



COMBINED PROBUS CLUB OF QUEENSCLIFFE INC.

No. A0037423Z

Address : PO Box 149 Queenscliff, 3225

www.probussouthpacific.org/pcqueenscliffe

THIS NEWSLETTER IS PRIVATE AND CONFIDENTIAL FOR PROBUS CLUB MEMBERS ONLY. IT IS NOT TO BE USED FOR ANY OTHER PURPOSE
MONTHLY MEETINGS : 1ST MONDAY EACH MONTH, EXCEPT JANUARY AT POINT LONSDALE BOWLS CLUB, OR IF MOVED DUE TO
PUBLIC HOLIDAY. NEXT MEETING IS MONDAY, SEPTEMBER 1, 2025.

President	Secretary	Treasurer	Vice President
Marilyn Brown	Martin Warneke	Alan Maloney	Malcolm Gould
0403 514 870	0409 251 523	0423 937 020	0419 225 609

AUGUST BULLETIN 2025



PRESIDENT'S REPORT

A couple of things to think about this month.

1. Anyone willing to be 'trained' to help set up (and un set!) the room for our monthly meetings could you please give your name to Martin. Leigh has kindly offered to show you the ropes. If we are inundated with offers I'm sure we can have a roster similar to that of the morning teas. Thank you in anticipation.
2. October is Probuss Month and groups are encouraged do something special to celebrate this. Have you any ideas?? If so let any member of the Committee know – the more ideas the merrier.

Well done to all who supported The Mikado at Queenscliff Town Hall. It's important to show companies such as this that it is worth their while visiting regional towns.

Marg and her group continue to provide a most interesting selection of activities for us to enjoy. Artisans of Australia Gallery and café was quite special, a gorgeous view over Corio Bay while we partook of the offerings at the Café. Well worth a visit.

Thanks to Christiana for filling in for Maria and introducing Alan Mansfield who once again provided a most entertaining glimpse into the history of the Club.

Just when we thought we'd heard it all about The Titanic, along came Eric Faulkner's talk. No gimmicks just an incredible insight into this intriguing disaster, so well presented with the whole room spellbound. I believe he talks about other things? I say 'bring it on.'

Marilyn



TREASURER'S REPORT - Alan Maloney (0423 937 020)

For forthcoming payments note that payment details are Bendigo Bank A/c BSB633000, account no. 174356063. Please put your name and what it is for in the recipient's space. Current balance is \$6486.64 including \$1500 for future events.

Alan



MEMBERSHIP - Cheryl Hawkrige (0408 356 681)

Current membership is 123 active members, 2 non active member and 3 on the waiting list.

When attending our meetings, can all members please use the doors at the north side of the building. (Not the driveway side) - so that I can check them in. All attending meetings need to be listed for insurance purposes.

Cheryl



WELFARE - Alison Fielding (0449 531 425)

Happy birthday and anniversary to all members celebrating in September!

Our Birthday and Anniversary list is made up from information given when you first joined the club.

Some people chose not to include that information. If you are not included on our monthly celebrations list and would like to be in the future, please let me know.

Our lunch after the meeting is our in-house Footy lunch.

Alison

BIRTHDAYS AND ANNIVERSARIES

	SEPTEMBER	
BIRTHDAYS		ANNIVERSARIES
Nanette Wood - Sept 1	Pam Alsop - Sept 24	Nanette & Terry Wood - Sept 7
Keith Potter - Sept 3	Faye Blainey - Sept 25	Diane & Noel Daniels - Sept 18
Graeme Morton - Sept 10	Lynne Barton - Sept 27	
Graham Mason - Sept 11	Rudi Van Dam - Sept 29	
Gail Stocker - Sept 14	Allan Curtis - Sept 30	
John Hooper - Sept 21		



MORNING TEA ROSTER - Jenny Sanford (0400 581 791)

September - Sandra and Malcolm Gould and Kaye Jenkins.

Jenny



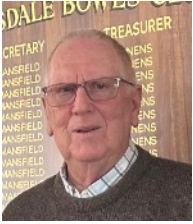
MONTHLY DINNER & MOVIE - Cheryl Hawkrige (0408 356 681)

August - Thursday 28 Dinner - 5.30 at Chang Noi - Thai, Ocean Grove

September 28th - Sunday lunch - 12.30pm The Ocean Grove Bowling Club.

September - Monday 8th. **Movie at The Breeze.** TBC

Cheryl



WALKING - STROLLERS & STRIDERS & CONSTITUTION - Malcolm Gould (0419 225 609)

Walking Group

Commencing at 9.30, August walk will be around the streets of the Point starting at the corner of Point Boulevard and Coquina Drive, Point Lonsdale. Coffee at 3225 at the end.

