquisite range of products we sampled, leaving our skin feeling refreshed and amazing.



Green Green Green



Everywhere I looked, it was green. Green grass, green trees, green hills, green mountains. And rivers. Rivers everywhere. Coming from dry South Australia with about two rivers to its name, it was so beautiful. And calming in a way.

I have just spent five weeks taking the back roads and wandering through

little countryside villages and seaport fishing villages in England, northern Wales, Scotland and Ireland, learning so much about their history and experiencing their culture, customs, traditional food and music.

I stayed in a castle, I stayed in a lovely little country pub in the middle of nowhere with a donkey as a neighbour, I ate haggis, black pudding and white pudding, I drank Scottish whiskey impregnated with peat - absolutely disgusting - and Irish whiskey - much better - during whiskey tastings at distilleries. I went to tiny country Irish pubs and had a Guinness with my seafood chowder and joined in with the singing of traditional Irish folk songs. The pub was one of forty pubs in a little fishing village on the Atlantic Coast. The Irish love their pubs! It's interesting to watch a true Guinness poured. It's done in stages. The pour is stopped part way through to let it settle - a couple of minutes - before pouring the next stage. That is a true Guinness.

There were lots of highlights for each country, these were some of them. The holiday was made up of three back to back tours with the same company, Back-Roads Tours. I would use them again.



Ann Lewis



November Monday 10th -
Adelaide Music club's AGM,
Serbian Folk Dance Troupe
and Sandi McMenamin



Christmas Party - Flaming Sambucas

Monday 1st December 2025

The Flaming Sambucas is the original and the best "2 girl/2 guy" corporate and entertainment party band.



Bookings via AMC website -
<https://adelaidemusicclub.com.au/bookings/>
More information and bookings- email
starickmyra@gmail.com or text at 04288

BELOW IS A LIST OF WAYS
TO WIN AN ARGUMENT
WITH A WOMAN

I don't always
wake up grumpy...
sometimes I let
her sleep in.



And northward we went

It would be hard to do justice to our five-day Probus trip north, Sunday 20th to Thursday 25th September. It was a magical few days, exploring the Melrose /Quorn gateway to the Flinders, with welcoming small towns, varied countryside, historic pubs, delightful walking gorges and food ..drink ... more food ... more drink and, through it all, terrific companionship.

The triumvirate – Annette, Frank, Rosemary – did a fabulous job of organisation, with Frank's raconteuring skills (non-stop tales of people and places of the area) and tour-guiding enterprise, Rosemary and Annette's planning and extraordinary catering abilities, and their capacity to draw together thirty-six people into a harmonious and sociable group.

First day on the trip was to Melrose, with a daunting start in drizzle at Auburn for morning tea, but the unexpected entertainment of a fashion design show next door, even including some designs by Liz Haynes' grand-daughter! Then the weather steadily improved and the rest of our travels were in sunshine. A pizza lunch in the cellars of Jack's Brewery and a look around Melrose before dinner at the historic North Star hotel were followed by a tour of the town and Frank's insight into its history next morning.

Then it was on to the scenic Alligator Gorge and a sausage sizzle lunch, after which an intrepid few clambered down the steep steps to the creek bed below, before the reward of gin-tasting at the Quorn Gin Distillery and settling into our Quorn accommodation. Despite the sudden quitting of the chef at the Austral Hotel, they turned on an excellent meal – a triumph of resourcefulness, and we certainly didn't go hungry. Next day's trip to Kanyaka Ruins proved a moving trip into the past, and we wandered round the old buildings and the historic shearing shed, and reconstructed past times and way of life. On to the beautiful Warren Gorge, with its spectacular rock faces and glorious scenery, before heading back to Quorn for a picnic lunch in the sun, then an afternoon before dinner at another pub from the old days, the Transcontinental, where Marie gave us a reminiscent picture of her life in an earlier Quorn.

Marie's close knowledge of the town was a great asset as she led us on a walking tour next morning, ending in a tour of the old Court House and its memorabilia, with a talk by Meredith, a local Quorn Probus member – we were grateful both for that and that they opened the Court House just for our group. Off for the day, then, on the famous Pichi Richi Railway, and our slight disappointment at lack of a steam engine was more than balanced by the pleasures of the day as we rounded curves, gazed out over the sun-bathed countryside, and teetered over narrow bridges, before a catered lunch at Tickle Belly Hill and a return to Quorn for a soup and rolls tea at the Austral and an evening at the Silo Light Show. Dinner brought us Laurie's tale of his tribute picture to murdered camel jockey, Jessie Fullerton of Quorn.

