



MORNINGTON BEACH COMBINED PROBUS CLUB

July 2025 Newsletter

PRESIDENT'S MESSAGE

It's amazing how one meeting is so different to another.

Despite so many of our Probud members travelling far and wide there were some enthusiastic members who enjoyed our very own member Julia Symington guide us through some 'chair yoga' at our recent meeting. Everyone followed the gentle movements that some of us found easy and others challenging! On a personal level I have followed Julia's suggestion for getting in and out of the car ... I have not flinched with pain since ... thanks Julia.

Perhaps we could ask for a two-minute chair task each week?

Your committee is currently reading through the obligatory Probud Standard Resolutions. Once we have digested them and are satisfied that they meet all our needs, we will need to pass them at a general meeting.

There is a real need for a **Treasurer**, I am not a wiz at handling the finances plus presidency, there must be someone who can relieve me of this.....

Also, Di Lewis has kindly continued temporarily as the monthly newsletter editor, but we are looking for someone else to take this over. The newsletter is currently completed using Microsoft Publisher but could also be done using Word. It's not an arduous task. If this sparks your interest have a chat to Di.

It's lovely to see our Probud club members getting involved with our various groups: walking, book club and coffee groups meeting regularly and are enjoying each other's company. If you have a passion for something and think other club members might be interested, please let Marg or myself know.

Looks like winter is going to return this week so stay warm!

Cherrio from me.

Janet



Lunch & chat by the fire at Apple Espresso



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Mornington Beach Combined Probud club wishes to thank Mr Steven Tobin of Tobin Brothers Mt Martha for generously sponsoring our club.

Newsletter printing kindly provided by Chris Crewther MP Member for Mornington

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JULY SPEAKER

Silva McLeod, 'Island Girl to Airline Pilot' is our July speaker.

In 1981 Silva moved to Australia with her husband and in 1992, according to the Australian Aviation Authority, became the first woman from Tonga to be awarded her Pilot's Licence.

Silva is also a published author, has lived on the Mornington Peninsula for many years and currently is a Director and Licensed Real Estate Agent. I know we will be well entertained by her stories and experiences during her flying years



Join in for a fun "Christmas in July" get-together at Frankston RSL on Wednesday 30 July for a Christmas themed lunch and show featuring Denis Walter. (\$42 per person for dinner and show \$38 for Frankston RSL members)

Partners welcome or bring the friend.

Booking is easy but tickets sell out quickly so please get in soon. *Please be aware there are no refunds once booked.*

Two booking options available for **Mornington Beach Probus Table** which is already opened

Use [Try Booking](#) and book tickets online noting you are joining the Mornington Beach Probus Group table or

Book and pay directly with the venue (call 8792 4400) noting you are joining the Mornington Beach Probus Group table. They are very helpful!

Contact Denise 0407 055 359 (note from 1 June –6 July contact via Probus WhatsApp as overseas)

Emergency contact Maree Waller 0400 270 059)



Beauty & the Beast cast members after the show attended by members of the Theatre group at Frankston Arts Centre.



Ask not what your Probus club can do for you, ask what you can do for your Probus club.

We urgently need a Treasurer, Vice-president and Newsletter editor. Our club is not sustainable unless we can fill these positions.

If you can help or would like more information, please contact Marg or Janet

SAVE the date for our August brunch

Wednesday 20 August

Details TBA



Fiona Basile, an internationally renowned Writer and Photographer was our speaker for June.

During COVID Fiona noticed a group of early morning swimmers off the Seaford pier, where for 365 days a year they immerse themselves in the chilly waters .She joined them, and after talking with them and taking many shots, was inspired to publish a coffee table book, 'Immerse' with their stories and photos. Her friend Maryse, a fellow swimmer, accompanied her. They were so animated about the exhilaration they feel after their icy plunges, many of us present were inspired to maybe give it a go. (for 24 hrs)



Fiona Basile



Maryse & Fiona



Probus member Julia Symington led the group in some relaxing yoga stretches after the speaker



Walking group at Point Leo Estate



Meanwhile in Paris ...



A depleted Walking group enjoys coffee at Nunos

COMING UP

A calendar of events covering regular activities and proposed special events will be published in each newsletter. As many events need to be booked, and often paid for, well in advance, and for some minimum/maximum numbers may apply, please assist those organizing the proposed events in which you would like to participate, by confirming your interest early and meeting payment instructions by the due date.

Event	Date	Contact/Info	Meet
Coffee catch-up	Each Friday 10.00 am	Marg secmbprobus@gmail.com or WhatsApp	Kirks
Meeting	Tuesday 1 July 10.00 am	Marg secmbprobus@gmail.com , or WhatsApp	St Marks Church
Walking group	Wednesday 10 July 10.00 am	Maree Waller	Mornington Community Centre Wilson's Rd
Walking group	Thursday 23 July 10.00 am	Maree Waller	Safety Beach Sailing Club
Bookclub	Monday 28 July 1.30 pm	Di WhatsApp	Dava Hotel
Christmas in July	Wednesday 30 July 12.00 pm	Denise 0407 055 359 or WhatsApp	Frankston RSL Book with venue
We will rock you	Saturday 2 August 1.30 pm	Theatre Group Kaye & Di	FAC
August Brunch	Wednesday 20 August	Denise	TBA
Bookclub	Monday 25 August 1.30 pm	Marg WhatsApp	Dava Hotel
1984	Wednesday 3 September 7.30 pm	Theatre Group Kaye & Di	FAC



Welcome to
Stephanie Peacock



Evan sent greetings from sunny Darwin.
Nice to know he is thinking of us!

REGULAR GROUPS / ACTIVITIES



Coffee catch up

Join us each Friday for coffee and a chat 10.00 am at Kirks.

Please RSVP via What's App to let us know if you can make it

July Birthdays

Best wishes to: Maria Iriondo



APOLOGIES

Unable to attend? Please contact secmbprobus@gmail.com, text 0425750825 or What's App

MEETINGS

1st Tuesday of the month at 10:00am

St Marks Uniting Church, 50 Barkly St, Mornington

BYO BOOKCLUB

All welcome

Monday 28 July 1.30 pm

Dava Hotel—meet at main entrance

RSVP to Di via WhatsApp

WALKING GROUP

Thursday 10 July

Mornington Community Centre

Wilson's Rd

Tour of Community garden followed by coffee at Lilo.

Wednesday 23 July

Safety beach sailing club

Coffee at Martha Cove Café after the walk



COPY DEADLINE— Friday 25 July

2025-6 OFFICERS

President	Janet McCahon	Janetmacmbprobus@gmail.com
Vice-president	VACANT	
Secretary	Margaret Stephens	Secmbprobus@gmail.com
Treasurer	VACANT	treasurermbprobus@gmail.com
Membership	Eva Hamilton	probusmembershipmbcp@gmail.com
Activities & outings	Denise Langford	
Guest speakers	Robyn Keleher	robynbprobus@gmail.com
Mornington tea	Sue Glenn	
Welfare	Gillian Nash	gillymnash@gmail.com
Newsletter	Di Lewis (temporary)	newslettermbprobus@gmail.com

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