



## MOOROOKA PROBUS CLUB MAY 2025 Newsletter

Moorooka Probus Club next meeting will be held on  
Friday, 16<sup>th</sup> June 2025 at 10am  
**Moorooka Community Centre, Gainsborough St, Moorooka**  
Contact email: [moorookaprobust@outlook.com](mailto:moorookaprobust@outlook.com)

### President's Message:

Good morning to all our Probust Members and Guests.

We had a small attendance at our last meeting; everyone was out enjoying themselves.

Our guest speaker, unfortunately, had to cancel, so we enjoyed an extended morning tea with hot cross buns in keeping with the Easter theme. Several Members came with Easter hats and Bunny ears. I appreciated the support as I chaired the meeting with my granddaughter's bunny's ears. I hope everyone had an enjoyable and safe Easter with family and friends. I celebrated with the traditional Easter egg hunt with 5 Grandchildren at my house.

Our Art and Creative group followed the Easter theme and we decoupaged foam eggs and bunnies. There was a lot of moving around pictures to achieve our ideas, but everyone was happy with what they achieved. Look forward to seeing everyone next time.

David Hamilton the puppeteer is our guest speaker next meeting, look forward to having him there.

We celebrated an early Mother's Day with morning tea at Todd & Pup at Moorooka. We had a very social morning with a Lucky Door Prize.

See everyone at the next meeting on Friday May 16th.

**Robyn Frandsen, President – Moorooka Probust**

### Management Committee

**Robyn Frandsen**  
President  
M: 0418 769 635

**David Foreman**  
Treasurer  
M: 0408 987 545

**Jan Nolan**  
Guest Speaker Officer  
M: 0477 014 996

**Rosetta Day**  
Membership Officer  
M: 0412 166 958

**Pat Kramer**  
Welfare  
M: 0437 077 205

**Sharron Ward**  
Newsletter Officer  
M: 0430 347 785

### Positions still to be filled:

**Vice President**  
**Secretary**  
**Club Services**  
**Publicity Officer**  
**Tours & Outings**

### MEMBERS' BIRTHDAY ACKNOWLEDGEMENTS

**MAY**

**David Willick**  
**Rosetta Day**



**Meeting day/time:** 3<sup>rd</sup> Friday of every month at 10:00am

**Meeting venue:** Moorooka Community Centre, 40 Gainsborough Street, Moorooka QLD 4105

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## **APRIL GUEST SPEAKER** **PROFESSOR CHRISTOPHER REYNOLDS**

Unfortunately, Professor Reynolds couldn't attend this meeting and hopefully, we will hear him speak later in the year.

In place we had an extended morning tea – hot cross buns a hit seeing as Easter was just around the corner.

Winners of the Easter Raffle were Carla Robinson the cushion & Barbara Kidd took home the basket of goodies.



Some remembered to come in the Easter spirit.



## **MEETING DATES:**

16/05/25

20/06/25

18/07/25

20/08/25

**COULD MEMBERS PLEASE  
BRING A CUP/MUG  
TO MEETINGS FOR  
MORNING TEA.**



**THE FEE FOR MEETING  
ON THE 16<sup>TH</sup> MAY IS \$10.00.**

## **MAY GUEST SPEAKER**

**David Hamilton – Puppeteer**

David Hamilton has been entertaining audiences nationally and internationally with his unique blend of puppetry music and song for over 25 years and is regarded as Australia's leading exponent of marionettes. This multi-award-winning entertainer has three times been voted by his peers Queensland Variety Entertainer and Speciality Act of the Year before being inducted into the Queensland Entertainer of the Year Hall of Fame.

## **JUNE GUEST SPEAKER**

**Judith Anderson - Government House**

## **JULY GUEST SPEAKER**

**Dr James Lergessner – Snippets from a Baby Boomer's Diary**

## **LUCKY DOOR**

Don't forget this month tickets will be sold at each meeting.

## **CASH IS KING**

Please bring along cash for tickets sold at the registration table.



