

UP AND ON THE MOVE – Combined Probus Club of Belmont Central Inc.

Our club offers our a number of opportunities for our members to be, active, engaged and have fun on the move.

OUR WALKING GROUPS

What a better way to start a wintery day than by a brisk walk along the tranquil banks of the Barwon River in Geelong, or along the iconic Geelong Waterfront and Gardens Precinct. Every Monday, 8.30 a.m. regardless of the weather up to 15 members of the Combined Probus Club of Belmont Central' **Monday Walkers'** meet for their constitutional, as do the **'Happy Wanderers' on Friday mornings**. These walks are then followed by a coffee and chat where all the problems of the world are solved. Lots of laughs shared as well. In the Club's 17 years there have been very rare occasions when either of the walks have had to be cancelled.

OUR BIKE RIDERS

Our enthusiastic bike riders meet every Friday at 8.30 a.m. for a morning bike ride of generally between 20 to 30kms depending on weather and where they ride. Their usual starting point is in Barrabool Road opposite the R and R café. They have various rides from there such as around the Barwon River, the rail trail to Leopold or Drysdale, Warrillily Waurrn Ponds and many more. Their main riding is on bike trails. Morning coffee is always part of the ride and on occasions lunch, depending on where the ride takes them.