



## THE PROBUS CLUB OF NEPEAN, INC.

**President**

Nancy McLeod  
0468 867 706

**Secretary**

Faye Campbell  
0417 267 866

**Treasurer**

Barry Syme  
0417 241 295

**WEDNESDAY, 2 JULY 2025**

**NO 354**

The Newsletter of the Probussouth Pacific Club of Nepean Inc is intended for members. Club Meetings are conducted on the first Wednesday of each month at the Leonay Golf Club, 1 Leonay Parade, Leonay at 10.30 am.

Address for all communications is: **PO Box 231 Emu Plains 2750** or email [nepeanpro@gmail.com](mailto:nepeanpro@gmail.com)

Website address: [www.probussouthpacific.org/microsites/nepean](http://www.probussouthpacific.org/microsites/nepean)

### GENERAL NOTICES/INFORMATION

- **\$3 to be paid by members when attending a meeting. Motion put forward and passed at Club meeting 5/2/2025. Commencement 5/3/2025.**
- Have your name marked off when you enter the meeting room. This is for insurance purposes and adherence to the Constitution regarding membership attendance.
- Please wear your name badge for the benefit of fellow members when attending meetings.
- Meeting time is 10:15am for 10:30am start.
- **For any cash payment (including attendance), please have the exact money.**
- *When paying at a meeting* (for anything other than attendance), please have your cash or cheque in an envelope with NAME, OUTING & AMOUNT. For cash payments, the money will be counted and a receipt issued on the day.
- *When paying online* use the applicable bank details, and put a reference with your name and description of event.  
**Club Account:** BSB 062411, account 10002565. For Membership Fees, Anniversary Lunches, Mid-Year & Christmas Lunches.  
**Activity Account:** BSB 062445, account 10465765. For Outings & Tours, Getaways/Holidays, or a function deemed as an activity by the Management Committee.
- Zero Tolerance will be shown towards abusive or offensive language at meetings, outings, social events, and holidays.

### **PRESIDENT'S DESK JULY 2025**

Greetings folks,

We're one third through winter, so keep yourselves well, & up to date with flu shots.

We have some beautiful events lined up for July, including our anticipated trip to Orange to celebrate "Christmas in July". Also on the itinerary Mt. Canobolas, a Winery, & a town tour.

We also celebrate our mid year luncheon at "Lakeside Restaurant" at the Regatta Centre. Some light entertainment will enhance our day at this water view venue.

A group of musical theatre lovers are in for a treat when they attend "MJ the Musical" at the end of the month. I was fortunate to have seen this already so I'm sure you will all enjoy.

Meanwhile, continue to participate in the regular activities on our program in fun and friendship.

President – Nancy McLeod

**MID-YEAR LUNCH AT LAKESIDE RESTAURANT, REGATTA CENTRE, PENRITH LAKES**

**WED, 16 JULY 2025. 12:00 PM FOR 12:30 PM LUNCH**

- Entertainment by **Ukulele Group** · Phil Howson.
- Canapes on arrival. Two course meal. Alternate serves with garlic bread.
- \$65 per person.
- Vegetarian or Gluten Free available. Let Doug know if required.
- Drinks available for purchase at the bar.

**Please pay no later than 2/7/2025 Club meeting day.**

If paying by EFT - **Club** Account, BSB 062411, account 10002565.

If cash or cheque at club meeting, put in an envelope with your name and "mid-year lunch".

**Doug Jones, Vice-President**

There will be a list at the meeting for you to put your name on.

OR phone 0414 194 499, email dougsj51@gmail.com

**BIRTHDAYS DURING JULY 2025**

Elaine Thomson	1 <sup>st</sup>	Faye Carmody	23 <sup>rd</sup>
Pam Karbe	5 <sup>th</sup>	Berenice Morris	23 <sup>rd</sup>
May O'Reilly	5 <sup>th</sup>	Ray Shackley	24 <sup>th</sup>
Krystina Moore	12 <sup>th</sup>	June Sutton	24 <sup>th</sup>
Smith Moyle	21 <sup>st</sup>	Jo Cashman	28 <sup>th</sup>



Dear members I write your birthday anecdotes to accompany your birthday. They are for all to read and enjoy so please do so, Andy.

