



## THIRROUL PROBUS CLUB July 2025 Newsletter

The THIRROUL PROBUS CLUB was established 11/11/19.  
Newsletter No 7, Volume 6

### President's Message:

Hello to all members,

In case you cannot remember me, I was voted in as President for this year! However, I haven't been there for a few meetings.

I would like to take this opportunity to thank Brendan Cronin for standing in for me. Brendan is now recovering from an operation, and I wish him all the best. (I hope it wasn't the "heavy lifting" of standing in for the President !!)

Also, I would like to thank John Harris (previous President) for standing in for both Brendan and I at the last meeting.

I was reading the minutes of the last meeting and saw that we had inducted 8 new members. Welcome to you all, you have joined a great club which is very active. My advice to you is to get involved. If you are not sure what is on, just read this Newsletter.

A great introduction for new members to our club are the Buzzer lunches and small group dining. Both these outings give members an opportunity to socialize and get to know other members in small groups.

Great to see that all the trips John Penhallow has organized being booked up. John is the ultimate organizer, and you are guaranteed of a fantastic time as well as getting value for money.

Brief reminder, if you are interested, do not forget to book our Merimbula trip 3<sup>rd</sup> to 7<sup>th</sup> of November at NRMA Merimbula Beach Caravan Park 1300 787 837. (Note NRMA members get a discount)

I would like to encourage you all to attend the next CPR course at Coledale RSL (run by David Winners). I was one of those lucky ones who had people look after me, when I needed them most, and they were all CPR trained. CPR training, I believe is an absolute necessity. (Just book online).

### Management Committee 2025

#### MANAGEMENT COMMITTEE EXECUTIVE

<b>MARK BRYCE</b> President 0433014526	<b>BRENDAN CRONIN</b> Vice President 0420612336
<b>DENISE MARTIN</b> Secretary 0412363863	<b>PAT HOWARD</b> Treasurer 0425215767

#### MANAGEMENT COMMITTEE IMPORTANT CONTACT OFFICERS 2025

<b>Membership Officer</b>	<b>ROS McCAUGHTRIE</b> 0408438066
<b>Welfare Officer</b>	<b>GAIL BRENNAN</b> 0409819740

### President's Message (cont'd):

I hope you are all looking forward to our Christmas in July cruise on 13/07/2025 hosted by 2 of our wonderful, hardworking members, Cheryl and Paul.

As a reminder, we will be voting on the Constitution and Standing resolutions at the next meeting.

That is it for me. See you all at the next meeting.

Stay safe, happy & healthy,

Mark Bryce

### THIRROUL PROBUS CLUB BANKING DETAILS:

**BSB:** 802-124

**Account Number:** 100093251

**Add reference for payment** e.g. TAFE, Opera House etc

**Postal Address:** 21 WALLBANK WAY, BULLI, NSW, 2516  
**Meeting day/time:** 2nd Monday of each month, 10:00am  
**Meeting venue:** Club Thirroul, 2B Station Street, Thirroul, NSW, 2515  
**Email Address:** [thirroulprobus@gmail.com](mailto:thirroulprobus@gmail.com)

**Click the link below to access Probus Website and  
more photos:**  
[Probus Thirroul Website](http://thirroulprobus.com.au)

**MEMBERS PRESENTED WITH  
MEMBERSHIP CERTIFICATES IN JUNE**

Michelle Hiscocks, Brian Hiscocks, Jan Sadlier, Ida Lewis, Cliff Bambridge, Deb Bambridge, Cathy Quail, Kieren Quailwere presented with their Membership Certificates by John Harris at our June meeting with Mark McCaughtrie reading the Welcome message .



**OUTINGS**

**AUGUST PARLIAMENT HOUSE & HIGH TEA**

Our outing for August is a tour and High Tea to Parliament House in Sydney on Friday the 22nd. Numbers are limited to 24 and it will be the first 24 to pay into the club's account.

