



Combined Probuss Club of St. Helena Inc.

Incorporation No: A00048111V

Fellowship, Friendship and Fun

July

Newsletter

**Monday
21 July 2025**

(entry from 9:30am)

**Please do not attend if
unwell**

**General Meeting
10:00am**

**Guest Speaker
Dorothy Docherty**

Venue and Meetings
RSL Greensborough
111 Main Street,
Greensborough
on the 3rd Monday of each
month, 10:00am, unless
otherwise advised

Postal Address
P.O. Box 131, Briar Hill, 3088

Email Address
Email 1008013sh@gmail.com

Club Website
<https://www.probussouthpacific.org/microsites/sthelenacombined>

Next Meeting
Monday 18 August
At 10:00am



President's Message

We have passed the half-way mark of the year and I wonder how that 6 months slipped by so fast. One good thing though is that we are now on the right side of the shortest day of the year, always something to look forward to once the days start to close in.

A small group enjoyed their visit on the 9th of this month to **Rivers Nursery** for an indoor information session. This was followed by a delicious Devonshire morning tea. Nice way to spend a very cold morning. Thanks to Jan Baker for organising this outing.

The other activity we can look forward to this month is our fifth **Christmas in July lunch at the Montmorency/Eltham RSL**. This year will be a little different with a country music theme, which should be fun. Feel free to wear your cowboy/cowgirl outfits – I dare you!! This event is fully booked, but if you would like to come you can still fill in the booking form or let me know, and be on a waiting list in case of cancellations. Our numbers are capped at 60.

****I would like to take this opportunity to remind everyone that a booking needs to be made for every activity you would like to attend. Either use the link in the newsletter to book online or let the organiser know that you would like to attend. Increasingly people are paying without having made a booking which makes it difficult for activity organisers to manage numbers and may result in disappointment if you miss the cut off.****

Here's a little tip for you. If you can't think of a word, say "*I forget the English word for it.*" That way people will think you're bilingual instead of a little forgetful.

I hope you all keep warm and well and manage to avoid all the nasty colds (and worse) that are doing the rounds.

Kaye

Apologies for July meeting:
Please submit an apology to
Colleen Cameron 0417 529 297
trev.cameron@bigpond.com

Contributions for
August issue to
Pat Cartwright
by Wed 6 August

BIRTHDAYS

Trevor Cameron 0455 281 740



Rod Campbell-Fraser, Don Gowers, Chris Kelly, Maureen Lawson, Wendy Macdonald, Kelvin Mitchener, Denise Moyle, Joan Myerscough, Keren Robson, Arthur Sandford, Maz Van Voorst, Robyn White and Fran Wilson

GUEST SPEAKERS

Fred Harrington OAM 0417 116 304 fred.harrington@techinfo.com.au

JUNE – JIM CONNOR

I trust members enjoyed the presentation by Jim regarding the Eltham District Historical Society and its various activities and programs in preserving and promoting the history of Eltham.

For map and details of the 3.12km **Little Eltham Heritage Walk**, go to:

<https://walkingmaps.com.au/walk/5183>

CHECK OUT TRIPS & TOURS FOR AN ELTHAM CEMETERY TOUR

JULY – DOROTHY DOCHERTY

Dorothy is from Guide Dogs Victoria. Dorothy and a friend will talk about the various activities and programs of Guide Dogs Victoria.

Trivia question. What is the link between Bob Manuell, Tom Spiden, me, and Guide Dogs Victoria?

AUGUST – MARK ‘SQUIZ’ SQUIRRELL

Squiz was awarded the coveted “Green Beret” whilst serving as an Officer with the Australian Commandos. His tenure with the military provided him with the skills and courage to succeed amongst adversity and turmoil. It was the perfect grounding for a career as an International Aid Worker. Squiz escorted food convoys through the Gaza Strip, negotiated with the Tamil Tigers and brokered deals with Somali Clansmen to ensure the safe delivery of United Nations food aid.