**1st. Elaine Thomson.** You share with Charles Laughton, famous English actor. On this day in 1879, the Daily Telegraph newspaper begins publication in Sydney. Founder of the newspaper was journalist John Mooyart Lynch.

**5th. Pamela Karbe.** You share with Sarah Siddons, English actress. On this day in 1865, Britain's first speed limits were introduced covering steam and petrol vehicles, with a 2 mph limit in towns and 4 mph outside of them. The Locomotive Act, also known as the "Red Flag Act," required a person to walk in front of a vehicle waving a red flag.

**5th. May O'Reilly.** You share with Phineas Barnum, American showman. On this day in 1902, Edward VII foots the bill for 450,000 hungry Britons to celebrate his Coronation with a free dinner.

**12th. Krystina Moore.** You share with Julius Caesar, Roman General in 100 BC. On this day in 1944, the Royal Air Force (RAF) first used jet aircraft operationally.

**21st. Smith Moyle.** (Life Member). You share with Ernest Hemingway, American novelist. On this day in 1990, at a huge open air rock concert in Berlin, the group performs "The Wall" to commemorate the fall of the Berlin Wall eight months prior. The concert itself was a theatrical production, with a large "wall" constructed throughout the show and then symbolically torn down.

**23rd. Faye Carmody.** You share with Michael Wilding, British stage and film actor. On this day in 1916, the death of Sir William Ramsay, Scottish chemist, who isolated neon, xenon, krypton, and discovered helium.

**23rd. Berenice Morris.** You share with Bert Newton, an Australian media personality. On this day in 1999, the space shuttle Columbia launched with Eileen Collins as the first female commander.

**24th. Raymond Shackley.** You share with Amelia Earhart, who was the first female pilot to fly solo non-stop across the Atlantic Ocean. On this day in 1967, a full-page advertisement appeared in The Times newspaper, signed by 64 of the most prominent members of British society, which called for the legalisation of marijuana. Among the signatories were The Beatles and Brian Epstein.

**24th. June Sutton.** You share with Alexandre Dumas, French writer, best known for The Three Musketeers. On this day in 1925, at Guy's Hospital in London, a six-year-old girl became the first patient in the UK to be successfully treated for diabetes using insulin.

**28th. Josephine Cashman.** You share with Beatrix Potter, English author and illustrator of children's books. On this day in 1945, a B-25 Mitchell bomber crashed into the 78th floor of the Empire State Building in New York. The accident occurred in thick fog and resulted in the deaths of 14 people, including the three crew members and eleven people inside the building.

Happy Birthday all, Andy.

**Seniors Big Day Out Cruise – "Christmas Cruise" \$69pp – Tuesday 9/12/2025 – EXPRESSIONS OF INTEREST**

Commences **11am** & returns **2.30pm**. Experience the beauty of Sydney Harbour aboard the MV Blue Room or MV Bella Vista, featuring stunning incredible panoramic views. Departs Star City Casino Wharf Pyrmont (opposite the Casino and light rail). Morning tea/coffee on arrival, buffet lunch & dessert. Entertainment: bingo, trivia, Name that Song. Travel by train and light rail. **RSVP Danny by 16/7/2025 to secure booking.**



## **BUS TOURS AND GETAWAYS**

**Danny Campbell 0415 691 231 (Outings and Getaways) or**

**Gwenda O'Brien 0402 286 409 (Concerts and Shows).**

YOU MUST PAY BY DUE DAY – some tours are full with stand-by lists, so if not paid by due date, your spot will be offered to someone on the stand-by list and ***YOU MUST HAVE YOUR NAME ON THE APPROPRIATE LIST IF YOU INTEND TO COME ON A DAY TRIP OR A GETAWAY***

***At Probus Meetings - if paying cash for an outing, please have the correct money.***

**ORANGE - CHRISTMAS IN JULY-3 DAYS, 2 NIGHTS (All incl). FRI 4/7/2025 to SUN 6/7/2025.**

***\$745 pp twin share, \$200 single supplement.*** Christmas themed dinner with carol singers, includes breakfasts, lunches & evening meals. Fascinating day tours & entry to attractions. **TRIP FULL. One Pick-up only at 'The Royce' at 9am (be there 15 mins prior).**

**NEPEAN ROWING CLUB - ELTON JACK - WEDNESDAY 20TH AUGUST \$40**

Elton Jack, also known as Lance Strauss, is a highly acclaimed tribute artist and concert performer who has been wowing audiences with his rendition of Elton John's music since 1989.

