

PRESIDENT'S COMMENT

Hello from my Computer,

We approach the end of winter this month and the beginning of Spring at the 1st September. I remember that when I was a 15 and 16 year old Senior Scout we used to go as a group and swim at Williamstown Beach on the 1st September. I would not contemplate that now as the flush of youthful enthusiasm is long gone.

What we are k-looking at now is candidates with a flush of enthusiasm for positions on the Management Committee. All positions are available to be contested and there have been two persons nominate for positions already. Ray King has put his hand up for Treasurer and we thank Sue Mathews who has filled the role for the past three years; Patricia wants to step down from the Welcome Table and Sandy King has nominated for a role on the Welcome table with Arne Mcfarland and we thank Patricia Fincham for her work over the last three years and we welcome these early nominations for assistance in managing club functions.

On individual notes we are all assailed by scams on our phones and computers and if you wish to learn how to protect yourself from scammers? Register for a free 'Can you spot a scam?' online presentation on **Thursday 14 August at 3pm AEST**, hosted by the eSafety Commissioner as part of the Be Connected initiative. This 1-hr session covers:

- common scams
- tips on how to spot them
- what to do and what not to do
- where to go for help

Click [here](#) to book your spot. Be Connected is a joint initiative between the Department of Social Services, eSafety and Good Things Foundation to increase the confidence, skills and online safety of older Australians. I suppose we qualify here. In addition to attending the presentation, all members are encouraged to read PSPL Information Sheet on Staying Safe Online which can be downloaded in MS Word [here](#) and in PDF [here](#).

Keep warm and safe and lookout for your swimmers come September 1st

Gerry



Birthdays for August

Frederick Smith - 20 August

Robert Osmon - 23 August

Have a great time

SOME MEMBERS NEED ASSISTANCE TO GET TO OUR MEETINGS



CAN YOU HELP? Some members need help with transport to and from the meeting and/or to lunch in Ringwood after each meeting.

If you can help these members, please speak to Gerry to organise your 'buddy'.

THIS MONTH'S SPEAKER — Janet Werkmeister - Author - The Roaring Twenties AUGUST 12

Courtesy: <https://bayside.spydus.com/cgi-bin/spydus.exe/ENQ/WPAC/BIBENQ?SETLVL=&BRN=542156>

Melbourne's booming 1920s economy enabled Melburnians to become enthusiastic followers of the worldwide craze for Jazz - jazz music, jazz dancing, jazz fashion and style. Their unrivalled passion for the movies drove construction of iconic theatres like The Regent and The Forum, as huge Picture palaces. A tidal wave of innovation, from electric kettles and toasters through to radio and broadcasting and passenger aeroplanes, brought new experiences and an increasing sense of optimism.

SEPTEMBER 9 Shane Varcoe - Marijuana as a Medicine

OCTOBER 14 Alex Maisey - The Lyrebird as an ECO Engineer

NOVEMBER 11 Paul Perrottet - Australian Tennis Open History and Highlights.

DECEMBER — no speaker.

AUGUST SUNDAY LUNCH — Meryl Ellway

August lunch on the 24th.

Old England Hotel, 459 Lower Heidelberg Rd, Heidelberg,

At 12.30pm

Global cuisine and pub grub in a huge, Victorian-era hotel with old-world decor and a relaxed vibe.

0407 042 572 to book with Meryl.



EASTSIDER NEWS ARTICLE – August Edition

Probus Club Mitcham Nunawading - Chris Summers

WHERE has the year gone? For the merry people of Probus Mitcham Nunawading, Christmas in July is over and plans are well underway for the remainder of 2025. The year will culminate with Christmas being celebrated at the Canterbury International Hotel in Forest Hill.

What's happening for the rest of 2025? For the remainder of the year, we have our regular Sunday lunch which is at varying venues. Outings we are looking forward to are a tour of Government House, a proposed tour of Pentridge Prison in September, The Round Theatre in Nunawading for the Andrew Lloyd Webber show in October, a visit to the Johnston Collection in East Melbourne in November, and then we are back ready for Christmas.

We tried a new activity in August which took us back to our youth – Ten Pin Bowling. A small number took part but they did have a 'fun' time. Our photography group are very active and in July visited Williamstown photographing whatever took their fancy. Some featured the boats, some the old buildings and people and shops along the main street.

We invite you to join our meetings. If you would like to come along to our meetings or outings you would be most welcome. Meetings are on the second Tuesday of the month at 10am in the Willis Room at the Whitehorse Council buildings. Each meeting has morning tea followed by an excellent speaker. Our last speaker was Tammy Shepherd, a physiotherapist. She volunteers to work with Mercy Ships which provides medical facilities and visits poorer countries, delivering surgical, dental, physio, radiation, dietitian services onboard their two ships.

