



For Events please deposit amount into Probus Account with reference: yournameEvent' (Space for 18 letters available.)

Payments for events may be made through

**Probus Secretary:** Janet

**Probus Treasurer:** Angela

Welfare Officer: Maureen

Anything you would like to put into the newsletter? Please send to editor: Marian

A big thank you to our members for their amazingly generous contributions to KOGO and Hope in a Suitcase. Andrea and Julie's presentations highlighted the needs of those that are less fortunate.

Welcome to our new members Warwick, Dianne and Dieu .

Looking for something to do? Peruse the Probus diary for the upcoming variety of events, from Book Club to live theatre. For a small club we are very active thanks to the members who are involved in organising events. If any member has an idea or suggestion to benefit the club and involve other members please speak up.



Enjoy the start of Spring. Stay safe and well (watch out for Magpies!)

Cheers,

### Wendy

All prepared and ready to go for Swooping Season!



#### Please look up our expanded Webpage!

The URL of The Deepdene Combined Probus Club website is: https://www.probussouthpacific.org/microsites/deepdenecombined

#### Guest Speaker:

October: Jenny Moran **Topic:** Dignity Kits to women in Africa

Monday 20th

Our website is run by the Web Master Michael. He has taken on the task of maintaining our website and ensuring it is kept current.

If you have a query or a suggestion to make, please let Michael know at xxxxxxx.com Feed back is very welcome. It's your web site not the committee's.

Michael



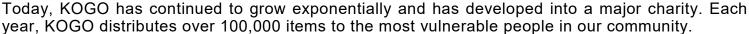
#### **GUEST SPEAKERS**

Today's September speakers, **Andrea Silberman** and **Julie Armstrong** were from two charity organisations that Deepdene Probus members support either through our knitting group - **KOGO** or through donations - **Hope in a Suitcase**.

Andrea Silberman introduced *KOGO* as a registered charity that relies on numerous volunteers to knit a variety of goods for both the underprivileged and homeless. She outlined the organisation's history, saying that it was a particularly cold winter in Melbourne in 2004 and a sudden resurgence in the popularity of knitting scarves motivated **Ros Rogers**, the founder of KOGO, of organising her friends and family to direct their knitting skills towards knitting for charity. This resulted in some 180 scarves being knitted and distributed by the Emerald Hill Mission to those experiencing homelessness.

The following year Ros officially launched Knit One Give One (KOGO) as a not-for-profit organisation. Ros and her team of volunteer knitters then decided to knit scarves and beanies for disadvantaged children with the items distributed to schools supported by the Ardoch Youth Foundation.

Publicity led to an overwhelming response and KOGO grew substantially in its 200 volunteer knitters and more than 2,000 finished items.



From small beginnings in 2004, it now works closely with many wonderful community partner organisations. The organisation, due to its expansion, moved to rental premises - Ros's family home became inundated with donations, even though she had three spare rooms once her daughters left home.

The statistics that Andrea gave would pull at your heartstrings - over 120,000 receiving supports for homeless in Victoria, many with no permanent roof over their head – sleeping on the street, in cars, on someone's couch or in temporary housing or overcrowded accommodation, 46% of those homeless are aged between 19-24 years of age. Women make up a large number through insecure housing, while Indigenous

peoples make up a further 20%. The situation is becoming worse in regional areas due to an unaffordable private rental market and insufficient income support.

She emphasised that KOGO would not exist without the amazing volunteers, some 10,000 knitters around Australia. Those who knit, crochet, unpack the donations or work behind the scenes, all are a vital part of the organisation. The organisation is proud that after 20 years we are still 100% volunteer run. It also relies on the generosity of organisations such as Lincraft and IMED Radiology that provide convenient drop off points for knitted items.

The items most in demand are:

- Scarves
- Beanies
- Socks
- Gloves (including fingerless)
- Adult blankets (approx. 1.6m x 1.2m)
- Knitted squares that can be assembled by volunteers to make blankets.
- Children's jumpers and cardigans
  - Knitted toys
- Cot blankets (1m x 1.2m, SIDS guidelines)
- Pram blankets
  - Baby cardigans (not jumpers)
- Baby beanies
  - Baby booties

A KOGO label is attached to each item individually, so recipients are aware that each piece has been made for them with love and care.

