



St Peters Probus Club Inc.

Newsletter September 2025

Message from the Editor

On behalf of the Committee and the Membership I would like to thank Andrew Tarca for all the work he has put into our monthly newsletter. It can be an arduous task at times and finding interesting and stimulating topics to include can sometimes be a thankless task – so, thank you so much Andrew.

I am stepping into Andrew's shoes and will be seeking your help to try to create a newsletter that gives YOU what YOU want to find out about.

This month we will commence a new section of the newsletter that will help us all to get to know one another a little better. A small questionnaire will gradually be given out to members with simple, non-intrusive questions about you that we can share monthly. This month we will highlight our President, Helen Thomas.

As a committee we want to find out not only about you but also about what you might find interesting as a topic for a guest speaker, or something you might like to see an article about in our monthly newsletter.

It isn't always easy to know what best suits our St Peters Probus audience and your guidance will be greatly appreciated. We will do our best to help seek out your suggestions.

If you know of any interesting speakers and you have heard them speak or know someone who can vouch for them, we would love to hear from you. You can contact either Andrew on stpetersprobusclub@gmail.com or me on achpanto@gmail.com

Deb Millikan



President's Message



The aim of Probus is to provide its members with opportunities to stay connected and active in

retirement, while having fun and enjoying the friendship of fellow members. There are times, however, when those opportunities are not possible for various reasons, and I ask any member who is aware of somebody in need of assistance or a friendly word, please let us know.



I am thankful to Fran Thomas for accepting the role of Welfare Officer and who will

provide a link between any restricted member and the Club.

If any member has a suggestion for an activity or inclusion to our meetings, please don't hesitate to come forward, the committee is willing to listen.

A member who did just that is Fay Stapleton, who suggested we start a book club and is now investigating the possibility, and accepting names of members who are interested.

President's Message Cont'd

This is a timely idea as National Read a Book Day, in Australia and globally, is celebrated on 6 September. It is a day dedicated to encouraging people to pick up a book and enjoy reading, whether it is a new favourite or a classic.

Literacy Day follows on 8 September. Since 1967 the annual celebrations take place around the world to remind policymakers and the public of the importance of literacy for creating a more literate, just, peaceful and sustainable society.

This year, International Literacy Day will be celebrated under the theme of "Promoting Literacy in the Digital Era", something with which some of us sometimes struggle.

International Day of Peace will be held on 21 September. In 2001 the United Nations General Assembly unanimously voted to designate the Day as a period of non-violence and cease-fire. We can but hope that the leaders of warring countries take notice.

I will be absent from the September meeting but will return in time for the Brewery tour. Rather fitting as a great grandfather's family name was Beer! Deb will be looking after you on the 12th.

I look forward to seeing you in October – Probus Month.

Helen Thomas

About our President Helen Thomas

Helen is our first cab off the rank from our Member Questionnaire. Here are a few facts about Helen.

If Helen could go anywhere in the world safely, she would love to go to Jordan and see the ancient city of Petra. You may or may not know that Helen has travelled on the Trans Siberian Railway from Beijing to St Petersburg.



Event Dates 2025

19 September 10.30am

Coopers Brewery
230 Regency Road, Regency Park
Cost: \$50

24 October 11am

Stangate House and Garden, Aldgate
Cost: \$8

7 November 11am

Migration Museum (free)
Followed by coffee nearby

12 December 12 noon

Christmas Lunch
Kensington Hotel
Cost: Members \$40
Non-Members \$50

Contact Lee for further information regarding events.
isando@senet.com.au



Guest Speakers 2025

12 September:

Elizabeth Davis
ROMAC – A key Rotary Project

10 October:

Chris Burns
Hutt Street Centre

14 November

Prof Gordon Howarth
Probiotics Update

Guest Speakers 2026

13 February 2026

Mike Smith
Four Smiths – Two Wars

13 March

Deb Millikan
Pet Bereavement – Its Impact

10 April

SAPOL
Cyber Awareness

12 June

Orange Sky
About what they do

14 August

David Jarman (Historian)
The Buildings of North Terrace

September Birthday List

Happy birthday to our members who are celebrating their birthday in September: Heather Burnside and Helen Thomas.



