



The Probus Club Of Carlingford North Rocks Inc.

BSB 112-879 Account Number: 154 917 196

AUGUST 2025

Issue No 221

GUEST SPEAKERS

- ❖ **August** - Alan Lawrenson
The Looming Energy Crisis
- ❖ **September** -
Jo-Anne Berthelson
Writer and Speaker
Travel Stories/Adventures
- ❖ **October** - Dr Roger Reddel
Children's Medical Research
- ❖ **November** - Nigel Hubbard
The American Presidents
- ❖ **January** - Philip and
Cristy Newall
Hearing related subject

EVENTS FOR AUGUST

- Merry Melodies
- Men's Breakfast
- Ladies Sip & Chat
- Art Gallery Tour

NEXT MEETING

18th August 2025

at

Vikings Sports Club

35 Quarry Road

Dundas

Commencing

10.30am

PRESIDENT'S MESSAGE

It is with deep sadness that we acknowledge the recent passing of our valued Probud member Lynne Downton. Lynne enjoyed participating in many of our Club's activities and several of our trips and she will be missed. We extend our sincere condolences to Denis and family and assure Denis of our continuing support and care.

Although 'age' is creeping up on all of us, believe it or not, we're only as old as we feel - so funnily enough that means we could be younger today than we were yesterday! But yes, we are all designated 'Seniors' trying to keep young and on this note this quote offers food for thought - 'To keep the heart unwrinkled - to be hopeful, kindly, cheerful, reverent - that is to triumph over old age!'

Interestingly, World Senior Citizens' Day falls in the same week as our August Meeting - Thursday August 21st - with the official theme - Empowering Elderly Voices for an Inclusive Future. This important day offers meaningful opportunity to honour 'the wisdom and contributions of older adults while highlighting ways we can support seniors in our communities year-round'. Let's celebrate seniority!

PSPL measures the success of a Club on the level of attendance at General Meetings and involvement in Interest Groups and Activities so it is to our healthy Club that we officially welcomed our newest member, Kathy Firth. We trust Kathy will enjoy making new friends while engaging in the fellowship and activities our Club is noted for.

How well do you know your Committee? is a continuing fun segment in our meetings. We're grateful to Fay FitzGerald (Guest Speaker Coordinator), Denise Sheridan (Welfare) and Ross Harrison (Treasurer) for their participation. It was surprising to learn that croissants are not everyone's favourite and that the News is most watched on Channel 7. What's next to discover??

In closing this tongue twister may brighten your day - Whether the weather be cold or whether the weather be hot; whatever the weather we'll weather the weather, whether we like it or not! For most of us right now it would be a big NOT! So, take care and be kind to yourselves - these cold days will soon be behind us as Spring comes to find us!

Jenni Gainer President

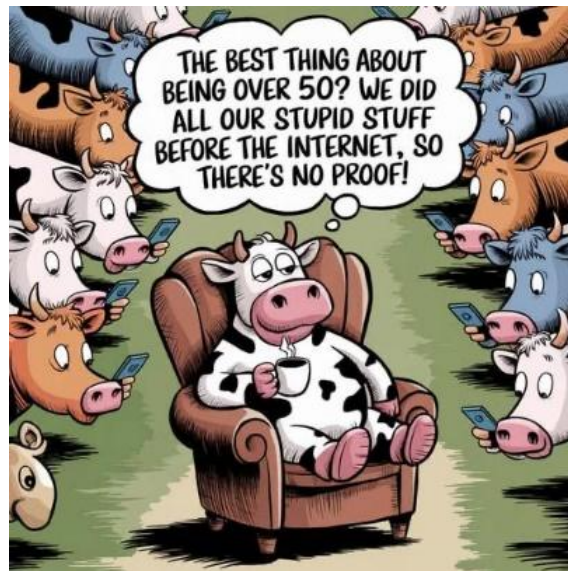
OFFICE BEARERS (COMMITTEE) 2024 – 2025

President	Jenni Gainer
Secretary	Marion Ross
Treasurer	Ross Harrison
Past President	Chris FitzGerald
Vice-President	Neil Sheridan
Membership	Jim Montague
Welfare	Denise Sheridan
Newsletter	Deb Horne
Guest Speakers	Fay FitzGerald
Events	Jenny Cohen
Tours	John Johansson

Mail to: SecretaryCNR@gmail.com

Birthdays

August		September	
Ken Bunt	4	Pam Read	1
John Whyte	11	Anne Kitto	12
Pam Deane	12	Caimein Bowyer	14
Penelope Stone	15	Lorraine Walton	16
John Davies	16	John Green	17
Alan Thomas	21	Penny Armytage	19
Jill Haggard	23	David Stewart	21
Margie Davis	25	Denis Downton	22
Toni Green	27	Phillip Newall	23
Margaret Staal	29		



WELFARE



Please let me know if I can be of assistance, as I am just a phone call away.