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# CLUB ACTIVITIES

**MAHJONG GROUP:** LAST WEDNESDAY MONTHLY,  
**28<sup>TH</sup> MAY** AT ROBYN'S HOME, 40 CHAUCER ST,  
MOOROOKA, 9.30AM



WE HAVE SOMEONE TEACHING US THE GAME.  
PUT YOUR NAME DOWN ON THE SHEET AT THE MEETING  
& COME ALONG.

**MOVIE DATE: CHEAP TUESDAYS:** 1<sup>ST</sup> TUESDAY OF THE  
**MONTH 3<sup>RD</sup> JUNE** 10AM(ISH)

NOTE: VENUE & MOVIE WILL BE DECIDED CLOSER TO THE  
DATE & DEPENDENT ON WHAT IS AVAILABLE.



STAY FOR A COFFEE OR LUNCH AFTER THE MOVIE.  
SIGN ON SHEET IS AT OUR MEETING; ADD YOUR NAME OR  
**CONTACT PAT KRAMER ON 0437 077 205.**

## **Five Surprising Health Benefits to Socializing with Others**

- Boosts mood and reduces stress. Socialising can reduce symptoms of depression by decreasing feelings of loneliness, isolation and anxiety. ...
- Improves quality of life and well-being ...
- Reduces risk for chronic disease ...
- Slows cognitive decline ...
- Increases likelihood of making healthier choices ...

**CREATIVE GROUP:** 3<sup>RD</sup> WEDNESDAY OF THE MONTH **21<sup>ST</sup> MAY 11:00AM - 1:30PM**

**VENUE:** SALISBURY COMMUNITY SPORTS CLUB, AINSWORTH STREET, SALISBURY

CONTACT SHARRON WARD FOR MORE INFORMATION, OR TO ADVISE YOU ARE COMING ALONG.

SHARRON WARD SHAZZATWARD@GMAIL.COM OR MESSAGE TO 0430 347 785



**May Project: 1,000  
HEARTS PROJECT**

Or participants can bring  
their W.I.P. work in  
Progress).

## **SOCIAL EVENTS & OUTINGS**

**NEWSTEAD HOUSE TOUR & TEA/LUNCH - 27<sup>TH</sup> JUNE**

**MIEGUMYAH HISTORIC HOUSE MUSEUM @ BOWEN HILLS - DETAILS & DATE TO BE ADVISED**

**CHRISTMAS LUNCH - 26<sup>TH</sup> NOVEMBER DETAILS TO BE ADVISED**

EXPRESSION OF INTEREST SHEET IS AT OUR MEETING; PUT YOUR NAME DOWN & COME ALONG.

**Meeting day/time:** 3<sup>rd</sup> Friday of every month at 10:00am

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**We're all part of the Probus Community  
Now let's get started having fun  
with some exciting activities.**

## **GETTING TO KNOW OUR MEMBERS.....**

### **CARLA ROBINSON**

Answers a few questions....

- **Family:** Widowed for 8 years with one son Michael and one grandson Cooper.
- **How do you like to spend your free time:** Reading and doing craft – diamond art, knitting and hook rugs.
- **Best job you ever had:** 10 years with Telecom (now Telstra) doing figure work and other office duties.
- **What makes you laugh or cry?** My nine-year-old grandson Cooper – he does some crazy things.
- **A memorable holiday:** My last holiday, on the north coast with my late sister. So many memories crammed into such a short time knowing what the future held.
- **An event or experience that had a big impact:** Losing both my beloved husband and my only sister.
- **An early childhood memory:** Going to the beach (Bribie or Gold Coast were our go to destinations) with my brother and sister.
- **Your perfect meal:** Home cooked roast pork and vegies (which my son cooked for me for on Mother's Day) - must have apple sauce. Miss out on the crackling as my son grabs it first!



## **IMPORTANT NOTICE TO MEMBERS**

As a matter of courtesy, apologies need to be given to either **Robyn Frandsen**, if unable to attend the monthly meetings. If feeling unwell, please do not attend the monthly meetings or other Probus functions.

