



**PROBUS CLUB OF CECIL HILLS**  
**NEWSLETTER**  
**THURSDAY 6<sup>th</sup> NOVEMBER 2025**

**PRESIDENTS MESSAGE:**

*Hello and a very warm welcome to you all.*

*Our October outing to Sydney Rowers Club was a well-attended and wonderful day had by all.  
Those that went by train and ferry had a ball.*

*Please remind yourself about our Melbourne Cup Day event and our pizza evening at Saluti restaurant at Lizard Log Park.*

*Our guest speaker his month is Paul Kearney with his history of Rock and Roll.*

*Our next meeting is 6th November at Cecil Hills Community Hall 5 Sandringham Drive and then afterwards at St Johns Park Bowling Club for lunch.*

**Jeanette Dupond**  
**Foundation President**

**Management Committee**

**Jeanette Dupond**  
**President**

**Ian Delandro**  
**Vice President**

**Ray Moncay**  
**Secretary**

**Fred De Giorgio**  
**Treasurer**

**Roman Marjanac**  
**Membership Officer**

**Denis Price**  
**Newsletter Officer**

**Cecilia Wilson**  
**Outings & Activities Officer**

**Jenny Suwala**  
**Welfare Officer**

**Robyn Graham**  
**Guest Speaker Officer**

**Fay Muir**  
**Sue Farugia**  
**General Officer**

**OUR HOME BASE!**



**Cecil Hills Probud Club**  
**Was Formed @ The Cecil Hills Community Centre**  
**6<sup>th</sup> June 2024**

*Private and Confidential for Probud use only and is not to be used for any other purpose.*

## **From The Editors Desk**

*"Retirement is not the end of the road; it is the beginning of the open highway."*

Enjoying retirement involves staying active, engaging your mind with new hobbies or learning, and maintaining social connections through clubs or volunteering. Key aspects include managing finances, planning for health and well-being, and setting new goals to maintain a sense of purpose and fulfillment. A gradual transition, flexibility, and cultivating a sense of gratitude are also important for a happy retirement.



**A reminder of our \$5 meeting fee**

**Come and join us for lunch after the meeting**  
**@ ST. Johns Park Bowling Club**

**BANK DETAILS: Acc/Name Cecil Hills Probus Club INC**

**BSB: 112879 Acc #: 490400680**

**Meeting day/time: 1<sup>st</sup> Thursday of every month at 10:00am**

**Meeting venue: The Cecil Hills Community Centre**

**5 Sandrinaham Dr. Cecil Hills NSW 2171**



**Next Meeting Dates/Times:**  
**06/11/2025- 10:00am**  
**04/12/2025- 10:00am**

## **CLUB ACTIVITIES**

**Walking Group -Saluti's Café Lizard Log**  
**every Thursday @8.30AM on 13<sup>th</sup>,20<sup>th</sup>,27<sup>th</sup>**  
**November**

**Except on Wednesday 5<sup>th</sup> November Due**  
**To Monthly Meeting on Thursday**  
**6<sup>th</sup>November**

**November**

**Pizza Night Thursday 20<sup>th</sup> - Saluti**  
**Restaurant 1521 The Horsley Drive,**  
**ABBOTSBURY @Own Cost – Final**  
**Numbers November Meeting**

**December**

**Club Christmas Party at Camden Valley**  
**Inn- Thursday 4<sup>th</sup> December- Final Numbers**  
**November Meeting**

## **GUEST SPEAKER**

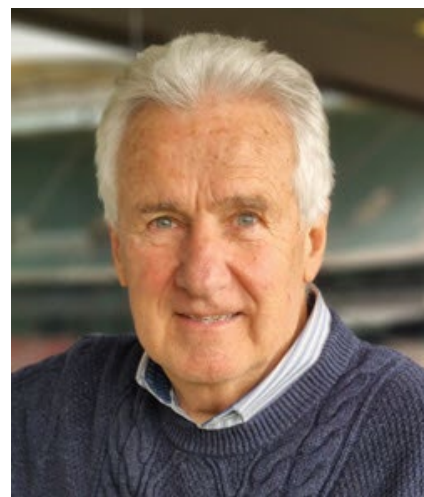
**Paul Kearney: Rock Historian**  
**Topic: History of Rock and Roll**

**Paul will present one of his History of Rock**  
**and Roll shows which tells how rock and roll**  
**started in the 1950s.**

**He will tell the stories of the artists and**  
**play original video clips of artists singing**  
**the popular songs**



# THE HISTORY OF



Presented by  
Rock Historian  
“Paul Kearney”

## 1950s SHOW 1

### THU 6<sup>TH</sup> NOV 2025

### 11:00<sub>AM</sub> - 11:55<sub>AM</sub>

### CECIL HILLS PROBUS CLUB

### AT CECIL HILLS COMMUNITY CENTRE

Paul will present the stories, the history and a selection of great old Rock & Roll songs and Video clips from the 1950s

Featured Artists  
Include:

Bill Haley & Comets,  
Buddy Holly,  
Johnnie Ray,  
Jerry Lee Lewis,  
Chuck Berry,  
Little Richard,  
Ray Charles,  
Lloyd Price,  
Elvis Presley,  
Cliff Richard,  
Connie Francis  
Harry Belafonte  
Crash Craddock,  
Paul Anka,  
Bobby Darin,  
Everly Brothers,  
& The Platters.

Plus some short  
comedy clips.





**Cecil Hills Probus Club  
CHRISTMAS LUNCH  
Camden Valley Inn**

## **CHRISTMAS LUNCH 2025**

**Come and join your fellow members at the Cecil Hills Probus Club 2025 Christmas Lunch at the Camden Valley Inn.**

**Enjoy festive vibes and good cheer from the moment you step inside.**

**Select from their famous Bistro Menu to tailor make the celebration just the way you like it.**

**WHEN:** 4th December, 2025  
Booking from 12.15pm

**WHERE:** Camden Valley Inn  
290 Remembrance Drive, CAWDOR

**COST:** At own cost (Note: Currently offering 2 for 1 meals for Seniors)

**RSVP:** Need to confirm attendance at the November Probus meeting on 6 November 2025.

# PIZZA PARTY



**Come and join your fellow members at the Cecil Hills Probus Club Pizza Night at Saluti Restaurant.**

**Enjoy good cheer from the moment you step inside and then watch as the sun slowly sinks into the night.**

**WHEN:** Thursday 20th November, 2025  
Booking from 6.00pm

**WHERE:** Saluti Restaurant  
1521 The Horsley Drive, ABBOTSBURY

**COST:** At own cost (Note: We may have to order ahead of time – TBC)

**RSVP:** Need to confirm attendance at the November Probus meeting on 6 November 2025.