Our future speakers are:

- September 9: Shane Varcoe on Marijuana as a Medicine
- October 14: Alex Maisey on The Lyrebird as an eco engineer
- November 11: Paul Perrottet on Australian Tennis Open History and Highlights.

Visit our website to find out more and to read our monthly newsletter here or email us at: mnpobus@outlook.com

LUNCH AFTER MEETING

The Coach in Ringwood has been booked for 12.30, although not in the same room this visit. Look out for other members.
All welcome.



MEMBER UPDATE.

Most members are going along 'ok', despite a covid case, a couple of falls, colds and respite care but now most are back on their feet again.

Take care everyone.



PROBUS ASSOCIATION OF VICTORIA – Richard Lawrence

PAV is the Probus Association of Victoria, they are an affiliation of over 100 Probus clubs within Victoria. The PAV produce the Probian newspaper and run about 4 statewide events each year. We send a representative to the quarterly meeting and here is some news.

VALE: The past PAV president Tess Robinson has passed away while on holiday overseas. Some members may have known her.

PAV Committee Succession Planning – Looking for a replacement for Fran the retiring secretary. Also, another Committee Member is required to fill the unexpected vacancy resulting from the tragic loss of Tess. Contact Richard Lawrence if you would like more information.

PAV friendship days present an opportunity to meet members from other clubs, and are usually very popular, so we need to book early if you are interested. Two upcoming events are:

- + PAV Friendship Day lunch – Tuesday October 21, 2025 at The William Angliss Institute will be an exciting opportunity to meet members from other clubs. More details to follow at the August meeting, when I will circulate an expression of interest.
- + PAV Friendship Golf Day 2025 on Friday 14th November 2025 at the Goonawarra Golf Course in Sunbury. In previous years our club has been a winner, and we also organised this contest in 2018 and 2019. We do manage to send a team every year, if you are interested in a friendly competitive golf game at a statewide level and a luncheon after the game whilst representing our club then sign up. We can put up 2 teams of 4 and can also accommodate some individual players. The cost is about \$85 per player and includes green fees, breakfast and lunch. Extra lunch guests are also invited at \$40 per head. Golf carts are available at extra cost but we have to get in early. Michael Ransom is coordinating our club's teams so contact Michael for more information.

Check out the Probian newspaper online <https://www.probusvic.com.au/publications/victorian-probian/>

Regards Richard - 0407 838 638 Michael 0417 514 349

PROPOSED OUTINGS



Heidi Museum of Modern Art Thursday Outing

Meet at Gallery August 14th at 10.30 am

7 Templestowe Road, Manningam

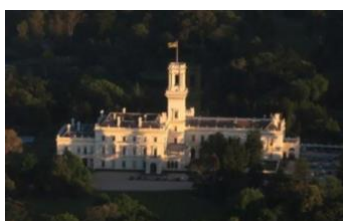
This a chance to view the Man Ray and Max Dupain Exhibition.

Cost is \$27 or \$22 for concession holders. Manningham residents are free.

Lunch to follow at 12 noon in the Heidi Café for those who wish to stay on.

Ten Pin Bowling at Mont Albert Bowling Alley on August 20th and there is sure to be stiff competition for the winning team honours.

Let Ray King know if you are attending or need to be an apology. with lunch after at Blackburn Hotel. **Ray King – 0416 014 646**



Pending

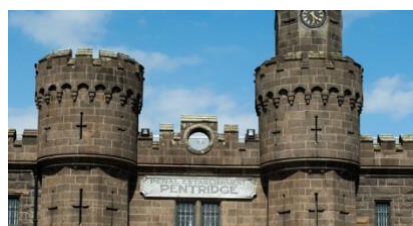
Monday 1 September - Government House Tour

Glenn Ewing - 0408 733 066

Thursday 18 September, Tour of H Division Pentridge Prison, Coburg – Pending

\$32 concession entry.

Expressions of interest sought.



Wednesday 22 October, The Round Theatre, Nunawading – Andrew Lloyd Webber

Anne Osmon - 0408 733 066

Wednesday 12 November – Johnston Collection, East Melbourne -pending

Anne Osmon - 0408 733 066 Pending



Tuesday 9 December - Christmas Lunch, Canterbury International Hotel, Forest Hill Hotel. \$57 pp.

Anne Osmon - 0408 733 066



Do you have any outing suggestions? The organising committee are always looking for new ideas. Please contact Ray King 0416 014 646.

