

THE PROBUS CLUB OF NEPEAN, INC.

PresidentSecretaryTreasurerNancy McLeodFaye CampbellBarry Syme0468 867 7060417 267 8660417 241 295

WEDNESDAY, 3 SEPTEMBER 2025 NO 356

The Newsletter of the Probus Club of Nepean Inc is intended for members. Club Meetings are conducted on the first Wednesday of each month at the Leonay Golf Club, 1 Leonay Parade, Leonay at 10.30 am.

Address for all communications is: PO Box 231 Emu Plains 2750 or email nepeanpro@gmail.com

Website address: www.probussouthpacific.org/microsites/nepean

GENERAL NOTICES/INFORMATION

- \$3 to be paid by members when attending a meeting. Motion put forward and passed at Club meeting 5/2/2025. Commencement 5/3/2025.
- Have your name marked off when you enter the meeting room. This is for insurance purposes and adherence to the Constitution regarding membership attendance.
- Please wear your name badge for the benefit of fellow members when attending meetings.
- Meeting time is 10:15am for 10:30am start.
- For any cash payment (including attendance), please have the exact money.
- When paying at a meeting (for anything other than attendance), please have your cash or cheque in an envelope with NAME, OUTING & AMOUNT. For cash payments, the money will be counted and a receipt issued on the day.
- When paying online use the applicable bank details, and put a reference with your name and description of event.
 - **Club Account**: BSB 062411, account 10002565. For Membership Fees, Anniversary Lunches, Mid-Year & Christmas Lunches.
 - **Activity Account**: BSB 062445, account 10465765. For Outings & Tours, Getaways/Holidays, or a function deemed as an activity by the Management Committee.
- Zero Tolerance will be shown towards abusive or offensive language at meetings, outings, social events, and holidays.

PRESIDENT'S DESK SEPTEMBER 2025

Greetings folks,

Welcome to the September newsletter...

Faye & Danny, welcome home after your visit to family & overseas travels.

As a new season begins we look forward to warmer days, gardens in bloom & packing away the winter coats till next year.

I trust the selected outings and interesting walks during August were enjoyed by all who took part. I look forward to Gwenda & Lyn's colourful feedback on these events.

We have the Heliport tour & ANSTO to look forward to this month, both should be interesting outings.

Members please note, due to a previous booking of the meeting room, we need to conclude our meeting & vacate the room at 12.00pm. (Wednesday, 3/9/25)

Please remember to wear your name badges to meetings & try to have the correct money upon entry for speedy process.

President - Nancy McLeod

A TRIBUTE TO ANDY HEATON

I am so sad to tell you that Andy Heaton passed away suddenly at home on Tuesday 26th August.

Andy Heaton was born in Manly and always said he was a Manly boy.

Andy was a long term member of our club. It wasn't long after joining the club in 1996, when he became treasurer in 1998 going on to be President in 2000. When he was the Walks and Picnics coordinator he took us on walks and picnics all over the Sydney areas. He began organising weeks away and took us to Avoca, Merimbula, Yarrawonga, Dubbo, Macksville, Tumut and Broken Hill. He broke new ground when he organised a very successful overseas trip to Vietnam in 2008. The trips and tours were always fun times especially if they included St. Patrick day celebrations. Andy always loved performing so he formed The Probus Players in 2005. He wrote, directed and acted in plays with the Probus Players for many years. The early productions were quite lavish with lots of props and outfits. The cast enjoyed many hours together at rehearsals at Andy's place while the audience enjoyed lots of laughs and a sing- a-long. He became President again in 2009. Andy was a JP. and he willingly offered his services to club



members. He also wrote the birthday anecdotes which still appear monthly in our Newsletter. He contributed to the 10 and 20 year club history books. In the 15 year history book Andy said "Nepean Probus has kept me thinking and feeling young". He was a very worthy **LIFE MEMBER** of our club. This was presented to him in November 2011.

Outside of Probus Andy was a happy family man married to Peggy. He was always interested in the Lions Club and Scouting activities. Vale Andy from your Probus friends.

