



THIRROUL PROBUS CLUB October 2025 Newsletter

The THIRROUL PROBUS CLUB was established 11/11/19.
Newsletter No 10, Volume 6

President's Message:

To all Members,

Yet another month has quickly passed, and everyone has had the opportunity to be very busy with all the clubs monthly activities. ie, book club, trivia, golf, coffee club & barefoot bowls.

This month also had the visit to The State Theatre, The Dolly Parton show, buzzer lunch at the Balgownie pub and small Group dining at "Duck in Heaven" a new restaurant in Thirroul (I am told the food there is beautiful).

Makes me tired just thinking about how much there is to do!!

With all these activities no wonder our club is so popular.

A reminder we will finally be voting on the final draft of the Standing Resolutions at the October meeting. For those that are not sure what "Standing Resolutions" are, they are simply the guidelines/rules that we have decided on to run the club.

October brings us to International Probud Day. This year we have decided to have a morning tea prior to the General Meeting on 13/10/2025, so come along and have a cuppa and cake.

That is all from me,

Be safe, be happy, be active!!!

Yours

Mark Bryce

Management Committee 2025

MANAGEMENT COMMITTEE EXECUTIVE

MARK BRYCE President 0433014526	BRENDAN CRONIN Vice President 0420612336
DENISE MARTIN Secretary 0412363863	PAT HOWARD Treasurer 0425215767

MANAGEMENT COMMITTEE IMPORTANT CONTACT OFFICERS 2025

Membership Officer	ROS McCAUGHTRIE 0408438066
Welfare Officer	GAIL BRENNAN 0409819740

PROBUS MONTH – Reinvent your retirement!



THIRROUL PROBUS CLUB BANKING DETAILS:

BSB: 802-124

Account Number: 100093251

Add reference for payment e.g. TAFE, Opera House etc

Postal Address: 21 WALLBANK WAY, BULLI, NSW, 2516
Meeting day/time: 2nd Monday of each month, 10:00am
Meeting venue: Club Thirroul, 2B Station Street, Thirroul, NSW, 2515
Email Address: thirroulprobud@gmail.com

**Click the link below to access Probud Website and
more photos:**
[Probud Thirroul Website](#)

Private and Confidential for Probud use only and is not to be used for any other purpose.

October is the time to celebrate all things Probus. To mark the occasion, we will be having a morning tea prior to the start of the October meeting. Starting just after 10 am – please come along to join us for a tea, coffee and some morning tea goodies. A great way to meet up with the Thirroul Probus “family” and enjoy what friendship our group has to offer.

Remember to wear Probus colours – blue and yellow – and celebrate with us!

Cheryl & Paul Seagrove



MATINEE MOB REVIEW OF “HERE YOU COME AGAIN”

Nineteen members attended the Saturday Matinee on September 20 of "Here You Come Again" at Sydney's Theatre Royal. The musical is a jubilant celebration of Dolly Parton's music and spirit. The production balances dazzling choreography and vivid period design with earnest storytelling. It allows Parton's songs to illuminate moments of heartbreak, resilience and joy. Tricia Paoluccio gave a charismatic, soulful performance that channels Dolly's warmth without mimicry. The band and arrangements adapt her classic hits to good effect. Ultimately, the show was a feel-good tribute. It was nostalgic, uplifting and thoroughly entertaining.



SEPTEMBER SPEAKER REVIEW

It's a subject we don't really want to think about, but our September guest speaker, Michael Giles from Hansen and Cole funeral directors, got us thinking about what we'd each like our final send-off to be like. Many of us went home with goodie bags and brochures to help us make a start on our planning. Paula from Lakeside Memorial Park also spoke briefly and invited us to come and have a look at what they have to offer. Michael provided scones and slices for morning tea, which were much appreciated.

October is Probus Month and fittingly our guest speaker is one of our own Thirroul Probus members. Tricia Kullik will entertain us with her presentation, intriguingly titled 'The Man with Many Wives'. I can't wait to find out what that's all about.



Trivia? **NIGHT?**

Trivia

On a blustery rainy September night an intrepid group of six Probus members set out to represent our club at the regular Wednesday night Trivia competition at Club Thirroul. We had a fun night and came in at a respectable third place. We'll do it all again on **Wednesday 15th October**. New members are always welcome. Please call or text Anne Haine on 0409 067 722 if you'd like join us.

You may also like to have a look at <https://www.facebook.com/InnQUIZitiveTrivia/> in the week of 10 September for some clues to that week's questions.

THEATRE



We have a group booking for seats in the Dress Circle to see the Pretty Woman Musical at the Theatre Royal. We are going on December 10th to the 1pm matinee. If you would like to join us, please go to the Theatre Royal Website and purchase your own tickets, then let John know - Message him on 0419 230 787



SEPTEMBER GOLF RESULTS:

The results were as follows:

Winners:

Derrick Blackmore & Rodd Smith 40 pts.

Runner up:

Glenn Durrance 35 pts.

OCTOBER GOLF

Boomerang Golf Course is booked for **Monday 20 October**.

Tee off 8.00 am.

Lunch will be at Ryans Hotel.

Let **Kev Costelloe** know if you can play. **0407 920 883**.



YACHT ROCK REVIVAL

On Saturday, 18th October we have 2 tables booked at Centro CBD for the Yacht Rock Revival show. They are a great band and the main dish is always good. It's a fun night for all at around \$80 a head dinner and show. 4 more people are needed to join the second table booked. Message John to join 0419 230 787.



WALKING GROUP

The next walk with Teresa will be on **Tuesday 21 October at Sculptures by the Sea**, Bondi to Tamarama.

The coastal walk between southern Bondi Beach and Tamarama will be a captivating collection of sculptures. See over 100 masterpieces by Australian and international artists nesting along this seaside.

