

THE PROBUS CLUB OF NEPEAN, INC.

PresidentSecretaryTreasurerNancy McLeodFaye CampbellBarry Syme0468 867 7060417 267 8660417 241 295

WEDNESDAY, 1 OCTOBER 2025 NO 357

The Newsletter of the Probus Club of Nepean Inc is intended for members. Club Meetings are conducted on the first Wednesday of each month at the Leonay Golf Club, 1 Leonay Parade, Leonay at 10.30 am.

Address for all communications is: PO Box 231 Emu Plains 2750 or email nepeanpro@gmail.com

Website address: www.probussouthpacific.org/microsites/nepean

GENERAL NOTICES/INFORMATION

- \$3 to be paid by members when attending a meeting. Motion put forward and passed at Club meeting 5/2/2025. Commencement 5/3/2025.
- Have your name marked off when you enter the meeting room. This is for insurance purposes and adherence to the Constitution regarding membership attendance.
- Please wear your name badge for the benefit of fellow members when attending meetings.
- Meeting time is 10:15am for 10:30am start.
- For any cash payment (including attendance), please have the exact money.
- When paying at a meeting (for anything other than attendance), please have your cash or cheque in an envelope with NAME, OUTING & AMOUNT. For cash payments, the money will be counted and a receipt issued on the day.
- When paying online use the applicable bank details, and put a reference with your name and description of event.
 - **Club Account**: BSB 062411, account 10002565. For Membership Fees, Anniversary Lunches, Mid-Year & Christmas Lunches.
 - **Activity Account**: BSB 062445, account 10465765. For Outings & Tours, Getaways/Holidays, or a function deemed as an activity by the Management Committee.
- Zero Tolerance will be shown towards abusive or offensive language at meetings, outings, social events, and holidays.

LIONS CHRISTMAS CAKES & PUDDINGS 2025

If you would like to order Lions Christmas cakes or puddings, there will be an order form at the October meeting.

Cheryl Devine, President of the Emu Plains Lions Club has asked us to support them again this year. She will deliver the orders at our meeting on 5/11/25 and will collect your money or you can pay by card (she has an EFTPOS machine).



PRESIDENT'S DESK OCTOBER 2025

Greetings folks,

PROBUS MONTH OCTOBER 1-31

Members please take advantage of the opportunity to join in, celebrate, and spend time with fellow Probians with our social activities and reap the rewards with like minded folks in fellowship and friendship.



As a child, I grew up within "cooeee" of Lucas Heights.

The word "nuclear," even in my young mind instilled fear & trepidation filled with lots of "what if's." However, our recent tour to **ANSTO** at Lucas Heights has shown me what a valuable asset this facility is to research for environmental studies, mining & industrial purposes and nuclear medicine. Our guides Victor & Bridget escorted us to three different research & activity facilities with viewing windows where we could see first hand the workings & functions performed of this incredibly important institution.

Our tour of the **Riverina Region** exploring Griffith, Leeton & Junee is fast approaching just weeks away. Hoping to see some colourful canola fields along the way & share good times with fellow members.

Nancy McLeod President

BIRTHDAYS DURING OCTOBER 2025

Gwenda O'Brien	2 nd	Lyn Walker	17 th
Betty McLeish	7 th	Yvonne Ryall	19 th
Trish Ryan	8 th	Keith De Jong	22 th
Doug Jones	8 th	Janet Sheen	23 rd
Pam Borsey	15 th	Joan Campbell	27 th
Stan Adams	15 th		100



Dear members, Andy wrote these prior to his passing on 26/8/25. They are for all to read and enjoy so please do so. Happy Birthday to all.

<u>2nd. Gwenda O'Brien</u>. You share with Cordell Hull, American statesman, who was given the Nobel Peace Prize in 1945. On this day in 1950, a new cartoon by Charles M Schulz called "Peanuts" appears featuring Charlie Brown.

<u>7th. Betty McLeish</u>. You share with June Allyson, American actress of stage and screen in many musicals like the Glenn Miller Story. On this day in 1988, after an Alaskan hunter spots grey whales trapped in the ice, an international rescue operation is planned.

<u>8th. Patricia (Trish) Ryan</u>. You share with former Argentine president Juan Peron. On this day in 1952 a rail crash in Harrow Britain involved three trains and killed 112 people and injured more than 300.

8th. Doug Jones. You share with Cesar Milstein, British molecular biologist who in 1984 shared the Nobel Prize for his work on techniques to immunize against special diseases.

15th. Pam Borsey. You share with Paulini, a Fijian-Australian singer, songwriter and musical theatre actress. She was a contestant on the first season of Australian Idol in 2003.