Denise Sheridan

Welfare Officer ph: 0414 857 018

GUEST SPEAKER



It was most unfortunate that a Covid diagnosis robbed us of the chance to hear from Steve Lieberman at the July GM. We hope the many members who made a special effort to attend the meeting to hear Steve speak will understand. Unfortunately, this was our second attempt to have Steve come to our club; our earlier attempt was also thwarted by a health diagnosis. While he remains on our potential speakers list, it is unlikely we will hear from him before mid-next year.



Our August speaker is **Alan Lawrenson** whose topic is titled "*Australia's Looming Energy Crisis. Can We Keep the Lights On?*" Among other things, he is author of the book of the same name.

Alan holds tertiary qualifications in chemistry and metallurgy. He had thirty years selling & marketing scientific and medical products as well as significant exposure to biochemistry and nuclear technology. His post-graduate qualifications are in advanced management studies from Macquarie

University. Alan had nine years as Head of a Peak Industry Body and thirty years of mining sector investment, including minority ownership of a Queensland oil field, during which he visited thirty plus mines.

Fay FitzGerald Email: fayfitz@bigpond.net.au

MEMBERSHIP



I can report that our active membership stands at 137 with an additional two members retaining non-active status.

Sadly, Lynne Downton passed away on July 29th and our club was well represented at her funeral service on Friday August 8th. Lynne and her husband, Denis, joined our Club in April 2019 and took an active and enthusiastic part in club activities. Our condolences are extended to Denis and Lynne's family and friends. Her contribution to our Club will be sorely missed.

I also report that Marie O'Brien, who joined our Club in February 2005, has not enjoyed good health of late and has not been able to participate in Club activities for some time. Her Son, Wayne, has advised that Marie regrets that she will not be able to resume active involvement in our Club and wishes to terminate her membership.

TOURS



Her request was acceded to at a meeting of our Executive Committee on August 6th. Suitable correspondence will be forwarded to Marie conveying our Club's thanks and best wishes for the future.

I am delighted to announce that at our Executive Committee meeting on August 6th our Club website received the approval of the Committee and is now live. The site contains a range of information about our Club and in its embryo form will act as an important tool in attracting new members to our Club.

As time progresses the site will be populated with additional material that will not only stimulate the interest of prospective new members but will also serve as an indispensable record of the history and administration of our Club. To familiarize all Members of our Club with the website a demonstration will be conducted at our general meeting on August 18th. My dear friend Russell Holman and Geoff Strickland have kindly agreed to conduct the demonstration.

I take this opportunity to thank Russell and Hank Staal for their invaluable assistance in advancing the website project to its current stage.

Jim Montague

Membership Officer 0419499565 jimmontague47@yahoo.com.au

18 Day Cruise from Singapore to Sydney 18th November to 6th December

This is now final with accommodation arranged in Singapore before the cruise for most of the members and all dining arrangements made on the cruise ship. Everyone is looking forward to this great cruise.

8 day Norfolk Island tour 3rd September to 10th September

This is now all final with 24 members and friends for this exclusive tour with everything being included as per the itinerary for our club staying at The South Pacific Resort. As we have an early departure some of us are staying the night before at an airport hotel.

4 day Orange Cherry Picking Tour 26th November to 29th November

This is going ahead as planned with Castle Hill Probus joining us to make up the numbers. The \$200 Deposit pp for this tour has been paid.

TOURS 2026

7 day NSW Silo Tour 5th May to 11th May 2026

This tour was originally set down for August but looking at the autumn leaves this time of the year we moved it forward to May. We have 40 + names on the list.

I have the list at the meeting with the names on it.

The cost for this tour is \$2550 pp and a deposit of \$200 pp is payable by the January meeting 2026

John Johansson 0418 265 807

EVENTS



The weather has been cold but celebrations, especially accompanied by hot beverages, wine and/or chocolate, has helped to warm the cockles of our hearts! Have a look at what's planned for the rest of the year.

