

INTEREST AND ACTIVITY GROUPS

BOOK CLUB Contact Glenys Hall TBA

CYCLE Contact Cheryl Blacker The next ride is TBA

DINE OUT Contact Wendy Harvey

Enjoy dinner at the award- winning Miss Amelie, Wodonga at 6.00pm on

Wednesday 4th February

INFORMATION TECHNOLOGY Please bring your issues to Neville Windeyer, Geoff Smith or Jenny Butt who will arrange individual support

PROBUS MORNING TEA 2nd Wednesday of the month, 10.00 at **Borella Café**, Albury, **Wednesday 11th February**. No need to book.

SUNDAY PUB LUNCH Contact Wendy Gibbons

Meets 12.00 on the 3rd Sunday. This month enjoy lunch at the **Astor Hotel, Albury** on **Sunday 15th February at 12.00 noon**

WALKING GROUPS

Contact Geoff Smith - Meets every **Monday morning** advised by Geoff by text message

Contact Jenny Butt - Meets every **Thursday morning** as advised by Jenny on WhatsApp

WORLD AFFAIRS Contact Geoff Smith

Meets on the 2nd Tuesday of the month at the Commercial Club. Topic for this meeting is **What is the culture of Australia and What are our values?** Meets **Tuesday 10th February** at 2.00pm.

Essential Club Information

President	Catherine Cutler
Secretary	John McDonald
Welfare Officer	Joan Waldon
Newsletter	Susan Hanson
Meetings	4 th Wednesday of the month, Commercial Club 9.30am
Postal	PO Box 3500, Albury, NSW 2640

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Probus Club of Albury-Murray Inc.

NEWSLETTER

Meeting #309 Newsletter #295 January 28, 2026

The guest speaker is **Rev Tony Davies (Rtd) Patrol Padre, Frontier Services Group** 'Supporting Communities in the Outback'

February guest speaker is Kate Johanson, Australian Red Cross, Regional Officer, Emergency Services NSW/ACT

The mini talk is presented by Rose Brigden.

MONTH	WELCOME TABLE	MEMBER INPUT
Jan	Wendy Harvey, Rosemary Ward, Colin Davidson	Rose Brigden
Feb	Carmel Hicks, Helen Colja, Wendy Harvey	Catherine Cutler

Vale Bruce Sykes, a Foundation member who recently died, aged 98 years. Bruce and his late wife Roma were very active foundation members until their resignation in 2019. We offer our sympathy to his family and friends.



PROBUS CLUB of ALBURY MURRAY

ANNUAL GENERAL MEETING:

Wed, 25th March 2026

Nominations for committee close – at the end of February Meeting

- ✓ President
- ✓ Secretary
- ✓ Treasurer
- ✓ Committee Members
- ✓ Also - volunteers to help/lead other activities

Please see John for nomination forms

WHAT TO DO NEXT – NEAR and FAR?



Annual Cabivan Trip 2026

Southern Highlands NSW

16th – 23rd March 2026

UPDATE

from Rosemary









Mysa Functional Yoga for Seniors (Chair)

45 Minute class incorporating a seated Yoga warm up, standing low impact movements, standing balance and core work, enabling muscle connection.

All using a chair for support and balance for those unable to sit on a Yoga mat and Bolster.

Incorporating breath work and mindfulness.

DATE: Tues, 3rd Feb 2026

TIME: 9.30am,

VENUE: 108 High Street, Wodonga.

COST: Free

Demonstration Class

Limit 12

Names to Jenny please

A photograph of four seniors sitting in chairs, performing a yoga pose with their arms raised. The seniors are in a room with yellow walls and large windows. They are all wearing casual clothing. The photo is set against a pink rectangular background.

Come on a fun morning out?

Join us on a delightful trip exploring Wodonga with Chelbec Coaches

- ✓ *How Wodonga is expanding?*
- ✓ *Do you know where places are?*
- ✓ *Are there places that you like to see?*

Enjoy delightful insights and conversations

Optional opportunity to enjoy lunch at the Lincoln Inn

Names to June please

Time:	9:30am
Date:	Tues, 17 th Feb 2026
Where:	Lincoln Causeway carpark
Duration:	~2 hours
Cost:	\$15

If you are interested in carpooling (as a passenger or driver) for any of our Tours or Activities please let the organiser of the event know.

Notes:

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