

INTEREST AND ACTIVITY GROUPS

BOOK CLUB

Contact Glenys Hall
Meets 10.00-11.00 the third Tuesday of the month at the Albury Library Museum Activity Room. Next meeting is **Tuesday 21st October**

CYCLE

Contact Cheryl Blacker. The next ride is TBA

DINE OUT

Contact Wendy Harvey
Enjoy dinner at the **Taco Bill's**, 443 Dean St, Albury at 6.00pm on **Wednesday 1st October**

INFORMATION TECHNOLOGY Please bring your issues to Neville Windeyer, Geoff Smith or Jenny Butt who will arrange individual support

PROBUS MORNING TEA 2nd Wednesday of the month, 10.00 at **Borella Café**, Albury, **Wednesday 8th October**. No need to book.

SUNDAY PUB LUNCH

Contact Wendy Gibbons
Meets 12.00 on the 3rd Sunday. This month enjoy lunch at the **Court House Hotel** on **Sunday 19th October**

WALKING GROUPS

Contact Geoff Smith - Meets every **Monday morning** as advised by Geoff by text message

Contact Jenny Butt - Meets every **Thursday morning** as advised by Jenny on WhatsApp

WORLD AFFAIRS

Contact Geoff Smith
Meets at 2.00pm on the 2nd Tuesday of the month at the Commercial Club. Topic for this meeting is **Positives and Negatives of AI and can the older generation benefit Tuesday 14th October**, with Associate Professor Dianne McGrath, CSU

Essential Club Information

President Catherine Cutler
Secretary John McDonald
Welfare Officer Joan Waldon
Newsletter Susan Hanson
Meetings 4th Wednesday of the month, Commercial Club 9.30am
Postal address PO Box 3500, Albury, NSW 2640

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Probus Club of Albury-Murray Inc.

NEWSLETTER

Meeting #306 Newsletter #292 September 24, 2025

The guest speaker is Amanda Ward, speaking about your medicines and their interactions; packing options for domestic and international travel and explaining sleep apnoea.

In October we will be celebrating 'Congratulations to our Foundation Members'

The mini talk is presented by Mary Hill "Wha's Like Us?"

MONTH	WELCOME TABLE	MEMBER INPUT
Oct	Geoff Smith, Cherry Pitman, Sue Rannie	Geoff Smith
Nov	John McDonald, Maxine Arblaster, Jenny Arnold	Alister Rhook

Celebrations October

Inductions

Introduced by John McDonald

Brian and Lynne MAKIN

Di BROOKER

Looking forward to Probus Month's theme of **Reinvent your Retirement**



WHAT TO DO NEXT – NEAR and FAR?

 Annual Cabivan Trip 2026

**Southern Highlands
NSW**

16th – 23rd March 2026

Expression of Interest
to
Rosemary



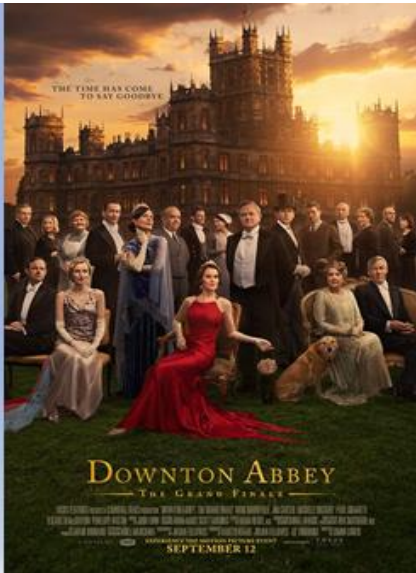
 Come and see
Downton Abbey
"The Grand Finale"

Regent Theatre

Tues 30th Sept
Time: TBA

"Time to Say Goodbye"





 Enjoy watching
**Emma Memma with
your grandchildren**

When: Mon 29 Sept

Time: 10.00am

Duration: 50 Minutes

Where: Albury
Entertainment Theatre

Price: All tickets \$37.50



 **Sausage Sizzle
on the banks of
the Murray River**

Wed, 29 Oct 25
5:00pm

Cost: \$7

BYO Drinks

Please
bring a chair

Names to June please



Are you interested in coordinating activities? Contact Catherine for details – movies, craft, wine club, games and more