Here are a few morsels from recent events enjoyed by members

Crazy Whist with Jenni and Les

All our players had a fabulous time. There was much merriment, table swapping and it was agreed after the prizes had been awarded - and sometimes already consumed - that "we should do this again and soon".

Christmas In July Wine Degustation



My spies tell me that this was another fabulous outing for all those gourmands and epicureans in our club. The food was PERFECTLY matched to the accompanying wines and there was an opportunity to purchase some of those lovely wines. Much praise and compliments followed my enquiries, so I'll be sure to look out for other opportunities in the future.

Photo courtesy of Margie Davis

A few photos taken by Pam Read from Ken's Casual Lunch at Club Parramatta on 4th August. A great time to get together and have fun.





AUGUST

Mary Melodies

Date: Wednesday 13 August 2025

Time: 10am for morning tea, then 11am performance

Venue: Blue Mountains Theatre, Springwood

Cost: \$27 p.p.

Code: MM

Okay, I know that by the time you read this that we'll have already enjoyed our day out in the mountain air being serenaded. We ate well at the theatre and then afterwards chose from the Bistro lunch menu at Springwood Sports Club. Well, I just know that there'll be plenty of chat over our lunch at Vikings Club after our meeting about what a great experience we all had. I can't wait to see what Blue Mountains Theatre has in store for us in 2026!

Men's Breakfast

Date: Friday 15 August 2025

Time: 9am

Venue: Cheltenham Recreation Club

Cost: PAYG

Come on, fess up blokes. You ordered the FULL breakfast didn't you in this cold weather?! Warm inside, plenty of chat and companionship on offer whenever you travel to Cheltenham. Make sure your name is on next month's Coffee Club list.

Wine and Cheese

Due to circumstances beyond our control, the Wine and Cheese evening planned for Thursday 21st August 2025 **WILL NOT** take place. The Wine and Cheese evening has now been confirmed for Thursday the **25th of September** 5pm-8pm at Courtlands and at \$12pp using Code WC. Dawn will have an interest at the August meeting.

Art Gallery Tour - Highlights of The Art Gallery

Date: Wednesday 27 August 2025

Time: Meet from 10am onwards for the tour at 11am

Venue: Art Gallery of NSW

Cost: FREE guided tour

Plenty of room on my list for belated art lovers, so what are you waiting for? Travel by public transport from QVB on the 441 buses to the Gallery and following the tour we'll dine at the Cafe downstairs at own expense. My list will be at our August meeting for additional names.

COMING ATTRACTIONS

SEPTEMBER

Wedding Themed High Tea

Date: Saturday 13 September 2025

Time: 2 – 4:30pm

Venue: Epping Church of Christ Hall 31 Bridge Street, Epping

Cost: \$20 p.p.

Pay By Date: Friday 29th August

Code: HT

The list reopens at August's meeting! More names please. LADIES only!! There will be a guest speaker, Jennifer Hubbard talking about "Mum Made the Dress – The History of the White Wedding Dress" and a guaranteed feast of delightful cakes, slices and High Tea staples.

Bring along your own special cup, saucer and plate and a small piece of wedding memorabilia like a swatch of fabric, your veil, that sexy garter, the dried flowers or even a photo of the lovely couple or maybe a family member such as your own mum and dad on the big day.

New members: if you intend coming along and have a particular dietary requirement, then PLEASE advise me by email or in a text and you will be sure to thoroughly enjoy all on offer at this High Tea!

We suggest car-pooling or badger that man in your life to drop you off and pick you up afterwards!! This will be a highlight on the calendar for all the lovely ladies in our club.

Men's Coffee Club

Date: Friday 19 September 2025

Time: 9am

Venue: Cheltenham Recreation Club

Cost: PAYG

Gents, join Don for a relaxed session of coffee, pastry and tall stories in the company of friends you can really relate to! List available this month.

OCTOBER

Discovery Day at Children's Medical Research Institute

Date: Thursday 16 October 2025

Time: 10am

Venue: Westmead Hospital

Cost: \$25 p.p. includes Devonshire tea and light lunch

Code: DD

Pay By Date: Friday 3 October 2025

I have space on the list for 10 more names only, so jump in quickly if this interests you. Don't despair if you miss out this time because I reckon, you'll all be revved up after Dr Roger Reddel's talk at our club a week after the visit. I hope to make a booking again in February 2026 for Tour 2 of CMRI.