Items knitted are supplied to over 400 Community partner organisations. These are Public Benevolent Institutions, charities and government agencies and fall into the following broad categories:

- Crisis accommodation
- Emergency relief
  - Family support services
- Government funded community support
- Homelessness services
  - Hospital social work and mental health services
- Organisations dealing with children at risk



# P

## **Deepdene Combined Probus Club**

- Refugees
- Refuges from domestic violence
- Remote indigenous communities
- Primary Schools
- Kindergartens
- Playgroups
- Children in out-of-home care

One popular charity drive has been the **Christmas Angel Project** that helps to spread some joy at Christmas.

The Christmas Angel Project provides gifts to disadvantaged young children as well as the oftenforgotten older children and teenagers.

KOGO receives many beautiful hand knitted toys during the year, which is how the Christmas Angel Project began in 2012. From those initial knitted toys donated for babies they can purchase gifts with funds provided from supporters and donors.

In 2019, on their Pack and Wrap Day over 4,200 gifts were wrapped in two and a half hours by 80 volunteers. These were distributed to children and teenagers living in difficult circumstances, including many who have been affected by drought in rural areas.

In 2020, the annual Christmas Angel Pack and Wrap Day was cancelled due to COVID restrictions. However, with the donations received, we purchased gift vouchers for St Kilda Gatehouse, Mirabel Foundation, Kids Undercover and Igniting change. We also donated toys to other charities supported by

Foodbank, Victoria. Unfortunately, today, there has been a 26% increase in demand for such packages. Other special events and organisations that KOGO commemorates are NAIDOC Week and the Peter McCallum Cancer Centre and the Children's Hospital and Clinics. Andrea read from several testimonials from recipients that expressed joy from knitted gifts, unexpected but very much appreciated.

KOGO now supplies items to over 400 Community Partner Organisations

All Community Partner Organisations must have PBI DGR1 status and are committed to distributing items directly to recipients. No KOGO items are to be sold.

Our volunteers are everyday Australians who donate their time and wool to give a little warmth and comfort for those doing it tough. They come from all walks of life, and they vary in age - the youngest so far being an 11-year-old girl and our oldest being over 100!

There is an informative website at <a href="https://www.kogo.org.au">https://www.kogo.org.au</a> if you wish to donate, become a *Friend of KOGO* knitter or volunteer. Thank you, Andrea, for an informative talk and congratulations to Wendy and Maureen who collectively knitted not only 67 blanket squares but also created a beautiful, crocheted rug and several beanies.

Julie Armstrong introduced the charity organisation, Hope in a Suitcase.

Hope in a Suitcase is a non-profit organisation run entirely by passionate and dedicated volunteers and through donations of new items from the community, the generosity of groups and corporations. Since its beginning in 2018, the charity has grown to be able to provide suitcases for children going into foster care or out-of-home care, throughout NSW, Queensland, Victoria, and Tasmania.

It is a sad reality that each week across Australia, hundreds of children and young people will enter foster care or out-of-home care. Most of the time, when children are removed from their home, it happens very quickly and is quite traumatic. It's usually not possible for them to gather their belongings, therefore it is common for them to come into care with only the clothes on their back, or carrying a plastic bag filled with a few items grabbed in a hurry. Sadly, these plastic bags are dragged with them from placement to placement as unfortunately many children will move multiple times before re-unification with their birth-families becomes possible, or they find a forever family through legal guardianship or adoption.



Through suitcases the aim is to deliver to these children a sense of hope when being estranged from their families. The suitcases are filled with essential items such as toiletries, (sanitary items for the older girls), underwear, a set of pyjamas and a change of clothing. They also include something to cuddle for the younger children, a book to read, a journal or colouring-in books and pencils to encourage creativity and provide a distraction away from their turmoil. Julie had two suitcases with their contents on display and was pleased by the donations on another table bought in by Probus members.