In addition to this, Squiz has taken the concept of being motivated at work to an all new high. He was inspired by his organisation, the United Nations World Food Programme (WFP), and the impoverished people that it feeds, to climb to the top of the world in order to raise awareness of the global hunger crisis. After a gruelling six-week ordeal, Squiz raised the WFP flag on the summit of Mount Everest.

Fred

From the Editor: We had the privilege of listening to Squiz way back in 2012, so this will be an opportunity to catch up on his exploits.

REVISED CONSTITUTION AND STANDING RESOLUTIONS

The Combined Probus Club of St Helena Inc. will adopt the Recommended Constitution provided by Probus South Pacific Limited as sent to members on 26th May and provided on request. No alterations are possible as this document has already been approved by Consumer Affairs Victoria for other Victorian clubs.

The club's Standing Resolutions were revised and a copy sent to members also on 26th May and provided on request. These will be adopted without change as members had until 9th July to lodge any queries in writing. A copy will be re-forwarded to members with the August newsletter/18th August meeting agenda.

NOTICE OF MOTIONS for 18 August 2025 meeting of the Combined Probus Club of St Helena Inc.

Notice is hereby given to all members of the following proposed motions:

- a. That members, by special resolution, hereby adopt the Recommended Constitution provided by Probus South Pacific Limited replacing any current Constitution of the Club.
- b. That members hereby adopt the attached Standing Resolutions replacing any current Standing Resolutions of the Club.

PROXY VOTING - Should you be unable to attend the 18th August meeting to vote in person and wish to register your vote, you may apply to the Secretary to be provided with a proxy form. By doing so, you will have the option to appoint another member to vote on your behalf. To be valid, a form appointing a proxy must be received by the Secretary at least 48 hours before the commencement of the meeting at which the vote is to be taken.

REGISTRATION FORM FOR OUTINGS, ACTIVITIES AND TOURS

A reminder that **every** member and non-member participating in activities is required to complete one of these forms (see sample opposite) and lodge it with the Membership Officer, Neville Jenkin. The form includes an important section for updating contact details.

Note: As shown on the form, the emergency contact person listed should not be a member of the Club.



REGISTRATION FORM FOR OUTINGS, ACTIVITIES AND TOURS COMBINED PROBUS CLUB OF ST HELENA INC.	
PARTICIPANT'S DECLARATION	
I, _____ (NAME OF MEMBER OR VISITOR) hereby apply to participate in the activities of the Club which may involve outings, tours and trips and in so doing:	
<ul style="list-style-type: none">• I understand that I am the person who is fully responsible for the state of my health and I undertake to do all that is necessary so as not to place other participants at risk, including putting them under stress or duress or putting them in danger because of the state of my health or my behaviour.• I hereby declare that to the best of my knowledge I am fit enough to undertake Club activities and agree to advise the Club should my state of health change.• I hereby declare that I will only participate in activities where I am physically capable.• I understand that it is not the role or responsibility of the Club or a Club member to act as a <u>carer</u> should I need one.• I understand that by completing this declaration that it in no way restricts or limits the insurance cover available to me as a member or visitor through the Probus National Insurance Program while participating in an approved activity of the Club.• I understand that the Probus National Insurance Program does not provide coverage for illness and that I can access information about the coverage available under the program from the Club Administration section of the PSPN website or by contacting the Club Secretary.• I understand that as a participant, I may appear in photographs taken by the Club or Association which may be used to promote the Club and Probus generally.• I understand that it is my responsibility to advise the Club Secretary in writing of any change to this declaration.	
SIGNATURE _____	DATE: _____
PLEASE COMPLETE THIS EMERGENCY CONTACT FORM	
In the case of any accident, illness or emergency please contact the following person (this person should not be a member of the Club):	
Name _____	Relationship _____
Telephone Number/s _____	
Email _____	
Issued 160921	

OUT AND ABOUT

JULY WALK – Banyule Flats

This is the way the walks can be experienced: 45 min walk then 1 hr and 15 min. talk over morning tea, especially when meeting up with other Probus members.



Pic of the Month goes to the intrepid Walks leader, Garry



9th JULY – RIVERS NURSERY TALK & MORNING TEA

Thirteen members enjoyed our visit to Rivers Nursery. We listened to an interesting talk about the health of our garden soil and the best way and time to feed the soil and our plants.