September walk will be along the cliff top at Portarlington starting at the Pier Street carpark. Coffee at the end at the Pier Street Café.

Constitution

The new Constitution and Standing Resolutions have been emailed to all members for consideration and comment before a final vote at the October meeting.

Dates to remember:

25 August comments and questions to be emailed to me

1 September meeting time will be set aside for any discussion etc.

6 October meeting a vote to formally adopt the new Constitution and Standing Resolutions will be held.

Malcolm



ACTIVITIES - Marj Pepper (0407 392 330)

Monday 18th August - Coffee Club, Prettys Place Ocean Grove 10am.

Friday 22nd August - Geelong. GMHBA Stadium: Polly Farmer Exhibition. Entry - Gate1 Mooroolbool St \$10 PP at gate. Car pool available if required.

Monday 1st September - Monthly meeting and in house **Footy themed lunch** \$16pp prepaid. (some spots still available). Call Marj 0407 392 330 ASAP if you wish to attend. **MUST HAVE FINAL NUMBERS A WEEK BEFORE FOR CATERING.**

Monday 15th September - Coffee Club; Plated 10am

Coming Up : Monday 3rd November - Cup celebrations and sweeps with lunch after meeting .

Monday 1st December : Christmas Lunch at 360. **\$65 Payment required at next meeting.**

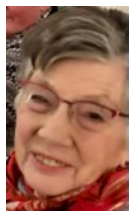
Marj



GUEST SPEAKERS - Barry Hawkridge (0428 815 474)

In **September**, Will Johnston, President of the Swan Bay Environment Association and in **October** - Nida Kelly, History of Port Phillip Paddle Steamers.

Barry



CLUB SPEAKERS - Maria Day (0427 046 720)

There will be no club speaker for September to allow time to discuss the constitution. Glenn Maloney will be the club speaker for October.

Maria



CRAFT - Nanette Wood (0412 945 176)

Nothing to report until our donation arrives from the Borough of Queenscliffe.....
So I can go shopping for more wool!!! 🧶

Nanette



Community Grant 2025 Report from Judith Powell who attended on behalf of the Craft Group -

Last evening I attended the Borough of Queenscliffe Grants 2025 presentation - Wednesday, July 30, 2025.

The evening proved to be a low key event for the announcements, held in the Community Hall, Queenscliff.

All guests were welcomed by a Borough Councillor and informed that each of those attending were recipients of the council grant scheme.

The names were slowly read out as listed. We were first announced - only the organisational name, no amount spoken nor for what purpose the funds were to be used and posted into accounts.

However, I was truly impressed by the Council's selected groups, after sharing with others. Monies were marked for growth, support, interest, being smaller community interest with larger corporations listed further.

My congratulations to the Craft group knitters and others for your commitment and time in producing these lovely pieces. Thanks also to Nanette Wood for her leadership and to Martin Warnecke for his submission to Council.

Judith

(May I encourage the men of our Club to also knit!)



FOOTY TIPPING - Alan Maloney (0423 937 020)

With only four weeks to go this is my final report until the winner will be announced at our September meeting.

Last meeting, I advised that the top four positions of our ladder were occupied by ladies. Well, we can now make that five and as a matter of fact, they now occupy seven of the top ten positions. (Gents, you need to take a good long hard look at yourselves).

Some of the movers and shakers from last month are Heather Peters who slipped from the top three to tenth whilst young Tyler Sanford has zoomed up the leader board from 30th to 6th.

So after round 20 (and the points kept under lock and key), we have Queenie Penna in fifth position along with Deborah Gilsson fourth, Alison Songsaeng sits third, in second spot Lyn Reynolds and still on top is last month's leader Myrna Maloney.

Alan



WEBSITE UPDATE

Our thanks to George Hill who has offered to upgrade and rebuild our website. He is well on the way. Our thanks also to Glenn Maloney for providing local photographs. When completed George will take members through it at a future meeting.

It will feature a copy of our current bulletin and photographs of members enjoying activities.

If you do not wish your photograph to appear on the website then you need to do two things :

- 1) Advise Martin in writing by email: martinwarneke@gmail.com, and
- 2) Ensure that you are not in activity photos when taken, as the bulletin will automatically go up each month.

Members enjoyed a pleasant outing to the Artisans Australia exhibition and lunch.....



Martin has prepared this and thought members would be interested following our CFA fire safe address. Thanks Martin.

