



# St Peters Probus Club Inc.

## Newsletter

### November 2025

#### Message from the Editor

The year is ending and we are grateful to our membership for the support you have given to the club. Slowly but surely, we are growing. If you are enjoying your monthly meetings and our outings, so well organised by Lee, do you have a friend you would like to bring along to enjoy the day? It would be a great goal for 2026 to grow the club membership – maybe even double it!\*

Don't forget that if you know of any interesting speakers and you have heard them speak or know someone who can vouch for them as a speaker, we would love to hear from you. You can contact either Andrew on [stpetersprobusclub@gmail.com](mailto:stpetersprobusclub@gmail.com) or me on [achpanto@gmail.com](mailto:achpanto@gmail.com)

Deb Millikan



#### President's Message



Thank you to everyone who donated items for the Hutt Street Centre at our October meeting. Our Speaker, Gwenda was delighted with the contributions, and although she hadn't expected to face such a challenge, happily filled her car to almost overflowing with the bags and boxes. As a relative newcomer to Adelaide, I am ashamed to admit that I don't even know where the centre is although I am aware of the work that is done by the many volunteers. Gwenda's talk has stimulated an interest to go exploring.

The October meeting was also a celebration for Probus month, hence the blue and

yellow decorations in the room. Members who carried on to the Colonist for lunch, found a gift of a blue or yellow candle waiting for them on the table. Our thanks go to Lee for the thoughtful gesture. The following week a small group of us turned up at the Rotary Shed in Linde Park with the intention of recruiting new members to our club, but I am sorry to say that the morning's efforts were unsuccessful. It has been suggested that we should think about a letterbox drop, so I would love to hear from members who would be willing to take a few leaflets and distribute them on their regular walks.

Our outing for the month was a trip to the Migration Museum, a site housing a multitude of stories, many happy ones, but some which are very dark and sad indeed. For anyone who has not visited this museum, I thoroughly recommend it.

In the recent Active Retirees Magazine, the Chairman of Probus South Pacific Ltd

writes of the value of group activities in fostering friendship, mental stimulation and active engagement among members. He writes of the need to have a diverse programme of activities to ensure that all members feel involved, and it is obvious that many Probus clubs follow this idea. The club reports in the magazine make interesting reading.

Last month I mentioned that our feeling of belonging can lead to a longer life, and some of those club reports attest to that fact. I found it inspirational that several clubs were celebrating the major milestones of members over 100 years of age, two members were 105 years and several more 90 to 99 years.

Our next meeting will be held on November 14<sup>th</sup>, so a reminder to the monarchists in our midst who may wish to raise a glass and drink to the health of King Charles, who will be celebrating his 77<sup>th</sup> Birthday on that day.

## NOVEMBER 11TH



## LEST WE FORGET

Helen Thomas



## About Our Members Lee Sando



**Lee Sando**, who has been a member of St Peters Probus club for

18 months does such a great job of organising our tours and coffee catch ups. Here is a little bit about her.

One of the more interesting things that have happened to Lee, and I quote *"There have been many but one that stays with me is when I was the Nursing Coordinator of a Day Hospital, I was about to meet Princess Anne who was there to officially open the Hospital, when a person collapsed and we needed to remove him to what the press reported was to 'a medical room' when in actual fact it was the Ladies toilet which was the closest small area away from the oncoming royal entourage!!"*

Lee has been fortunate to travel widely but her favourite place is Italy where she was fortunate to spend a week on the Amalfi Coast and see the Pope's Summer Palace in Rome.

Her travels done, Lee is now happy to be at home surrounded by her family and friends and lots of great memories.

What you might not know, however, is that she learnt ballet for 5 years, was a junior ballet teacher and was in a film called 'Ballet in Australia' dressed as an aborigine!!



## Event Dates 2025

### Friday 14 November

General Meeting followed by Lunch at The Colonist Tavern, Norwood

### Monday 17 November 10am

Coffee Morning: Commissary 160 Fullarton Road, Rose Park followed by a walk (for those able), around Victoria Park

### Friday 12 December 12 noon



Christmas Lunch  
Kensington Hotel

Cost: Members \$40  
Non-Members \$50

Please make Christmas lunch payments to:

St Peters Probus Club  
Bendigo Bank  
BSB - 633000  
Account - 183098391  
Reference: Xmas Lunch

We will be entertained at the lunch by Will Metzer a highly recommended jazz musician.

## Event Dates 2026

- **9 January, 12 noon –**  
Lunch at the Caledonian Hotel in North Adelaide. Further details in the next newsletter

## Suggestions for 2026

- Adelaide Jail
- SA Medical Research Institute
- The ABC
- Parliament House
- Her Majesty's Theatre
- West Terrace Cemetery

Contact Lee for further information regarding events.  
[isando@senet.com.au](mailto:isando@senet.com.au)



## Guest Speakers 2025

**14 November**



Prof Gordon Howarth

## Guest Speakers 2026

**13 February 2026**

Mike Smith  
Four Smiths – Two Wars

**13 March**

Elizabeth Davis  
ROMAC – A key project of Rotary

**10 April**

SAPOL  
Cyber Awareness

**12 June**

Orange Sky  
About what they do

**14 August**

David Jarman (Historian)  
The Buildings of North Terrace

## Suggestions for 2026

- Radio Players
- Operation Flinders



## Migration Museum October Outing

Entering off Kintore Avenue and into a courtyard we found ourselves in Settlement Square where families from all over the world had laid engraved bricks in memory of their families or even to commemorate their own journeys to Adelaide.