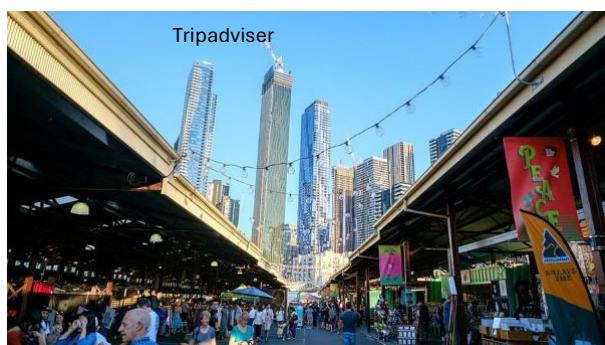
Outings being considered in 2026 include –

Nova Musical Theatre, Nunawading
Tour of an ambulance station
Villa Alba, Kew
Ferry to Williamstown and lunch
Performance at The Round, Nunawading
Gipps Aero Factory, Morwell
Melbourne Exhibition Building
Tesselaar Tulip Festival
Yarra River cruise.

PHOTOGRAPHY GROUP – Michael Ransom

Our next photography outing will be to the Victoria market on Friday, August 22. We will meet at the corner of William and Dudley Streets, West Melbourne at 10am. This is the north east corner of the Flagstaff gardens just across the road from the market.

If you are travelling by train, get off at Flagstaff Station, and walk through the Flagstaff Gardens to the meeting spot.



As well as opportunities for great photos, there are plenty of places for having a cup of coffee and a wide variety of eating places as well.

Please let Michael know on 0417 514 349 if you are attending.

FROM RICHARD LAWRENCE

Have you ever noticed this little message on your power bill?

Could you save money on another plan?

Based on your past usage, our latest **Flexi Plan (Home)** may cost you up to **\$231 incl. GST less per year** than your current plan.^{^^} Compare and switch at energyaustralia.com.au/compare or call us on **133 466***.

Or this one?



Good news, you're on our best offer!

Based on your past usage, you're on our best generally available offer for your situation. Visit the Victorian Energy Compare website for information on energy offers: compare.energy.vic.gov.au

It is well worth checking the government web pages mentioned, there are some incredible differences in power costs out there and your current company rewards your loyalty by leaving you on the highest offer, you need to switch to get a better deal.

My daughter noticed our electric bill was about 35 cents KW/H, she found another supplier via this government link which was 22 cents KW/H and encouraged us to switch. I checked recently and there was another company a bit cheaper but as it only estimated about \$30 savings per year, I did not bother. My daughter has by the way, already switched to another cheaper supplier.

Tips and things to look out for. Check the \$ per KW/H rate, the actual bill amount depends on your usage and is not suitable for comparison as it changes all the time. Watch the daily supply charge too, this is the fixed daily price regardless of how much you use. If you have solar panels, check the feed in tariff. There are also time of day/off peak pricing and market pricing options that can be complicated, I thought these too risky and kept the simpler flat rate. Your situation may be different.

The government-based comparisons will check your last bill and make recommendations based on your usage to get you a better deal. They give you the option to check out each recommended deal. Then contact your current supplier and see if they can better it, which could be easier than switching. Beware though, my previous supplier was very elusive and refused to tell me the KW/H rate, just said "this deal is better for you". I decided not to stay with them, as they could have just reduced the rate automatically and did not. Switching was easy, the new company just did it for me. Some will do combined gas bills too, but gas takes a while to switch as they have to come to your house to read the meter.

Now don't get me started on banks that apply the same "stuff you" loyalty concept. The investment account interest rates just went down and down automatically, then stayed down. As rates went up, they snubbed your loyalty and created new account types that you had to transfer funds into and close the old one.

Always be aware of scammers, do not click on links or phone numbers within unsolicited emails or SMS messages. Do not give info your identification info over the phone or in emails. Always hang up, look up the phone of the bank or utility company from your last bill or statement and call them back to check. Too many scammers out there.

REPORTS

MONDAY MORNING COFFEE – Chris Summers

Despite slightly chilly but some sunshine weather, we nearly always sit outside for our coffee morning – all 18 of us. We seem to grow every Monday.

Please come along and join us – the warmed muffins are great and melt the butter easily and the warm scones with jam and cream are always popular and yummy.

PHOTOGRAPHY GROUP - Michael Ransom

Our July excursion took four of our members, as well as three from the Balwyn Probus Club to Williamstown. It was very cold that day, but those who attended were able to take some great photographs when they ventured out of the warm coffee shop in the Main Street.