Members are reminded that it is a constitutional requirement to attend a minimum of **50% of meetings per annum.**

**ANNUAL MEMBERSHIP  
FEE FOR 2025 IS NOW  
DUE - \$30 EACH.**

## **OUR HOME BASE!**



## **QUOTES**

"The only way to deal with this life meaningfully is to find one's passion and devote oneself to it."  
– Albert Einstein

"Not all those who wander are lost." – J.R.R. Tolkien

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## AGED CARE SOCIAL TRANSIT NUMBER - HOW TO ACQUIRE IT?

This is to enable affordable transport when participating in bus trips thru **Transit Care**.

If you don't have a Social Transit Number, you will pay the full transport cost.

You call **My Aged Care** on **1800 200 422** & request for a Social Transit Number. They are open:

- Monday to Friday: 8am to 8pm
- Saturdays: 10am to 2pm

Closed on Sundays and national public holidays.

Transit Care offer a Coaster (21 seater). If we have 90% members with codes the bus is free, if we have 80% with codes the people without codes will need to pay \$30 per person, under 80% the bus will cost \$1200, so you would divide that between the number of people that go on the trip. As you see, with the majority having a transit number is essential to keeping the outings affordable.

Hope this makes sense to everyone.

## ACTIVIES UPDATE

**Creative Craft Group** – Easter Decoupage was April's project where we all got nice and sticky! A lovely relaxing couple of hours spent trying to glue pieces of napkins to styrofoam eggs & bunnies – yes we're up to any challenges in this little group.



**Mahjong Group** – thank you again to Robyn for hosting this month's Mahjong session. Attendees are all getting into the swing of rules and specifics of the game.

### COFFEE CATCH UP – FRIDAY 2<sup>ND</sup> MAY – TODD & PUP MOTHER'S DAY HIGH TEA

There were 13 Probus members that were able to catch up last Friday for the Mother's Day High Tea. Apologies to Rosetta Day for the partial photo.



**"Book or Jigsaw Swap"** interested in participating, just bring along your items and display on the Lucky Door table.

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# CALENDAR 2025

16 May 10am start

**General Meeting** All welcome

***Guest Speaker: David Hamilton – Puppeteer***

21 May 11am

**Creative Group** Salisbury Community Sports Club, Ainsworth St, Salisbury  
Project: 1,000 Hearts (Sewing/Embroidery)

28 May 9am-1pm

**Mahjong Group** – Venue Robyn’s home, 40 Chaucer Street, Moorooka

3 June

**Movie Date -Cheap Tuesday – To be confirmed.**

Stay for a Coffee or Lunch after the movie

18 June 11am

**Creative Group** Salisbury Community Sports Club, Ainsworth St, Salisbury  
Project: “Yarn” Focus on Crocheting / Knitting

20 June 10am start

**General Meeting** All welcome

***Lunch post meeting at Souths Leagues Club, Mortimer Rd Acacia Ridge.***

***Guest Speaker: Judith Anderson - Government House***

25 June 10am

**Mahjong Group** – Venue Robyn’s home, 40 Chaucer Street, Moorooka

27 June

**OUTING: Newstead House followed by Tea/Lunch**

1 July

**Movie Date -Cheap Tuesday**

Stay for a Coffee or Lunch after the movie

16 July

**Creative Group** Salisbury Community Sports Club, Ainsworth St, Salisbury  
Project: Origami “Kusudama” Flower

18 July 10am start

**General Meeting** All welcome

***Guest Speaker: Dr James Lergessner - Snippets from a Baby Boomer's Diary***

30 July 10am

**Mahjong Group** – Venue Robyn’s home, 40 Chaucer Street, Moorooka

5 August

**Movie Date -Cheap Tuesday**

Stay for a Coffee or Lunch after the movie

13 August

**Royal Queensland Show Holiday - EKKA**

15 August 10am start

**General Meeting** All welcome

***Guest Speaker: Steve Griffiths Councillor for Moorooka Ward***

20 August 11am

**Creative Group** Salisbury Community Sports Club, Ainsworth St, Salisbury  
Project: Fun with Buttons & Tassels

27 August 10am

**Mahjong Group** – Venue Robyn’s home, 40 Chaucer Street, Moorooka

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