



GLEN IRIS PROBUS CLUB OCT 2025 Newsletter #008

GLEN IRIS Probus Club was formed after an interest meeting held at the St James Anglican Church on 21st February 2025.

Management Committee

President

Peter Webster
M: 0413 590 548

Vice President
position vacant

Secretary

Barbara Bennett
M: 0438 301 146

Treasurer & Guest Speaker Officer

Ken Bennett
M: 0411 544 394

Membership & Welfare Officer

Bronwyn Fitzgerald
M: 0419 355 737

Newsletter Officer/Website

Julie Wurf
M: 0422 099 031

Outings & Activities Officer

Edda Williams
0408 206 909

Publicity Officer/Website

Ursula Craigie
M:0411 106 664

General Committee

Rosemary Rose
M: 0417 591 469

Lana Levi
M: 0435 134 941

Joan Goode
M: 0402 004 876



Link to the club's website

President's Message

Welcome everyone to October Springtime and my first newsletter as President. I was surprised but happy to take over the role of President at very short notice. We all wish Richard and Rose the best for their future endeavours and thank them for their contributions to our club.

Elizabeth and I had a wonderful time in Ireland, whilst attending an Irish Wedding of a friend at Slieve Russel county club, Ballyconnell. What an experience of a 3 day extravaganza!

After the wedding we travelled around Ireland, the Scottish Highlands and London. We had excellent weather and the people and accommodation were perfect. We came home very fit as in London there was a week long train and underground strike, so we walked every where. Speaking of fitness our speakers from Simple Health at our last meeting were excellent and gave us good guidelines to keeping healthy and fit. I hope we can follow them.

I remind members of our December meeting at Riversdale Golf Club on December, 5 where we will partake of a Christmas luncheon and fun and festivities.

If you wish to attend please register at our October meeting. Our Probus Club continues to grow and we continue to welcome new members. I remind everyone of our many activities and encourage members to get involved in what activities are personally of interest, to remember Probus is about fun and fellowship.

I wish to thank all of our committee members for their much needed support as I take over the presidency.

One indulgence. GO LIONS. What a wonderful grand final win! We look forward to hearing from Gary Kent, our next speaker on the history of our suburb Glen Iris
Best Wishes
Pete



SAINT JAMES
ANGLICAN CHURCH GLEN IRIS

Meeting day/time: 3rd Friday of each month at 10:00am
Meeting venue: ST James Anglican Church
1461 High Street, Glen Iris, VIC, 3146





GLEN IRIS PROBUS CLUB

OCT 2025 Newsletter #008

Guest Speaker October

Gary Kent will speak about various aspects of Glen Iris history, focusing on its early years, and his family's connection to the suburb. Gary will show several historical books and documents related to Glen Iris from his collection.

Gary was born in Melbourne but has lived in Canberra since 1985. He was a public servant and ministerial adviser with commerce and postgraduate law degrees. He is a keen book collector and currently editing the latest volume in the series *Australian Book Collectors*. His book collection focuses on colonial Victoria, early Melbourne and Victorian local history. He is currently President of the National Trust of Australia (ACT) and member of the Council of the Canberra and District Historical Society. He is an ACT delegate to the Federation of Australian Historical Societies. He has served several terms as a member and chair of the friends of the National Library of Australia.

Gary has strong family connections to Glen Iris since his great grandparents settled in a new Glen Iris sub-division in 1919. Three generations of his family attended Camberwell South Primary School. His grandfather founded K L Kent Furniture Removals and Storage in Glen Iris in 1945 and was for decades a pillar of the South Camberwell Lawn Bowls Club in Burke Road, Gardiner. Gary's sister and her family live in Glen Iris

Ten minute speaker

Julie Wurf: Teaching in prison

MEMBERSHIP REPORT.

Three new members, Barbara Olney, Peter Johnson and Glynis Allan were inducted at the September meeting. New members Glen Allan and Judy Johnson will be inducted at the October meeting. A sincere welcome to our visitors and new members!!!

