



Adelaide CBD Probus Club Inc.

Newsletter – October 2025

General Meeting

Monday, 13th October 2025

We had 32 Members present and received apologies from 13. We were pleased to welcome 2 Visitors.

Many thanks to Jan Caird for providing morning tea and to Gaye for making lunch arrangements.

Guest Speaker: Lesley McCauley

Lesley gave us an extremely interesting talk on some well-known Nursery Rhymes giving an insight into the numerous social, political and historical issues that are possibly behind the meaning of these rhymes. Some meanings have changed/ evolved over time.

Members were able to sing along with Lesley, and proved we still remember the words.

Lesley began with Baa Baa Black Sheep; (possibly the oldest Nursery Rhyme - 1744), with the words set to a French tune. Followed by The Grand Old Duke of York, Happy Birthday To You (1875), which according to the Guinness Book of Records tops the list of most-sung songs across the world, Hickory Dickory Dock (1743), Humpty Dumpty (1803), The Incey Winsey Spider and Jack and Jill (1765).

Thank you Judy for arranging yet another very enjoyable talk.

The Speaker at our November Meeting will be David Jarman, with a talk on the Historic Buildings along North Terrace.



A special thank you to Anne Morland for volunteering to bring morning tea to the November Meeting.

Thanks to all those who helped in some way to ensure the smooth running of the Meeting.



NEXT MEETING

**Monday, 3rd November 2025
commencing at 10.00a.m.**

Venue:

**UCity Club Lounge
13th floor, 43 Franklin Street**



**Lunch after the Meeting –
Mylk Bar, 82 Waymouth Street**

***Please remember to always let Gaye know
if you will be going to lunch.
(gjfisher@ozemail.com.au)***



Membership

**48 Members, which includes our Life
Member, David Simpson**

Payment Options available:

**Direct to Bendigo Bank –
BSB 633 000 Account 193 704 004**

Or

At Meetings

via Card Reader – see Treasurer

There is a fee of 2% on each transaction.

Or

**Cash to Treasurer –
correct money please**

***Please remember to always put your name as a
reference and an indication of the reason for
payment on all Direct to Bank transactions.***

Website:

<https://probussouthpacific.org/microsites/adelaidecbd>

WHAT'S ON:

***Further info will be sent out
prior to each date.***

- ♦ **Mon. 20 October**
Tour on 'Spirit of Coorong' out of Goolwa. Bus from UCity departing 11.00am
- ♦ **Thu. 23 October**
PAAW - 10am
Meet at Elder Hall
- ♦ **Thu. 23 October**
The Arts Theatre 7.30pm
'Footloose'
- ♦ **Mon. 27 October**
Committee Meeting 10am
- ♦ **Thu. 6 November**
The Arts Theatre 7.30pm
'I do, I do, I do'
- ♦ **Thu. 20 November**
The Arts Theatre 7.30pm
'Adrift in New York'
- ♦ **Thu. 27 November**
PAAW – Waite Arboretum
- ♦ **Mon. 1 December**
General Meeting & Christmas Lunch at Richmond Hotel
- ♦ **January 2026**
Belair Lunch in lieu of Meeting
- ♦ **28 July 2026 – 7 Days**
'Our Cook Island Paradise' with Trade Travel



Thought for the month

***'No act of kindness,
no matter how small,
is ever wasted.'***

– Aesop

Adelaide CBD Bits and Pieces

MOVIE GROUP

Thank you Diane
for planning this activity for the Club.
It's great to have your contribution
to Club activities.

Thursday, 25th September

PAAW in Tynte Street –
With 2 delightful visitors
from Cambodia



YOUR COMMITTEE

Comprises

Past President
President
Vice President
Treasurer
Secretary
Public Officer
Outings Co-ordinators
Guest Speaker Co-ordinator
Website Co-ordinator
Membership Co-ordinator
Newsletter Editor

Then we have Members organising Walks and visits to the Cinema.

Plus, on the following page there is information on the organisation of our Morning Tea and therefore the possibility of Members getting involved in this.

In preparation for our AGM next March, would you think about what needs to be done for our Club, what could be done (or perhaps done differently) and how you might be able to help.



Let's spread the workload



Morning Tea at our Meetings is a wonderful time to have a good chat.

However, it does take a bit of time and a few people to put some thought and effort into ensuring that everything has been organised and set up for you.

Before the AGM in March, would it be possible for Members to give some thought as to how this could be handled. Perhaps we need a few people to each take on one aspect with somebody taking the lead, or maybe we don't need a leader, just a number of people each taking on a task so that everything is organised.

**Can you come up with a better plan or some suggestions and can you help?
– let's hear from you!**

There are a number of things that we need people to do –

Someone to volunteer to bring milk and biscuits
Someone to keep an eye on the list of volunteers and check with them prior to the Meeting
A helper to assist with the set-up if the volunteer needs this
Supplies of tea, coffee, sugar, napkins, etc to be monitored and purchased as necessary
Someone to put out drinking glasses and water
Someone to set out mugs, teaspoons, sugar, tea, coffee, napkins
Dishwasher to be checked upon arrival for dirty/clean dishes – may need to switch on or empty.

When it comes time to clean-up we do have some wonderful people who pitch in and help and our grateful thanks to them.

Thank You