Prepared by Joan Campbell

BIRTHDAYS DURING SEPTEMBER 2025

Janice Martin	2 nd	Margaret Bellenger	24 th
Anna Harrington	5 th	Jennifer Wearn	25 th
Margaret Seach	6 th	Patricia Richards	26 th
Lorraine Hall	12 th	Lorna Livingstone	30 th



Dear members, I write your birthday anecdotes to accompany your birthday. They are for all to read and enjoy so please do so. Happy Birthday to all, Andy.

2nd. Janice Martin. You share with Jimmy Connors, American tennis player. On this day in 1937, the death of Baron De Coubertin, founder of the modern day Olympic Games was announced.

<u>5th. Anna Harrington</u>. You share with Dawn Fraser, Australian swimmer, one of the greatest ever. She broke 100 metres free style record nine successive times.

<u>6th. Margaret Seach</u>. You share with Brit Ekland, Swedish, who appeared in "The man with the Golden Gun" and other movies .On this day in 1988, eleven year old Thomas Gregory from London was the youngest person to swim the English channel, completing the trip in 12 hours. .

<u>12th. Lorraine Hall</u>. You share with Maurice Chevalier, French entertainer and actor. On this day in 1972 death of American actor William Boyd. Internationally famous as cowboy hero "Hopalong Cassidy".

24th. Margaret Bellenger. You share with Linda McCartney, American photographer married to ex Beatle Paul. On this day in 1975 the first all British team reaches the summit of Mt. Everest, having an ascent of the south west face of the mountain.

25th. Jennifer Wearn. You share with Christopher Reeve, American actor best known for his role as Superman. On this day in 1933 more than 25,000 people gazed in awe at the image of Jesus on the Shroud of Turin.

<u>26th. Patricia Richards</u>. You share with Serena Williams, American former professional tennis player. She was ranked as the world No. 1 in women's singles by the Women's Tennis Association for 319 weeks, and finished (third-most of all time), and finished as the year-end No. 1 five times.

On this day in 1861, William Landsborough organises a relief expedition to find missing explorers Burke and Wills. **30th. Lorna Livingstone**. You share with Bunny Austin, British tennis player and four times Davis Cup winner. On this day in 1857, the Dunbar is wrecked at the entrance to Sydney Harbour, killing 121 passengers.

Seniors Big Day Out Cruise – "Christmas Cruise" – Tuesday 9/12/2025 – \$69pp PAY BY 1/10/2025

Commences **11am** & returns **2.30pm.** Experience the beauty of Sydney Harbour aboard the MV Blue Room or MV Bella Vista, featuring stunning incredible panoramic views. Departs Star City Casino Wharf Pyrmont (opposite the Casino and light rail). Morning tea/coffee on arrival, buffet lunch & dessert. Entertainment: bingo, trivia, Name that Song. Travel by train and light rail. **Pay by 1/10/2025** (EFT to Activity account.)



BUS TOURS AND GETAWAYS

Danny Campbell 0415 691 231 (Outings and Getaways) or Gwenda O'Brien 0402 286 409 (Concerts and Shows).

YOU MUST PAY BY DUE DAY – some tours are full with stand-by lists, so if not paid by due date, your spot will be offered to someone on the stand-by list and **YOU MUST HAVE YOUR NAME ON THE APPROPRIATE LIST IF YOU INTEND TO COME ON A DAY TRIP OR A GETAWAY**

At Probus Meetings - if paying cash for an outing, please have the correct money.

HELIPORT TOUR, SYDNEY HELICOPTERS, CASTLEREAGH. FRIDAY 5/9/2025. ARRIVE 10.30am. Tour of Sydney Helicopters at Nepean Aerospace Park, 89-151 Old Castlereagh Road, Castlereagh. They have a newly built hanger to house their feet of helicopters as well as an engineering department, office spaces, training facilities, conference rooms and a passenger lounge. There is no charge for the guided tour. However, they would like us to purchase something at Long's House, which is a lovely restaurant/cafe on the premises. The tour will be from 11.00 to 11.30am, followed by lunch (own expense) at Long's House. We need to let the restaurant know how many will want lunch and how many only want cake. The lunch menu is varied, so we must preorder.

This is a "drive yourself or car pool" to Castlereagh.