HOW TO TREAT A BURN INJURY

Cold, wet weather brings an increased risk of burns.

Hot meals, hot drinks, and heating appliances all add to the danger of a burn injury.

Heat Burns damage the soft tissue of the body and may be caused by flames, UV radiation, hot liquids, steam, electricity, lightning by direct contact with flames, hot liquids, hot surfaces, steam, electricity, friction and chemicals.



Cold burns may be caused by prolonged exposure to low or freezing temperatures or direct contact with extremely cold objects like snow, ice or freezing metals.

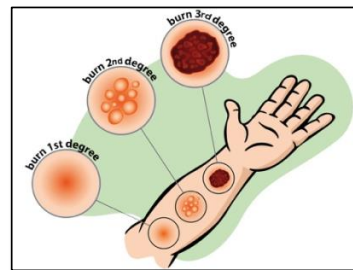


Notwithstanding their cause, all burns require some form of immediate first aid treatment. The severity of a burn can be very deceptive. Different burns with symptoms may require different, and immediate, emergency medical treatment.

TYPES OF BURNS

There are three levels/types of burns:

- **Superficial burns** only cause damage to the first or top layer of skin. The burn site will be red and painful.
- **Partial-thickness burns** cause damage to the first and second skin layers. The burn site will be red, peeling, blistered and swollen, with clear or yellow-coloured fluid leaking from the skin. The burn site will be very painful.
- **Full-thickness burns** involve damage to both the first and second skin layers, plus the underlying tissue. The burn site generally appears black or charred with white exposed fatty tissue. Very deep burns may damage the underlying muscle or bone. The nerve endings are usually destroyed, so there is little or no pain at the site of a full-thickness burn, however, surrounding **partial thickness** burns will be very painful.



It can be difficult to tell the difference between partial and full-thickness burns. The depth of a burn is not critical in the initial treatment of burns. Instead, an assessment of the extent of the burn is more important. The letters of the word, '**SCALD**', as an 'acronym', can be used to assess the severity of a burn, i.e. Size / Cause / Age / Location / Depth:

S
IZE

Size – How *large* is the burn area?

C
AUSE

Cause – What *caused* the burn? E.g. heat, chemicals or electricity.

A
GE

Age – Consider the *Age* of the casualty. Children and elderly are more vulnerable.

L
OCATION

Location – Burns on the *face, hands, feet, or groin* are serious.

D
EPTH

Depth – *Superficial* ('1st degree'), *partial-thickness* ('2nd degree'), or *full-thickness* ('3rd degree') burns. See above for a diagram.

TO TREAT A BURN

HEAT burns

All **HEAT burns** are generally treated in the same manner, i.e:

1. Cool the **burned** area under cool, running water for up to 20 minutes.
2. Gently remove any clothing and jewellery from the **burned** area. **DO NOT** try to remove any clothing that is sticking to the burn.
3. If the area cannot be completely immersed, such as the casualty's face, apply towels*, sheets* or wet clothes* that have been soaked in water. Note that these items* will need to be changed or re-wet regularly as they will absorb heat from the burn.
4. Cover the burn with a sterile**, non-stick dressing and loosely bandage it in place. If the burn covers a large area use plastic **cling wrap** - apply it as a sheet along the casualty's limb. The clingwrap is sterile** as it is applied... **and it will not stick to the burn!**



5. Minimise '**shock**':
 - Lie the casualty down for their comfort and raise their legs to assist with their blood pressure.
 - Call **000** or **112**.
 - Loosen any tight clothing on the casualty's body.
 - Keep the casualty calm and warm. Do **NOT** give them any food to eat or alcohol to drink. They may have small sips of water to make them feel more comfortable.

For large burns seek medical advice, phone for an ambulance on 000 or 112.

COLD burns

All **Cold burns** are generally treated in the same manner, i.e.:

1. **Move** the patient to a warm, dry place.
2. Gently **remove** the patient's **wet** clothing and any **jewellery** from the casualty's affected limbs.
3. **Cover** the casualty with warm blankets or sleeping bags, focusing on warming the core (chest, neck, head, groin).
4. **Note:** If the casualty is **unable** to shiver (which a definitive sign of **hypothermia**) use the rescuer's body as a source of heat - place a blanket, etc., around the casualty **and** the rescuer, until the casualty begins to shiver. The casualty will rely on the rescuers body heat to warm them. If the casualty is unable to shiver they are **UNABLE** to warm themselves. A blanket alone will **NOT** warm them. They need an external source of warmth, i.e. you, to help them recover. If/When they begin shivering, the casualty can be wrapped in a light, loose non-stick dressing, preferably clean, dry, non-fluffy material (e.g. plastic cling film).
5. Do **NOT** break any blisters that may form on the casualty's body.
6. Check the casualty for '**shock**' and treat appropriately. See point 5 in treating HEAT Burns,.



