



# SEACLIFF PROBUS CLUB



## President's Report: June 2025

Winter has once again turned up, pretty much on time, and many of our members start heading North chasing the sun.

But those of us still here keep the Fun and Fellowship happening with a great lunch at the "British" after the St Peter's Cathedral very informative tour, and a night of dancing and singing along to ABBA and supporting our Gold Sponsor, BYSC. How inspiring was our guest speaker, Libby Kosmala so much so that a "Shoot out" is now planned for November.

Next meeting we will once again, after such a positive response, be encouraging you to put up your hand to join the 2026 Committee to ensure ongoing fun and fellowship for all and.... we have \$\$\$\$ in the bank to make sure that happens.

Greg

# COMMITTEE MEMBERS

President: Greg Cochrane  
0418109809

Co Vice Presidents: Vicki  
Porter 0418811460 and  
Charlotte Dyer 0412292366

Secretary: Shauna Allen  
0424326572

Treasurer: Di Nixon  
0498572827

Membership: Gayle Thomas  
0466340815

Co-Outings Officers: Dave  
Thomas 0431562339 and  
Maureen Carman 0416212780

Guest Speakers: Julie Souman  
0412894170

Newsletter: Gayle Mathews  
0416976722

Publicity: Greg Cochrane  
Hospitality support: Marilyn

Skurray supported by Anne  
Garvie 0405259232

Public Officer: Lorraine Ellen  
0405 663 969

Webmaster: Phil Hewitt 0400  
644 310



## Guest Speaker

### July

- Roland Lever, Mg Director CEO at JH Lever, an  
Adelaide based Company who supplies & exports high-quality  
fragrances,  
flavours, essential oils and plant extracts.

## Events

### Xmas in July

July 26<sup>th</sup> at the Grand Hotel

**Langhorne Creek Winery Tour 14<sup>th</sup> August Booked out.**

**Botanic Gardens September 11th**



**Happy  
BIRTHDAY**

### July

Jill Williams 9/7  
Bruce Grimm 13/7  
Charlotte Dyer 16/7  
Yvonne Ayliff 18/7  
John Wenzel 19/7  
Robert Barnes 22/7  
Janine Frey 29/7  
Vicki Billing 30/7

# Seacliff Probus June Guest Speaker



Fiercely independent, strong, determined and influential = Libby Kosmala, OAM, competitor in 12 consecutive Paralympic Games as a Para-Shooter, winning multiple Medals along with a place in the Sports Australia Hall of Fame.

Born in 1942, Libby was born in 1942 with spinal complications that left her a paraplegic, and as she recalled, her first 7 years were basically on the floor. At school she described being bullied by girls and taken behind some buildings to have leeches put on her. So, despite obviously experiencing so many difficulties & struggles growing up she developed a strength & independence which propelled her into areas way beyond her & everyone else's imagination.

In the 1960s she met a fellow patient at Royal Adelaide Hospital who introduced her to the world of wheelchair sports, where in 1966 she competed at the National Wheelchair Games in Foil fencing, swimming, wheelchair racing, field events and archery. She very quickly proved not only to herself but to everyone, just how incredibly talented and driven she was - and it wasn't all about the Medals! Two years later she competed in the Commonwealth Paraplegic Games where she won gold medals in archery and foil fencing, silver in pentathlon & some bronze medals in swimming & wheelchair racing. So being drawn to para-shooting, she competed in air rifle events over 12 'consecutive' Paralympic Games from 1972 to 2016 in Rio, winning 9 Gold, 3 Silver & a Bronze medal during this time. It was an absolute delight when Libby brought some of her Medals for us to hold and look at up close. In the 1984 Stoke Mandeville Games she won gold in All 4 Air rifle shooting events and shattered 4 World Records.

Libby's final Paralympic Games were in Rio in 2016, and at the age of 72, she announced her retirement in 2020. Her career has been unbelievable for this Adelaide lady, but her influence extends to being a powerful advocate for disability rights and accessibility in the Adelaide area and South Australia. She fought long and hard at procuring parking permits for people with disabilities during the 70's and is a Mentor and Role Model for the next generation of Australian Paralympic shooters, some of which she teaches at Wingfield Rifle range, which she has also invited our group to attend for an Outing one day !!

Her impeccable strength, spirit and her subsequent achievements have shown everyone she comes into contact with, that there truly are No Limits to someone achieving their goals, as long as they want them badly enough and are prepared to work hard enough for them ..



## Lots of Fun :



## Up and Coming Speakers

24th July - Roland Lever, Mg Director CEO at JH Lever, an Adelaide based Company who supplies & exports high-quality fragrances, flavours, essential oils and plant extracts.

28th August - Mayor Amanda Wilson of Holdfast City Council -  
(Topics to be decided by Members - comments, questions, concerns established prior to her presentation)

25th Sept - Henry Olonga, First and youngest Zimbabwean former International Cricketer who protested against "the death of democracy" in Zimbabwe. He was also a Singer on 'The Voice'.

23rd Oct - Probus Month.

27th Nov - David Jarman - Historian on some of North Terrace Building's Secrets and hidden stories.

# Up and Coming Events

- 19 July - French Night event at the Yacht Club.
- 26 July - Christmas in July is to be held at the Grand Hotel, Glenelg. It is recommended that members use an Uber or Taxi.
- 14 August - Wine Tasting Tour to Langhorne Creek. Fully booked. All wineries are pairing with food. Visiting two wineries, followed by lunch, ending with a third winery for sweet treats.
- 11 September - Mt Lofty garden and lunch at Uraidla Hotel. 28 booked so far.
- October - Lot 100.
- 4 November - Melbourne Cup Lunch.
- 13 November - Libby Kosmala invitation to attend the air rifle range at Wingfield Followed by lunch at Tiros Restaurant (Regency Park TAFE).
- Next year Dave is looking at a steam train trip from Mt Barker to Strathalbyn. Please advise Dave if anyone is interested.

## Arts and Concerts

- Elder Hall Lunchtime Concert, Friday 29 August. 1:10pm - 2:00pm. Cost is \$20 general admission. Address Elder Hall, North Terrace. Visiting Professor Roy Howat is one of the world's leading scholars of French piano music.
- Sunday 10 August 2pm for 2:30pm start. Wallis Cinema Mitcham. IAF Fundraising movie screening Four Letters of Love

# Up and Coming Events

## Mens BBQ



Every month the Friday before the General meeting 12 to 2pm. At the Kingston Park Coastal Reserve next to the Caravan Park. If the weather is inclement meet at the Seacliff hotel. Contact Phil Johansen for more details. 0403 605 994

## Caravan Group

Looking forward to more adventures

October/November. Contact Pam and John Walters



## Coffee Morning

The first Thursday of the month Seacliff Hotel.



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