Morning tea was a scrumptious serving of scones, jam and cream with coffee or tea. Thank you all for coming.

Jan

Editor: Sorry about the pics – the photographer (Editor) was too busy eyeing off the Devonshire Tea.



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WALKING GROUP

Garry Solum 0417 274 421

garrysforklift@hotmail.com

JULY – Wednesday 23 at 10:00am – Laurimar Wetlands

Melways map 391 E6

If coming from Yan Yean Road turn left into Hazel Glen Road then left into Painted Hills Road (parking behind Woolworths).



We will meet there and then head off for our walk. The paths are flat and all made. Hopefully we will see plenty of bird life including some pelicans and cormorants.

Refreshments will be over the road at **Slices Restaurant**, 1/80 Hazel Glen Drive, Doreen.

Hope to see you there

Regards

Garry

STRATHALLAN GOLF

Don Gowers 0474 209 278

Any member interested in a relaxing nine holes of golf, followed by a social cup of tea/coffee, please join our regular group of Probus members **EVERY** Tuesday at the Strathallan Golf Club, 100 Main Drive Bundoora. Our normal tee off times are between 8:00 and 8:30. New players - please phone or e-mail.

Don



Our president is reminding all members of the need to make a booking for every activity you would like to attend. Either use the link in the newsletter to book online or let the organiser know that you would like to attend, by the "Bookings Due" date.

Increasingly people are paying without having made a booking which makes it difficult for activity organisers to manage numbers and may result in disappointment if you miss the cut off.

A lot of time and effort is put into arranging functions and activities – please make the process streamlined.

As a reminder, on the last page of every newsletter is the 2-step process for booking and paying for activities.

STEP 1 – BOOK (required before undertaking STEP 2!!!!)

STEP 2 – PAY

The newsletter PAYMENTS page has moved. It is now on the reverse of the Calendar page, simplifying keeping track of activities, bookings and payments. One grid to mark off when you **BOOK** and a separate grid for when you **PAY** for events.

TRIPS and TOURS

Phil Ciravolo 0409 940 468 ciravolo@netspace.net.au

SEPTEMBER – Thursday 18 at 10:00am

OPTION 1 – Eltham Cemetery and Eltham Courthouse and lunch at Eltham Hotel (own cost)



Location - Eltham Cemetery enter car park via Metery Road, Eltham

10.00 am start at the **Cemetery**, which will be for approx. 1.5 hours, then to the **Courthouse** for a 30 minute tour, after which we will adjourn to the **Eltham Hotel** for lunch around 12.30 pm (own cost).

Please note we are limited to **20 members at the Cemetery and Courthouse.**

Should we get a lot more interest, then Jim Connor from the Eltham Historical Society has indicated he could run a 2nd tour on another day

Please click on this link to access the booking form for **Eltham Cemetery and Eltham Courthouse and Lunch at Eltham Hotel**

<https://forms.gle/MLc16K1NchLbC5Qm8>

4 September - Bookings due

NOTE: Limited to the first 20 members to register on-line or with Phil.

Cost: Donation to Eltham District Historical Society (there is a donation box at Eltham Courthouse).

Lunch at own cost

OPTION 2 – Lunch only, at Eltham Hotel at 12.30 pm (own cost)

Location - Eltham Hotel 746 Main Road, Eltham

Given there is a 20-member limit on the tours, some members may wish to join us for lunch only.

So, should you wish to attend for **lunch only**, please complete the following booking form for **Eltham Hotel Lunch**:

<https://forms.gle/5mR1xA1BAUno4de7>

4 September - Bookings due

Once you have completed the form for one person you will have the option to click on "submit another response" to add another person. Please remember each person attending needs to complete a separate booking form for each activity.

NOVEMBER – Thursday 20 - 10:00am to 3:30pm – Beleura House and Garden (Mornington) Tour

\$58

1 Tallis Dr, Mornington

Save the date for a spectacular day out to visit Beleura House and Garden in Mornington. Due to costs, this day will be a "car share" outing (therefore travel cost is *not* included in the \$58).