When you are treating a burn wound:

- **DO NOT** remove any clothing stuck to the burn
- **DO NOT** use ice or iced water
- **DO NOT** break blisters or peel the skin
- **DO NOT** apply any lotions, ointments, creams or powders. These may further impact the burn and will need to be removed by doctors, etc. at a medical centre.

Some other things to consider in cool weather:

- Check your home's **smoke alarms**.
- Make sure you have a suitable **fire extinguisher** and **fire blanket**.
- Devise and become familiar with an **evacuation plan**.
- Make sure your **first aid kit** is stocked.
- Check that your **insurance** is up to date.

STAY SAFE EVERYONE!

Your safety starts with *you...*
at home...
and when out and about!

CALENDAR 2025

DATE	ACTIVITY	CO-ORDINATOR	CONTACT NO.	COST IF ANY
Mon. Aug 18	Morning Tea - Pretty's Place, Kingston Village Square, 10am	Marj Pepper	0407 392 330	
Wed. Aug 20	Craft at The Breeze, 2 - 4 pm	Nanette Wood	0412 945 176	
Fri. Aug 22	Polly Farmer Exhibition, Geelong GMHBA stadium, Entry to exhibition \$10 Gate 1. Followed by lunch at Blank Space Restaurant, 12 noon. Gate 13.	Marj Pepper	0407 392 330	
Mon. Aug 25	Strollers & Striders - Meet at the corner of Pt Boulevard and Coquina Drive, Pt Lonsdale, 9.30am. Coffee at Cafe 3225 following.	Malcolm Gould	0419 225 609	
Wed. Aug 27	Craft at The Breeze, 2 - 4pm	Nanette Wood	0412 945 176	
Thurs. Aug 28	Monthly dinner - Chang Noi Thai restaurant, 64B The Terrace, Ocean Grove, 5.30pm.	Cheryl Hawkrigde	0408 356 681	
Mon. Sep 1	Monthly meeting 9.45am, Point Lonsdale Bowls Club. There will be no club speaker to allow time to discuss changes to constitution. Guest speaker is Will Johnston, President of the Swan Bay Environment Association.			
Mon. Sep 1	In house Footy themed lunch. MUST BOOK AND PAY A WEEK BEFORE FOR CATERING PURPOSES.	Marj Pepper	0407 392 330	\$16 pp.
Wed. Sep 3	Craft at The Breeze, 2 - 4pm	Nanette Wood	0412 945 176	
Mon. Sep 8	Movie at the Breeze - Details TBA at September meeting.	Cheryl Hawkrigde	0408 356 681	
Wed. Sep 10	Craft at The Breeze, 2 - 4pm	Nanette Wood	0412 945 176	
Mon. Sep 15	Coffee Club at Plated, 10am	Marj Pepper	0407 392 330	
Wed. Sep 17	Craft at The Breeze, 2 - 4pm	Nanette Wood	0412 945 176	
Mon. Sep 22	Strollers & Striders - Walk along cliff top at Portarlington, starting at the Pier Street carpark. Coffee at Pier Street Cafe.	Malcolm Gould	0419 225 609	
Wed. Sep 24	Craft at The Breeze, 2 - 4pm	Nanette Wood	0412 945 176	
Sun. Sep 28	Monthly LUNCH, Ocean Grove Bowling Club, 12.30pm	Cheryl Hawkrigde	0408 356 681	
Wed. Oct 1	Craft at The Breeze, 2 - 4pm	Nanette Wood	0412 945 176	
Mon. Oct 6	Monthly meeting, 9.45am, Point Lonsdale Bowls Club. Club speaker is Glenn Maloney and guest speaker is Nida Kelly on the history of the Port Phillip Paddle Steamers. THIS MEETING WILL INCLUDE FORMALLY ADOPTING THE NEW CONSTITUTION AND STANDING RESOLUTIONS.			
Oct 12, 17	Getaway trip to Hamilton	Jenny & Leigh Sanford	0400 581 791	
Mon. Nov 3	Melbourne Cup celebrations and in house lunch following monthly meeting.	Marj Pepper	0407 392 330	
Mon. Dec 1	Christmas lunch at 360Q following monthly meeting. PAYMENT REQUIRED AT NEXT MEETING PLEASE!	Marj Pepper	0407 392 330	\$65pp