

Richmond Probus E-bike Group – Guidelines

Probus encourages its members to participate in fellowship, friendship, and various activities. To support this and maintain safety, members are expected to look out for one another. The following guidelines are provided to assist with this:

Both Thursdays and Mondays bike rides are official Probus activities. The route for Thursday ride is scheduled in the Probus Newsletter by the Convenor, while the route for Monday rides is discussed and agreed by those attending on the day.

Every rider participates voluntarily and rides at their own risk.

1. Riding groups should have no more than 12 riders; larger groups should split with separate Ride Leaders and Tail-enders.
2. This means that those attending at the start of a ride may split into multiple riding groups, such as fast and slow, or different routes.
3. Each riding group should have a Ride Leader and a Tail-ender. If you join, you agree to complete the activity and follow the Ride Leader's instructions. The Ride Leader will brief the group on the intended route, catchup stops as well as coffee stop.
4. If you plan to leave the ride early, please notify the Ride Leader or Tail-ender before or at the time you leave. Once you have left the official ride, Probus Indemnity insurance will no longer apply.
5. Ride Leaders must check off, or record all participants in their ride including visitors and advise the Convenor of the attendance list later that day.
6. All riders must wear a safety helmet, high-visibility clothing and secure footwear. Before departing from home attendees must check that their e-cycle is roadworthy and fully charged. Ensure you are fit and able to complete the ride and obey all road rules.
7. The Tail-ender will contact the leader if any incident or delay occurs.
8. Please ensure you ride single file on roads and cross busy roads in small groups. Keep a safe distance from the rider ahead, especially crossing swing bridges and warn those behind you about potential hazards.
9. If someone falls behind, slow down and wait at suitable stopping places. Signal when passing pedestrians and alert them to riders following you.
10. Carry an adequate first aid kit, pump, and puncture repair kit or spare tube. If an incident occurs, the tail-ender will notify the leader, who will halt the group until resolved. Emergency contacts are on Probus G Drive. Record all incidents for later hazard analysis.
11. Where an injury accident occurs, that needs medical attention, the decision to contact emergency services (phone 111) is the sole responsibility of the Convenor (if present) or either the Ride Leader or Tail-ender.
12. After each ride concludes and following the café break, or upon returning to the starting location, the bike group will disburse. At this time, Probus activity and insurance coverage ends.

Remember:

Keep safe, ride within your ability, look out for each other and enjoy.