Bocce or Barefoot Bowls at Dural Club

Date: Wednesday 29 October 2025

Dural Club is looking forward to hosting us for this. Cost is \$5 p.p. at this moment. I will have a list for interested bowlers at September's meeting with full details of time, cost and payment code. Hope to see the names of many enthusiastic bowlers.

NOVEMBER

Melbourne Cup

Date: Tuesday 4 November 2025

Venue: Vikings Sports Club

Cost: \$50 p.p.

I'm at the barriers awaiting steward's advice and I will have all the necessary details for your perusal
SOON!

2026 BECKONS ALREADY!

Premier's Senior Concert 2026

Date: Thursday 12 March 2026

Time: 2:45pm

Venue: International Convention Centre, Darling Harbour

Cost: FREE to first 20 names on my list

I am applying again for 20 places at 2026's concert and just await the tickets so that I can offer my list to you. The entertainment is always terrific – and famously varied – and travel is by public transport to ICC on the Light Rail from Central. Stand by for further information ...

Naval Cruise West of the Harbour Bridge

Date: Friday 10 April 2026

Time: 9:45am

Venue: King St Wharf 3, Darling Harbour

Cost: \$70 p.p. Includes delicious morning tea and refreshments and complimentary booklet of cruise.

Code: NC

Pay By Date: Friday 27 February 2026

50 places are booked and already 26 names are on the list. Add your name if this nautical adventure (with culinary benefits!) inspires you. The list will appear at all meetings until I've filled it fully

Jenny Cohen Email: JenC70@outlook.com Ph: 9671 2764 Mob: 0448 218 944

Activity Convenors

Men's Breakfast	Don Wilson	0412290889	June's Walks	June Johansson	0409 128 163
Cycling	Neil Sheridan	0439666485	Welcoming Officers	Norman Goodall	0417452139
International Dining	Dawn Montague	0404017870		Neil Duncan	8850 5137
Mahjong	Anne Tamplin	0410476694	Book Club	Barbara Bunt	0408963061
Media Manager	Geoff Strickland	9769 0829	Morning Teas	Beth Lovell	0409 568 355
Casual Lunches	Ken Bunt	0408963060		Robyn Raward	0410 423 711
Photographers	Andrew Haggard Pam Read	9872 4246 0414 782 244	Small's Theatre	Small Downer	9769 1236
Craft	Robyn Davies	9869 8835	Tennis	Ken Bunt	0408 963 060
Men's Coffee Club	Don Wilson	0412290889	Bring and Borrow	Les Phillips	98718280

CYCLING



Cheese & Wine	Dawn Montague	0404017870	Ladies Sip & Chat	Jenny Cohen	0448 218 944
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We completed two rides in July with only 5 members of the Cycling group on each. The Tour de France and the Tour de France Femmes have not inspired our group to greater heights, and we proceeded at a leisurely pace. The hot Coffee at our favourite Cafe, Abattoir Blue, kept our hands from freezing to the handlebars but all in all they were good days out in the bushland of Sydney Olympic

Park and the Parramatta River Valley.

Neil Sheridan

Cycling Group Convenor et al.

CASUAL MENS' BREKFAST



Our next Men's Breakfast will be held at the Cheltenham Recreation Club on Friday 15th August 2025 commencing at 9.00am.

As this breakfast will occur before our August Probus Meeting, I will email a list a few days before the breakfast to all past Men's Breakfast attendees advising the date of the breakfast.

As mentioned on previous occasions, our breakfast is a great opportunity for our male members to have a chat, tell a few jokes and perhaps see each other in another light. About 22 guys regularly attend the breakfast from our total male membership of about 50 members so there is plenty of scope to increase our numbers.

Don Wilson

Convenor

SMALL'S THEATRE



BACK TO THE FUTURE. 1 pm 29th Oct. Lyric @ \$75.

This show has been really well received on both Broadway and the West End. Where are you all? Payment is due by end of this month.

PRETTY WOMAN By the meeting I shall be able to confirm, but meantime it's 14th January at the Theatre Royal. Price TBA.

ANASTASIA - next year - May 13th 1 pm at the Lyric @ \$72.

PLEASE NOTE - to get the cheapest bookings my groups are always a matinee Wednesday.