Pro-rata fees are applicable for the remainder of this Probus year for new members from July. Details available from the membership officer. Don't forget to wear your badges to all Probus meetings and other Probus activities. This is particularly important whilst we are getting to know one another and helps with remembering names! Please note that the actual meeting starts at 10am but we encourage you to arrive between 9.30 and 9.45 to sign in and have a chat with one another.

Medical Cards – Probus South Pacific Limited medical cards have been distributed. Please bring these completed cards with you for all Probus activities. In the event of a medical emergency, your medical card would facilitate the delivery of accurate medical information to paramedics and enable us to contact your next of kin in a timely manner. If any of your medical information changes - medication - GP - please collect a new card and update it. The only person to benefit from doing this would be you.

While Bron is away for a month please contact me if you have any membership questions and especially if you have friends or relatives that are interested in joining our club. Please notify if you are unable to attend any meeting. My email is rosesrjhj@gmail.com or text/phone 0417 591 469.

Rosemary Rose

Acting Membership and Welfare Officer

September speaker snippets

Dr Anthony Coxon, and Dr Carol Hamod from Simply Health presented– “Five Fundamental Movements for Over 60s”. Improve your balance and reduce the risk of falls. Building strength through individualised exercise helps us to keep fit and promote healthy lifestyles. We were all treated to 5 simple exercises that we can all practice at home, together with testing our memories. I think we all passed!

The old saying remains true :“Use it or lose it!”

Ten minute speaker

Ursula encouraged all members interested in group activities to utilize WhatsApp, and also she would be establishing a Facebook page for the Club. This led to a discussion on warnings regarding including bank account details in emails, WhatsApp posts, etc.



GLEN IRIS PROBUS CLUB

OCT 2025 Newsletter #008

October Diary

Thurs	2	Committee meeting, Mae cafe 10.30
Mon	6	Bright and Breezy Brunch @ Mr Tucci 10.00 am
Wed	8	Craftie crew – Coffee at Mr Foxx (courtyard) 10.30 - 12.30
Fri	10	Book group – city libraries visit
Mon	13	Probian Peddlers - leaving from Blake's Feast on Brixton Rise to ride into Southbank for a coffee stop and return. All welcome
Fri	17	Club meeting St James Church Hall 1461 High St Glen Iris 10am Lunch after the meeting – Malvern Hotel, 117 - 119 Malvern Road Toorak - cnr Malvern and Glenferrie Roads. Please contact Edda if you wish to attend
Fri	24	Walk n' coffee 10am Caulfield Park – coffee at Banksia cnr Balaclava and Hawthorn Rds
Wed	29	Italian night @ Cucina di Gio 6pm
Fri	31	Card Group Private home - Anne Williams 2- 4pm

November Diary

Mon	3	Probian Peddlers
Tues	4	Melbourne Cup Day
Wed	5	Craftie crew – Coffee at Mr Foxx (courtyard) 10.30 - 12.30
Thurs	6	Committee meeting
Wed	12	Book Group
Fri	21	Club meeting St James Church Hall 1461 High St Glen Iris 10am Lunch after the meeting – TBC
Fri	28	Walk n' coffee 10am park TBC
Fri	28	Card Group Private home - Anne Williams 2- 4pm

here are the group leaders and their emails should you want to join their group or ask some questions:

Book Club: Swap and Share: Ros Argent rmargent@outlook.com

Casual Dining: Ros Argent

Bike Rides: Ian Phillips: iphillip987@gmail.com

Cards: Helen Hardman: hhardman54@gmail.com

Walking Group: Peter Baird: lindapeter.baird@outlook.com

Peter Dalrymple p.dalrymple@bigpond.com

Movies group: Lana Levi: lanalevi@y7mail.com

Exhibitions: Vicki Jacks: lawrievicki@me.com

Theatre Club: Ursula Craigie: ursula.craigie@gmail.com

Craftie Crew: Julie Wurf: jayb.wurf@gmail.com



GLEN IRIS PROBUS CLUB

OCT 2025 Newsletter #008

Casual Dining Group

Our casual dining group is up and running. The plan is to hold an evening dinner on the last Wednesday every second month, commencing on October 29th with an Italian night at Cucina di Gio.