Train from Thirroul to Bondi Junction; Bus to south Bondi; Home from Central.

Please ring Teresa to register on 0405 034 2096



September's walk with Teresa

So we met at Stuart Park and walked along the shore to WIN Stadium and back. I logged over 8000 steps so felt really good. So good in fact that I enjoyed a second breakfast at the Wollongong Surf Club Cafe - and I wasn't alone! Aren't we lucky to live here?! **John Penhallow**



CYCLING GROUP

The Cycling Group usually meets once a **fortnight/month** for rides within the Illawarra region. Rides generally start at 9.00 am and back home before lunch time.

All rides will be announced a few days in advance and is dependent on weather. All styles of bikes (road/mtb/ebike etc) are acceptable.

If any members are interested in cycling, please **contact Rodd Smith on 0468 637 232** and he will add them to his email group.



All Members are Welcome to Attend

BOOK CLUB

Our next meeting will be on **Monday 6 October 2025 at 10.00 am at Club Thirroul**



Both Wendy and Mary Ellen will be back this month, and we will all meet at Club Thirroul. All Members are welcome to our Book Club, where we meet in a relaxed setting to talk about what we have been reading over a cuppa.

Contact: **Mary Ellen Durrance 0411 232 037**

Wendy McKay 0401 079 025

COFFEE CLUB

The next Coffee Club get together will be on **Monday 27 October at 10.00 am at Thirroul Beach Pavilion**. if you would like some friendly conversation and coffee/tea at a great location, join us! All are welcome!



Contact: Diane: 0421 040 757

DINING OUT IN OCTOBER

Buzzer Lunch at Bellambi Bowling Club

The October Buzzer Lunch will be at the Bellambi Bowling Club. The Club is on the corner of Rothery and Pioneer Roads, Bellambi. The menu includes all the things we expect to see plus a selection of Pasta and Pizza dishes. Please join us for lunch on Tuesday 28th October at 12.00pm.

Bistro menu available via the following link:

<https://www.bellambibowlingclub.com.au/wp-content/uploads/2025/07/Bistro-Menu-June-2025-v2.pdf>



Small Group Dining

Glenn & Mary Ellen will be hosting a Small Group dinner at South Sailor Restaurant, Thirroul on Wednesday, October 22 from 5.45 pm. It's their Locals Night so there are a few cheaper specials on the menu.

Please contact Glenn on 0419 260 770 to join the group of 6 to 8. If you are interested in hosting a dinner on another night, please contact Glenn

<https://www.southsailor.com.au/>



BAREFOOT BOWLS

There will be no Barefoot Bowls for October.

The bowls will resume in November.

Please contact the coordinator, Henry Urbanski, on **0439 928 001**, for any further details regarding Barefoot Bowls.



All Members are Welcome to Attend.

DINING REVIEW – SEPTEMBER

Buzzer lunch at Bally's Hotel Balgownie

It was a great turn out at the historic Bally Pub on Thursday, 18 September with 30 plus members attending.

There were lots to talk about with a few members returning from their overseas travel.



SAVE THE DATE !!!!

The committee has approved Tuesday the 2nd of December 2025 for the annual Thirroul Probus Christmas Party.

To be held at Club Thirroul, more details will be sent out closer to time - but expect a start time around 5:30pm.

We have negotiated with the club for all members to be able to attend, so there is no limit on numbers this year.

Please join us for the last big event of the year.



October 2025 Activities Calendar

Monday 6 October	Book Club	Club Thirroul	10.00 am	Contact numbers: Mary Ellen Durrance 0411 232 037 Wendy McKay 0401 079 025
Monday 13 October	Probus Month morning tea	Club Thirroul prior to meeting	10.00 am	Contact: Cheryl Seagrove 0403 500 601 or Paul Seagrove 0438 853 995
Monday 13 October	General Probus Meeting	Club Thirroul	10.00 am	
Wednesday 15 October	Trivia	Club Thirroul	7.00 pm start; 6.00 pm dinner	Send an email through to Anne Haine Annehaine10@gmail.com or SMS 0409 067 722
Saturday 18 October	Yacht Rock Revival Show	Centro CBD Wollongong		John Penhallow 0419 230 787
Monday 20 October	Golf	Boomerang Golf Course	7.30 am for 8.00 am tee off	Contact Kevin Costelloe on 0407 920 883
Tuesday 21 October	Walking Group	TBC – contact Teresa		Contact Teresa Urbanski for details & times 0405 034 296
Wednesday 22 October	Small Group Dining	South Sailor restaurant	5.45 pm	Contact Glenn Durrance 0419 260 770
Monday 27 October	Coffee Club	Thirroul Beach Cafe	10.00 am	Contact coordinator Diane Brown 0421 040 757
Monday 27 October	Management Committee Meeting	Club Thirroul	4.30 pm	
Tuesday 28 October	Buzzer Lunch	Bellambi Bowling Club	12.00 pm	Contact Glenn Durrance 0419 260 770

For further information or other activities please refer to the Thirroul Probus website at <https://www.probusouthpacific.org/microsites/thirroul> or contact the group coordinator concerned.



FUTURE DATES TO REMEMBER

DATE	ACTIVITY	CONTACT
Monday 3/11/25 – Friday 7/11	Merimbula Camping Trip	Rodd Smith 0468 637 232
Monday 23/3/26 – Friday 27/3	Fingal Bay Camping Trip	Rodd Smith 0468 637 232
2 December 2025	Thirroul Probus Xmas Party	Paul & Cheryl Seagrove 0403 500 601
Friday 22 May 2026	Kangaroo Island Trip	John Penhallow 0419 230 787
10 December	Pretty Woman theatre trip	John Penhallow 0419 230 787