High Tea has 3 options - for Traditional High Tea (\$65 per person / \$75 per person Sparkling High Tea / \$80 Rose Sparkling High Tea).



**Contact:** Cheryl Seagrove 0403 500 601  
cherylsgrv@gmail.com Paul Seagrove 0438 853 995  
paulsgrv@yahoo.com.au

Thanks.

**Cheryl and Paul**

**THEATRE**



**Blow away the Winter Blues at The 39 steps  
comedy!**

Mix Alfred Hitchcock's classic spy thriller with a dash of Monty Python-style chaos, and you get THE 39 STEPS. An Olivier and Tony Award-winning comedy smash. After thrilling more than 3 million fans across 39 countries — from London's West End to Broadway — this international sensation is coming to Australia.

If you'd like to join us at the Opera House Drama Theatre, we are now going to the 3pm matinee on Sunday, the 17th of August. Groups of 4+ can buy tickets for \$101.25 each. We have our 4 tickets, so please order yours directly from the Sydney Opera House website.

This is not a TPC Approved Event (as yet- we need 4 more to make it one).

**OUTING REMINDER**

**XMAS IN JULY LUNCH CRUISE, 13 JULY**

The Christmas in July cruise is coming around fast. A reminder that the final payment of \$55 per person for the Christmas in July cruise was due to be paid by the 27 June.

At this stage, State Rail cannot confirm if there is any track work that weekend. Stay tuned and we will issue some travel details as soon as possible (but we are hoping for a 9:58 train from Thirroul).



### Kangaroo Island Tour

KANGAROO ISLAND Update: If you would like to join the 6 of us going on this fabulous trip, there are just 2 cabins left! They could be for 2 singles, 2 x Twin Bedrooms sharing, or 2 couples in 2 Queen Bedrooms. Let me know straight away - the deposit is \$200 per person. These 2 rooms are back in public availability, they can still be booked by us, but they're also open to other Probus Club members.

We leave from Sydney Airport on Friday, May 22, 2026, for a long (4 days/3 nights) weekend on the Island. There are options to stay over in Adelaide afterwards, if you want to make it a week away. The straight package costs are \$1980 pp twin share and \$2334 for the solo

traveller inc. flights, coach, accommodation and meals.

30 members of another Probus Club have already booked the tour - that's why we have had to act now.

Please call me on 0419230787 for more info if you fancy joining us. Thanks, John.



### REMINDER

#### CARAVAN AND CABIN CLUB TRIPS

Following the great success of our last trip to beautiful Fingal Bay, Rodd & I have started planning 2 more great trips.

**No1: Beautiful Merimbula** will see us partying, perched on the hill overlooking the Pacific Ocean and Merimbula Lake at the stunning NRMA Merimbula Beach Caravan Park. There are some beautiful coastal walks, golf courses, cycling and amazing seafood to enjoy.

Please quote the booking reference when making their booking. Thirroul Probus Club 109129.

**DATE:** Monday 03/NOV/2025 to Friday 07/NOV/2025.

**PHONE** 1300787837

**ADDRESS:** 2 Short Point Rd, Merimbula.

Please note the best camp kitchen for our afternoon nibbles and drinks and nearest the cabins is near van sites 147 to 172 (I have booked 150). The nearest cabins are SB1 to SB6. However, as you will see, although a bit of a walk, there are also cabins with beautiful views. (Note if you have a great view, we may all party in your cabin !!!!!). **JUST DOWNLOAD A MAP.**

Note as well, that if you are an NRMA member you will get a discount



#### **No 2: Back to amazing Fingal Bay.**

60 of us in April this year had the absolute BEST time.

So as begged by so many, we are going back in March next year. The area of Nelson Bay, Shoal Bay and of course Fingal Bay has astounding beauty and a myriad of activities, clubs & dining venues to choose from.

We realise it is very early to book, however you only have to pay 1 night's deposit and can cancel very close to the date of the trip.

