



Welcome to the September 2025 Issue of the
Active Retirees Magazine

In this issue, read about how various Probud Clubs have remained active and engaged by finding innovative ways to gather during these colder months.

In addition, we share some insight on preventing falls, the science behind manifesting positive health, the surge in demand for granny flats, as well as fascinating journeys into the world of travel with our Probud Partners.

Our regular features include the Chairman's message, Club news from around the country, and Probud member profiles.

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Active Retirees

Fun, Friendship and Fellowship in Retirement



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