<u>15th. Stan Adams</u>. You share with Steve Bracks who was Premier of Victoria from 1999 to 2007. On this day in 1951 the premiere of "I Love Lucy" aired on CBS.

17th. Lyn Walker. You share with Rita Hayworth, American actress, and dancer who partnered Fred Astaire. On this day in 1956, Britain's first nuclear power station at Calder Hall was officially opened by Queen Elizabeth II.

19th. Yvonne Ryall. You share with Adam Lindsay Gordon, an early Australian poet who was one of the first poets to write in a distinctly Australian idiom. On this day in 1781, Charles Cornwallis British general during the American Revolution (War of Independence) surrendered at the Siege of Yorktown which effectively ended hostilities and led to peace negotiations between Great Britain and the United States.

22nd. Keith De Jong. You share with Franz Liszt, Hungarian composer. On this day in 1909, Elise Deroche flew her first solo flight and was considered the first solo flight by a woman in a powered, heavier-than-air aircraft.

23rd. Janet Sheen. You share with Diana Dors, British actress and sex symbol in the 1950's. On this day in 1950, Al Jolson died.

27th. Joan Campbell. You share with Captain James Cook. On this day in 1904, the New York City Subway opened.

Seniors Big Day Out Cruise – "Christmas Cruise" – Tuesday 9/12/2025 – \$69pp PAY BY 1/10/2025

Commences **11am** & returns **2.30pm.** Experience the beauty of Sydney Harbour aboard the MV Blue Room or MV Bella Vista, featuring stunning incredible panoramic views. Departs Star City Casino Wharf Pyrmont (opposite the Casino and light rail). Morning tea/coffee on arrival, buffet lunch & dessert. Entertainment: bingo, trivia, Name that Song. <u>Travel by train and light rail</u>. **Pay by 1/10/2025** (EFT to Activity account.)



BUS TOURS AND GETAWAYS

Danny Campbell 0415 691 231 (Outings and Getaways) or Gwenda O'Brien 0402 286 409 (Concerts and Shows).

YOU MUST PAY BY DUE DAY – some tours are full with stand-by lists, so if not paid by due date, your spot will be offered to someone on the stand-by list and **YOU MUST HAVE YOUR NAME ON THE APPROPRIATE LIST IF YOU INTEND TO COME ON A DAY TRIP OR A GETAWAY**

At Probus Meetings - if paying cash for an outing, **please** have the **correct** money.

GRIFFITH - BEST OF THE RIVERINA REGION 6 DAYS, 5 NIGHTS SAT 18/10/2025 - THURS 23/10/25.

Guided tours of Griffith & Leeton, visit Catania Fruit Salad Farm, Junee Licorice & Chocolate Factory, Southern Cotton Gin, Calabria Family Wines. Whitton Malt House, Rice Farm, Bradman's Birthplace, Pioneer Park Museum & Italian Museum, explore delightful gardens, see the Citrus Sculptures and much more.

One pick-up only – at 'The Royce' at 8am (please be there by 7.45am).

NEPEAN ROWING CLUB - GRANT GALEA - WEDNESDAY 19TH NOVEMBER \$40

Grant sings, swings and entertains while taking us on a journey with his own voice and personable style. He pays tribute to Elvis Presley and Dean Martin with a range of music from Sinatra to The Beatles. Doors open at 10.30am, show starts at 11am and includes a single course meal & a glass of champagne. You *must* have your name on the list if you wish to go, as I need to buy the tickets prior to the show.

TO BE PAID BY 5TH NOVEMBER (Meeting Day).

POWERHOUSE DISCOVERY CENTRE, CASTLE HILL. FRIDAY 21/11/2025. \$100.

The Powerhouse Museum in Ultimo is temporarily closed, so we will visit the Powerhouse Castle Hill. We will have a talk for ½ hour on a topic of interest. After the talk, there is a tour of Estore (the large storage facility that houses a significant portion of the Powerhouse Museum's collection) which includes collection objects across many different fields from transport, machines, space, to social history, domestic objects and applied arts. After our tour, we will go to the Australian Brewery, Rouse Hill, for lunch and then to Rouse Hill House & Farm for a guided tour.

Pick up Leonay 9am - Ropes Crossing 9.30am. TO BE PAID BY 5TH NOVEMBER (Meeting Day).

THE BEST OF TASMANIA 2026 – 14 DAYS, WEDNESDAY 18/2/2026 – TUESDAY 3/3/2026.

\$5,199 twin share plus single supplement \$900.

Includes return airfare from Sydney to Launceston, quality accommodation, most meals, luxury coach travel around Tasmania. Escorted by KTG Tours Host from Sydney Airport.

Balance to be paid direct to KTG Tours Pty. Ltd. BSB 112 879, A/C 412 889 598.