TENNIS



Our tennis group continues to enjoy playing tennis, fun and fellowship on Thursday mornings at the North Rock Community tennis complex.

The booking is for 3 hours from 9.00am to 12 midday.

If you feel you may be interested, come along and visit and enjoy a cup of tea/coffee with us. You are very welcome to join us or just come along to check us out.

Ken Bunt 0408 963 060

CRAFT AND CHATTER



Our July Craft meeting was attended by 11 committed Craft ladies, and we were well treated with delicious afternoon tea provided by Elaine Cobcroft, Daphne Edmunds and Sue Macauley. Thank you, Ladies.

Beautiful bonnets were presented for preemie babies, teddies for the Children's Hospital and rugs for people in need, many thanks' Ladies.

If you haven't already popped your names down on the list for the High Tea to be held on Tuesday 26th August, please do so NOW!!

Payment will be welcomed by Ross Harrison and the name for the payment is CHT

A reminder of location and time etc.

An invitation to all our Craft Ladies (Past Present and Future) to attend the 20th Years of Craft at a special High Tea to be celebrated at The Cheltenham Recreation Club, The Crescent, Cheltenham on Tuesday 26th August from 2pm-4pm. The cost is \$40.00pp.

Looking forward to welcoming everyone for a lovely afternoon on 26th August at 2pm straight after Gentle Exercise!!

Please contact me if you have any queries or difficulties Mob 0411 159 340 Home Phone 9869 8835 or email radavies190@gmail.com

Robyn Davies

KEN'S CASUAL LUNCH



Our next Casual Lunch is scheduled to be held at Dural Country Club on Monday, 6th October 2025 (**Public Holiday**) at 12 noon. **Address:** 662A Old Northern Road, Dural.

An Attendance Register will be available at our next General Meeting

Casual Lunches provide an opportunity for our members to meet together in a relaxing atmosphere, order your own meal and drink and catch up.

Look forward to seeing you at the lunch.

Ken Bunt 0408 963 060

GENTLE EXERCISES



We have begun Term 3 with Gentle Exercises and doing well, we have a really impressive, committed group coming along each week and more Probus members are always welcome.

On Tuesday 5th we had Jade from the Cancer Council visit us with very useful information on "How can I Help" giving practical ways to assist someone with Cancer; "Affected by Cancer" and the assistance available to support you; and "Screening could save your life". After 74 years of age you will no longer get a reminder to have your screening but the service is still free and you need to make your own appointment. If I am correct, I feel a majority of our members would fall into this category.

You are very welcome to join the group, come along each Tuesday in Term time for the lesson. This Term is from 29th July - 16th September. We meet at the Community Centre, North Rocks at 12.45 - 1.30pm.

The exercises vary each time and do become a little more challenging, especially the co-ordination ones, and they are really great for your continued health and well-being.

Robyn Davies Mob: 0411 159 340 or Home phone 9869 8835 or radavies190@gmail.com

JUNE'S WALKS



Unfortunately, the Pymont Historic Walk that was to be held on Friday 8th August had to be postponed as I was attending a funeral.