**Rachael Clancy**, the founder of Hope in a Suitcase, and a foster child herself, believed that the effect of receiving a suitcase goes beyond the direct impact of the resources they provide. It empowers and makes room for positive change within our community. It gives children a newfound sense of selfworth so that they feel competent to cope with the basic challenges of life and feel worthy of future success and happiness. It often provides a solid foundation for their learning and development.

Her aim of the suitcase was a way of ensuring that a child knows that Foster Care does not define them. That during a scary and often traumatic time they are reminded they are not alone, they do matter, they are loved, there are people who care for them and see their worth, and there is hope. Along with providing them with something that can help make them smile amongst the tears, something to distract them when fearful thoughts and emotions override their fragile beings.

A teddy and a blanket to cuddle. For some of these children a scary experience turns into 'Christmas', if only for a moment it acts as a protective factor in getting them through the impacts of the trauma when suddenly being removed by police or a child protection officer to safety. Their demeanour on receiving the suitcase can change from anger to a newfound calm.

The suitcase with new, age-appropriate essentials, assists to make their transition and their circumstances just a little bit easier and more dignified. Children can enter a new foster family and/or school community with dignity, and without the lasting memory of arriving with a plastic bag.

- There are many ways to help provide suitcases of hope to children and young people across Australia.
- •Donations of new items to fill our suitcases. Our website provides a full list of age-appropriate items.
- Donations to purchase suitcases or items required.
- •Get your school, workplace, church, or sporting club involved by sharing our vision and offering to be a donation collection point.
- •Show your support on social media by liking & sharing our Instagram or Facebook pages.

The organisation welcomes monetary donations, tax deductible, as our volunteers often need to purchase suitcases or items that are not in stock, for them to be able to fill an order from Child Protection offices. Donations can be made through the website. <a href="https://www.hiasc.org.au/victoria/">https://www.hiasc.org.au/victoria/</a> Two sausage sizzles at Bunnings did raise funds but again the time of the volunteers is much in demand, and this was not the most efficient use of their time.

Unfortunately, for this charity too, demand is constantly growing both in metropolitan and regional areas as Julie illustrated through provided statistics. Volunteers, like Julie, promote this essential service by taking time to talk to groups, such as Probus and Rotary groups, Child Protection and Welfare agencies, and proving that the associated worth of receiving a suitcase provides both hope and self-esteem for children and is a much-appreciated community led resource.

Susan

# MONTHLY MEETINGS, GROUPS, OUTINGS & WALKS What we have done....

#### **BOOK CLUB**

August's book was "Storm Child" by Michael Rowbotham, an excellent Australian writer, who has received many awards for his writing.



This novel is fourth in the series with Cyrus Haven and Evie Cormac.

Cyrus Haven is forensic psychologist and helps police 'find their man'.

His former patient was Evie Cormac who was involuntarily involved in the people smuggling trade (and sex-slavery) from Europe to Britain.

The book is about unsavoury characters engaged in people trafficking and how it affects innocent and hopeful people, and also the people who carry out this terrible smuggling trade. It was well received, with great discussions.

The average score was 8.5

September's Novel: *The Rose Code*, by Kate Quinn.



The Deepdene Probus Crafties met on the 25<sup>th</sup> of August for the last time for 2025.

All members who participated in this year's KOGOathon, should feel very proud of themselves. The number of squares amassed by our team has doubled from our 2024 contribution of 60 squares.

This year's number of beautiful, coloured and textured, knitted squares has exceeded over 120 squares. We have also made a number of wool beanies in varying sizes and a beautiful blanket to add to the contribution.

These were all handed to Andrea at today's Monthly meeting.

#### **KOGO Break-Up Luncheon**

To recognize the work of our wonderful group of Crafties, whether home knitters or those who regularly attended Julie's home, you are invited to a celebratory lunch at 12.00 p.m. on Monday 29<sup>th</sup> of September at *Balwyn Bottega* (the rear of Woolworth's Balwyn in the carpark. Just behind the walking ramp).

CONGRATULATIONS TEAM!

Julie

#### **MOVIES**

On Wednesday 27<sup>th</sup> August, two members attended this month's Golden Year selection; *The Life of Chuck*.

The story follows the formative moments in the life of Charles "Chuck" Krantz, chronicled in reverse, chronological order, from his death coinciding with the 'end of the universe' to his childhood. The story unfolds in three acts: *Thanks Chuck; Buskers Forever & I Contain Multitudes*.