There will be a maximum of 36 people.

Details will be included in the August newsletter.



Phil

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DINE OUTS / ACTIVITIES

JULY – Wednesday 30 at 10:00am

– COUNTRY CHRISTMAS IN JULY AT MONTMORENCY ELTHAM RSL

16 Mountain View Rd, Montmorency

Arrive between 10:00am and 10:30am (please note that the doors will not be opened before 10:00am)

We will be served a 2 course lunch (main course & dessert) plus tea/coffee.

Live entertainment by Col Perkins before and after lunch.

This function is fully booked, but members are welcome to put their names down with me and be on a waiting list.

Kaye Jenkin

0425 100 045

njenkin@bigpond.net.au

AUGUST – Wednesday 13 at 6:30pm - SWIPERS GULLY TRAINING RESTAURANT \$35

25 Eltham-Yarra Glen Road, Kangaroo Ground

3-course meal in lovely surroundings with convivial company. Drinks at own cost.

Please click on this link to access the booking form for **Swipers Gully Dinner**:

<https://forms.gle/ztpECneYfniLLKbq6>

21 July - Bookings due

21 July meeting - Deadline for cheque payment/correct cash, using a pink slip

30 July - EFT payment deadline, using Payment Code **SWIPERS** [Surname, initial]

PLEASE NOTE THAT THERE IS A LIMIT OF 40 MEMBERS, AND THEN A WAITING LIST.

Jan Baker

0438 194 400

stujanb@bigpond.net.au

DECEMBER – Thursday 11 at 12 noon to 4:00pm – CHRISTMAS LUNCHEON

Heidelberg Golf Club, 8 Main Road, Lower Plenty

Sue & Phil Ciravolo 0408 993 523 or 0409 940 468 ciravolo@netspace.net.au



GARDENS

Jan Baker 0438 194 400 stujanb@bigpond.net.au

OCTOBER – date tba - Ivy Lea Garden

1 Wild Duck Way, Whittlesea

Early in October we are planning a visit to Ivy Lea, a private garden at Whittlesea. The cost will be \$25 including morning tea. Afterwards if there is any interest we could have lunch at the Royal Mail Hotel Whittlesea or the Whittlesea Bowling Club.

Further details in August newsletter.

Jan

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THEATRE

Heather Wilson

0409 137 043

mrsraw48@gmail.com

- **A Booking Form is required for EACH person attending.**
- **Theatre outings are primarily for Probus members, then friends (provided they are Seniors).**

Pre-Payment is required for all **Theatre** and should be paid into the **Trip Account**
See details on the Payments Page of the newsletter.

AUGUST – Wednesday 27 at 1:00pm – “Annie”

Princess Theatre, 163 Spring Street, Melbourne

These seats will be in the **Stalls**.

Bookings and payments were due 16 June.

Heather Wilson

Legends of Brass PROMS Concert 2025

Please note that this is not a St Helena
Probus function



CARAVAN and CABINS GROUP

Chris Kelly, 0417 571 588, chrisnshirl@bigpond.com and David Wright 0438 740 353

OCTOBER – Tuesday 21 to Sunday 26

Moama Riverside Holiday Park

Corner Cobb Hwy & Shaw Street, MOAMA, NSW 2731

Phone: **03 5482 3241**

Web: www.moamariverside.com.au



The selected park has cabins overlooking Horseshoe Lagoon as well as cabins overlooking the mighty Murray River. It has a fire pit that we will investigate more. They have also offered to provide the meat for a BBQ for one of our communal BBQ dinners. The park is about 500 metres from the Moama Bowls Club – an excellent dining venue, and maybe barefoot bowls. Echuca is just across the river.

We will soon be asking for dinner preferences and maybe other activities.

At the moment we have 49 members heading to Moama and an empty waiting list.

MARCH 2026 – Tuesday 17 to Sunday 22

BIG4 Ingenia Holidays Queenscliff Beacon

78 Bellarine Highway Queenscliff, Victoria

Phone: **03 5258 1133**

If you wish to join the group, please ring the park and mention **Group Booking No 56390** and make an appropriate booking. Please then advise **Chris Kelly** of your booking.