We were surrounded by beautiful old, restored buildings with a tale to tell such as the Destitute Asylum which housed people in need from 1815 until 1918.

Outside the modern building which is the museum proper was the Reconciliation Plaque and the Memorial Wall commemorating people who fled to Australia from very difficult situations all over the world. Moving into the museum there were numerous

displays some of which were written by people who had very interesting but often

distressing stories to tell. Among them was our former governor Hieu Van Le. There was certainly a lot to see, think and read about and we decided it



would be easy to spend many hours seeing all the displays in more detail. After leaving the museum we wandered through the lanes to the Art Gallery to enjoy coffee and a snack while gazing at more beautiful old buildings. The general consensus was that we are indeed lucky to live in Adelaide!

Heather Burnside

## November Birthday List

Happy birthday to our members who are celebrating their birthday in November:

Judy Underdown  
Pat Vandevente

## Words of Wisdom

A fool is known by his speech, and a wise man by silence.

Pythagoras



## Probus Month Luncheon

Rather than our usual venue, we changed to the Colonist Tavern for our Probus Month

lunch. Even the wall decorations (wallpaper or art?) and floor coverings matched the theme. And thank you to Lee Sando for the surprise gifts.



## October Member Moment Ray Miles



Whilst touring Africa Ray Miles and his travelling companion and good friend Cheryl Pascoe enjoyed a 15-night Rovos Rail luxury train tour across the African continent. The dress code was formal, in the style of the Orient Express. Dar Es Salaam in Tanzania was the

starting point, then after a border crossing into Zambia, a two-night visit was made to the South Luanda National Park game reserve. The travellers rejoined the train and ventured into the Democratic Republic of Congo (where few tourists are able, or dare, to go). After Angola the 4,500 km journey concluded at the town of Lobito, about an hour's flight south of Luanda, capital of Angola. As a civil engineer, Ray noted sadly how since independence the electrified rail network infrastructure in the Congo has ceased to operate and other rail workshops in Angola have also been left to decay.



## Words of Wisdom

You will have bad times, but they will always wake you up to the stuff you weren't paying attention to.

Robin Williams

Knowledge is knowing a tomato is a fruit. Wisdom is not putting it in a fruit salad.

Unknown

## October Guest Speaker



Gwenda from the Hutt Street Centre was amazed and delighted by the generosity of the St Peters Probus Club members when she spoke with us at our October meeting. The Hutt Street Centre is grateful for our contributions.

Statistics just here in South Australia indicate there are 7,400 homeless people in our State. Last financial year, 2,221 people found help to rebuild their lives through the Hutt Street Centre, 35% of whom had never accessed a homelessness service before.

Gwenda used the term 'people experiencing homelessness' rather than 'the homeless' or 'homeless people' when talking about their clients. Why? Because homelessness isn't a life sentence, or something that defines a person's identity – it is an experience and a hard time in a person's life. So, using that language is very important in changing attitudes towards people

experiencing this type of hard time in their lives.

Thank you, Gwenda, for an insightful look into the work of the Hutt Street Centre.

### Probus Sparkling 50<sup>th</sup> Anniversary Special



Single-region sparkling wines at the Chandon cellar door retail for up to \$59 per bottle. This custom-made sparkling is 50% less than comparable Chandon wines, bottled especially for the 50th Anniversary of Probus in Australia.

**EXCLUSIVE PROBUS OFFER:**  
\$29 per bottle (6 bottles minimum order)

#### How to secure your wine:

- Pre-order online in cases of 6 bottles (minimum order).
- \$174 per case, with free delivery Australia-wide.
- Orders are open to all Probus Club members.
- Domaine Chandon require a minimum order of 4,000 bottles to be able to offer this value to Probus Club members. With so many members across Australia, this minimum order of 4,000 bottles is achievable.

- Pre-orders are required to ensure the minimum order will be reached.
- No payment required until the minimum order is confirmed.
- Delivery is currently expected for early to mid-2026. You will be contacted with updates as delivery dates approach.
- While this offer is **available only until 31 December 2025**, we encourage members to **ORDER NOW** to allow for this special anniversary bottling.
- Link for orders  
<https://www.chandon.com.au/Club-Chandon/Probus-50th-Anniversary-Celebration>



### St Peters Probus Club Inc Committee Members

Helen Thomas – President  
Debra Millikan – Vice President  
Sue Anders – Treasurer  
Andrew Tarca – Secretary  
Phil Tyler – Past President  
Jan Rosser – Membership Support  
Fran Thomas – Welfare Officer  
Andrew Tarca – Guest Speakers  
Lee Sando – Events Officer  
Debra Millikan – Newsletter Editor  
VACANT: Membership Officer

If you would like to join a committee and contribute to the growth of the St Peters Probus Club, please don't hesitate to contact either Past President Phil Tyler on 0401 120 933 or Secretary

Andrew Tarca on 0400 300 020