Well what an unexpected WOW movie. A very thoughtful story told beautifully with your brain busily getting the story 'right' (in reverse order remember) and from whose perspective? That changed throughout the story. And does the world actually end, or.....



The film begins in "Act Three," showing a chaotic, dying world that is revealed to be the internal experience of Chuck Krantz's brain as he passes away at 39 from a cerebral tumour. As he dies, his consciousness creates the entire universe, and the "end of the world" is simply the dissolution of his unique consciousness. The story uses this existential setup to emphasize the beauty of human connection and the importance of embracing life's fleeting moments of joy, which the film suggests is the true meaning of existence. (Google film review)

The cinematography was superb. Much of it in hyperrealism. These are the two concepts I was left with: 1) When life brings you lemons, make lemonade; and 2) Small and insignificant (moments or things) can be beautiful; they matter.

This film is absolutely worth as second viewing. For me a ten out of ten.

Marian

#### **OUTINGS**

Thursday, 28th August 2025.

Talk on Princess Dianna's Jewellery.

We had a marvellous outing to the RACV in the city to hear a talk by Adrian Dickens on Princess Dianna's jewellery. Adrian is well known here and internationally for his interest in high end jewellery and the talks and evaluations he gives. The RACV put on a great spread of coffee/tea, cakes and fruit prior to the start of the talk. There were tables for 10 facing two large screens on which images were shown.

Our talk covered the jewellery Princess Di wore and highlighted how her elegant taste evolved during different times of her life. It was also interesting to hear what jewellery could be lent by the Queen, to whom and on what occasion it could be worn. Also how tiaras, brooches, chokers, earrings etc. were modified to suit the wearer. He also had a table of jewellery for sale, all exquisite.

After our talk, we had lunch in the *Bistro* on the ground floor in the RACV. It was good food, good service, pleasant surroundings and we lingered for a long time before parting.

Adrian gives talks once a month on various famous collections of jewellery at the RACV. His next one will be "The brooch is back" on Thursday, 14th September.

Lucy



# Theatre Report: *The Humans, by Stephen Karam.* Malvern Theatre Company, Matinee Performance, Sunday 31st August, 2025.

Our usual Saturday slot was booked out, so we attended the Sunday matinee instead. This worked well, and may better suit other members too in the future.

Written and first performed (on Broadway) in 2014, the play received several awards in the USA. It is billed as, "warm, funny, uplifting and unsettling", in the program notes. It is about three generations of a family celebrating Thanksgiving in a dingy New York apartment. Although it should have been a happy occasion and there were moments of good cheer, it transpired that nearly everyone had problems they had mostly not shared



22nd AUG to 6th SEPT 202

before. The grandmother, Momo, clearly had dementia. One daughter had a life-threatening disease. The other one was practically living in poverty, with her (jobless?) eternal student partner. Dad had just been given the sack from his teaching job, because of his inappropriate behaviour at school. Mom (whose arthritis was troubling her) seemed to have her heart in the right place, dispensing care (to Momo), care packages and sympathy. Unfortunately, her efforts were apparently not really what was wanted.

Because it was a one-act play (which ran for a long 95 minutes), we had plenty of opportunity to discuss it during tea and biscuits afterwards. Most of our group didn't really see much humour in the play and the shouting match near the end, which frightened and distressed 'Momo', was quite confronting for the audience, too. We all agreed with another audience member, who was overheard to say, "Well! That wasn't very uplifting, was it? Quite the reverse!"

I'm not sure why the play was called, *The Humans*, although some of the banter (I think) involved discussions on humans and aliens and how they may be nemeses of each other. Although never explained, perhaps the very bright light that they all strode towards as they left the stage at the end belonged to a UFO...?

On a high note, the set was a masterpiece, as usual.

We hope you can join us for the final play for 2025, *Perfect Wedding*, by Robin Hawdon, end Oct/early Nov.

Janet

#### **WALKS**

#### Monday 1st September

ANNIVERSARY TRAIL TO KUCHE KEW

Our walk was well represented on Monday. Eight of our members met to walk the Anniversary Trail. We met up with one member part way along the trail and then met another member at *Kuche*, our pit-stop. A great café that is very doggie friendly.