AUST NUCLEAR SCIENCE & TECHNOLOGY ORGANISATION (ANSTO) LUCAS HTS. FRI 26/9/2025. \$85

ANSTO is a government-funded research organisation that utilises nuclear science and technology for various purposes, incuding research, medicine and industry. We will have a 2-1/2 hour tour at Lucas Heights. We will then go to Panania Diggers Club for lunch. The maximum for this tour is 30 people.

Pick-up Leonay 7.30am, Ropes Crossing 8am. TO BE PAID BY 3RD SEPTEMBER (Meeting Day).

<u>GRIFFITH – BEST OF THE RIVERINA REGION 6 DAYS, 5 NIGHTS SAT 18/10/2025 – THURS 23/10/25.</u> \$1799 twin share plus single supplement \$350.

All inclusive. Guided tours of Griffith & Leeton, visit Catania Fruit Salad Farm, Junee Licorice & Chocolate Factory, Southern Cotton Gin, Calabria Family Wines. Whitton Malt House, Rice Farm, Bradman's Birthplace, Pioneer Park Museum & Italian Museum, explore delightful gardens, see the Citrus Sculptures and much more.

One pick-up only – at 'The Royce'. TRIP FULL.

NEPEAN ROWING CLUB - GRANT GALEA - WEDNESDAY 19TH NOVEMBER \$40

Grant sings, swings and entertains while taking us on a journey with his own voice and personable style. Doors open at 10.30am, show starts at 11am and includes a single course meal & a glass of champagne. You *must* have your name on the list if you wish to go, as I need to buy the tickets prior to the show.

TO BE PAID BY 5TH NOVEMBER (Meeting Day).

POWERHOUSE DISCOVERY CENTRE, CASTLE HILL. FRIDAY 21/11/2025. \$100.

The Powerhouse Museum in Ultimo is temporarily closed, so we will visit the Powerhouse Castle Hill. We will have a talk for ½ hour on a topic of interest. After the talk, there is a tour of Estore (the large storage facility that houses a significant portion of the Powerhouse Museum's collection) which includes collection objects across many different fields from transport, machines, space, to social history, domestic objects and applied arts. After our tour, we will go to the Australian Brewery, Rouse Hill, for lunch and then to Rouse Hill House & Farm for a guided tour.

Pick up Leonay 9am - Ropes Crossing 9.30am. TO BE PAID BY 5TH NOVEMBER (Meeting Day).

THE BEST OF TASMANIA 2026 – 14 DAYS, WEDNESDAY 18/2/2026 – TUESDAY 3/3/2026. \$5,199 twin share plus single supplement \$900.

Includes return airfare from Sydney to Launceston, quality accommodation, most meals, luxury coach travel around Tasmania. Escorted by KTG Tours Host from Sydney Airport.

Balance to be paid direct to KTG Tours BSB 112 879, A/C 412 889 598.

A second instalment of \$2499 p/p + single supp (if applicable) reqd by 1st October.

Final balance on or before 20th December 2025.

SUNSHINE COAST & MONTVILLE. 5 DAYS, 4 NIGHTS. MON 15/6/2026-FRI 19/6/2026, \$1825 pp share, \$2117 pp solo.

This trip is with Coach Holidays. Includes return flights ex Sydney & transfers to and from the airport. 4 nights at Mercure Sunshine Coast Kawana Waters. Trip includes breakfast, most lunches, and evening meals. All-inclusive day tours and entry to attractions, a cruise from Caboolture with views of the Glasshouse Mountains & Bribie Island National Park. We'll travel to Montville & Maleny, Yandina Ginger Factory, Eumundi Markets, a cruise from Tewantin to Noosa Heads. A day at Australia Zoo, and final day in Brisbane. We need 40 of us for an exclusive trip. Minimum is 30 people but extra \$50 pp. If 35-39, extra \$25 pp. We can open the trip to others if we don't have 40 people. \$100 dep by 5/11/2025 (meeting day). Balance by 1/4/2026 (meeting day).