As the end of the year approaches and things wind down, we will re-commence in full swing from January 2026. When you start your new 2026 calendar mark off the last Wednesday bi-monthly, starting from January 28th. Details of venues are still TBA but this way you won't miss out on sharing an evening out with friends both new and old.

Our plan is to concurrently offer a monthly day time event. This will assist those who prefer daytime only. Of course everyone is welcome to every event! Our monthly get togethers will vary in days of the week as well as times, so hopefully this offers everyone a time to suit.

Dates to remember:

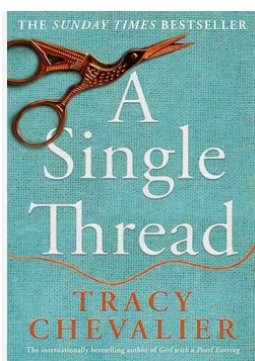
Monday Oct 6th: Bright and Breezy Brunch (Glen Iris)
Wednesday Oct 29th: Italian Night @ Cucina di Gio (Malvern)
November 13th: Lunch at the Glasshouse Restaurant (Caulfield)
January 7th: Bright and Breezy Brunch - Venue TBC
January 28th: BBQ in the Park. - Details to follow.

If you are interested in any of the casual dining events, please reach out to join our What's App group. This is where further details will be posted closer to the time.

Book Club

A casual group of like minded readers sharing about the books they have read, and enjoying adventures with common interests. In August we visited the Victorian State Library. In October we're planning a day in the city, visiting the Athenaeum and City Libraries and of course coffee and lunch.

Looking for your next read? A Single Thread: by Tracy Chevalier





GLEN IRIS PROBUS CLUB OCT 2025 Newsletter #008

Administration

October Meeting

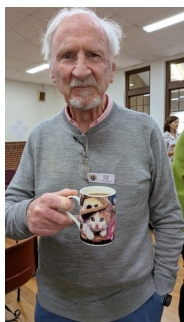
Membership: Rosemary Rose, Joan Goode
Meet and Greet: Ursula Craigie, Julie Wurf
Newsletter distribution: Julie Wurf, Valerie Brown
Raffle: Lana Levi
Payments: Edda Williams

Behind the Urn: Peter and Pamela Dalrymple. Please arrive at 9.30 to set up etc

Setting up and packing up the room

It would be appreciated if everyone could assist in both setting up and packing up the room.
When packing up please place chairs according to the pictures on the walls

Can we please remind everyone to switch their phones off during meetings.



September Mug of the month winner
Peter Baird

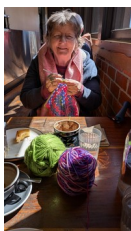
Don't forget to bring your cup and stand
a chance of winning the Mug of the
Month Award- and a chocolate



Getting into the swing of
Footy finals fever



Intrepid walkers - although it could have been the
promise of a coffee at the end of it



crafty morning



Inducting new members



GLEN IRIS PROBUS CLUB

OCT 2025 Newsletter #008

Warm Eggplant and Feta Salad

Prep time: five minutes

Serves: one as a main, two as a side dish

3 Lebanese eggplants (small aubergines) trimmed
1 Tbspn olive oil
1 small handful mint
35gm (¼ cup) crumbled firm feta cheese
6 Semi-dried tomatoes

Yoghurt dressing

1 ½ Tbspn Greek-style yoghurt
¼ tspn ground cumin
½ clove crushed garlic

To make the yoghurt dressing, combine the yoghurt, cumin, and garlic and 1 tsp water in a small bowl and stir to combine well. Season to taste with sea salt and freshly ground black pepper. Set aside.

Cut the eggplants in half lengthways. Heat the oil in a fry pan over medium heat and cook the eggplant cut side down for 2 minutes, then turn over and cook for another 2 minutes or until cooked through. Place on a serving plate, scatter over the mint, feta and tomatoes, drizzle with the yoghurt dressing and serve immediately