Regal Theatre Kensington Park

Regal Theatre on Kensington Road has a monthly special screening of a new release film for seniors called "Talkies and Tea" on the last Wednesday of every month at 10.30am.

The cost is \$9.50 per ticket, and this includes tea/coffee and biscuits. Non seniors are welcome to attend also at a cost of \$12.50.

Book Club



As mentioned in Helen's report, Fay Stapleton has kindly offered to establish a St Peters Probus Club Book Club. Fay will collect book from the local library and distribute them. The plan would be to meet in the St Peter's or Payneham library to discuss the books. There would be an annual fee of \$20 per person.

This isn't just for our club members. If Club members have family or friends who would also like to join, they would be welcome.

Fay is hoping to get 8-10 members of the Book Club. Please contact Fay on 0458 066 555

A Plea from Lee



Could all members please return their Outings/ Tours/ Activities Form to Lee

as soon as possible. Even if you have already done one, we need them to be updated. Thanks.



October is Probus Month

Heads up for our October meeting. October is Probus month. Probus colours are blue and yellow, and we would love you to wear something blue/yellow or both. A ribbon in your hair, a tie or a scarf around your neck – anything you have in those colours blue and yellow it would be great to see you wearing them. Join us in celebrating Probus.



Probus Constitution We need to vote

Attached to the newsletter you will find the proposed St Peters Probus Club Constitution. In the October meeting we will need to vote to accept this as our Constitution (or not). The proposed new Constitution has a few minor changes from the previous one. The changes are also attached to your newsletter email. If you would like a copy of the old Constitution, please contact

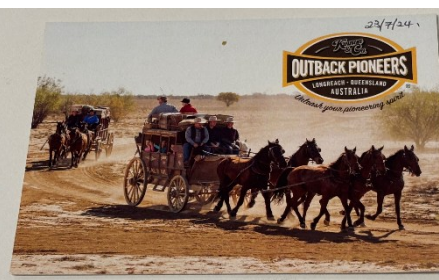
our Secretary, Andrew on stpetersprobusclub@gmail.com



Member Event Report

No report from August

August Member Moment



Glenda Milne told us about the adrenaline rush she experienced as the horses of the Longreach Cobb and Co coach galloped to 'escape the storm'. Apparently, this is the only place in Australia where you can experience a stagecoach gallop! She also had to battle motion sickness but promises that she would not have missed it for anything. Well worth feeling ill for!



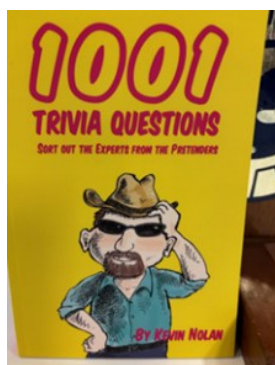
Words of Wisdom

Take risks and be bold. At the end, we regret only the chances we didn't take.

Lolly Daskal

August Guest Speaker

Kevin Nolan who has published a book on trivia questions tested our knowledge and entertained us with stories of the creation of his book, testing our general knowledge along the way.



Words of Wisdom

Be happy with who you are. Being happy doesn't mean everything is perfect but that you have decided to look beyond the imperfections.

Lolly Daskal



Call for help from Hutt Street Centre

In October, Chris Burns from the Hutt Street Centre will be talking to us. In the spirit of helping others, any donations on the day would be greatly appreciated. **Cash donations or goods** such as clothing (clean and presentable used or new) would be appreciated. They are always in need of new socks and jocks!

St Peters Probus Club Inc Committee Members

Helen Thomas – President
Debra Millikan – Vice President
Sue Anders – Treasurer
Andrew Tarca – Secretary
Phil Tyler – Past President
Jan Rosser – Membership Support
Fay Thomas – Welfare Officer
Andrew Tarca – Guest Speakers
Debra Millikan – Newspaper Editor
VACANT: Membership Officer

If you would like to join committee and contribute to the growth of the St Peters Probus Club, please don't hesitate to contact either Past President Phil Tyler on 0401 120 933 or Secretary Andrew Tarca on 0400 300 020