A second instalment of \$2499 p/p + single supp (if applicable) req'd by 1st October.

Final balance on or before 20th December 2025.

SUNSHINE COAST & MONTVILLE. 5 DAYS, 4 NIGHTS. MON 15/6/2026-FRI 19/6/2026, \$1825 pp share, \$2117 pp solo.

This trip is with Coach Holidays. Includes return flights ex Sydney & transfers to and from the airport. 4 nights at Mercure Sunshine Coast Kawana Waters. Trip includes breakfast, most lunches, and evening meals. All-inclusive day tours and entry to attractions, a cruise from Caboolture with views of the Glasshouse Mountains & Bribie Island National Park. We'll travel to Montville & Maleny, Yandina Ginger Factory, Eumundi Markets, a cruise from Tewantin to Noosa Heads. A day at Australia Zoo, and final day in Brisbane. We need 40 of us for an exclusive trip. Minimum is 30 people but extra \$50 pp. If 35-39, extra \$25 pp. We can open the trip to others if we don't have 40 people. \$100 dep by 5/11/2025 (meeting day). Balance by 1/4/2026 (meeting day).

PAYMENT DATES

•	Christmas Lunch- Thurs 4 th Dec. <u>Club Account</u>	Day Out Cruise	Pretty Woman at Theatre Royal.	•	Discovery Centre.	Sunshine Coast/Montville Mon 15/6 to Fri 19/6
\$2499 twin share+single supp. Payment date 1 st Oct.	\$85 to be paid into <u>Club Account</u> by 1 st Oct.	\$69. Payment date 1 st Oct.	•	\$40. Payment date 5 th Nov.		\$100 deposit. Payment date 5 th Nov.

You can pay by EFT, or deposit in person at CBA, to **Activity A/c - BSB 062-445 A/C 1046 5765**. **OR** put your money in envelope with name, amount and what the payment is for. **NO REFUNDS – if you find you can't go, it's up to yourself to find a replacement.**

TICKETS FOR THEATRE ROYAL - PRETTY WOMAN

MATINEE - WEDNESDAY 17TH DECEMBER - DRESS CIRCLE (upstairs)

PROBUS TRAVEL INSURANCE

Probus Travel Insurance with one of Australia's leading travel insurance providers, Allianz Global Assistance, is now available.

Probus Travel Insurance provides a range of options for both domestic and international travel from Australia. Depending upon your age, where you are travelling to and the length of your trip, Probus Club members may be offered one, two or three different plans.

The Comprehensive, Domestic and Non-Medical Plans are available to travelers of all ages. You can apply for pre-existing medical condition cover on Comprehensive, Multi-Trip and Domestic plans. You can apply online https://www.probussouthpacific.org/pages/travel_insurance_landing_au or call 1800 125 234.

GUEST SPEAKERS (Dawn Hayward 0431 409 497)

October 1: Cockatoo Island – Sydney Harbour Trust – Marie November 5: Graham Sims – An Aunt, A Tiger Snake and Batman

February 4: Cathrine Crawley from Commonwealth Bank, Penrith – "Staying Safe on Line".

April 1: Karen Burns from Nurse Next Door – Fall Prevention

SHOW & TELL, 7/1/2026

We will be having a "Show & Tell" on Wed 7/1/2026 instead of a guest speaker. Participation forms will be available at the October 2025 meeting. We would like to have some people who haven't participated previously.

If you have any questions, please contact Dawn Hayward, 0431 409 497

OCTOBER 2025 WALKS

1st OCTOBER 2025 - Meeting.

8th OCTOBER 2025 - MOSS VALE (Danny). Early train 7:22am from Emu Plains to Central. Change at Central for Campbelltown, then change for Moss Vale. We will look at many of the old buildings in and near the main street of Moss Vale, and will have lunch in Leighton Gardens in the centre of town. This is a short walk about 5km, but interesting. Note: this is an earlier start and will be a later finish due to the travelling time.

15th OCTOBER 2025 - LINDFIELD. (Lyn) 8.52 train from Emu to Central and change for Lindfield. Walk to Seven Little Australians park and do a small circuit and have lunch. Get a bus back to the city just past the park and train home. A few inclines 5km medium.

22nd OCTOBER 2025- Away in Griffith

29th OCTOBER 2025 - BLACKHEATH - RHODODENDRON GARDENS. Margaret 0433 446 925
Train from Penrith at 9.15 and Emu Plains at 9.18. After morning tea proceed to Campbell Rhododendron Gardens - where hopefully we will see the rhododendrons in all their glory. Walk around the gardens at leisure. Back to Blackheath for lunch and a look around. Train home.

Approx 5kms. Some inclines.