Doors open at 10.30am, show starts at 11am and includes a single course meal & a glass of champagne.

**TO BE PAID BY 6<sup>th</sup> AUGUST (Meeting Day).**

**HELIPORT TOUR, SYDNEY HELICOPTERS, CASTLEREAGH. FRIDAY 5/9/2025. FREE.**

***Time to be advised.*** Drive yourself or car pool for a tour of Sydney Helicopters at Nepean Aerospace Park, 89-151 Old Castlereagh Road, Castlereagh. They have a newly built hanger to house their fleet of helicopters as well as an engineering department, office spaces, training facilities, conference room and a passenger lounge. There is no charge for the tour. However, we will purchase lunch or a snack at Long's House, which is a lovely restaurant/cafe on the premises. (This will probably be prior to our heliport tour.)

**AUST NUCLEAR SCIENCE & TECHNOLOGY ORGANISATION (ANSTO) LUCAS HTS. FRI 26/9/2025. \$85**

ANSTO is a government-funded research organisation that utilises nuclear science and technology for various purposes, including research, medicine and industry. We will have a 2-1/2 hour tour at Lucas Heights. We will then go to Panania Diggers Club for lunch. The maximum for this tour is 30 people.

**Pick-up Leonay 8am, Ropes Crossing 8.30am.**

**TO BE PAID BY 3RD SEPTEMBER (Meeting Day).**

**GRIFFITH – BEST OF THE RIVERINA REGION 6 DAYS, 5 NIGHTS SAT 18/10/2025 – THURS 23/10/25. \$1799 twin share plus single supplement \$350.**

All inclusive. Guided tours of Griffith & Leeton, visit Catania Fruit Salad Farm, Junee Licorice & Chocolate Factory, Southern Cotton Gin, Calabria Family Wines. Whitton Malt House, Rice Farm, Bradman's Birthplace, Pioneer Park Museum & Italian Museum, explore delightful gardens, see the Citrus Sculptures and much more. Balance (\$1699 twin share or \$2049 single) by 2<sup>nd</sup> July 2025 (Meeting Day).

**One pick-up only – at 'The Royce'. TRIP FULL.**

**THE BEST OF TASMANIA 2026 – 14 DAYS, WEDNESDAY 18/2/2026 – TUESDAY 3/3/2026.****\$5,199 twin share plus single supplement \$900.**

Includes return airfare from Sydney to Launceston, quality accommodation, most meals, luxury coach travel around Tasmania. Escorted by KTG Tours Host from Sydney Airport.

**Balance to be paid direct to KTG Tours BSB 112 879, A/C 412 889 598.**

**A second instalment of \$2499 p/p + single supp (if applicable) reqd by 1<sup>st</sup> October.**

**Final balance on or before 20<sup>th</sup> December 2025.**

**SUNSHINE COAST & MONTVILLE. 5 DAYS, 4 NIGHTS. MON 15/6/2026-FRI 19/6/2026, \$1825 pp share, \$2117 pp solo.**

This trip is with Coach Holidays. Includes return flights ex Sydney & transfers to and from the airport. 4 nights at Mecure Sunshine Coast Kawana Waters. Trip includes breakfast, most lunches, and evening meals. All-inclusive day tours and entry to attractions, a cruise from Caboolture with views of the Glasshouse Mountains & Bribie Island National Park. We'll travel to Montville & Maleny, Yandina Ginger Factory Eumundi Markets, a cruise from Tewantin to Noosa Heads. A day at Australia Zoo, and final day in Brisbane. **We need 40 of us for an exclusive trip. Minimum is 30 people but extra \$50 pp. If 35-39, extra \$25 pp. We can open the trip to others if we don't have 40 people.** \$100 dep by 5/11/2025 (meeting day). Balance by 1/4/2026 (meeting day).