Photo: Glenn Ewing



Photo: Dale Perkins

And from Glenn Ewing -

On the 25th of July four members ventured over to Williamstown for our monthly photography outing. We were joined by three members of the North Balwyn Probus group which boosted our numbers and added to the enjoyment. It was a very chilly morning on the waterfront so after getting some photos we headed to a local cafe for coffee and muffins. It was great to have some different faces around the table and we all enjoyed a good chat. All in all it was a successful trip to historic Williamstown and it will be interesting to see what photos we have all come up with.



Photo: Dale Perkins



Photo: Dale Perkins



Photo: Glenn Ewing



Photo: Glenn Ewing



Photo: Glenn Ewing



Photo: Glenn Ewing



Photo: Glenn Ewing



Photo: Glenn Ewing



Photo: Glenn Ewing



Photo: Glenn Ewing

SUNDAY LUNCH – CHRISTMAS IN JULY - Chris Summers

Box Hill Golf Club.

A much smaller number than in previous years gathered at the Box Hill Golf Club for the Christmas in July festivities. The Sing Australia Choir entertained us with several musical numbers plus a few Christmas themed songs. A traditional 'roast' lunch and plum pud alternated with pavlova was served. There was plenty of chatter around the room plus Happy Birthday and a cake for Ada, who celebrated her 90th birthday recently but celebrations were held back due to the dreaded flu.







Glenn was one of the lucky chair prizes.
Your challenge is to get it to flower next year.



HAPPY 90th BIRTHDAY ADA



SUNDAY LUNCH – Chris Summers

It was a great day Sunday 27 July at Food Republic, excellent venue and food. Everyone had a great time at the lunch. Parking is always an issue but we all made it in time for lunch.

Open souvlaki, lasagne, Vietnamese slaw, risotto and other salads were popular and thoroughly enjoyed by all. Some even managed to squeeze in cake and coffee to round off the lunch. The restaurant offers containers for your 'left overs' – well used this day.

If you have not yet let the Hostess with the Mostest, Meryl Ellway know you are coming in August, give her a call on **0407 042 572** and make sure of your seat at the table.



Don't forget our next Sunday lunch is at The Old England in Heidelberg – 4th Sunday in August.

MOVIE OUTING – Glenn Ewing

Although a bit light on numbers we still enjoyed a movie outing at Balwyn cinema on the 21st of July. The movie was a romantic comedy - drama called Jane Austen Wrecked my Life. It was about a desperately single bookseller, lost in a fantasy world, who finds herself forced to fulfil her dream of becoming a writer. Although a bit slow at times and certainly clichéd it was still enjoyable. In particular it is always good to see the famous Parisian bookshop Shakespeare & Co being used in a film.

We had lunch and a good chat at our usual cafe over the road.



TALKING SHARES AUGUST MEETING – Daryl Rogers

Our agenda for this meeting was a full one. A substantial amount of discussion initially centred on international and Australian economic happenings. Significant time was given to the Trump tariffs, their formulation, impact and questionable legitimacy.

An ongoing agenda item, updating shares of interest continues to be highly valued with everyone contributing. Our \$100k phantom portfolio produced great interest, all members had increases in the last month. Dale holds the lead for another month, followed by Daryl, Keiren, Edward and Paul. Only a few more months to go before the final placings!

A carryover item from the previous meeting, asking each member to select a share that they would invest \$10k on and justify the decision produced some varied responses. Two words risk and return were used often. There was a very lively discussion about possible changes to individual and company taxation.

An enjoyable lunch was shared in the hotel grill area after the meeting.

September meeting Tuesday 2nd at 10.10 at the Blackburn Hotel

Daryl Rogers, Coordinator

COMMUNITY PAGE – Chris Summers



BOROONDARA SYMPHONIC BAND

ALL ABOARD

CONDUCTOR – GIULIANO DI TENNO

FREE CONCERT

Sunday 31 August 2025 @ 2.30pm

Holy Trinity Anglican Church Cnr. High St & Pakington Street Kew
Further information phone 0417 361 092
www.boroondarasymphonicband.com.au

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BOROONDARA SYMPHONIC BAND
INCORPORATED



Heidelberg Wind Ensemble
presents
THE EUROPEAN CONNECTION

Berlioz: "Marche Hongroise from La damnation de Faust, Op. 24"

Ellerby: "Paris Sketches" - Homages for Band 1994

Lancien: "Aunis et Saintonge en Fête"

Boehm: "Grande Polonoise for Flute and Winds" Op. 16
Arr. by Richard Heffler - USMB.