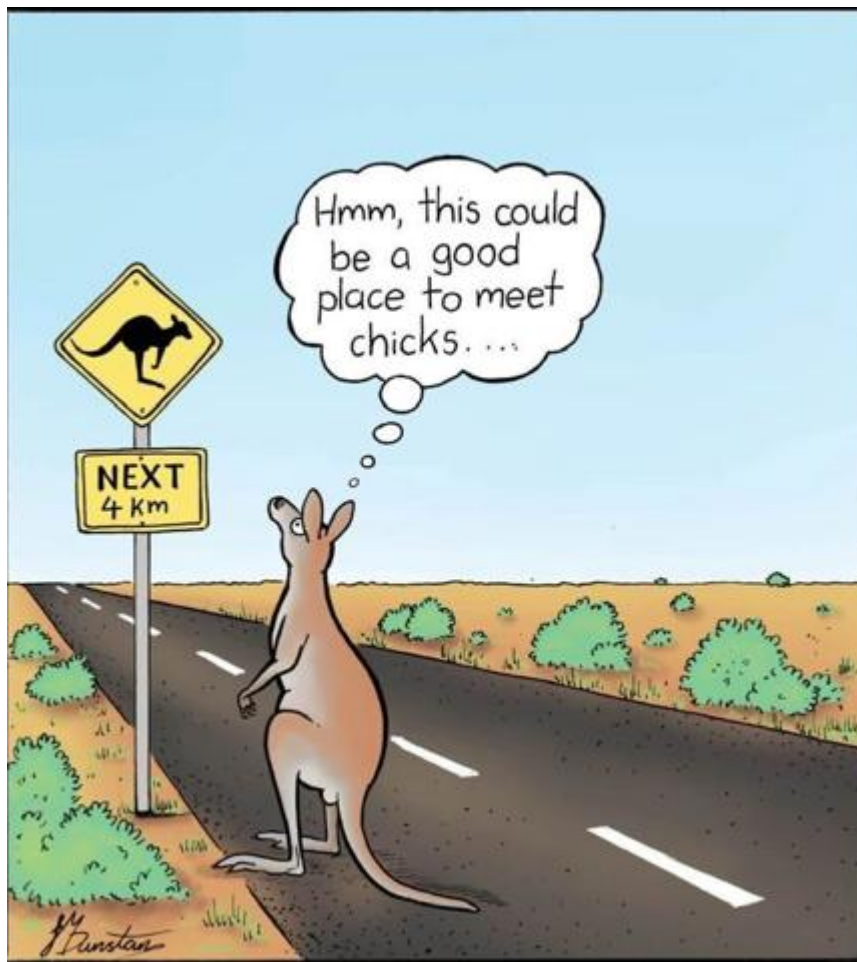
As I am away on Norfolk Island in September the walk will now be held on Friday 3rd October. The walk is approximately 5km and should take about one and a half hours. While most of the walk is on footpaths there are some sections of steps and stairs. We will meet at 10 a.m. on the city side of

Pymont Bridge. At the end of the walk there are a few historic pubs where we can have lunch or a snack before returning across Pymont Bridge.

I will email those members on the list with a specific meeting point before the walk.

I will have an interest list at the August and September General Meetings or I can be contacted by phone or email.

June Johansson



A High Tea Wedding Theme



LADIES - PLEASE COME AND JOIN US
FOR A LOVELY AFTERNOON



with Guest Speaker
Jennifer Hubbard
'Mum Made the Dress'
History of the White Wedding Dress

SATURDAY 13 September
2.00 - 4.30pm

Epping Church of Christ Hall
31 Bridge Street Epping

Bring a small piece of wedding memorabilia
Also bring a special teacup, saucer & plate
to use as your own for afternoon tea



Cost \$20 Code HT
Pay by 29 August

Treasurer Report 1-31 JULY 2025

	<u>CLUB MATTERS</u>	<u>MEMBERS ACTIVITIES</u>	<u>MONTHS TOTALS</u>
Balance brought forward	8,550.85	2,057.79	10,608.64
Receipts			
Annual subscriptions	150.00		150.00
Badges			0.00
Venue Hire	79.20		79.20
Transfers from Members' activities			0.00
Member's activities		3,329.61	3,329.61
Total Receipts this month	229.20	3,329.61	3,558.81
Total	8,780.05	5,387.40	14,167.45

Payments

Venue hire -			
General meeting			0.00
Committee meeting			0.00
Badges			
Morning tea			0.00
Guest speaker			0.00
Annual Fair Trading Return			0.00
Stationery & Printing, Po Box rental			0.00
Probus South Pacific - Capitation Fee			0.00
Transfer to Members Activites Account	7.61		7.61
Miscellaneous (Petty Cash Clearance)			0.00
Members Activities			0.00
Total Payments	7.61	0.00	7.61
Balance carried forward	8,772.44	5,387.40	14,159.84

REPRESENTED BY -

Cash at bank	14,159.84
Petty cash in hand	0.00
	14,159.84

MEMBER ACTIVITIES

	<u>Balance B/F</u>	<u>RECEIPTS</u>	<u>PAYMENTS</u>	<u>BALANCE C/F</u>
Music & Merriment	162.00	891.00		1,053.00
Int. Dinner	-7.61	7.61		0.00
President's Changeover	554.05			554.05
High Tea	160.00	320.00		480.00
Childrens Hospital	0.00	50.00		50.00
Wine & Cheese	189.35	84.00		273.35
Christmas Function	0.00			0.00
Orange Tour	1000.00	1,972.00		2,972.00
Barefoot Bowls	0.00	5.00		5.00
Christmas in July	0.00			0.00
	2,057.79	3,329.61	0.00	5,387.40

I certify that this is a true and accurate record of the Probus Club of Carlingford North Rocks Inc financial position. All accounts have been paid, or sufficient funds are available to pay them.