It was mild weather for our return walk. The rain held off until the afternoon which gave us a chance to visit the *Gallery Nursery* in High Street Kew.

A most enjoyable walk.

Julie

#### POST MEETING LUNCHEON

Eleven Members attended our post meeting lunch today at *The Village Café*, Balwyn North. Salmon Bagels were the order of the day it seemed and other assorted yummy items. The wind blowing outside was amazing! The staff were very attentive and orders came quickly and to the correct person. Great! Thanks for booking Susan.

Marian

# MONTHLY MEETINGS, GROUPS, OUTINGS & WALKS Coming up......

**WALKS** 

#### THURSDAY 18TH SEPTEMBER (LONG WALK w asphalt)

**Start:** 10.30 a.m.

**Meet:** 6 Barnsbury Road Balwyn. (Near Camberwell Grammar)

ROUTE

We walk the Anniversary Trail to Boroondara Park and continue through to the Camberwell East Railway Station underpass. We proceed along the lane walk, crossing Stanhope Grove, following the railway line to Burke Road, Camberwell.

Our pit- stop will be at *Collective Espresso* or *Georges*, Camberwell. (Morning Tea or Lunch)

Return along the same route.



**MONDAY 6TH OCTOBER** (MEDIUM WALK w asphalt)

**Start:** 10.00 a.m.

Meet: Red Brick Café (corner Wells St and 219 Mont Albert Rd)

**ROUTE** 

We will take three local lanes and streets to Union Road.

After crossing at the Surrey Hills Community Centre we will proceed along Union Road to the Surrey Hills Station carpark. We will use the station underground walkway, walk along local streets, passing Surrey Hills Primary School, to *Acorn Nursery* for our pit-stop.

After a late morning tea or lunch we will return along the same route.

FRIDAY 31ST OCTOBER (LONG WALK w mixture of asphalt and gravel)

**Start:** 10.00 a.m.

**Meet:** corner of Burke and Harp Roads at Stradbroke Park

ROUTE

We will follow the walking trail through Stradbroke Park and behind Kew High School.

Crossing at High Street we continue to Kilby Road and then to Frater St to enter Hays Paddock. We will circumnavigate the park and exit along Longstaff Street to walk back to Kilby Road. After crossing Kilby Road we will continue along either Oswin Street or Irymple Avenue to High Street.

We will return down along High Street to the pedestrian crossing at Kew High School and return along the previous route to our starting point and lunch at *Tru*, 1058 Burke Rd Balwyn.

Co-ordinator: Julie

#### **BOOK CLUB**



Book for September (Leslie)

The Rose Code
by Kate Quinn
Date- 22nd September @ 11.00 a.m.

Book for October (Wendy)

The Five Wishes of Mr Murray McBride
by Joe Siple
Date- 27th October @ 11.00 a.m.

Book for November (Susan)

The Secret World of Connie Starr
by Robbi Neal
Date—24th November @ 11.00 a.m.



Co-ordinator: Neva

#### **MOVIES**

Wednesday, 24th September @ 11.00 a.m.



#### A Big Bold Beautiful Journey

Two strangers who believe they cannot or will not be loved decide to embark on a big, bold, and beautiful journey at the behest of a magical GPS. After a wedding, a lonely man takes a road trip with a stranger down memory lane of their past failed relationships.

Running time: 2h 19m

**Diary dates for 2025** are: September 24<sup>th</sup>; October 22<sup>nd</sup>; & November 26<sup>th</sup>. These Outings to the *Golden Years* screenings on the 4<sup>th</sup> Wednesday of the month. **Meet** at Ticket Office @ 10.45 a.m. and buy your own ticket. We may arrange lunch afterwards among yourselves.

<u>Co-ordinator:</u> Marian



#### **OUTINGS**

#### Thursday, 25th September 2025

Victoria Police Museum,

Where: 313 Spencer Street, Docklands. VIC 3008 (up near LaTrobe Street).

Free admission, self-guided tour which takes approx 1-1/2 hours.