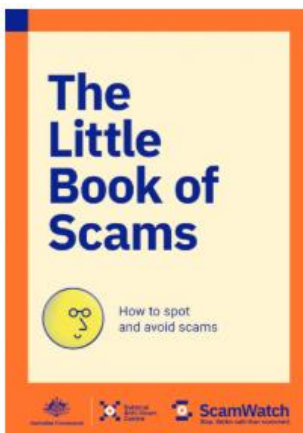
At the moment we have 46 members heading to Queenscliff and an empty waiting list.

Regards

Chris Kelly & David Wright

Convenors – Caravan and Cabin Group

0417 571 588



To download this 40-page booklet mentioned at the June meeting:

<https://www.accc.gov.au/system/files/little-book-scams-2024-english.pdf>

YOUR COMMITTEE FOR 2025/26

President	Kaye Jenkin	0425 100 045	njenkin@bigpond.net.au
Vice President	Fred Harrington OAM	0417 116 304	fred.harrington@techinfo.com.au
and Guest Speakers			
Secretary	Pat Agius	0428 551 502	patriciaagiusvicau@gmail.com
Assistant Secretary	Jill Wallis	0411 473 296	jandjwallis@netspace.net.au
Treasurer	Robert Wilson	0408 344 479	mrraw49@gmail.com
Trips and Tours	Phil Ciravolo	0409 940 468	ciravolo@netspace.net.au
Membership	Neville Jenkin	0475 700 071	njenkin@bigpond.net.au
Newsletter	Pat Cartwright	0411 083 467	pat.cartwright@optusnet.com.au
Welfare	Jan Spiden	0417 368 463	tjspiden@gmail.com

Appointed Officers

Assistant Treasurer	John Wallis	0408 889 158	jandjwallis@netspace.net.au
Historians	David Wright	0438 740 353	davidawright47@icloud.com
	Ralph Green	0411 139 245	rebgfound@gmail.com
Meet and Greet	Lorraine Jelley	0419 547 941	ljelley@hotmail.com
Technical Officers	Peter Jelley	0408 806 720	jelley2268@gmail.com
	Ralph Green	0411 139 245	rebgfound@gmail.com
	Chris Kelly	0417 571 588	chrisnshirl@bigpond.com
Website Manager	Chris Kelly	0417 571 588	chrisnshirl@bigpond.com

Sub Committees and Organisers

Caravan and Cabins	Chris Kelly	0417 571 588	chrisnshirl@bigpond.com
	David Wright	0438 740 353	davidawright47@icloud.com
Gardens	Jan Baker	0438 194 400	stujanb@bigpond.net.au
Meet and Greet	Maz Van Voorst	0407 527 300	albert.v@bigpond.com
	Lyn Lighton	0413 725 577	llighton@optusnet.com.au
Strathallan Golf	Don Gowers	0474 209 278	dgowers01@yahoo.com.au
Theatre	Heather Wilson	0409 137 043	mrsraw48@gmail.com
Walks	Garry Solum	0417 274 421	garrysforklift@hotmail.com

Dine Outs and Activities Please refer to the newsletter for the organisers each month

Membership Attendances: It is important that members ensure their names are marked off the attendance list at the door when entering each month. If you do not have your name marked off the attendance list, you will not be covered by insurance so please keep this in mind. Attendance at not less than six meetings per club year is required to retain your membership, subject to leave of absence in cases of sickness or on other reasonable grounds. Members not attending meetings and failing to submit an apology for three meetings in the club year, 1st April to 31st March, will be deemed to have relinquished their membership, which will be terminated and the member notified accordingly.

Apologies: If you are unable to attend **July** club meeting please submit an apology to

Colleen Cameron 0417 529 297
trev.cameron@bigpond.com

Welfare: Please advise **Jan Spiden** if you are ill or know of another member who may not be well so the club can keep in contact and offer support. The Road to Recovery may be mentioned at a Probus meeting, but medical condition details are not made public without prior approval of the member.

