



St Peters Probus Club Inc.

Newsletter

February 2026

Message from the Editor

Has it been hot enough for everyone? Personally, I dislike heat and avoid it at all costs but...hey, we live in Australia.

I think it is a good time to be thankful for what we do have and the fact that, to date, we haven't had major bushfires here – our thoughts are with those who are losing so much in WA and Victoria.

Something Special

This month our something special comes from our Secretary Andrew Tarca.



These traditional wine drinking chalices are important to Andrew because they are from the

Valtellina region in Northern Italy from whence his parents came.

Valtellina or the Valtelline is a valley in the Lombardy region of northern Italy, bordering Switzerland. Today it is known for its ski centre, hot spring spas, cheeses (in particular Bitto), wines and bresaola - air dried, salted beef (horse, venison or pork). It is lean and tender, with a sweet, musty smell.,

We can all learn so much from sharing our special things. I have tried bresaola, the venison version. Think I might struggle with the horse!

If you would like to share something special, please send a picture and a short description to me at achpanto@gmail.com or 0419 824 395. Let's learn from the simple things – or the complex ones!

Looking forward to seeing you all soon.

Deb Millikan

President's Message



It is now February, and for many of us our regular activities which have been in recess since December, are now gradually resuming. A period of returning to a normal routine and reconnecting with friends we haven't seen for several weeks.

It is the aim of Probus to help retirees and semi retirees to remain connected and engaged, and this year Probus is celebrating its 50year anniversary of activity in Australia. February 3rd marks the establishment of the first Probus Club in Australia at Hunters Hill NSW

It is the hope of our committee that these aims are being met, but we are

always happy to accept new suggestions and ideas to improve on the fun and fellowship.

Lee has planned an exciting programme of activities for the year which should further the cause. Andrew has organised some interesting speakers, and Deb is constantly thinking of new ways to make our newsletter more entertaining.

We do hope that you will find 2026 a very enjoyable year, and that you will invite friends to come along and enjoy it with you.

Our first meeting will be on Friday 13th February, a day associated with bad luck in many western cultures. Superstitions such as walking under a ladder, having a black cat walk in front of you, or opening up an umbrella indoors are linked to that day. For those who may be apprehensive about stepping out on that day, I suggest that you carry a lucky charm such as a four-leaf clover, a horseshoe or a lady bird insect.

On the other hand, you could forget about the 13th and focus on the following day which is February 14th, St Valentine's Day. A day originated as a feast to honour Christian martyr St Valentine but is now a celebration of love. Chocolates and roses are much easier to come by than the lucky charms!

Helen Thomas

Special Note Meeting Venue

Due to scheduling difficulties, we have a change of venue for our monthly meetings on the following dates ONLY:

13 February
13 March
10 July

Venue for those meetings will be at the back of the St Peters Town Hall in the banquet room.

Event Dates 2026

- **11 February, 9.45am**
SA Health & Medical Research Institute (SAHMRI), North Terrace. Meet 9.45am in the foyer for a 10am start. Don't be late.

Cost: Free



- **6 March, 10am**
Government House Garden Tour and lunch on the lawns

Cost: Free



- **24 April, 10am**
Coffee at 'The Nest'

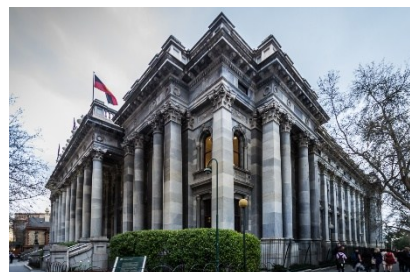
- **13 May, (Time TBA)**
Adelaide Gaol

Cost: \$22



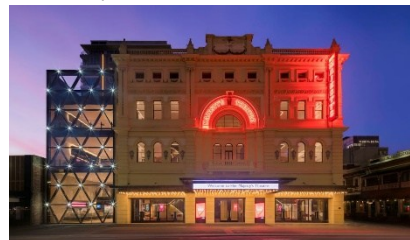
- **23 June, 2pm**
Parliament House Tour
(Must take ID)

Cost: Free



- **22 July, (Time TBA)**
Her Majesty's Theatre

Cost: \$27.50



- **28 August, 10am**
Coffee at 'The Nest'

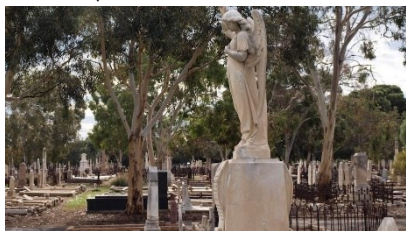
- **22 September, (all day)**
Seal Island Cruise, Victor Harbor

Cost: \$55 (plus bus hire and lunch)

- **21 October, 10am**
Coffee at 'The Nest'

- **27 November (Time TBA)**
Tour West Terrace
Cemetery

Cost: \$20



- **11 December** Christmas lunch at a venue to be determined

Thanks to Lee Sando for such great organisation with a lot of early notification. Please support Lee and our Club by attending these events.

Contact Lee:

isando@senet.com.au

Guest Speakers 2026

13 February 2026

Mike Smith

Four Smiths – Two Wars

13 March

Elizabeth Davis

ROMAC – A key project of Rotary

10 April

SAPOL

Cyber Awareness

8 May

Operation Flinders

12 June

Orange Sky

About what they do

10 July

Chris Halbert

SANFL History

14 August

David Jarman (Historian)
The Buildings of North
Terrace

About our Members Fran Thomas

Fran is a committee member and is our Welfare Officer. She has been a Probus member for about 3 years.

Fran has lived in four states of Australia and spent 2 years in Papua New Guinea and the ACT.

A family trip to Italy saw Fran decide that Lake Como was the best place to which she has travelled (another Italian theme this month – see something special from Andrew).

Probably the most interesting home incident that Fran can recall is when she didn't believe her youngest child had been hit by a car. She had dropped him off at school and watched him enter the school yard. She then received a phone call to be told he was on his way to the children's hospital and that it wasn't looking good....

How did that turn out? You better ask Fran.



February Birthday List

Roy Anders
Neil Rodda
Phil Tyler

Words of Wisdom

“Yes, a person can accept your apology and forgive you for what you've said, but they will never forget how you made them feel at that very moment. Words can stick in a person's mind, heart, and spirit long after the words have been spoken. Don't be in denial; words have GREAT power. Be wise when you speak!”

Stephanie Lahart

St Peters Probus Club Inc Committee Members

Helen Thomas – President
Debra Millikan – Vice President
Sue Anders – Treasurer
Andrew Tarca – Secretary
Phil Tyler – Past President
Jan Rosser – Membership Support
Fran Thomas – Welfare Officer
Andrew Tarca – Guest Speakers
Lee Sando – Events Officer
Debra Millikan – Newsletter Editor
VACANT: Membership Officer

With the AGM approaching in March, if you would like to join the committee and contribute to the growth of the St Peters Probus Club, please don't hesitate to contact either President Helen Thomas on 0439 039 008 or Secretary Andrew Tarca on 0400 300 020