PAYMENT DATES

Heights	Tasmania trip. 2 nd instalment. Direct to KTG tours.	Thurs 4 th Dec.	Seniors Big Day Out Cruise		Rowing Club	Powerhouse Discovery Centre. Castle Hill.
\$85. Payment date 3 rd Sept.	\$2499 twin share +single supp. Pay date 1 st Oct		\$69. Payment date 1 st Oct.	. ,	. ,	\$100. Payment date 5 th Nov.

You can pay by EFT, or deposit in person at CBA, to Activity A/c - BSB 062-445 A/C 1046 5765.

OR put your money in envelope with name, amount and what the payment is for.

NO REFUNDS – if you find you can't go, it's up to yourself to find a replacement.

TICKETS FOR THEATRE ROYAL - PRETTY WOMAN

MATINEE – WEDNESDAY 17TH DECEMBER - DRESS CIRCLE (upstairs) \$95 - (to be paid by 1st OCTOBER).

PROBUS TRAVEL INSURANCE

Probus Travel Insurance with one of Australia's leading travel insurance providers, Allianz Global Assistance, is now available.

Probus Travel Insurance provides a range of options for both domestic and international travel from Australia. Depending upon your age, where you are travelling to and the length of your trip, Probus Club members may be offered one, two or three different plans.

The Comprehensive, Domestic and Non-Medical Plans are available to travelers of all ages. You can apply for pre-existing medical condition cover on Comprehensive, Multi-Trip and Domestic plans. You can apply online https://www.probussouthpacific.org/pages/travel insurance landing au or call 1800 125 234.

GUEST SPEAKERS (Dawn Hayward 0431 409 497)

September 3: No speaker as we have to be out by 12pm

October 1: Cockatoo Island – Sydney Harbour Trust – Marie November 5: Graham Sims – An Aunt, A Tiger Snake and Batman

February 4: Cathrine Crawley from Commonwealth Bank, Penrith – "Staying Safe on Line".

April 1: Karen Burns from Nurse Next Door – Fall Prevention

SEPTEMBER 2025 WALKS

3rd SEPTEMER 2025- MEETING

10th SEPTEMBER 2025 - LINDFIELD. (Lyn) 8.52 train from Emu to Central and change for Lindfield. Walk to Seven Little Australians park and do a small circuit and have lunch. Get a bus back to the city just past the park and train home. A few inclines 5km medium.

17th SEPTEMBER 2025 - EASTWOOD (Danny). Train from Emu Plains 8:52am to Strathfield. Change for train to Eastwood. Have morning tea then walk to an old brickworks site where they have preserved some structures and incorporated into a housing estate. Then to Brush Farm House which was initially the home of Gregory Blaxland. Lunch at Brush Farm Park. Return to Eastwood train station for train to Strathfield and then train home. Some gradual inclines. Approx 7km.

24th SEPTEMBER 2025 - LEURA - GORDON FALLS LOOKOUT (Margaret) Train leaves Penrith at 9.15 and Emu at 9.18. Morning tea at Leura then proceed to Falls via Megalong St / Grose St / Abbey St. and finally Lone Pine Ave. New picnic area here so we will check that out. Short bush track to Gordon Falls and fabulous lookout. Back to Leura for lunch via Jersey Ave. Approx 5/6kms. Some inclines on walk.

Looking forward to seeing you on a walk.

Lyn Roach Danny Campbell Margaret Cummins 0414 868 066 0415 691 231 0433 446 925

COFFEE AND TEA MORNINGS

SECOND WEDNESDAY OF THE MONTH COFFEE & TEA MORNINGS AT THE JAMISON HOTEL, SMITH STREET, SOUTH PENRITH FROM 10 AM.

Have tea, coffee or hot chocolate and stay for lunch, or just come for morning tea. All welcome.

June Payk. Mobile 0432 904 908

THIRD THURSDAY TEA & COFFEE MORNINGS

Thursday 18th September - **CAFE UPSTAIRS,** Suite 102 (1st floor),64-68 Derby Street, Kingswood. Located in the two storied Jamison Specialist Centre building directly opposite the old Emergency entrance to Nepean Hospital. Parking on the first floor is a bit cramped. Park on the ground floor if possible and get the lift to 1st floor. Coffee and cake special \$12.