**PAYMENT DATES**

<b>Balance Griffith trip.</b>	<b>Mid Year lunch at Regatta Centre. Club Account.</b>	<b>Nepean Rowing Club-Elton Jack.</b>	<b>Lucas Heights. (ANSTO)</b>	<b>Tasmania trip. 2<sup>nd</sup> instalment. Direct to KTG tours.</b>	<b>Sunshine Coast &amp; Montville.</b>	<b>Tasmania Trip. Final payment. Direct to KTG Tours.</b>
<b>\$1699 twin share \$2049 with single supp. Pay date 2<sup>nd</sup> July.</b>	<b>\$65. To be paid into Club Account by 2<sup>nd</sup> July.</b>	<b>\$40. Payment date 6<sup>th</sup> August.</b>	<b>\$85. Payment date 3<sup>rd</sup> Sept</b>	<b>\$2499 twin share+single supp. Payment date 1<sup>st</sup> Oct.</b>	<b>\$100 deposit. Payment date 5<sup>th</sup> Nov.</b>	<b>\$2500 final payment. On or before 20<sup>th</sup> Dec.</b>

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You can pay by EFT, or deposit in person at CBA, to **Activity A/c - BSB 062-445 A/C 1046 5765.**

**OR** put your money in envelope with name, amount and what the payment is for.

**NO REFUNDS – if you find you can't go, it's up to yourself to find a replacement.**

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**TICKETS FOR LYRIC THEATRE - MICHAEL JACKSON THE MUSICAL**

**MATINEE – WEDNESDAY 30TH JULY – DRESS CIRCLE.**

**\$100 - ALL TICKETS SOLD.**

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### **PROBUS TRAVEL INSURANCE**

Probus Travel Insurance with one of Australia's leading travel insurance providers, Allianz Global Assistance, is now available.

Probus Travel Insurance provides a range of options for both domestic and international travel from Australia. Depending upon your age, where you are travelling to and the length of your trip, Probus Club members may be offered one, two or three different plans.

The Comprehensive, Domestic and Non-Medical Plans are available to travelers of all ages. You can apply for pre-existing medical condition cover on Comprehensive, Multi-Trip and Domestic plans.

You can apply online [https://www.probusouthpacific.org/pages/travel\\_insurance\\_landing\\_au](https://www.probusouthpacific.org/pages/travel_insurance_landing_au) or call 1800 125 234.

### **GUEST SPEAKERS (Dawn Hayward 0431 409 497)**

July	2:	Industrial Construction - Barry
July	16:	Mid-year lunch- Ukulele group
August	6:	Nurse Next Door – Sherree Rogers
October	1:	Cockatoo Island – Sydney Harbour Trust – Marie
November	5:	Graham Sims

### **JULY 2025 WALKS**

**2nd July 2025** - Meeting

**9th July 2025** - ASHFIELD TO DULWICH HILL (Danny). Train from Emu Plains 8:52am to Strathfield. Change for train to Ashfield for morning tea. Walk along the back streets through Summer Hill where we will see houses and buildings rich in history. Continue to the converted Munco Scott Flour Mills. Then to Yeo Park Ashfield for lunch and a short walk to Arlington Light Rail to Central and train home. Mostly flat, 7km.

**16th July 2025** - Mid Year Lunch

**23rd July 2025** - MANLY - BALGOWLAH (Lyn) - Train from Emu Plains 8.52am to Circular Quay and ferry to Manly. Walk around the foreshore to North Harbour Reserve. Then it is a steep incline , not very long, to get the bus back to Wynyard and train home. 6km easy other than last hill to bus stop.

**30th July 2025** - No Walk Michael Jackson concert

Looking forward to seeing you on a walk.

Lyn Roach	Danny Campbell	Margaret Cummins
0414 868 066	0415 691 231	0433 446 925

### **COFFEE AND TEA MORNINGS**

**SECOND WEDNESDAY OF THE MONTH COFFEE & TEA MORNINGS AT THE JAMISON HOTEL, SMITH STREET, SOUTH PENRITH FROM 10 AM.**

Have tea, coffee or hot chocolate and stay for lunch, or just come for morning tea. All welcome.

June Payk. Mobile 0432 904 908

### **THIRD THURSDAY TEA & COFFEE MORNINGS**

#### **NOTE CHANGE OF DATE:**

Thursday 24<sup>th</sup> July - **PARX COFFEE HOUSE** - 1/13 Renshaw Street, Cranebrook. We haven't been here before so see how you like it.