Therefore your arrival time can be flexible as there is no deadline.

Lunch: Mail Exchange Hotel, 688 Bourke Street, Melbourne (near Spencer Street).

<u>Time:</u> 12.30 p.m. Booked in the name of Lucy in the restaurant.

#### Wednesday, 15th October 2025

Ferry trip to Port Arlington and lunch at Port Arlington Hotel.

Time: 9.30am.

Where: Leave from Port Phillip Ferries Terminal, (near Marvel Stadium),

131 Harbour Esplanade, Docklands. Departure from terminal 9.30am

arrives Port Arlington 10.40 a.m.

<u>Departure:</u> from Port Arlington pier 4.00 p.m. - arrives back at terminal in Docklands @ 5.10pm.

**Book Ticket:** 

https://www.portphillipferries.com.au/tickets-times/portarlington-to-docklands/

Be there 20 minutes prior to departure (9.10 a.m.). The ferry doesn't wait for latecomers. Book on line for a return trip. Cost approx \$40-00 concession. Can be bumpy once clear of the Yarra River. There are many pleasant shops and cafes in the main street.

#### Thursday. 13th November 2025

10 Pin Bowling and lunch. Details to be provided closer to the date.

Where: 1 Arcade Rd, Mont Albert North VIC 3129

#### Monday, 8th December 2025

Christmas Luncheon & The Quiz at the Templestowe Hotel Bistro

Where: 23 Parker Street, Templestowe Lower.

Time: 12.00pm

Sharpen up your general knowledge for our traditional quiz.

#### Later this year....

A mystery trip is being worked on for later this year involving the Heidelberg School painters who painted in the open air around Eaglemont and Heidelberg. This will incorporate a walk and a viewing of 8 paintings at the Ivanhoe Gallery. More details to follow when finalised.

Co-ordinator: Lucy

#### KOGO

#### **Break-Up Luncheon**

Monday, 29th September

To recognize the work of our wonderful group of Crafties, whether home knitters or those who regularly attended Julie's home, you are invited to a celebratory lunch at 12.00 p.m. on Monday 29<sup>th</sup> September at *Balwyn Bottega* (the rear of Woolworth's Balwyn in the carpark. Just behind the walking ramp).

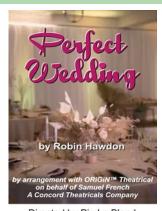
PLEASE NOTE: You MUST RSVP to Julie as Table Booking is essential.

Co-ordinator: Julie

#### **PLAYS**

# MALVERN THEATRE – 2.00 p.m. MATINEE SATURDAY 8th NOVEMBER

Our last Malvern Theatre play for 2025 is **Perfect Wedding.** It's described as a frantic farce with wild misunderstandings, hilarious mishaps, and loads of laughs. The play's plot centres on Bill, who is about to get married. However, a hangover from his stag night leads him to end up in a very embarrassing situation that somehow or other he has to resolve and hide from Rachel-the bride to be. Her arrival leads to more comedic drama involving the best man and an even more confusing situation when the invited guests arrive.



Directed by Pip Le Blond



**IF YOU WOULD LIKE TO ATTEND, PLEASE LET ME KNOW AS SOON AS POSSIBLE BY EMAILING ME AT xxxxxxxx.com**. There are two reserved seats still available, which I'll allocate on a first in first served basis. Apart from that the theatre is almost completely booked out but it may be possible to pickup some additional seats if you are quick to respond.

Please note that we don't yet know what next year's schedule of plays will be. We'll put the details in our Newsletter later this year.

On another note, I'd more than welcome any suggestions you may have regarding future theatre performances such as a different/extra location, would a Sunday matinee rather than a Saturday matinee be better etc? It's a club activity so it's very much what you as members would prefer.

Co-ordinator: Michael

#### **NEXT MEETING**

Monday 20th OCTOBER 2025, meeting commencing at 10.00 a.m. Venue: St Aidan's Church, 17-21 Duggan Rd, Balwyn North.3104 Guest: Jenny Moran (President of the Rowville-Lysterfield Rotary Club)

Topic: Dignity Kits for women in Africa

#### **MORNING TEA ROSTER**

**DATE**20-10-2025
17-11-2025

NAME
Janet
Jenny

We really need some people to sign up for Morning Tea 2026 Volunteers please.