Meet at 10am. Stay as long or as little as you like. This is purely a social get together and you only pay for what you choose. If you would like a lift ring Joan Campbell 0408352756 or email joan2750@hotmail.com

PICNIC MORNING TEA IN THE PARK

Picnic in the Park will take place on every 3rd Monday of the month at Melrose Hall (Lions Park). Time 10.30am onwards. Stay as long or as little as you like. Bring folding chair and whatever you want to eat and drink. All welcome.

Jenny Tipper 0425 777 939

<u>COFFEE/TEA, CHAT & KNIT</u> 12 SEPTEMBER FRIDAY, CIVIC CAFÉ PENRITH, 10AM-12PM

For those knitters, or those who would like to learn, come on the 12 September to the Civic Café (near the Library) in the Civic Centre Penrith.

Come at 10am and bring your knitting or crochet project. We are allowed to use the café from 10am-12pm on the proviso we buy coffee/tea or cake. You can stay as little or long as you like. Looking forward to getting together for a chat and craft.

Pam Borsey. Phone 4735 2273 and leave a message, or email dpborsey@optusnet.com.au

MONTHLY WEBSITE UPDATE

Some interesting photos on the **Photo tab**. See who entered the City to Surf this year. Look at the delicious cake we had at our last morning tea, yum. Photos from the Orange tour and MJ the Musical are on **TOURS & OUTINGS** TAB. If you have any pictures you would like to see on our website please forward them to my email, joan2750@hotmail.com. I'm very happy to include anything interesting to members. If you would like a copy of anything on the website just send me an email and I'll send them in a reply email to you.

An easy way to access the site is to type "Nepean Probus" into Google and it should come up. If you have a smart phone it will come up on that too.

Otherwise use www. probussouthpacific.org/microsites/nepean and you'll go straight to the website. Happy viewing.

Joan Campbell (Website Manager)

WELFARE Lauraine Johnston – Ph: 0429 000 590

A few follow ups but nothing new. Everyone seems to be travelling ok in the sickness department, except for the sad news of Andy Heaton passing.

If a card or phone call required just give me a ring.

Lauraine, Welfare Officer

CHRISTMAS LUNCH "LIKE NO OTHER" THURSDAY, 4/12/2025 AT LEONAY GOLF CLUB. 11:30AM FOR 12PM START

- Entertainment by Black Tie Magicians.
- Buffet meal.
- Barry Syme will be our MC.
- Note: no club meeting on Wed 3/12/25. Instead, lunch on Thursday 4/12/25.

Total cost \$85. Please pay no later than 1/10/2025.

You can pay by two instalments: \$45 by 2/7/2025, and \$40 by 1/10/2025.

If paying by EFT - Club Account, BSB 062411, account 10002565.

If cash or cheque at club meeting, put in an envelope with your name and reference Christmas.

Doug Jones, Vice-President

There will be a list at the meeting for you to put your name on, OR phone 0414 194 499, email dougsj51@gmail.com



Mavis had a huge month in August turning 80 and completing the City to Surf, braving the rain over a difficult course, Congratulations. Age is just a number, keep active and well done.



JQ (JobQuest) Handyman Services Non-Profit Organisation

- Handyman Services for small tasks.
- Lawn mowing and gardening, gutter cleans and window cleans.
- Free quotes.
- Fully insured. All workers are experienced, friendly, and helpful.
- JQ works with about 30 home care package providers and if they approve the quote, the work is done using home care funding.

Annette Carpenter, JQ Services, Phone 8677 8885, Mobile 0403-454-196 Project Manager. Western Sydney, Nepean, Blue Mountains & Hawkesbury.

Here is a link for their website https://www.jqhandyman.com/

Jill Middleton 0410 866 003





Where – Emu Plains Anglican Church, 26 Short Street Emu Plains 2750 (Enter via Mundy Street)
Time – 1.00pm – 2.00pm
When – every Second Tuesday
Dates for 2025:

- September 9, 23
- October 7, 21st
- November 4, 18
- December 2, 16

Low-Cost fresh food to stretch your budget further How it works – Bring along your Pension or Health Care or Immigration Card. Make a \$5 contribution. EFTPOS AVAILABLE.

Fill a bag with fresh food of your choice.