Meet at 10am. Stay as long or as little as you like. This is purely a social get together and you only pay for what you choose. If you would like a lift ring Joan Campbell 0408352756 or email [joan2750@hotmail.com](mailto:joan2750@hotmail.com)

### **PICNIC MORNING TEA IN THE PARK**

Picnic in the Park will take place on every 3<sup>rd</sup> Monday of the month at Melrose Hall (Lions Park). Time 10.30am onwards. Stay as long or as little as you like. Bring folding chair and whatever you want to eat and drink. All welcome.

Jenny Tipper 0425 777 939

### **COFFEE/TEA, CHAT & KNIT**

#### **11 JJULY FRIDAY, CIVIC CAFÉ PENRITH, 10AM-12PM**

For those knitters, or those who would like to learn, come on the 11 July to the Civic Café (near the Library) in the Civic Centre Penrith.

Come at 10am and bring your knitting or crochet project. We are allowed to use the café from 10am-12pm on the proviso we buy coffee/tea or cake. You can stay as little or long as you like.  
Looking forward to getting together for a chat and craft.

Pam Borsey. Phone 4735 2273 and leave a message, or email [dpborsey@optusnet.com.au](mailto:dpborsey@optusnet.com.au)

### **MONTHLY WEBSITE UPDATE**

Why don't you have a look at some of the photos on **PHOTOS TAB** for interesting walks and morning teas. If you have any pictures you would like to see on our website please forward them to my email, [joan2750@hotmail.com](mailto:joan2750@hotmail.com). I'm very happy to include anything interesting to members.

An easy way to access the site is to type "Nepean Probus" into Google and it should come up. If you have a smart phone it will come up on that too.

Otherwise use [www. probussouthpacific.org/microsites/nepean](http://www.probussouthpacific.org/microsites/nepean) and you'll go straight to the website. Happy viewing.

Joan Campbell (Website Manager)

### **WELFARE**

**Lauraine Johnston – Ph: 0429 000 590**

Well July has arrived but although the weather has not been kind I haven't heard of anyone suffering.

A few follow ups but nothing new, I hope this will be the same for the next month.

If a card or phone call required just give me a ring.

Lauraine, Welfare Officer

**CHRISTMAS LUNCH "LIKE NO OTHER"**

**THURSDAY, 4/12/2025**

**AT LEONAY GOLF CLUB. 11:30AM FOR 12PM START**

- Entertainment by Black Tie Magicians.
- Buffet meal.
- Barry Syme will be our MC.
- Note: no club meeting on Wed 3/12/25. Instead, lunch on Thursday 4/12/25.

**Total cost \$85.** Please pay no later than 1/10/2025.

You can pay by two instalments: \$45 by 2/7/2025, and \$40 by 1/10/2025.

If paying by EFT - **Club** Account, BSB 062411, account 10002565.

If cash or cheque at club meeting, put in an envelope with your name and reference Christmas.

**Doug Jones, Vice-President**

There will be a list at the meeting for you to put your name on,  
OR phone 0414 194 499, email dougsj51@gmail.com



**JQ (JobQuest) Handyman Services**

**Non-Profit Organisation**

- Handyman Services for small tasks.
- Lawn mowing and gardening, gutter cleans and window cleans.
- Free quotes.
- Fully insured. All workers are experienced, friendly, and helpful.
- JQ works with about 30 home care package providers and if they approve the quote, the work is done using home care funding.

Annette Carpenter, JQ Services, Phone 8677 8885, Mobile 0403-454-196

Project Manager. Western Sydney, Nepean, Blue Mountains & Hawkesbury.

Here is a link for their website <https://www.jqhandyman.com/>

Jill Middleton 0410 866 003



Mobile  
Community  
**Pantry**  
Fresh Food

**Where** – Emu Plains Anglican Church, 26 Short Street Emu Plains 2750 (Enter via Mundy Street)

**Time** – 1.00pm – 2.00pm

**When** – every Second Tuesday

**Dates for 2025:**

- July 1, 15, 29
- August 12, 26
- September 9, 23
- October 7, 21<sup>st</sup>
- November 4, 18
- December 2, 16

**Low-Cost fresh food to stretch your budget further** How it works – Bring along your Pension or Health Care or Immigration Card. Make a \$5 contribution. EFTPOS AVAILABLE.

Fill a bag with fresh food of your choice.