Caravaners, I have booked the same site I had this year (site143), as I found it very convenient to the amenities block ,pool, BBQ & a short stroll to the camp kitchen on Goodyah St. (where we will be meeting every night for drinks and nibbles). Cabinners (is that a word?), lots to choose from, plenty on Goodyah St, near me, so I can mooch a few free beers.

Again .....JUST DOWNLOAD A MAP

**DATE:** Monday 23/MAR/2026 TO Friday 27/MAR/2026

**PHONE:** 0249880990

**ADDRESS:** Marine Drive Fingal Bay

We are organising so far ahead as we have discovered that these great parks get booked out, so our advice to everyone is **BOOK NOW!**

Could anyone booking either/both of the caravan/cabin trips please email Mark Bryce [bryceey@bigpond.com](mailto:bryceey@bigpond.com) and Rodd Smith [docrodd@icloud.com](mailto:docrodd@icloud.com) so that they can keep track of numbers.



### JUNE GUEST SPEAKER REVIEW



Our guest speaker at the meeting was Annette Brown, CEO of the Wollongong Conservatorium of Music. Annette talked about the Conservatorium's community programs and events.

New South Wales has 17 Conservatoriums with Wollongong being the largest. It runs many free programs encouraging the love of music in the community.

Website: [www.wollcon.com.au](http://www.wollcon.com.au)

Email: [annettebrown@wollcon.com.au](mailto:annettebrown@wollcon.com.au)

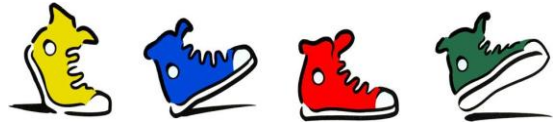
Phone: 42281122

Our July guest speaker will be Darian Tomasiello from Careflight

### WALKING GROUP

THERE WILL BE NO WALK WITH TERESA IN JULY. SHE IS TAKING A WELL-EARNED BREAK AND WILL BE ON HOLIDAYS

I'm sure that you will look forward to some future walks with Teresa on her return.



### BAREFOOT BOWLS

THERE WILL BE NO BAREFOOT BOWLS IN JULY. HENRY WILL BE ENJOYING A WELL-DESERVED HOLIDAY WITH TERESA.

Henry will be in touch about future Barefoot bowls sessions when he returns.



All Members are Welcome to Attend.



### JUNE GOLF RESULTS:

June Golf Day results at The Grange Golf Club on Monday 16 June.

Winner: Fred Cartwright 37 pts.

Runners up: Derrick Blackmore & Peter Reilly 34 pts.

### JULY GOLF

Is on 21 July at Wollongong Golf Course.

Tee off 1 pm.

Dinner at Wollongong Golf Club.

Partners also invited for dinner.

Meet around 5.30 pm.

We will try & arrange lifts for partners.

Thanks to Derrick & Rod for arranging bookings at The Grange & the Gong.

Let Kev Costelloe know if you can play.

0407920883.

### COFFEE CLUB

The next Coffee Club get together will be on Monday 28 July at 10.00 am at Thirroul Beach Pavilion.

if you would like some friendly conversation and coffee/tea at a great location, join us!

All are welcome!



Contact: Diane: 0421 040 757

## DINING OUT IN JULY

### Small Group Dining

With July usually the coldest month of the year, we have decided to spice things up and go to Shahi Aroma for dinner. Glenn & Mary Ellen will be hosting a Small Group dinner at our local Indian restaurant on Wednesday, July 30 from 6 pm. Please contact Glenn on 0419 260 770 to join the group of 6 to 8. If you are interested in hosting a dinner on another night, please contact Glenn Durrance.



Please **contact Glenn 0419 260 770** to join the group.