Looking forward to seeing you on a walk.

Lyn RoachDanny CampbellMargaret Cummins0414 868 0660415 691 2310433 446 925

COFFEE AND TEA MORNINGS

SECOND WEDNESDAY OF THE MONTH COFFEE & TEA MORNINGS AT THE JAMISON HOTEL, SMITH STREET, SOUTH PENRITH FROM 10 AM.

Have tea, coffee or hot chocolate and stay for lunch, or just come for morning tea. All welcome.

June Payk. Mobile 0432 904 908

THIRD THURSDAY TEA & COFFEE MORNINGS

Thursday 16th October - **LONG'S HOUSE**, 89-151 Old Castlereagh Road, Castlereagh. Lovely surroundings. If it is a fine day we will sit outside.

Meet at 10am. Stay as long or as little as you like. This is purely a social get together and you only pay for what you choose. If you would like a lift ring Joan Campbell 0408352756 or email joan2750@hotmail.com

PICNIC MORNING TEA IN THE PARK

Picnic in the Park will take place on every 3rd Monday of the month at Melrose Hall (Lions Park). Time 10.30am onwards. Stay as long or as little as you like. Bring folding chair and whatever you want to eat and drink. All welcome.

Jenny Tipper 0425 777 939

COFFEE/TEA, CHAT & KNIT 10 OCTOBER FRIDAY, CIVIC CAFÉ PENRITH, 10AM-12PM

For those knitters, or those who would like to learn, come on the 10 October to the Civic Café (near the Library) in the Civic Centre Penrith.

Come at 10am and bring your knitting or crochet project. We are allowed to use the café from 10am-12pm on the proviso we buy coffee/tea or cake. You can stay as little or long as you like. Looking forward to getting together for a chat and craft.

Pam Borsey. Phone 4735 2273 and leave a message, or email dpborsey@optusnet.com.au

MONTHLY WEBSITE UPDATE

Photos from the Sydney Helicopters tour will be on **TOURS & OUTINGS** TAB. If you have any pictures you would like to see on our website please forward them to my email, joan2750@hotmail.com. I'm very happy to include anything interesting to members.

An easy way to access the site is to type "Nepean Probus" into Google and it should come up. If you have a smart phone it will come up on that too.

Otherwise use www. <u>probussouthpacific.org/microsites/nepean</u> and you'll go straight to the website. Happy viewing.

Joan Campbell (Website Manager)

WELFARE Lauraine Johnston – Ph: 0429 000 590

Good morning, what lovely weather we have had, sun shining a little bit of rain and unfortunately as well as us the weeds are enjoying it too!!

We must all be well as I've had no requests, apart from a few "follow ups" that's been It, I hope it continues.

If a card or phone call is needed give me a ring.

Lauraine, Welfare Officer

JQ (JobQuest) Handyman Services Non-Profit Organisation

- Handyman Services for small tasks.
- Lawn mowing and gardening, gutter cleans and window cleans.
- Free quotes.
- Fully insured. All workers are experienced, friendly, and helpful.
- JQ works with about 30 home care package providers and if they approve the quote, the work is done using home care funding.

Annette Carpenter, JQ Services, Phone 8677 8885, Mobile 0403-454-196 Project Manager. Western Sydney, Nepean, Blue Mountains & Hawkesbury.

Here is a link for their website https://www.jqhandyman.com/

CHRISTMAS LUNCH "LIKE NO OTHER"

THURSDAY, 4/12/2025

AT LEONAY GOLF CLUB. 11:30AM FOR 12PM START

- Entertainment by Black Tie Magicians.
- Buffet meal.
- Barry Syme will be our MC.
- Note: no club meeting on Wed 3/12/25. Instead, lunch on Thursday 4/12/25.

Total cost \$85. Please pay no later than 1/10/2025.

You can pay by two instalments: \$45 by 2/7/2025, and \$40 by 1/10/2025.

If paying by EFT - Club Account, BSB 062411, account 10002565.

If cash or cheque at club meeting, put in an envelope with your name and reference Christmas.

Doug Jones, Vice-President

There will be a list at the meeting for you to put your name on, OR phone 0414 194 499, email dougsj51@gmail.com



Jill Middleton 0410 866 003





Where – Emu Plains Anglican Church, 26 Short Street Emu Plains 2750 (Enter via Mundy Street) Time – 1.00pm – 2.00pm

When – every Second Tuesday

Dates for 2025:

- October 7, 21st
- November 4, 18
- December 2, 16

Low-Cost fresh food to stretch your budget further How it works – Bring along your Pension or Health Care or Immigration Card. Make a \$5 contribution. EFTPOS AVAILABLE.

Fill a bag with fresh food of your choice.