A bonus in these days was contact with some ladies from the Quorn Probus Club who joined us for several events. One member wrote to us later, saying: *Thank you all for making us so welcome on our trip to Quorn. Great few days! Feeling a lot more knowledgeable with regards to the history area/ towns and relaxed despite the fact I ate too much!! I meant to say to the group that anyone would be welcome at our meetings on the 1st Wednesday of the month 10.00 @Carrackalinga house, Victor Harbor.*

Such a great trip, and we meandered our way reluctantly back to Adelaide and everyday life next day, all I suspect a few kilos heavier, but very happy with our memories of a wonderful few days.

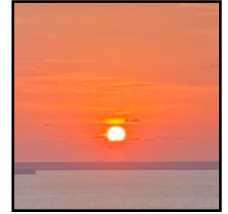
Valerie



Mixed news on health. Dorothy and Graham Rundle-Kerley have both been in the wars and were missed on the Quorn trip, but are back with us again. So too is Kathy Kingston after her operation – and they're all still smiling.



Lenore Jones spent eleven nights in Darwin with her cousin who has a luxury apartment on the Esplanade. Her photos show a stunning sunset and a view across to the harbour where the Crown Princess was docked and the nightly lit Parliament House. It was a relaxing and leisurely time with lots of reminiscing how growing up they were like “two peas in a pod”.



Marilyn March set off to QLD for a plant-based eating retreat run by this group: *Eat by Reignite is a nourishing three day Plant Based Cooking Experience, providing you an umptious Plant-Based meals for you and your family.*

A few days after our fantastic Probus Quorn trip, Molden-Hauers repacked and headed off to Ballarat to catch up with family. Sovereign Hill is interesting and a fun place to visit with grandchildren, they say. Peter and granddaughter, Maeve both found small flecks of gold when they tried their hand at panning in the stream. They recommend arriving at opening time as it gets very crowded, especially at the gold panning. It was a delight to find the original Eureka Flag on display at the Eureka Centre, an informative, interactive museum.



Angela and Harry Hayes went to see CATS musical at Her Majesty's Theatre and really enjoyed it. Angela saw it about twenty years ago and thought this latest one was better.



Colin and Caroline Arrowsmith are currently in London but moving to Welwyn Garden City to stay in the house of Colin's cousin's neighbours, who are currently in their apartment in Glenelg. Carolyn reports that she has been ill in bed since arrival with a bad bout of RSV and strongly recommends that all Probus members get the RSV vaccination against this potentially very serious illness for seniors. She is trying to avoid hospitalisation as they are due to fly to Vienna next Wednesday – hopefully! The photo is of Colin's family - without Caroline who was ill..

At the Annual general meeting of the Residents of Holdfast Bay Residents Alliance on Monday, 10 November, 6.30-9.30 they will have a special guest, Hon Joe Szakacacs MP Location: Brighton Lacrosse Club, Highet Barry Salter.



Lenore Jones is happy to announce the arrival of her 5th great-grandchild ; we'll soon be calling our Vice-President *Mother Earth*.



Robin Jarman and Cathryn Wellner are looking forward to this year's South Coast Jazz Festival in Goolwa. By the time you read this, the event will already have occurred (October 17-19), and they will have spent the weekend volunteering. It is a splendid event, with musicians of all ages from around SA, VIC, and NSW (including the young folk in the photo). It happens the same weekend every year, so put it on your calendar for 2026.

An invitation from Carrick Hill to the Christmas festivities there: from 12 November, Carrick Hill will

embrace the warmth and nostalgia of a traditional Christmas. The House Museum will be adorned with decorations inspired by the Haywards' era, offering visitors a glimpse into the charm of Christmases past.

This season, immerse yourself in the playful Christmas Mouse Hunt, where mischievous mice are hidden throughout the house, and enjoy a special visit with Father Christmas, creating lasting memories with the jolly old man himself. A great thing to do with grandchildren of any age. The Carrick Hill Shop will feature a selection of thoughtfully curated Christmas gifts, with every purchase supporting the care and conservation of the House Museum and Gardens. (Details: Frank White)



We mourn the passing of our Foundation Member Mignonne Symonds on 16 October. Mignonne was an enthusiastic and highly-regarded member of our club, with a stoic and positive outlook throughout her illness and a determination to live life to the fullest right to the end. The photo was taken at her 'Last Hurrah' – she will be greatly missed by her many friends at Glenelg Bay Probus.