The Club has sufficient funds and assets to meet all outstanding commitments.

Ross Harrison

Treasurer

01 August 2025

<u>BANK RECONCILIATION</u>	
Balance/statement	14,159.84
Plus:	
Outstanding Deposits	0.00
	14,159.84
Less:	
Unpresented Cheques	
	14,159.84

August 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3
4 Ken's Casual Lunch	5 Gentle Exercises	6 Committee Meeting Cards	7 Tennis	8 Cycling	9	10
11 Mahjong	12 Gentle Exercises	13 Merry Melodies	14 Tennis	15 Men's Breakfast	16	17
18 Probus Meeting	19 Gentle Exercises	20	21 Tennis	22 Cycling Ladies Sip & Chat	23	24
25 Mahjong	26 Gentle Exercises (Craft) High Tea	27 Art Gallery Tour	28 Tennis	29 Committee Meeting	30	31

Ken's Casual Lunch: Club Parramatta, 12pm Ken Bunt

Cards: Vikings Club, 1pm-4pm, Val & Pam

Mahjong: Vikings Club, Dundas 10am. Anne Tamplin

Tennis: North Rocks Park, 9am. Ken Bunt

Cycling: Rydalmere, 9.30am. Neil Sheridan

Gentle Exercises: Don Moore Community Centre North Rocks, 12.45-1.30pm. Robyn Davies

Ladies Sip & Chat: 10-12pm Cheltenham Recreation Club PAYG Jenny Cohen

Merry Melodies: 10am Blue Mountains Theatre, Springwood. \$27pp Code: MM. Jenny Cohen

Men's Breakfast: 9am Cheltenham Recreation Club Don Wilson PAYG

(Craft) High Tea: The Cheltenham Recreation Club, Cheltenham, 2-4pm Robyn Davies

Art Gallery Tour: 11am, Jenny Cohen PAYG

September 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2 Gentle Exercises	3 Cards	4 Tennis	5	6	7
8 Mahjong	9 Gentle Exercises	10	11 Tennis	12 Cycling	13 High Tea (Wedding Theme)	14
15 Probus Meeting	16 Gentle Exercises	17	18 Tennis	19 Men's Coffee Club	20	21
22 Mahjong	23 Craft	24	25 Tennis Wine and Cheese	26 School Term Ends Cycling	27	28
29	30					

Cards: Vikings Club, 1pm-4pm, Val & Pam

Mahjong: Vikings Club, Dundas 10am. Anne Tamplin

Tennis: North Rocks Park, 9am. Ken Bunt

Cycling: Rydalmere, 9.30am. Neil Sheridan

High Tea Wedding: Epping Church of Christ Hall 2pm-4.30pm \$20pp Code: HT Jenny Cohen

Men's Coffee Club: 9am Cheltenham Recreation Club Don Wilson PAYG

Wine and Cheese: Courtlands, 5pm-8pm, \$12pp, Code: WC, Dawn Montague

October 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 Committee Meeting Cards	2	3 June's Walks	4	5 Daylight Saving Start
6 Labour Day Ken's Casual Lunch	7	8	9	10 Cycling Ladies Sip & Chat	11	12
13 School Resumes Mahjong	14	15	16 Tennis CRMI Tour	17	18	19
20 Probus Meeting	21	22	23 Tennis	24 Cycling	25	26
27 Mahjong	28	29 Barefoot Bowls	30 Tennis	31		

June's Walks: Pyrmont Historic Walk, Meet: 10am city side of Pyrmont Bridge. June Johansson

Ken's Casual Lunch: Dural Country Club, 12pm. PAYG Ken Bunt

Cards: Vikings Club, 1pm-4pm, Val & Pam

Mahjong: Vikings Club, Dundas 10am. Anne Tamplin

Ladies Sip & Chat: 10-12pm Cheltenham Recreation Club PAYG Jenny Cohen

Tennis: North Rocks Park, 8am. Ken Bunt

Cycling: Rydalmere, 9.30am. Neil Sheridan

CRMI Tour: Westmead Hospital, 10am, \$25pp, Code: DD Jenny Cohen

Barefoot Bowls: Dural Club, Time TBA, \$5pp Code: BB, Jenny Cohen