Stravinsky: "Suite No. 2 for small Orchestra"
Transcribed by Clark McAllister & Malcom Binny

Sharpe: "Fanfare and Soliloquy for Band"

Madden: "Symphonic Variations On A Theme by Purcell"

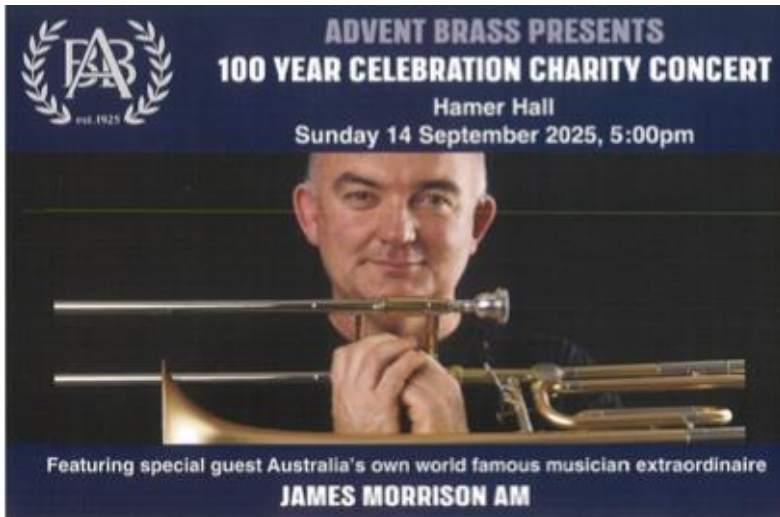
Tchaikovsky: "Finale" from Symphony No. 2
Transcribed by James Curnow

Conductor: Stephen Carpenter

Saturday 23 August, 3:30pm
St Georges Anglican Church,
Warncliffe Road, East Ivanhoe

tickets: at the door or pre-purchase at
<https://hso.interticket.com/>
Want more info:
heidelbergwindensemble@gmail.com





Allison's trekking.

Next stop Santa Teresa - Santa Teresa is an Eastern Arrernte community 85km south east of Alice Springs. Established by a Catholic Mission in the 1950s. Next stop Alice Springs, to load with fresh fodder, water and fuel. Best thing in Alice – a

shower and proper loo – first time for the last week.

From Alice - **Serious four-wheel-drive adventure**

A network of permanent waterholes and beautiful outback landscapes on some of the best four-wheel drive tracks in the NT. Tracks criss-cross the 1,120km² park, including the challenging 17km Frew River loop track to the Old Police Station Waterhole, the park's best-known attraction.

Sleep under the stars

The Bullita Stock Route is a challenging 4WD track in Gregory National Park. It's a one-way route (south to north) due to the East Baines River crossing and the "jump up" south of Spring Creek Yard. The route is known for its rugged terrain, including rocky sections and river crossings, and is best suited for experienced drivers with high-clearance 4WD vehicles. That sounds like my girl.

Into Kunanurra, refuel containers and top up food supplies. Great sunsets and huge boab trees. They crossed the Ivanhoe River, to the 5 rivers lookout overlooking Wyndham. One vehicle had holes in the fuel tank so major repairs done on the roadside.



To Drysdale River Station approximately 1,000,000 acres and grow BIG cattle, says Allison. A chance to helicopter to the Mitchell Falls, then to Mt Elizabeth Station, running 6000 head of cattle.

Mt Elizabeth Station is a half-million acres, Winjana Gorge for Aboriginal rock art, Tunnel Creek for crocs, Lawarra Station 191,000 hectares, Noonkanbah Aboriginal Community, Bungles, Wolfe Creek



Crater, the Tanami Track to Rabbit Flat, Tilmouth Well and back to Alice, followed by a fast bitumen drive home and back to work on 6 August.

Allison took a deep breath and did a chopper flight of 45 minutes over the Bungle Bungles. She said she was s... scared – no doors on the chopper and doing figure 8's to see the view. BUT she loved it and eventually stopped shaking. Her trip approaching the end - Rabbit Flat - Remotest road house in



Australia until it's closure! In 1969. Approximately half-way up the Northern Territory and 160km from the border with Western Australia on the Tanami Road, it became a popular refuelling stop and a weather station.

Almost home at Peterborough SA, where the windscreen was showered with stones from a passing roadtrain. All those kms and this happens so close to home then to Mildura, Swan Hill

over-night and home Friday to repair the windscreen and sadly prepare to return to work to start saving for the next expedition.

Allison is looking for someone to wash her truck!