### Buzzer Lunch – July

The July Buzzer Lunch will be at the Heritage Hotel, Bulli. Built in 1889, the Hotel is one of the most historic pubs in Australia with many of the original architectural features still intact and celebrated to this day. We have booked lunch at the Hotel on Thursday, 24th July at 12.00pm. We will be seated in a small room just off from the main bar. Located at 240 Princes Highway, Bulli. A spacious car park at the rear of the hotel is accessible via Stokes Lane from Princes Highway. This hotel is also easily accessible by bus or train. Hotel menu available at following link <https://heritagehotel.com.au/eat-drink/>.

Please message or call Glenn on 0419 260 770 to register your commitment.

emailing [glenn.durrance@bigpond.com](mailto:glenn.durrance@bigpond.com).



## DINING REVIEW - JUNE

### Lunch at Il Lago, Wiseman Park Bowling Club

In June we went to the Wiseman Park Bowling Club on the recommendation of a member. For many of us it was our first visit! 17 members attended for great a Buzzer Lunch at the Il Lago Bistro, where we all had a choice of pasta and pizza dishes, lunch specials and the usual club favourites.



Our next Trivia night will be Wednesday 16<sup>th</sup> July. All welcome to join us at Club Thirroul at 7 pm for the quiz, or from 6 pm for dinner beforehand.

You may also like to have a look at <https://www.facebook.com/InnQUIZitiveTrivia/> in the week of 14<sup>th</sup> July for some clues to that week's questions.

Please text or call Anne Haine on 0409 067 722 if you plan to join us.

### BOOK CLUB

Our next meeting will be on **Monday 7 July 2025 at 10.00 am at Club Thirroul**



All Members are welcome to our Book Club, where we meet in a relaxed setting to talk about what we have been reading over a cuppa.

Contacts are [Mary Ellen Durrance 0411232037](tel:0411232037)

[Wendy McKay 0401079025](tel:0401079025)

## July 2025 Activities Calendar

Monday 7 July	Book Club	Club Thirroul	10.00 am	Contact numbers: Mary Ellen Durrance 0411232037 Wendy McKay 0401079025
Monday 7 July	Management Committee Meeting	Club Thirroul	4.30 pm	
Sunday 13 July	Xmas in July	9.58 am train at Thirroul Stn (TBC)	9.58 am train	Contact: Cheryl Seagrove 0403 500 601 or Paul Seagrove 0438 853 995
Monday 14 July	Monthly Meeting	Club Thirroul	10.00am (10.30am Start)	
Wednesday 16 July	Trivia Night	Club Thirroul	7.00pm – 9.30pm	Send an email through to Anne Haine Annehaine10@gmail.com or SMS 0409 067 722
Monday 21 July	Probus Golf Day	Wollongong Golf Club	1.00 pm	Contact Kevin Costelloe on 0407 920883
Thursday 24 July	Buzzer Lunch	The Heritage Hotel, Bulli	12.00 pm	Contact Glenn Durrance 0419 260 770
Monday 28 July	Coffee Club	Thirroul Beach Cafe	10 am	Contact coordinator Diane Brown 0421 040 757
Wednesday 30 July	Small Group Dining	Shahi Aroma	6 pm	Contact Glenn Durrance 0419 260 770
	Cycling & Swimming			Weather dependent. Contact coordinator. Rodd Smith 0468 637 232

For further information or other activities please refer to the Thirroul Probus website at <https://www.probusouthpacific.org/microsites/thirroul> or contact the group coordinator concerned.



July meeting date/time:  
Monday 14 July 2025,  
Sign in and Registration from 10.00 am.  
Meeting starts 10.30 am.

### CYCLING GROUP

The Cycling Group usually meets once a **fortnight/month** for rides within the Illawarra region. Rides generally start at 9.00 am and back home before lunch time.

All rides will be announced a few days in advance and is dependent on weather. All styles of bikes (road/mtb/ebike etc) are acceptable.

If any members are interested in cycling, please **contact Rodd Smith on 0468 637 232** and he will add them to his email group.