Co-ordiantor: Neva

#### **NOTICES**

#### A Special Event. Play: Come From Away on Friday 12th December

Russ Dawe from Greythorn Probus is organising a substantial party of Probians to attend the musical "Come From Away" being presented by OSMaD. He has extended this invitation to Deepdene Probians.

This company is seen as "pre-professional" and productions are always excellent!

OSMaD had its origins in the Old Scotch community and, while the company performs at the excellent Geoffrey McComas Theatre at Scotch College, Hawthorn, it is NOT a school production. The adult cast members are drawn from far and wide – and not limited to those with a Scotch College connection.

Come From Away tells the true story of how the small town of Gander, Newfoundland, became the unexpected host to thousands of stranded passengers on September 11th, 2001. After 38 planes were diverted to Gander's airstrip, the isolated community welcomed the travellers, overcoming cultural and language barriers with music, open bars, and a sense of global solidarity.

Winner of four Olivier Awards, including Best New Musical (London), and the Tony Award for Best Direction of a Musical (Broadway), the show has captured hearts worldwide, sharing the stories of 7,000 passengers cared for by the townspeople.

The standard ticket price is Adult \$59-00 and Group concession \$45-00. For a substantial group we've been offered tickets @ \$40-00 each. (We have reserved 50 tickets for Friday 12th December).

RSVP: by email, phone call to me or Sign-up Sheet at October meeting.

Co-ordinator: Marian



#### DAYLIGHT SAVING TIME STARTS

On Sunday, 5th October 2025

Sunday, 5th October 2025 at 2:00 a.m. clocks are turned forward 1 hour to become Sunday, 5th October 2025 **3:00 a.m.** local daylight time instead.



#### Three events for October from Boroondara Council

#### Stop. Better safe than scammed

Scammers are criminals who target their victims. Join the National Anti-Scam Centre (also known as Scamwatch) to learn more and stay safe.

In this free session, a representative from the National Anti-Scam Centre (also known as Scamwatch), part of the Federal Government's ACCC, will deliver a presentation designed to help you identify scams

They'll showcase some real-life examples and let you know what to do if you have been targeted.

They'll also provide an overview of some Government initiatives designed to help make Australia a harder target for scams.

The session lasts for one hour and afternoon tea will be provided after the session.

Thursday, 16th October

2pm - 3pm followed by afternoon tea

Phyllis Hore Room, Kew Library

**Cnr Cotham Road and Civic Drive, Kew** 

To register, contact me or click on the link below.

https://www.eventbrite.com.au/e/stop-better-safe-than-scammed-tickets-1699357266329? aff=oddtdtcreator

#### Caring for carers

Do you provide care and support to a family member, friend or neighbour?

To continue providing the best possible support, it's important to take care of your own health and wellbeing.

Learn about carer supports at an information session, presented by Carers Victoria.

**Thursday 9 October** 

1pm - 2pm followed by afternoon tea

Camberwell library

340 Camberwell Road, Camberwell

To register and to advise of accessibility requirements, call 9278 4444 or visit www.boroondara.vic.gov.au/carers

#### **Spring Open Day at the Seniors Exercise Park**

The Seniors Exercise Park has a range of outdoor exercise equipment designed to help improve balance, strength, functional movement, range of motion and mobility.

Join us at our open day, where Seniors Exercise Park volunteers who have trained with the National Ageing Research Institute (NARI), will demonstrate how best to use the equipment and the ways in which it can improve your balance, strength and mobility.

Tuesday, 28th October

10am-12pm

Victoria Park, 450-500 High Street Kew

Register for an open day session. There are 3 session times to choose from and each session is 20 minutes. <a href="https://www.boroondara.vic.gov.au/events/seniors-exercise-park-spring-open-day">https://www.boroondara.vic.gov.au/events/seniors-exercise-park-spring-open-day</a> Enjoy a complimentary snack and coffee before or after your session.

Kind regards

Maree

#### Maree Guthrie (she/her)

Active Ageing Partnerships & Projects Officer Community Development | Community Services