MY BOOKINGS FOR UPCOMING ACTIVITIES

Activity Date	Activity	Bookings Due	Booked
Wed 13 Aug	Dineout: Swipers Gully Restaurant Dinner	21 July	
Thu 18 Sep	Trip: Eltham Cemetery & Courthouse Tours & <u>Eltham Hotel Lunch</u>	4 September	
Thu 18 Sep	Dineout: Eltham Hotel Lunch	4 September	

PAYMENTS FOR UPCOMING ACTIVITIES

Activity Date	Activity	Deadlines for payment		EFT Payment Activity Code	Cost
		Meeting	EFT		
Wed 13 Aug	Dineout: Swipers Gully Dinner	21 July	30 July	SWIPERS	\$35

Pre-Payment for Activities (trips, tours, dine-outs, theatre, activities) should be paid into the **Trip Account**:

Account Name: Combined Probus Club St Helena Inc **Trip Account**

BSB: 033053

Account Number: 386630

Reference (mandatory): Activity Code Surname Initial (or initials if two with same surname)

Payments of Annual Subscriptions (1 April to 31 Mar), Pro-Rata Annual Subscriptions and Club name badge and Replacement Club name badges should be made into the **General Account**:

Account Name: Combined Probus Club St Helena Inc **General Account**

BSB: 033053

Account Number: 386622

Email notification: Email address of current Treasurer **mrraw49@gmail.com**

Reference (mandatory): SUBS Surname Initial (or initials if two with same surname)
(or for example: BADGE Surname Initial)

Note: Annual Subscription is \$35

All other payments are into the Trip Account.

PAYMENTS MADE AT A PROBUS MEETING

Cheque is accepted or Cash **PROVIDED THE EXACT AMOUNT IS PAID**, as change is not able to be provided. Two pink slips are required, each completed with your name and the details of the event. One slip will be stamped and returned to you as your proof of payment.

Entry payment made at the door by visitors and non-members is \$5 (no pink slip required).

FUTURE OUTINGS and ACTIVITIES

Weekly: Strathallan Golf every Tuesday

***** ANY CHANGES TO ACTIVITIES WILL BE ADVISED AS EARLY AS POSSIBLE *****

Wearing your name badge is required at club meetings and suggested for social functions

JULY 2025			NOVEMBER 2025		
Mon	21	Probus Meeting	Mon	03	Melbourne Cup Eve function
Wed	23	Walk: Laurimar Wetlands	Mon	17	Probus Meeting
Wed	30	Dineout: Country Christmas in July at Montmorency RSL	Wed	19	Walk:
			Thu	20	Trip: Beleura House & Garden
AUGUST 2025			DECEMBER 2025		
Wed	13	Dineout: Swipers Gully Dinner	Thu	11	Dineout: Christmas Luncheon
Mon	18	Probus Meeting	Mon	15	Probus Meeting
Wed	20	Walk:	Wed	17	Walk: tbc
Wed	27	Theatre: <i>Annie</i>			
SEPTEMBER 2025			JANUARY 2026		
Mon	15	Probus Meeting	Mon	19	Probus Meeting
Wed	17	Walk:	Mon	26	Australia Day Function
Thu	18	Trip: Eltham Cemetery & Eltham Courthouse & lunch Eltham Hotel or Dineout: Eltham Hotel Lunch			
OCTOBER 2025			FEBRUARY 2026		
Wed	15	Walk:	Mon	16	Probus Meeting
Mon	20	Probus Meeting	Wed	18	Walk:
Tue-Sun	21-26	Caravan and Cabins: Moama Riverside Holiday Park, Moama			

BOOKING AN ACTIVITY AND PAYMENTS FOR ACTIVITIES

- STEP 1 – BOOK**

Note: this STEP 1 is required before undertaking STEP 2!!!!

Each activity has its own Booking Form. Click on the link in the newsletter. **A separate booking is to be submitted for each person OR** book direct with the organiser.

- STEP 2 – PAY**

EFT payments are made to the Trip Account; one payment per activity, quoting the advertised EFT Payment Activity Code and showing Surname and Initial (or initials, if for 2 people) **OR** pay at a Probus Meeting by cheque or correct cash and submitting two Pink Slips, filled out in full.