



St Peters Probus Club Inc.

Newsletter – August 2025



St Peters Probus Club Inc.

2025 Committee Members:

Helen Thomas– President,
Debra Millikan - Vice President
Sue Anders – Treasurer
Andrew Tarca – Secretary, Guest
Speakers, Newsletter Editor
Phil Tyler – Past President
Jan Rosser – Membership Support
Lee Sando – Coffee Club & Outings
Convenor
Fay Thomas- Welfare Officer

Vacant - Membership Officer,
Newsletter Editor

If you want to discuss this opportunity
and what is involved, please speak to
Past President Phil Tyler 0401 120 933
or Secretary Andrew Tarca 0400 300
020

Please remember to bring a **MUG** for
your morning tea drink and help us
save on the cost of paper cups

“You cannot control everything that
happens to you, you can only control the
way you respond to what happens. In your
response is your power” – Unknown



***Please think about what you
can contribute to our Club to
your satisfaction.
Nominate for a role at the
Club now***

Contact:

Andrew Tarca Secretary: Email:
stpetersprobusclub@gmail.com

REMEMBER

***Have you got a personal
moment that you will never
forget? Then let's share it at a
meeting. Please contact Helen
Thomas***

WEBSITE

The below website has very valuable
information:

<https://60plusclub.com.au>

60+Club provides informative free
articles and insights on health and
wellbeing. Tailored for the Over 60s
including blogs, eBooks, products and
more!

“Don’t be pushed by your problems. Be
led by your dreams” -Ralph Waldo
Emerson

WHAT’S ON:

August

**Monday 18th 11am – Coffee
morning at ‘The Nest’?
followed by a walk**

**See attached for further
upcoming Outings**

**See next page for an
outline and photos of the
last outing by Lee Sando.**

Guest Speaker

Kevin Nolan who has
published a book on trivia
questions.
His talk will be about how he
went about writing the book
and then a few questions for
us.

“You have not lived today until
you have done something for
someone who can never repay
you “ – John Bunyan

OUTINGS SUMMARY

We are so fortunate to live in beautiful Adelaide!!

Haigh's Chocolate Visit

A tour of the Haigh's factory and shop at Parkside resulted in 11 Probus members enjoying a very informative morning with tour guide Jo. Many interesting facts and figures were shared whilst members enjoyed samples of their delicious chocolates.

Until the recent retirement of Alistair Haigh, the company has been managed by the Haigh's family since its inception in 1915.

In the 1940's John Haigh went to Switzerland and spent 12 months at the Lindt factory learning about how to make the best chocolate.

Premium priced raw high quality cocoa beans from cocoa growing regions around the world including South America, Africa and the Pacific are used along with cocoa from Ghana and Papua New Guinea.

Currently seven blends of chocolate are used to produce 250 products with all of them made in Adelaide.

To increase manufacturing from 20 tons of chocolate a week to 40 tons a week, a new factory has been built in Salisbury.

There are 8 Haigh's shops in South Australia, 6 in New South Wales, 6 in Victoria 1 in Canberra and soon to be an outlet in Queensland. There are plans to open 15 more shops in Australia.

After the tour it was very difficult to leave the shop without purchasing some of the delicious chocolates before members who were able joined together to share coffee or lunch at the Cremorne Hotel. The ones who did not want lunch had obviously eaten too many chocolates on the Tour!!!!



A different Type of Outing.

Margaret Marsh, Fay Stapleton and Fran Thomas got stuck in the lift at Hoyts Norwood and had to wait for the fire brigade to arrive and rescue them.



Our next meeting will be held on Friday August 8th,

A few, from our President

AUGUST 8TH - a day to celebrate

1. St Peters Probus Meeting -
2. International Cat Day
3. St Mary McKillop Day



International Cat Day was established in 2002 to draw global attention to the welfare of cats and the role they play in our lives. Since then, it's evolved from a small awareness campaign into a worldwide celebration. It is a day dedicated to appreciating and raising awareness about cats, promoting their well being and encouraging better care of domestic pets. Each year, the day brings together animal lovers, charities, and communities to support feline-friendly initiatives and share the joy of life with cats.

- ☐ There are estimated to be over 600 million cats in the world, including pets, strays, and feral cats.
- ☐ Black cats are still the least likely to be adopted in many shelters due to persistent myths and superstitions.
- ☐ Spaying and neutering helps reduce the number of homeless cats and improves their overall health.
- ☐ Many shelters host special adoption events or awareness campaigns
- ☐ Australia is home to one of the largest feral cat populations in the world, with an estimated 2.1 to 6.3 million feral cats across the country
- ☐ Australian cat populations are a major threat to over 100 native species, with over 1,700 species of animals and plants in Australia threatened by invasive species, including cats



Saint Mary Mackillop Day is a day to honour the first Australian to be declared a saint by the Catholic Church, as Saint Mary of the Cross. Saint Mary Mackillop was born on January 15th 1842, in Fitzroy, Victoria. Saint Mary is recognized for founding the Sisters of St Joseph of the Sacred Heart, a group of religious sisters who established schools and welfare institutions for the rural poor. Saint Mary Mackillop Day occurs on August 8th each year to commemorate the death of Mary Mackillop

Trivia Question for the Month

What is the collective word for a group of cats?

(The answer will be revealed at the August 8th meeting!)

Book Club

Fay Stapleton has been discussing with some members about a possible book club.

So, we are putting this in the newsletter to get an idea of how many are interested and what they might want in a book club.

Fay is happy for you to contact her via phone or email to discuss and then catch up with anyone interested at the next general meeting.

Fay Stapleton Mobile 0458 066 555 Email fayandfred@gmail.com

Article from Deb with what has been happening these days at our beaches and how quickly it can change.

Down at Carrickalinga in the cold and the rain. The dogs, a friend and I had great fun walking the beach between the rain storms.

There was very little algal froth and not many dead fish on the first two days but there was a small dead stingray there and we actually stopped walking on the beach after Thursday afternoon just in case the dogs ate something they shouldn't have - they would never go into the water - at least not in this weather.



ST PETERS PROBUS CLUB EVENT DATES 2025

AUGUST Monday 18th 11am – Coffee morning at ‘The Nest’? followed by a walk

SEPTEMBER Friday 19th Visit to Coopers Brewery, 230 Regency Road Regency Park (time and cost to be decided)

OCTOBER Friday 24th 11am – Visit to Stangate House and Garden Aldgate Cost \$8 entry

NOVEMBER Friday 7h 11am - Visit to the Migration Museum (Free) followed by coffee at nearby cafe

DECEMBER Friday December 12th 12.00pm, Christmas Lunch - Kensington Hotel

Guest Speakers 2025

8th August	Kevin Nolan	Book on trivia questions
12th September	Elizabeth Davis	ROMAC - A Key Project of Rotary
10th October	Chris Burns	Hutt St Centre
14th November	Professor Gordon Howarth	Probiotics Update